**Mental Health Awareness:**

**A Proposal for On Campus Mental Health Awareness.**

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# Executive Summary

THIS WILL BE WRITTEN ONCE PROPOSAL IS FINISHED

# Current Situation

**There is an opportunity for better access to mental health awareness information and resources at Arapahoe Community College.**

# Proposal

**We propose that Arapahoe Community College add a separate page to the website about mental health and services provided by the school.** We also propose they distribute monthly emails and put up posters.

# Benefits

* **College students may benefit from being exposed to programs that aid in disclosure of mental illness**
* **Improving mental health awareness at Arapahoe Community College will contribute to the academic success leading to increasing the student’s productivity.**
* **Research suggests mental health programs on campus may be a key factor in decreasing both public and self-stigma in students.**

# Precedents

# Survey Results

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# Proposed Plan

* **­Add separate page to ACC’s website**
* **Send monthly emails to students about mental health**
* **Put up flyers and posters around campus**

# Budget

**Our proposal would be minimal cost.**

# Appendixes

## A. Works Cited

## B. Surveys

## C. Articles

Works Cited

Corrigan, P. W., Khouja, K. A., Markowitz, F., Brown, R. L., Conlon, B., Rees, j., & … (2016P. Mental illness stigma and