

***FOXO6* gene confers protection against negative symptoms in schizophrenia**

or: The Fantastic Mr. FOXO6

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Overview

- Studies investigating the **genetic risk** for **schizophrenia** have identified a large number of **risk genes**
- However, the **phenotypic contribution** of risk genes remains unclear

Background

- Schizophrenia characterized by **positive** and **negative** symptoms
 - **Positive symptoms** are psychotic behaviours not present in healthy people
 - Hallucinations, delusions, thought disorders
 - **Negative symptoms** are disruptions of normal emotions and behaviour
 - Flat affect, anhedonia (inability to experience pleasure), asociality, avolition/amotivation (lack of drive or motivation)

Background

- Negative symptoms also present in other forms of psychosis
 - “Similar symptom factors in schizophrenia and mood disorders suggest a continuity [...] that appears to reflect an underlying dimension of psychotic processes.”¹
- In addition, risk genes for psychotic disorders have been shown to overlap
 - “...specific SNPs are associated with a range of psychiatric disorders [...]. These results provide evidence relevant to the goal of moving beyond descriptive syndromes in psychiatry, and towards a nosology informed by disease cause.”²

Question

Do genes implicated in risk for bipolar disorder confer significant risk towards negative symptoms in schizophrenia?

Methods: Recruitment

- Participants diagnosed with a first-episode of schizophrenia (spectrum)
- Recruited from the Prevention and Early Intervention Program for Psychosis (PEPP-Montréal) at the Douglas Mental Health University Institute
- All participants: neuropsychological and symptom assessments; DNA extraction via blood or saliva sample
- A subset of participants also underwent T1 structural MRI scan

Methods: Recruitment

Participant demographics

Total # of participants	Male: Female ratio	Age (mean)	Age (range)
133	3.75:1	22.5	16:32

Subset of participants with MRI T1 scan

Total # participants w/ MRI T1 scan	Male: Female ratio	Age (mean)	Age (range)
61	3.35:1	23	17:31

Methods: Genes of interest

- Selected SNPs which were implicated in previous GWAS as contributing to risk for bipolar disorder
- Participants genotyped for 19 SNPs

SNP	Gene	Risk allele	Reference	SNP	Gene	Risk allele	Reference
rs1938526	ANK3	G	Ferreira et al., 2008	rs7578035	LOC10192-070	G	Psychiatric GWAS Consortium Bipolar Disorder Working Group, 2011
rs736408	ITIH3	C	Psychiatric GWAS Consortium Bipolar Disorder Working Group, 2011	rs9371601	SYNE1	T	
rs2070615	CACNB3	G		rs9804190	ANK3	C	
rs2175420	TENM4	T		rs11168751	CACNB3	G	
rs2176528	-	G		rs4765913	CACNA1C	A	Psychosis Endophenotypes International et al., 2014
rs3774609	CACNA1D	T		rs10896135	C11orf80	G	
rs3845817	LOC10536-166	T		rs10994336	ANK3	T	
rs4660531	FOXO6	T		rs10994397	ANK3	T	
rs6746896	-	G		rs12576775	TENM4	G	
rs7296288	-	C					

Analysis: Negative symptoms

- Measurement of negative symptom severity: Scale for the Assessment of Negative Symptoms (SANS)
- Genotype coded as binary: presence or lack of minor “risk” allele in given individual
 - Major allele homozygous: no risk (coded 0)
 - Heterozygous or minor allele homozygous: presence of risk (coded 1)
- ANCOVA (with age and gender as covariates): SANS scores by genotype

Results: Genotype & SANS

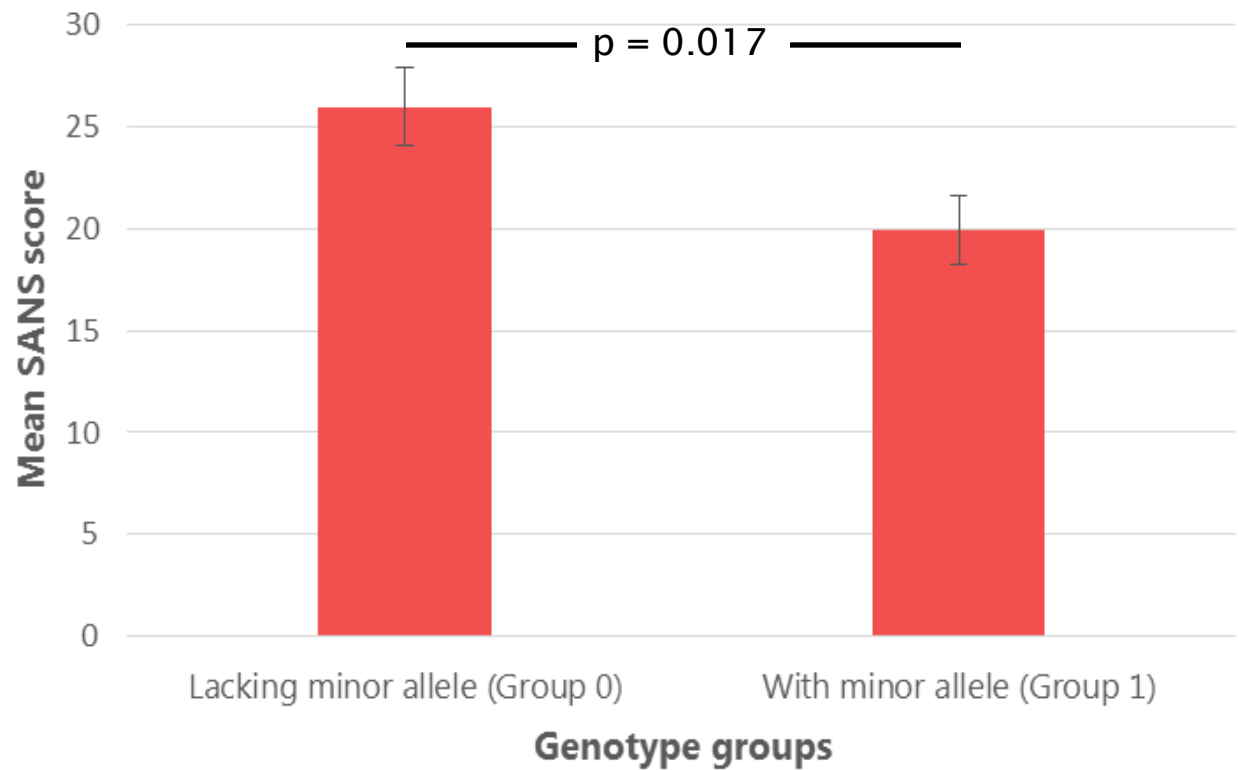
ANOVA uncovered one gene with significant effects on SANS scores:

- The gene: ***FOXO6* (rs4660531)**
- rs4660531 genotype showed a significant effect on SANS scores (Cohen's $d=0.46$, $F=5.854$, $p=.017$)
- Lack of minor allele = higher SANS scores

	Without minor allele	With minor allele
Number of participants	72	61
Male:Female ratio	3.5:1	4.08:1
Gender chi-square	$p = 0.719$	
Age range, mean	16-31, 22.65	16-32, 22.35
Age t-test	$p = 0.663$	
IQ t-test	$p = 0.245$	
Calgary Depression Score	$p = 0.760$	

Mean SANS scores per genotype group

Scores on the Scale for the Assessment of Negative Symptoms (SANS) can range from 0-90, where a higher score denotes more severe negative symptoms.



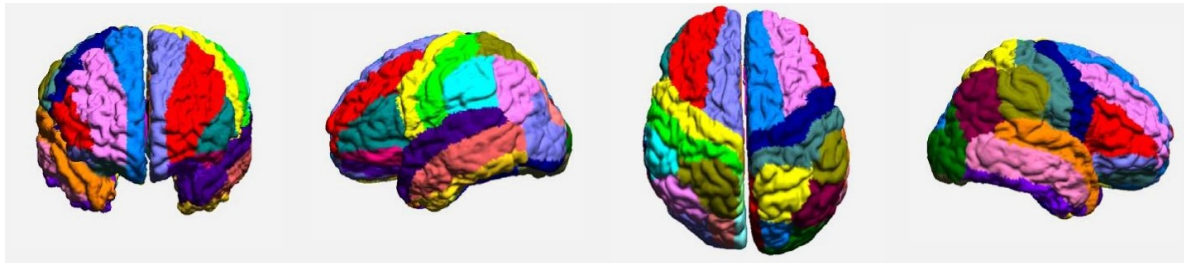
What is *FOXO6*?

- Gene that codes for Fox-O6 transcription factor, a member of the O-group of forkhead (Fox) transcription factor family
- Fox-O6 differs from other Fox-O isoforms:
 - Mainly specific to neurons³
 - Highly enriched in the hippocampus - may be important for memory consolidation⁴
 - Relationship with mood disorders: some evidence that BDNF and lithium can suppress Fox-O6 activity⁵



Analysis: Neuroanatomical changes

- Subset of participants also underwent T1 structural MRI scan (n=61)
- Scans pre-processed through CIVET pipeline⁶
- Using LONI Probabilistic Brain Atlas (LPBA40), calculated mean cortical thickness and total surface area at 24 regions of interest⁷

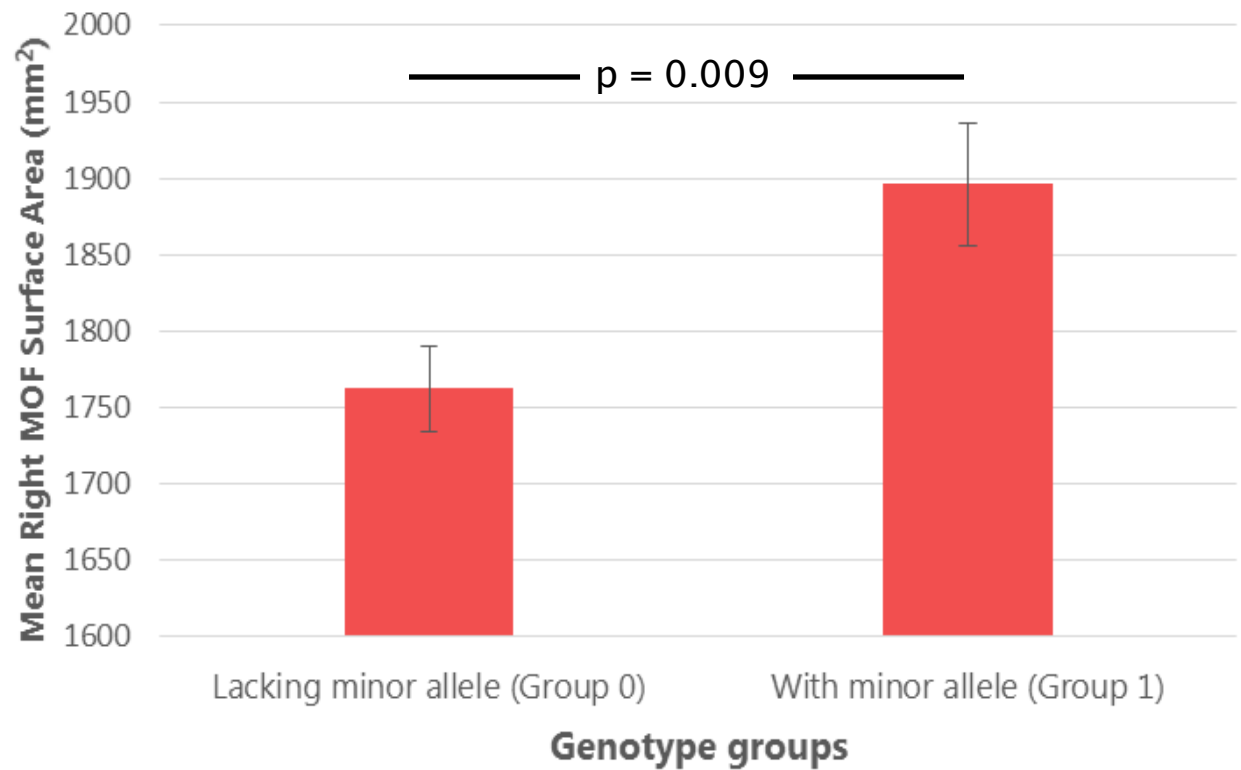
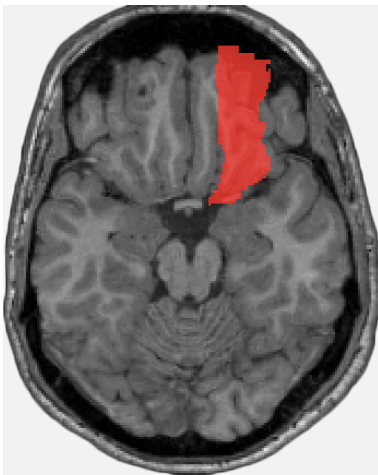
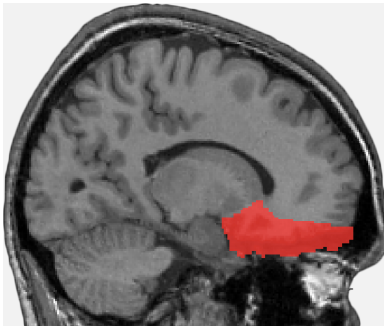


- MANCOVA (with age and gender as covariates) performed to examine structural differences by genotype

Results: *FOXO6* and neuroanatomy

- rs4660531 genotype showed a significant effect on frontal lobe surface area ($F=1.727$, $p=.049$)
- Effect localized to the **right middle orbitofrontal gyrus (MOF)** (Cohen's $d=0.69$, $F=7.289$, $p=.009$, Bonferroni-corrected)
- Lack of minor allele = smaller MOF surface area
- MOF is part of the orbitofrontal cortex (OFC)
 - Reductions in this region previously associated with greater negative symptoms in schizophrenia⁸

Mean right MOF surface area per genotype group



Discussion

- Patients lacking the *FOXO6* minor allele exhibited more negative symptoms and reduced MOF surface area
- The *FOXO6* minor allele may be protecting schizophrenia patients from more severe negative symptoms and associated MOF/OFC surface area reduction

Discussion

Possible mechanism of *FOXO6* protection

- Fox-O6 protein protects against oxidative stress by increasing manganese superoxide dismutase (MnSOD)⁹
- Decreased MnSOD in schizophrenia linked to more severe negative symptoms¹⁰

Contribution to manic phenotype in BPD?

- *FOXO6* minor allele may be protective in schizophrenia, what about bipolar disorder?
- Minor allele protects against negative symptoms; perhaps increases risk of manic phenotype

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Methods: Protocols

Gene analysis

Genotyping was performed at the McGill University and Génome Québec Innovation Centre using Sequenom iPlex Gold Technology⁶

MRI protocol

1.5T Siemens MRI scanner. TR=22ms; TE=9.2ms; flip angle=30; FOV=256mm SI x 204mm AP; 180 sagittal slices; voxel size=1mm³

LPBA40 Regions

Rostral middle frontal gyrus inferior tier

Caudal middle frontal gyrus

Superior frontal gyrus

Rostral middle frontal gyrus superior tier

Inferior frontal gyrus

Precentral gyrus

Middle orbitofrontal gyrus

Lateral orbitofrontal gyrus

Gyrus rectus

Postcentral gyrus

Superior parietal gyrus

Supramarginal gyrus

Angular gyrus

Precuneus

Superior occipital gyrus

Middle occipital gyrus

Inferior occipital gyrus

Cuneus

Superior temporal gyrus

Middle temporal gyrus

Inferior temporal gyrus

Parahippocampal gyrus

Lingual gyrus

Fusiform gyrus

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