The goal is to have our usual parabola function which takes tightness, phaseShift, and verticalShift but also have another function which can generate a wave by providing a period and peak height.

$$y = a(x - h)^{2} + k$$
a is known as 'tightness'
h is known as 'phaseShift'
k is known as 'verticalShift'

Given period p and peak q, we want to calculate a,h,k with assumptions that we are passing through origin and are peaking at $\frac{p}{2}$. k is the vertical shift, which is also the peak height for parabolas. We know k is q. h is the phase shift, but if we know the distance between the intercepts (p), and that one of the intercepts is at x=0, then the phase shift must be half of the period, $\frac{p}{2}$. We know h. We only need to find a

Convert to standard form
$$y = a(x^{2} + h^{2} - 2hx) + k$$

$$y = ax^{2} - 2ahx + k + ah^{2}$$
This is in the form
$$y = ax^{2} + bx + c$$

$$\therefore$$

$$a = a$$

$$b = -2ah$$

$$c = k + ah^{2}$$

First assumption: We pass through the origin, meaning one of the roots of this quadratic equation is x = 0. We can solve for quadratic roots using the quadratic equation:

$$x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$
We are stating that $x = 0$

$$0 = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$

$$0 = -b \pm \sqrt{b^2 - 4ac}$$

Square both sides. It obscures the \pm but that is ok as we only want one solution

 $b = +\sqrt{b^2 - 4ac}$

$$b^{2} = b^{2} - 4ac$$
Substitute our values for a, b, c
$$4a^{2}h^{2} = 4a^{2}h^{2} - 4a(k + ah^{2})$$

$$ah^{2} = ah^{2} - k - ah^{2}$$

$$ah^{2} = -k$$

$$a = -\frac{k}{h^{2}}$$

$$a = -\frac{k}{\frac{p^{2}}{2^{2}}}$$

$$a = -\frac{4k}{p^{2}}$$

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Given period p, peak q

$$a = -\frac{4q}{p^2}, \qquad h = \frac{p}{2}, \qquad k = q$$