

MAKE TIME NOTES

DATE _____

TODAY'S HIGHLIGHT

DID I MAKE TIME FOR IT? YES! NO.

LASER

TODAY'S FOCUS

1 2 3 4 5 6 7 8 9 10

ENERGIZE

TODAY'S ENERGY

1 2 3 4 5 6 7 8 9 10

TACTICS TRIED TODAY:

HOW DID IT GO?

TACTICS TO TRY (OR TRY AGAIN) TOMORROW:

MOMENT I'M GRATEFUL FOR: