RECIPE

Roasted Aubergine & Chickpea Curry



Prepare in **10 minutes**Ready in **30 minutes**

Serves 4 people

Tips

Use a spoon to scrape the ginger, makes it easy to peel

Ingredients

- 2 Aubergines
- 1 inch ginger, peeled & grated
- 2 red onions
- 4 garlic cloves
- 1 tsp cumin seeds
- 1 tbsp garam masala
- 3 dried curry leaves
- 1 red chilli, chopped
- ½ tsp cumin
- 1 tin chopped tomatoes
- 1 tbsp medium curry powder
- 1 tsp turmeric
- 1 tbsp brown sugar
- 1 tin chickpeas
- Oil for cooking

Preparation

- 1. Preheat oven to 180 °C
- 2. Cut aubergine into 2 inch chunks
- 3. Toss in oil and salt and add to a baking tray
- 4. Cook for 20 min
- 5. Heat oil in pan and add cumin seeds, chilli and curry leaves, cook for a few mins
- 6. Add ginger, cumin, curry powder, garam masala, turmeric & sugar
- 7. Mix and cook for a few more min
- 8. Add tomatoes & chickpeas and cook for 10 min
- 9. When aubergine is crisp add to curry
- 10. Serve with rice, chopped coriander and a dash of vegan cream