

Collaborations

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Let's talk about it

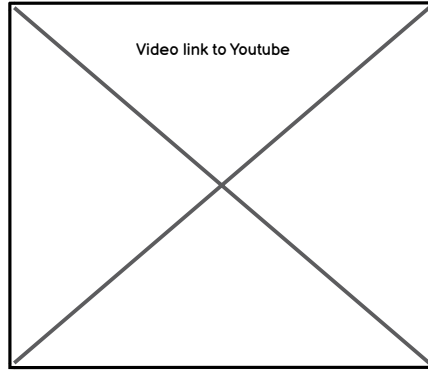
Collaboration 1

Yoga with

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Video link to Youtube



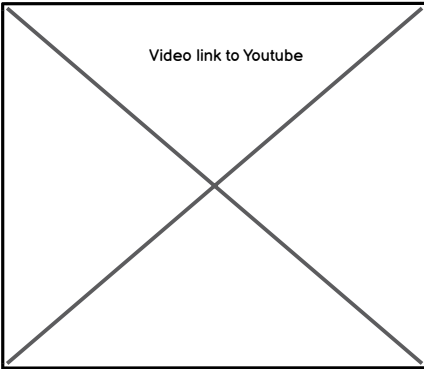
Collaboration 2

Nutrition with

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Video link to Youtube



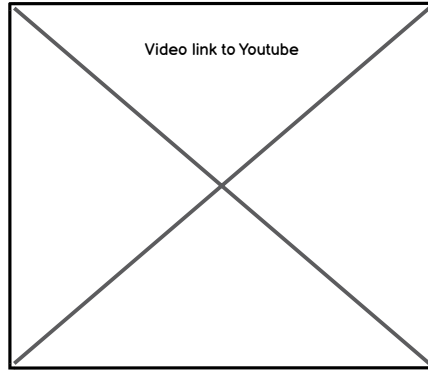
Collaboration 3

Wellness retreat.....

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Video link to Youtube



Why we work with others

Spread the word

.....

Mind, Body and Soul

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Good to have friends

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Footer

Crisis Links

Who to call in a crisis

Shout 01010 000 002
Samaritan 01010 000 002
Papyrus 01010 000 002
Suicide Prevention 01010 000 002

Accreditation

Accreditation



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Contact Details

Contact Detail

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