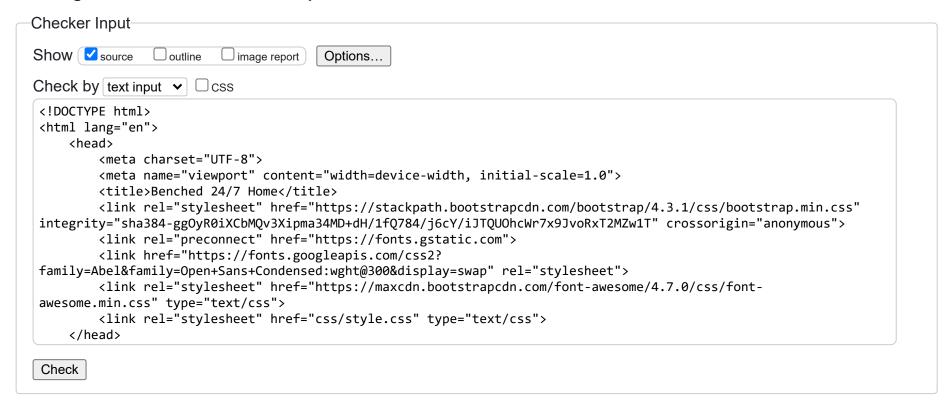
## Nu Html Checker

This tool is an ongoing experiment in better HTML checking, and its behavior remains subject to change

## Showing results for contents of text-input area



Use the Message Filtering button below to hide/show particular messages, and to see total counts of errors and warnings.

Message Filtering

Document checking completed. No errors or warnings to show.

## Source

https://validator.w3.org/nu/#textarea 1/7

```
1. <!DOCTYPE html>←
   <html lang="en">↔
 3.
       <head>←
 4.
           <meta charset="UTF-8">↔
           <meta name="viewport" content="width=device-width, initial-scale=1.0">←
 6.
           <title>Benched 24/7 Home</title>←
           <link rel="stylesheet"</pre>
    href="https://stackpath.bootstrapcdn.com/bootstrap/4.3.1/css/bootstrap.min.css" integrity="sha384-
   ggOyR0iXCbMQv3Xipma34MD+dH/1fQ784/j6cY/iJTQUOhcWr7x9JvoRxT2MZw1T" crossorigin="anonymous">↔
 8.
           <link rel="preconnect" href="https://fonts.gstatic.com">←
           <link href="https://fonts.googleapis.com/css2?</pre>
   family=Abel&family=Open+Sans+Condensed:wght@300&display=swap" rel="stylesheet">↔
10.
           <link rel="stylesheet" href="https://maxcdn.bootstrapcdn.com/font-awesome/4.7.0/css/font-</pre>
    awesome.min.css" type="text/css">←
           <link rel="stylesheet" href="css/style.css" type="text/css">↔
11.
12.
       </head>↩
13. <body>←
14. <nav class="navbar navbar-expand-lg">↔
       <a class="navbar-brand" href="index.html">Benched 24/7</a>←
15.
       <button class="navbar-toggler" type="button" data-toggle="collapse" data-target="#navbarText" aria-</pre>
16.
    controls="navbarText" aria-expanded="false" aria-label="Toggle navigation">↔
           <i class="fa fa-bars" aria-hidden="true"></i></i>
17.
18.
       </button>←
19.
       <div class="collapse navbar-collapse" id="navbarText">←
20.
           ←
21.
               class="nav-item">↔
22.
                   <a class="nav-link" href="index.html">Home</a>←
23.
               ←
24.
               ←
25.
                   <a class="nav-link" href="about.html">About Us<span class="sr-only">(current)</span></a>↔
26.
               ↩
27.
               class="nav-item">←
28.
                   <a class="nav-link" href="sportive.html">Sportive Wear</a>↔
29.
               ←
30.
               class="nav-item no-desktop">←
31.
                   <a class="nav-link" href="signup.html">Member Sign Up↔
32.
                   </a>←
33.
               ↩
34.
           ↩
35.
           <div class="hide-mobile">←
36.
               <a href="signup.html" class="btn btn-outline-secondary">Member Sign Up</a>↔
37.
           </div>↩
38.
       </div>←
40. <div class="container-fluid gym-container">↔
       <div class="container">←
41.
42.
           <div class="jumbotron no-mobile">←
43.
               <div id="content-desktop">←
44.
                   ←
```

https://validator.w3.org/nu/#textarea 2/7

```
45.
                       Here at Benched, we believe in unlocking that full potential. The name says it all!
    We're a local 24 hour gym located in the heart of Pasadena, California. ↔
46.
                       We are what you call close knit, that means we're practically family! Two brothers set
    out to not only open up "another gym", ↔
47.
                       but to find a way to connect it beyond the means of word of mouth and social media so
    that's why we're the only family run gym to actually have a connection to sportswear products and
    promotions. \leftarrow
48.
                       We love our members and we are always enthusiastic when it comes to growing our family
    and we have a vast range of gear (and a great team of trainers) to help keep this family happy and healthy! ↔
49.
               </div>←
50.
51.
           </div>←
52.
       </div>←
53. </div>←
54. <div class="container">←
55.
       <div class="row">←
56.
           <div class="col-12">←
57.
               <h2 class="training-header">Meet Our Training Team!</h2>↔
58.
               </div>←
59.
           </div>←
60.
       </div>←
61. <br>

   <div class="container-fluid">←
63.
       <div class="row">↔
64.
           <div class="col-sm-4 col-md-4 col-lg-4 image-align">←
65.
               <div class="media">↔
66.
                   <div class="media-body">←
67.
                       <h3 class="trainer-name">Mark</h3>↔
68.
                       <img src="images/gym-trainer-1.jpg" alt="white male trainer" class="rounded-circle"</pre>
    height="150" width="150">↔
69.
                       Hi, I'm Mark. I've been with the Benched guys for a little over
    a year and it's a great environment. I love watching clients focus on their hidden potential to get results!
    ←
70.
                       Mark-Fulton@BFmail.com for bookings.
71.
                   </div>←
72.
               </div>↩
73.
           </div>←
           <div class="col-sm-4 col-md-4 col-lg-4 image-align">←
74.
75.
               <div class="media">↔
76.
                   <div class="media-body">←
77.
                       <h3 class="trainer-name">David</h3><img src="images/gym-trainer-2.jpg" alt="black male</pre>
    trainer" class="rounded-circle" height="150" width="150">↔
78.
                       I'm David. I'm working with a great set of guys at Benched. I'm
    passionate about getting people to be happy with themselves physically and most importantly...mentally!
←
79.
                       Dave-F@BFmail.com for bookings.
80.
                   </div>←
81.
               </div>←
82.
           </div>←
83.
           <div class="col-sm-4 col-md-4 col-lg-4 image-align">←
```

https://validator.w3.org/nu/#textarea

```
84.
                <div class="media">↔
 85.
                    <div class="media-body">←
 86.
                         <h3 class="trainer-name">Cass</h3>↔
 87.
                         <img src="images/gym-trainer-girl-3.jpg" alt="female trainer" class="rounded-circle"</pre>
     height="150" width="150">←
 88.
                         Hey, I'm Cassie (Cass) I love the grind at Benched, getting to
     know new clients and their needs is what I live for! Feel free to come and find me for a chat.
 89.
                         CassieBrowning@BFmail.com for bookings.
 90.
                    </div>←
 91.
                </div>←
 92.
            </div>←
 93.
         </div> ←
 94. </div>↔
 95. <div class="container-fluid container-background">←
 96.
         <div class="row">←
 97.
             <div class="col-12 ask-us-anything-header">←
 98.
                <h2 class="text-uppercase">Ask Us Anything!</h2>↔
 99.
                <div class="container ask-us-anything-paragraph-container">←
100.
                    <div class="blockquote">←
101.
                         <h5>If for some reason you're still unsure about anything, no question is too silly and
     we'd love to hear from you! ←
102.
                            Simply fill in the form below with anything you need to get off your chest and we'll
     get back to you soon. ←
103.
                        </h5>↔
104.
                    </div>←
105.
                </div>←
106.
            </div>←
107.
         </div>←
108.
         <div class="container">←
109.
            <form>←
110.
                <div class="form-row">↔
111.
                    <div class="col-md-6 mb-3">←
112.
                         <label for="validationDefault01">First name</label>←
113.
                         <input type="text" class="form-control" id="validationDefault01" value="" required>↔
114.
                    </div>←
115.
                    <div class="col-md-6 mb-3">←
116.
                         <label for="validationDefault02">Last name</label>↔
117.
                         <input type="text" class="form-control" id="validationDefault02" value="" required>↔
118.
                    </div>←
119.
                </div>↩
120.
                <div class="form-row">↔
121.
                    <div class="col-md-6 mb-3">←
122.
                         <label for="validationDefault03">What would you like to ask?</label>↔
123.
                         <input type="text" class="form-control" id="validationDefault03" required>←
124.
                    </div>←
125.
                    <div class="col-md-3 mb-3">←
126.
                         <label for="exampleInputEmail1">Email address</label>←
127.
                         <input type="email" class="form-control" id="exampleInputEmail1" aria-</pre>
     describedby="emailHelp">←
```

https://validator.w3.org/nu/#textarea 4/7

```
128.
                         <small id="emailHelp" class="form-text text-muted">We'll never share your email with
     anyone else.</small>←
129.
                     </div>←
130.
                 </div>←
131.
                 <button type="button" class="btn btn-outline-secondary">Submit Me!</button>↔
132.
             </form>←
133.
         </div>←
134. </div>←
135. <div class="container">↔
136.
         <div class="row">↔
137.
             <div class="col-12 gym-facilities-header">←
138.
                 <h2 class="text-uppercase">Facilities</h2>↔
139.
             </div>←
140.
         </div>←
141. </div>←
142. <div class="container" style="padding-bottom: 0">←
143.
         <div class="row">↔
144.
             <div class="col-md-4 col-lg-4">←
145.
                 <blockquote class="blockquote">←
146.
                     <h4><i class="fa fa-wheelchair-alt fa-lg" aria-hidden= "true"></i> Disabled Access
     Throughout</h4>↔
147.
                 </blockquote>←
148.
             </div>←
149.
             <div class="col-md-4 col-lg-4">←
150.
                 <blockquote class="blockquote">←
                     <h4><i class="fa fa-shower fa-lg" aria-hidden= "true"></i> Changing Facilities</h4>↔
151.
152.
                 </blockquote>←
153.
             </div>←
             <div class="col-md-4 col-lg-4">←
154.
155.
                 <blockquote class="blockquote">←
156.
                     <h4><i class="fa fa-car fa-lg" aria-hidden= "true"></i> Free Parking</h4>↔
157.
                 </blockquote>↔
158.
             </div>↩
159.
         </div>←
160. </div>←
161. <div class="container">←
         <div class="row">↔
162.
163.
             <div class="col-md-4 col-lg-4">←
164.
                 <blockquote class="blockquote">←
165.
                     <h4><i class="fa fa-cutlery fa-lg" aria-hidden= "true"></i> Pre & Post-workout Eating
     Area</h4>←
166.
                 </blockquote>←
167.
             </div>↔
168.
             <div class="col-md-4 col-lg-4">↔
169.
                 <blockquote class="blockquote">←
170.
                     <h4><i class="fa fa-unlock-alt fa-lg" aria-hidden= "true"></i> Secure Lockers
     Available</h4>↔
171.
                 </blockquote>←
172.
             </div>←
```

https://validator.w3.org/nu/#textarea 5/7

```
173.
             <div class="col-md-4 col-lg-4">←
174.
                 <blockguote class="blockguote">←
175.
                     <h4><i class="fa fa-shopping-cart fa-lg" aria-hidden= "true"></i> Supplements Available
     </h4>↔
176.
                 </blockquote>↔
177.
             </div>←
178.
         </div>←
179. </div>↔
180. <div class="container about-media">←
181.
         <div class="row">↔
182.
             <div class="col-12 col-lg-4">←
                 <img src="images/barbell-curl.jpg" alt="man using barbell weights" class="rounded-circle"</pre>
183.
     height="150" width="150">↔
184.
             </div>←
185.
             <div class="col-12 col-lg-4">←
                <img src="images/arm-lock.jpg" alt="people locking arms" class="rounded-circle" height="150"</pre>
186.
     width="150">←
187.
             </div>←
             <div class="col-12 col-lg-4">←
188.
189.
                 <img src="images/man-dumbbells.jpg" alt=" man using dumbbells" class="rounded-circle"</pre>
     height="150" width="150">↔
190.
             </div>←
191.
         </div> ←
192. </div>←
193. <div class="card">←
         <div class="card-header">↔
194.
195.
             Follow Us↔
                 <a target="_blank" href="https://en-gb.facebook.com/"><i class="fa fa-facebook-square" aria-</pre>
196.
     hidden= "true"></i></a>↔
197.
                 <a target=" blank" href="https://www.instagram.com/"><i class="fa fa-instagram" aria-hidden=</pre>
     "true"></i></a>↔
                <div class="row">←
198.
199.
                     <div class="col-12">↔
                         <a href="assets/rules.pdf" target=" blank"> Click Here</a> for a
200.
     full list of our rules & procedures.↔
201.
                     </div>←
202.
                 </div>←
203.
             </div>↩
204.
         </div>←
205. <script src="https://code.jquery.com/jquery-3.3.1.slim.min.js" integrity="sha384-
     q8i/X+965Dz00rT7abK41JStQIAqVgRVzpbzo5smXKp4YfRvH+8abtTE1Pi6jizo" crossorigin="anonymous"></script>↔
206. <script src="https://cdnjs.cloudflare.com/ajax/libs/popper.js/1.14.7/umd/popper.min.js" integrity="sha384-
     UO2eT0CpHqdSJQ6hJty5KVphtPhzWj9WO1clHTMGa3JDZwrnQq4sF86dIHNDz0W1" crossorigin="anonymous"></script>↔
207. <script src="https://stackpath.bootstrapcdn.com/bootstrap/4.3.1/js/bootstrap.min.js" integrity="sha384-
     JjSmVgyd0p3pXB1rRibZUAYoIIy60rQ6VrjIEaFf/nJGzIxFDsf4x0xIM+B07jRM" crossorigin="anonymous"></script>↔
208. </body>←
209. </html>
```

Used the HTML parser.

https://validator.w3.org/nu/#textarea 6/7

Total execution time 44 milliseconds.

About this checker • Report an issue • Version: 21.2.2

https://validator.w3.org/nu/#textarea 7/7