



Our Gym



Fun Activities

- Trampolining
- Swimming
- Rock Climbing
- Padel
- LaZER Tag

Regular Gym

General Fitness: We have everything you need to improve your health and fitness goals. Treadmills, row machines, exercise bikes, ellipticals, step mills etc. We also have areas equipped with mats for light weight training and stretching.

Weight Training: We have equipments to reach your bodybuilding and powerlifting goals. Our equipments include dumbbells, squat racks and variety of machines.



Nutrition Bar

All members have access to our nutritions bar, have a look out our membership plans for pricing and membership benefits,



First Name

Last Name

Email

Type your message here

Submit

Contact Us

Questions?
Send us a message

09:52 AM



JoGym



Why take the joy Out of the Gym

Join Now

Our Gym

Fun Activities

Trampolining
Swimming
Rock Climbing
Padel
Lazer Tag

Regular Gym

General Fitness: We have everything you need to improve your health and fitness goals. Treadmills, row machines, exercise bikes, ellipticals, step mills etc. We also have areas equipped with mats for light weight training and stretching.

Weight Training: We have equipments to reach your bodybuilding and powerlifting goals. Our equipments include dumbbells, squat racks and variety of machines.

First Name

Last Name

Email

Type your message here

Submit



Memberships

J	O	Y	!
599kr/monthly	1299kr/monthly	1999kr/monthly	2499kr/monthly
JOIN	JOIN	JOIN	JOIN

J Member

Includes unrestricted access to the gym
2x/week group training
Once a month fun activity

O Membership

Free regular gym
Free group trainings
Weekly fun activity
Daily post-workout shake

Y Membership

Free regular gym
Free group trainings
Weekly fun activity
Daily post/pre-workout shake
Twice per week fun activity

! Membership

All Y membership benefits included
Togo post-workout meal/day

09:52 AM

JoSyn



Memberships

J

599kr/monthly

JOIN

O

899kr/monthly

JOIN

O

1999kr/monthly

JOIN

Y

2499kr/monthly

JOIN

J Member

Includes unrestricted access to the gym
2x/week group training
Once a month fun activity

O Membership

Free regular gym
Free group trainings
Weekly fun activity
Daily post-workout shake

Y Membership

All Y membership benefits included
Togo post-workout meal/day

! Membership

Free regular gym
Free group trainings
Weekly fun activity
Daily post/pre-workout shake
Twice per week fun activity



JoGym

LOGIN

Email

Password

[Forgot password?](#)

[Not a member? Join now](#)





Register

First Name

Last Name

Email

Password

Repeat Password

Become a Member

[Already a member? Login](#)



[Our Gym](#) [Memberships](#) [Shop](#) [Contact](#)



[Profile](#)
[Logout](#)

JANE DOE

jane.doe@hotmail.com

[edit profile](#)

My membership

J

599kr/monthly

Active

[Change membership](#)





[Our Gym](#) [Memberships](#) [Shop](#) [Contact](#)



[Profile](#)
[Logout](#)

Shop

[Womens](#) | [Mens](#) | [Equipment](#)

 search

