

# Rebel Fitness Class Timetable

	Mon	Tue	Wed	Thur	Fri	Sat	Sun
06:00	TRX	HIIT	Spinning	Bootcamp	Spinning	-	-
07:00	Spinning	Yoga	TRX	Spinning	HIIT	-	-
09:30	Yoga	Spinning	HIIT	Pilates	TRX	Spinning	Spinning
13:00	Pilates	Bootcamp	Spinning	Yoga	Yoga	Pilates	TRX
18:00	Spinning	TRX	Pilates	Bootcamp	Bootcamp	Bootcamp	Bootcamp
19:00	Bootcamp	Spinning	Bootcamp	Spinning	HIIT	Yoga	Yoga
20:00	HIIT	Pilates	Yoga	TRX	Pilates	-	-