

[Home](#)[Gallery](#)[Sign Up](#)

Hello and welcome to the official website of Barney's Boxercise class. This class is based in Stewartstown Co. Tyrone and runs every Monday, Wednesday & Saturday's. It is great for both men and women looking to get into shape or looking to know boxing techniques. Everyone is welcome and please take some time to look through our Gallery and fill out the form to register your interest.

Every class will be different so you are not doing the same thing over again. Below is a list of the different activities featured in the class:

- Boxercise 🥊
  - Circuits 🔄
  - Self Defense 🖐️
  - Kickboxing ❤️
  - Muay Thai 🥊
  - Jui-Jitsu 🥋
- and much more

### Location

Donagherry Hall,  
North Street,  
Stewartstown,  
Co. Tyrone,  
BT71 5JF

### Class Times

Monday: 8:00pm - 9:00pm  
Wednesday: 7:00pm - 8:00pm  
Saturday: 9:00am - 11:00am

### Price

£5 per class

