

Welcome To My Fitness

Get Ready to push your limits and have some fun along the way!

Join Us Now!

Weekly Group Exercise Class Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09:00 - 11:00	Zumba		FitCore		Zumba		FitCore
13:00 - 15:00	CrossFit	Body Pump			CrossFit	Body pump	
17:30 - 19:30	Zumba		FitCore		Zumba		FitCore
20:00 - 22:00	CrossFit	Body Pump			CrossFit	Body pump	

What are people saying about us



A great place for workout, lovely trainers, hygiene and responsible. Love it!



Have been training here for some time and I do love the structure, new and modern equipment, very recommended !

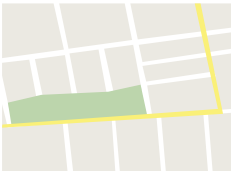
Find Us

Contact Us:

Our Address: Nedergardsvogen 9  
14740 Tumba

Call Us: 1-555-555 555

Club Hours: Mon-Fri 06:00 - 23:00  
Sat 08:00 - 21:00  
Sun 09:00 - 19:00



Send Us a Message

First Name:

Last Name:

E-mail:

Phone Number:

Your Message:

Submit



09:52 AM



# My Fitness

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13:00 - Cro	Cro	Body			Cro	Body	
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20:00 - Cro	Cro	Body			Cro	Body	

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Happy User 1



Have been training here for some time and I do love the structure, new and modern equipment, recommended !

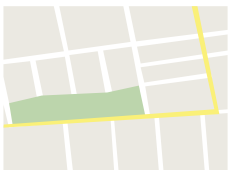
Happy User 2

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