

		Category			region		style profile		method	properties
		alcoholic			ireland		classification		fermentation	
		botanical			british isles		flavour		infusion	medicinal
					western europe				extraction	ABV
	alcohol		botanical		eastern europe				glycerite	
	wine		tea		central europe				decoction	
	beer		tincture		north american					
	cider		cordial		pacific					
	liquor		kombucha		native / traditional					
		key summary			classification		flavour		ABV	Medicinal
		category			lager		tart		0%	mood elevator
		recipes			pilsner		bitter		< 4%	relaxant
		style profile			IPA		sweet		4-6%	sleep-inducing
		region			brown ale		malty		6-9%	detox
		method			red ale		hoppy		9 - 12%	cleanser
		properties			pale ale		fruity		> 12%	anti-inflammatory
recipes		legend >>>>>			amber ale		spicy		> 15%	antacid
recipe_name			beer		dark beer		smokey		> 20%	digestive
description			wine		wheat beer		roasted		< 40%	tonic / cleanser
equipment_list			botanicals		speciality		silky		> 40%	soothing
top_tips			cider		porter		mellow			energy elevator
ingredient-list					stout		rich			pain-relief
instruction_list		recipe_record			red wine		bold			immune system
sign-off		recipe_by			white wine		crisp			circulation
cat_name		date_added			sparkling wine		herbaceous			vitamin boost
		upvotes			rosé		complex			
		url			ayurvedic		citrus			
					herbal					
					medicinal					
					unfiltered					
					dry					
					sweet					