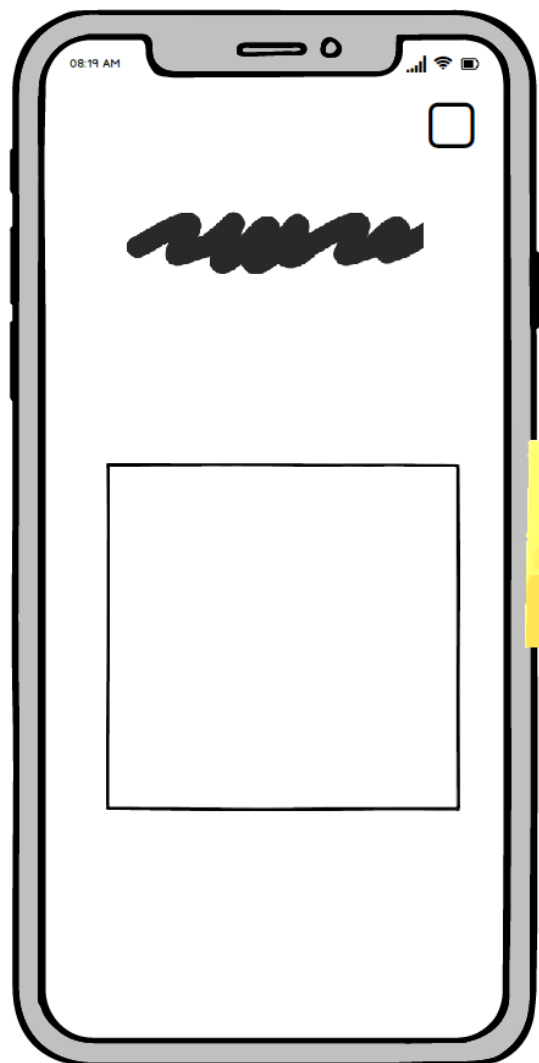


Photo backgrounds will be coloured panes on mobile view.

Benefits of mindfulness.
Only one box visible on mobile view.

Facts, what the science says

Experience now - links to audio / video page



Simple statement of company purpose and one benefit of mindfulness visible.

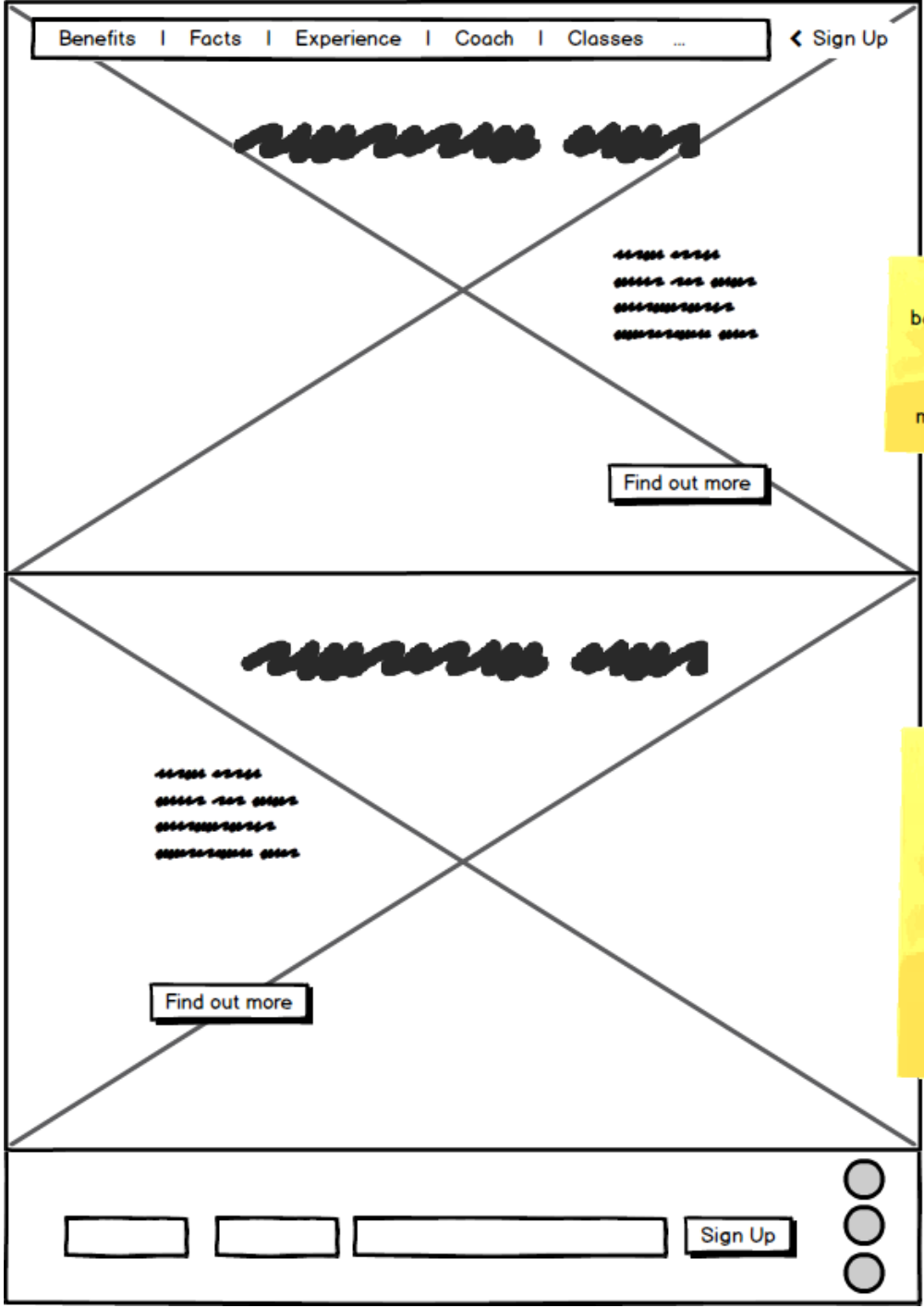
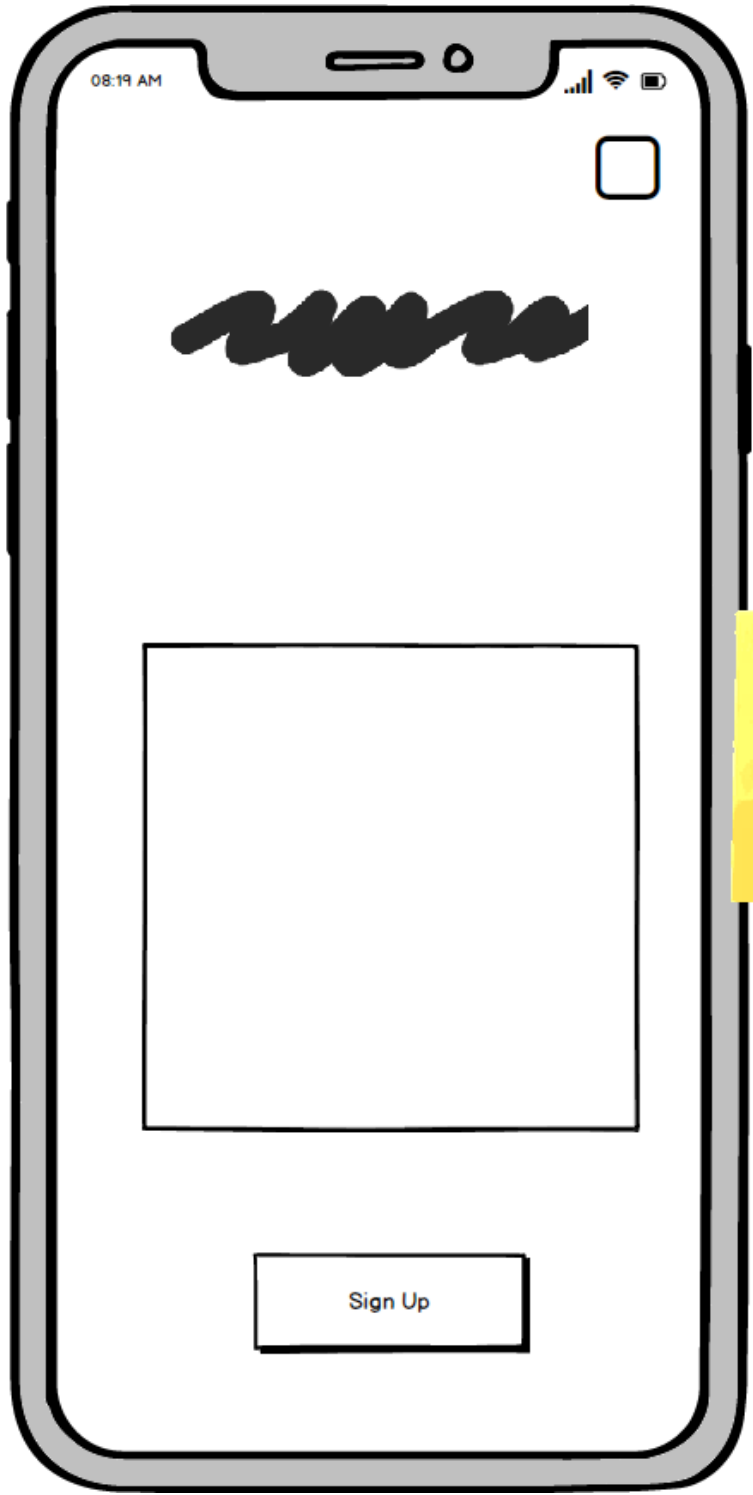


Photo backgrounds will be coloured panes on mobile view.

Benefits of mindfulness or Mindfulness facts.

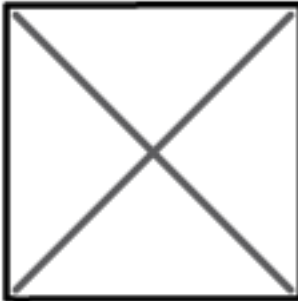
Photos change to coloured background on mobile view.



Simple statement of company purpose and one benefit of mindfulness visible.

Benefits | Facts | Experience | Coach | Classes ...

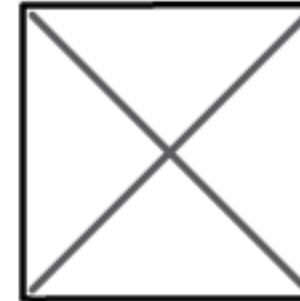
< Sign Up



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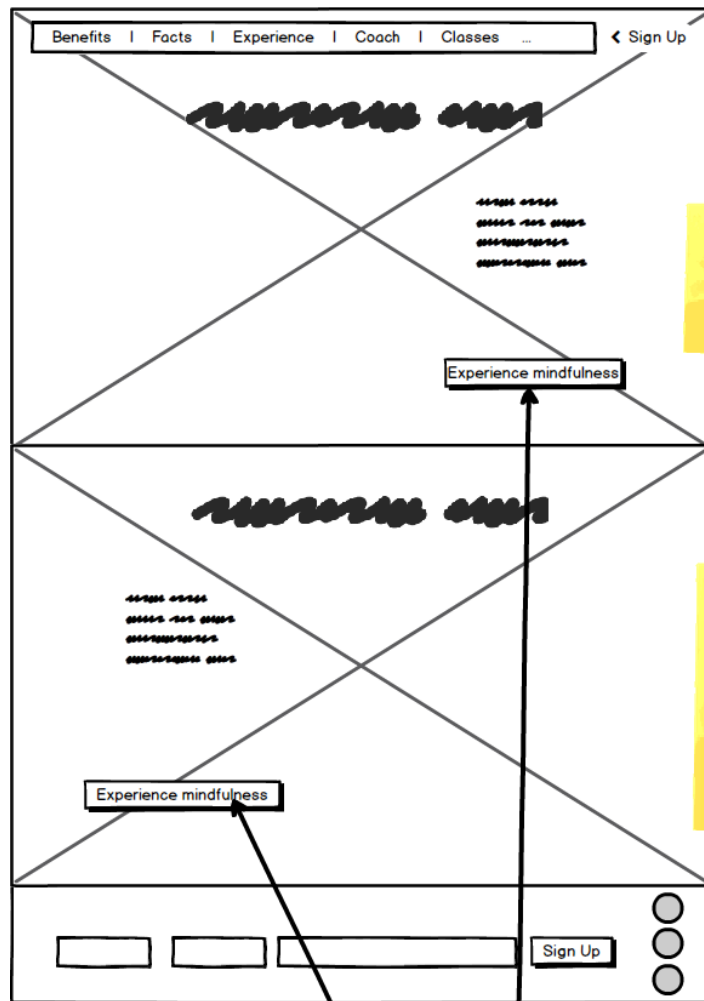
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Find out more

Photo
backgrounds
will be
coloured
panes on
mobile view.

Coach page:
photo
qualifications
testimonial

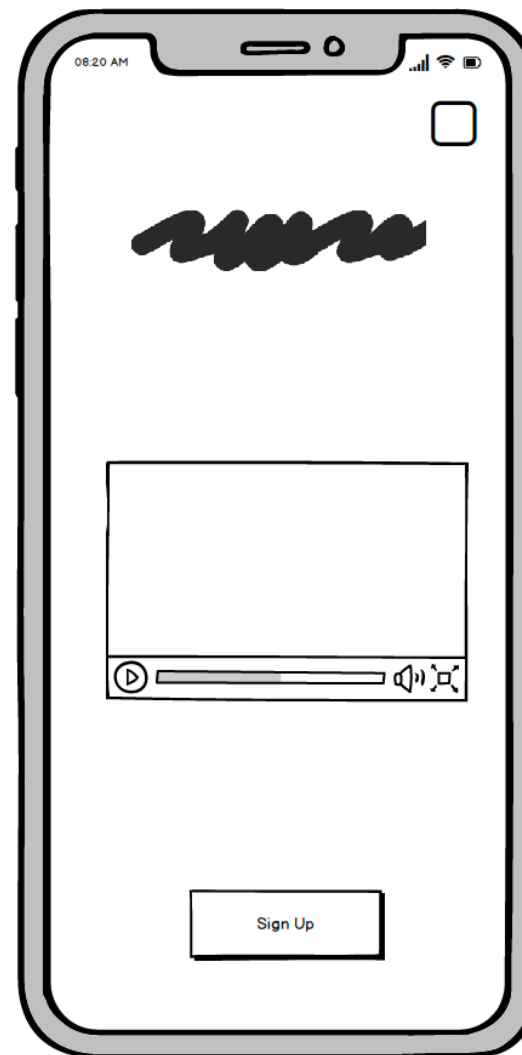
Classes
page:
Times
Venue
Prices



Video experience

Audio experience

Video or Audio experience opens in a modal



Simple statement of company purpose and one benefit of mindfulness visible.