

## UNLOCK YOUR POTENTIAL JOIN US TODAY!

Welcome to your local gym.

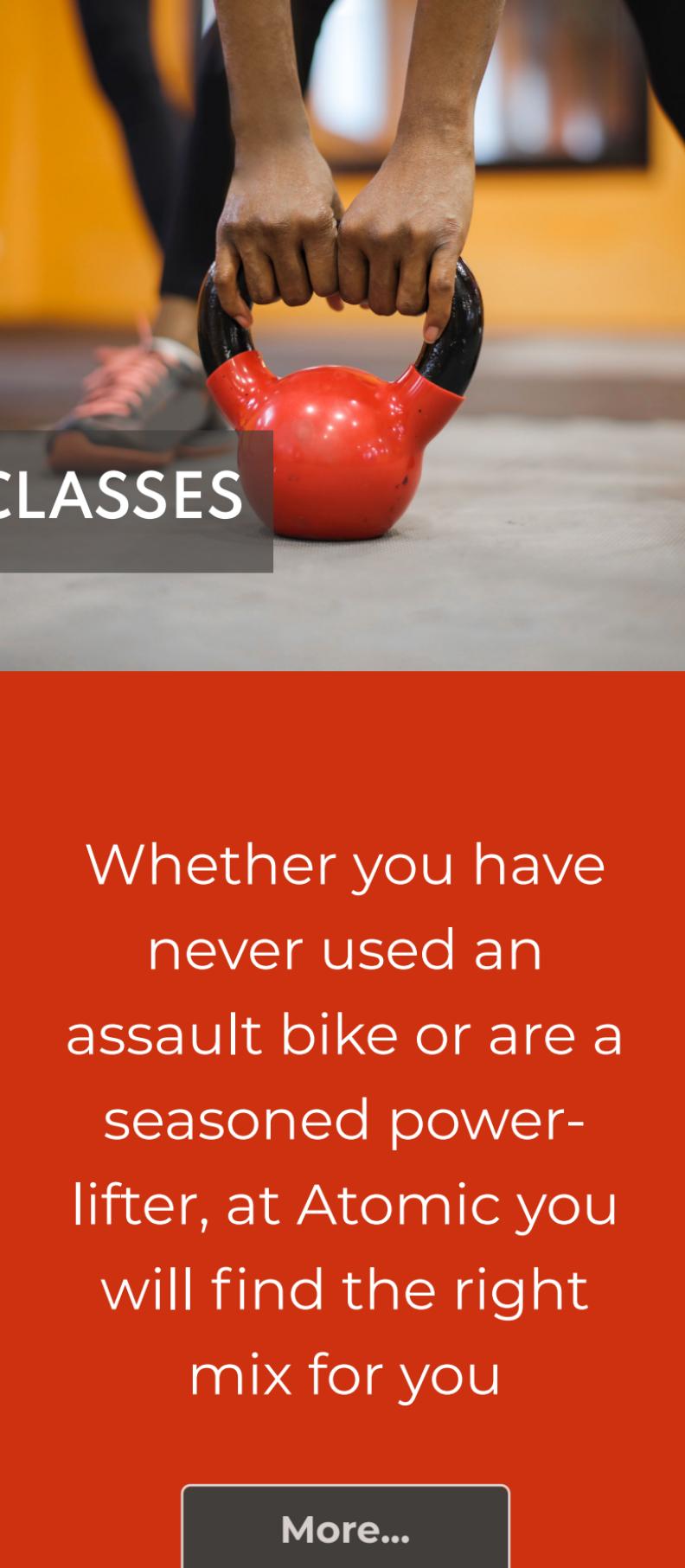
**JOIN NOW**

Green Park

Green Town

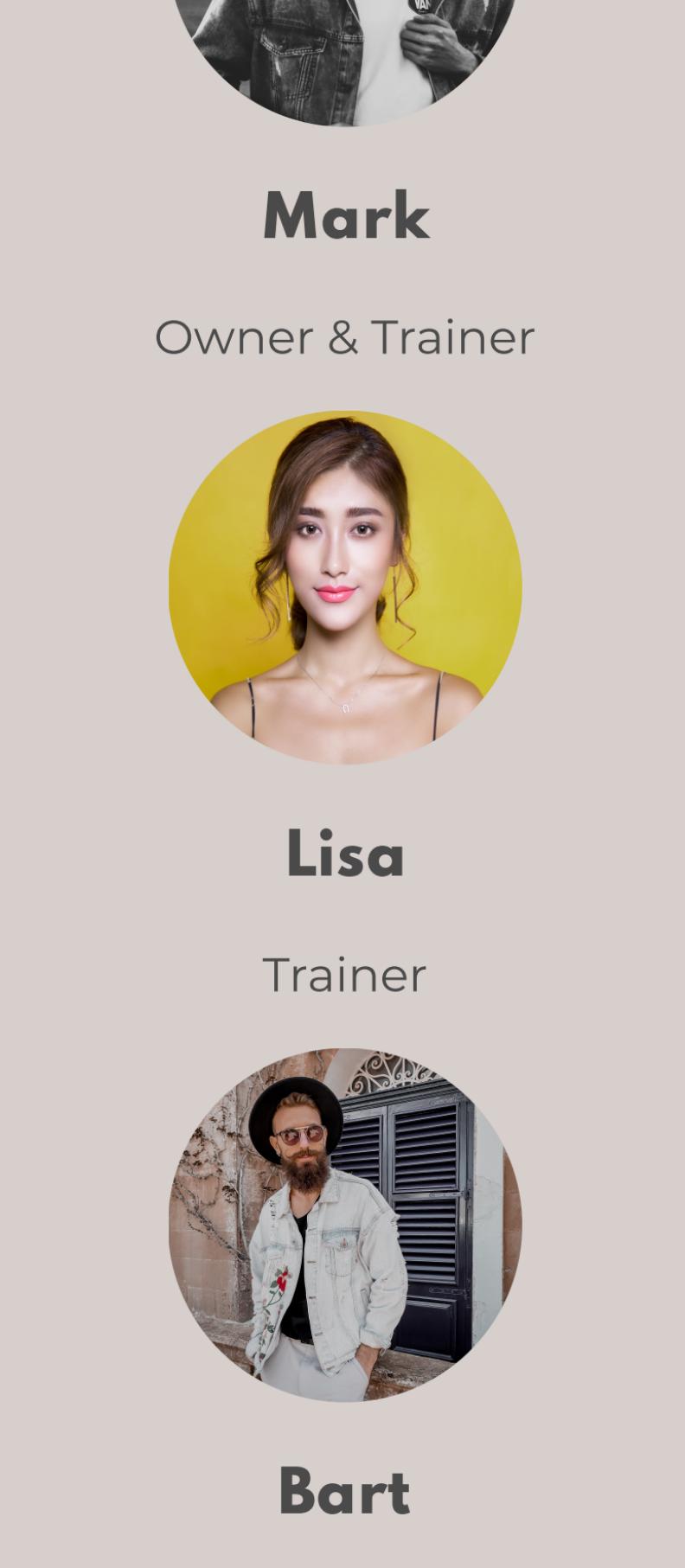
Dublin

## WHY USE ATOMIC?



**Tom**

The workouts really challenge you but are nicely set to your level. I had tried a few places before but I found they were either much too advanced or much too simple. The trainers at Atomic help set individual goals and workouts that are suited to you.



**Julia**

I really like the people and the variety of classes.



**Avril**

I had not really used a gym before this and I was initially nervous. Atomic Fitness' personal training and coaching gave me the confidence to persevere. Now I go every day!



**Mary**

I made a bet I could run a marathon, even though I could barely do 5 km. Atomic's classes and personal training helped me to prepare. I was really pleased with the results and I have completed 3 marathons.



## CLASSES

Whether you have never used an assault bike or are a seasoned power-lifter, at Atomic you will find the right mix for you

**More...**



## COACHING

With our experienced coaches, get a tailored work-out programme designed for you.

**More...**



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**More...**

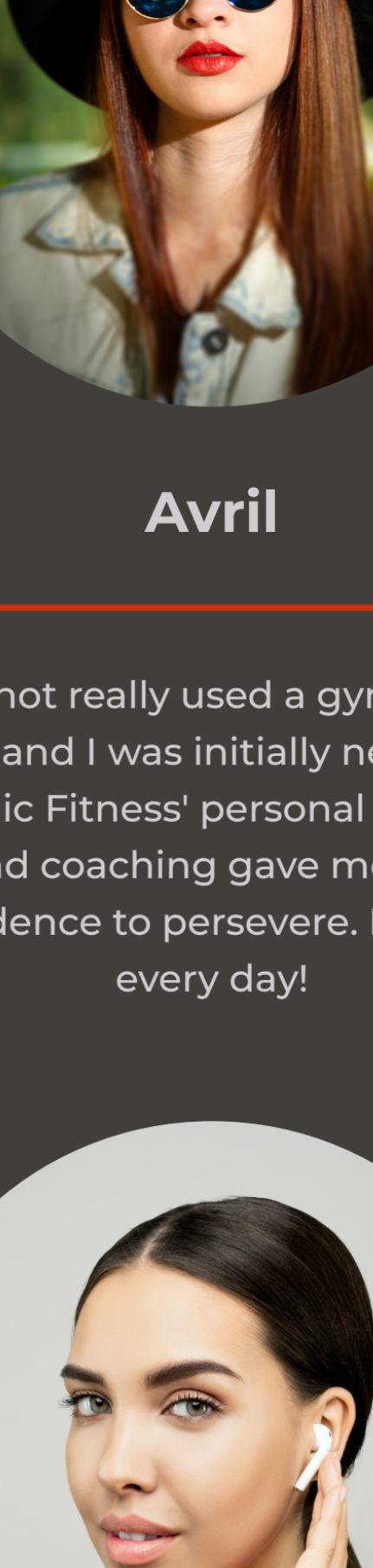


## MEET OUR TRAINERS



**Mark**

Owner & Trainer



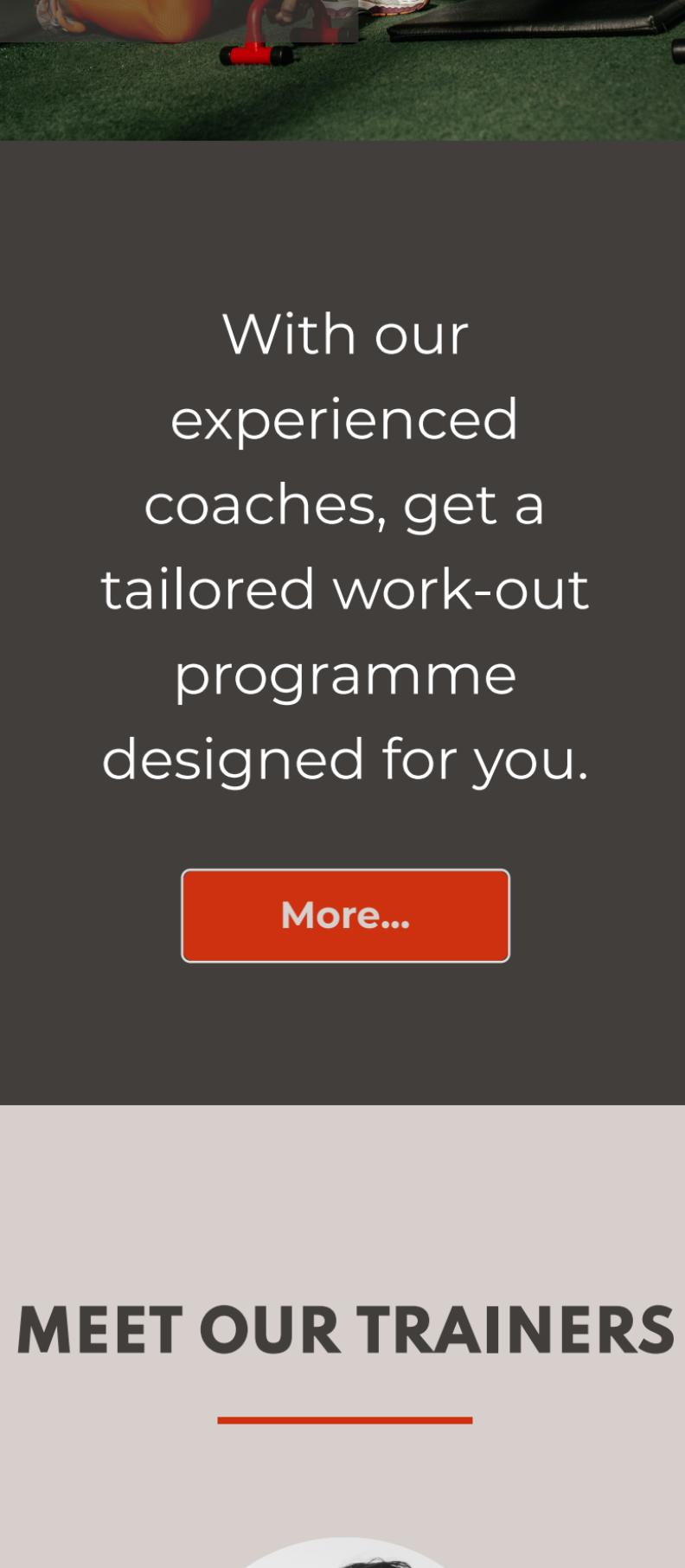
**Lisa**

Trainer



**Bart**

Trainer



**ATOMIC FITNESS**

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