

LAXRULES

Lacrosse officiating information for all ...

Home→ Women's Officiating→ Men's Officiating→ News→ Contact Us→



"The home of Lacrosse in Scotland"

What the website is for
What info can be found

CURRENT RULES OF LACROSSE

Lacrosse in Scotland is played according to the the FIL rules with few, if any, exceptions, however for 2018/2019 season new rules will be played, so there is no change from the rules played last season.

BUCS lacrosse

Note that BUCS may have a different set of rules, so you must check the [BUCS website](#) for information relating to BUCS matches.

Home page to give a variety of info based on the most common things people ask for - umpires, rules, what do I need to do ...

Only going to do women's rules just now, then in future do the

Header

Link to governing body website

Use the same background image, if possible, so there is a common feel, although different sites - this is icing on the cake and not truly necessary, so low priority.

Same goes for the LS "banner" - as close as possible. I can use the logos and get quality images and will see how to get the rest of the banner as similar as possible.

I need to download the old rules before the new rules are published on the FIL website. otherwise LS will not have a copy of the rules for season 2018/2019

WOMEN'S & MIXED RULES



MEN'S RULES



Links to PDFs on FIL website

UMPIRING: WOMEN'S & MIXED LACROSSE

Find an umpire

The umpire register lists the most current information we have, but we rely on individuals and their club / university to let us know of any changes. We are not clairvoyant - so please let us know of any changes as soon as you can.



Static page of umpire names & clubs - no personal details

How to become an umpire

Check out the Umpire Development Pathway and take your first steps to gaining an umpiring qualification and some extra "pocket money".



Development pathway gallery / slideshow
How to get on an umpiring course
How to get tested

Helpful hints & tips

Some of the rules explained in more detail and some crib sheets to save you ploughing through the rules book if you are looking for a quick answer.



Rules / mechanics text & images
Embedded USL video clips

REFEREEING: MEN'S LACROSSE

Find a referee

The referee register lists the most current information we have, but we rely on individuals and their club / university to let us know of any changes. We are not clairvoyant - so please let us know of any changes as soon as you can.



Static page of referee names & clubs - no personal details

How to become a referee

Check out the Referee Course (run once a year, so don't miss it) and take your first steps to gaining a refereeing qualification and some extra "pocket money".



Static page giving details of refereeing course

Use FIL, ELF and LS logo images for the links to these sites.

LS does not have a YouTube site - one was set up 4 years ago and there has been no activity since.

Can I use the USL site to demonstrate linking to YouTube? This will tie in with the videos for Hints and Tips?

Check with Mentor

For the project what do we need in terms of GDPR - is it best to remove the contact page and register pages for the time being as they contain personal information - unless I use dummy names for the purposes of the project
Check with Mentor

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Footer

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If you want to find out more about becoming an official or have questions about the rules please just drop us a note and we will do our best to get back to you as quickly as possible.

Reason for Contact*

- ☐ rules question
- ☐ how to get tested
- ☐ course enquiry
- ☐ other

Your contact details

First Name*:

Surname / Family Name*:

Email*:

Phone / Mobile::

Club / School:

☐ I agree to my details being held and used in line with the [Privacy Policy](#)

Send

Contact Us Form - not sure if we can do this quite yet, but will check with Mentor.

I can create the form with inactive form fields that do not get sent or added to a DB, but don't want to send / receive email as I do not want to use mailto: option

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Note that anyone holding a Level 1 Award has only passed the theory test – they have to pass their practical test (Level 2) before they are qualified to umpire games. At the discretion of the R&U committee, in very limited circumstances, a Level 1 award holder may umpire if they are supervised by someone holding a Level 3 or higher umpire award.

- means that you need to be seen by the testers during the season – don't worry you can still umpire as normal, but once you've been seen, your P level expiry date can be updated on the register.

If your name is not shown and you sat your test a good while ago, please [get in touch](#) so you can be added (with an asterisk) and then seen by the testers.

First Name	Family Name	Club / University / School	Award Held	Passed / Renewed
Anne	Wing	Stirling University	Level 1	
Anna	Clarkson	Capital	Level 2	
Alison	Lynch*	GHK	Level 2	
Alistair	Stott	Capital	Level 2	
Belinda	Greenaway	Edinburgh Thistle	Level 2	
Brenda	Suter	Edinburgh University	Level 1	04/10/2015
Carol	Geddes	Edinburgh University	Level 1	28/11/2015
Diane	Willbye	Glasgow University	Level 1	05/10/2015
Eleanor	Bruce	Glenalmond	Level 2	
Fiona	Lawrence	Edinburgh University	Level 1	
Gillian	Stubbins	Strathclyde University	Level 2	
Harriet	Nelson-Lee	Unattached	Level 3	
Katie	Belcher	St Andrews University	Level 2	05/12/2015
Linda	Kay	St Andrews University	Level 1	04/10/2015
Morag Smith	Dundee University	Level 1		
Nigella	Cleary	RGU	Level 1	03/10/2015
Patricia	Fraser	Aberdeen University	Level 1	09/11/2015
Rhona	Hollands	Capital	Level 2	
Tammy	Kouki	Aberdeen University	Level 1	

Use of tables to display info

GDPR

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[Home→](#) [Women's Officiating→](#) [Men's Officiating→](#) [News→](#) [Contact Us→](#)



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[Home→](#) [Women's Officiating→](#) [Men's Officiating→](#) [News→](#) [Contact Us→](#)



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Lacrosse Scotland have advised all umpires, players, spectators, volunteers and people involved in the Women's Domestic Scottish League that the new FIL rules *will not* be applied during the Scottish Domestic League 2018/19 season.

Lacrosse Scotland has made the decision to implement the new rules with the commencement of the 2019/20 season.

"This will allow us to introduce the new rules more gradually, at events and tournaments throughout the 2018/19 season, in order to give umpires and players an opportunity to practice these rules providing them with a greater understanding before this will affect league fixtures. This decision has been made so that the new rules can be phased in, umpires can gain confidence and Lacrosse Scotland can deliver education and informative workshops that allow questions and answers to be brought to light.

Best of luck this season!"

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[Home→](#) [Women's Officiating→](#) [Men's Officiating→](#) [News→](#) [Contact Us→](#)




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How to get started - Level 1




Read rules book, then do not pass online theory test
level 1 pathway
next step is to attend the Level 2 umpiring course

Attend Level 2 Umpiring Course




Attend the next four arbitrated Level 2 before
attending the course
Attend Lacrosse Scotland level 2 course
then practice

Prepare for Level 2 test




Practice practice - learn thinking, when future,
locally, future, it's looking and doing again then

Arrange your Level 2 test



Get tested - on when future, freely future, with
competent days school days, you don't need to miss
a game in the future




Level 2 achieved



You are now a
level 2 umpire, you can now officiate at all
your games and the future games

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Umpire level 1 pathway - gallery / slideshow

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How to get tested, what you are tested on
etc

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Ref course placeholder

Course details

Refs do not sit practical test but need to include info re who to contact with questions - RP

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Embed a couple of USL videos

Caveat re 8/12 & 11/15 differences.
Emphasis is on IDing foul and mechanics

Shooting Space /
Free Space to Goal

```
<iframe width="1792" height="858"
src="https://www.youtube.com/embed/
O4d5UkeDPbI" frameborder="0"
allow="autoplay; encrypted-media"
allowfullscreen></iframe>
```

3 second rule

```
<iframe width="1792" height="858"
src="https://www.youtube.com/embed/
8NV40jTFQ78" frameborder="0"
allow="autoplay; encrypted-media"
allowfullscreen></iframe>
```

Restraining Line

```
<iframe width="1903" height="720"
src="https://www.youtube.com/embed/
YQkaI-iTVZg" frameborder="0"
allow="autoplay; encrypted-media"
allowfullscreen></iframe>
```

Link to women's lacrosse video footage from
YouTube

ALSO USL
<https://www.uslacrosse.org/officials/womens-officials-development-videos>

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Home→ Women's Officiating→ Men's Officiating→ News→ Contact Us→



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<iframe width="1792" height="858"
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8NV40jTFQ78" frameborder="0"
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```

```
<iframe width="1903" height="720"
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YQkaI-iTVZg" frameborder="0"
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A link to Lacrosse Scotland website - possibly logo not banner

[Men's field rules - 2017-2018 Rules of Men's Field Lacrosse](#)

[Men's Indoor 2016 - 2019](#)

Link to other sites and to docs (PDFs), with images being the route to the link

[Women's Field Rules 2015 - 2018](#)

[Women's 5 a-side \(LS\)](#)

[Women's 8 a-side \(LS\)](#)

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