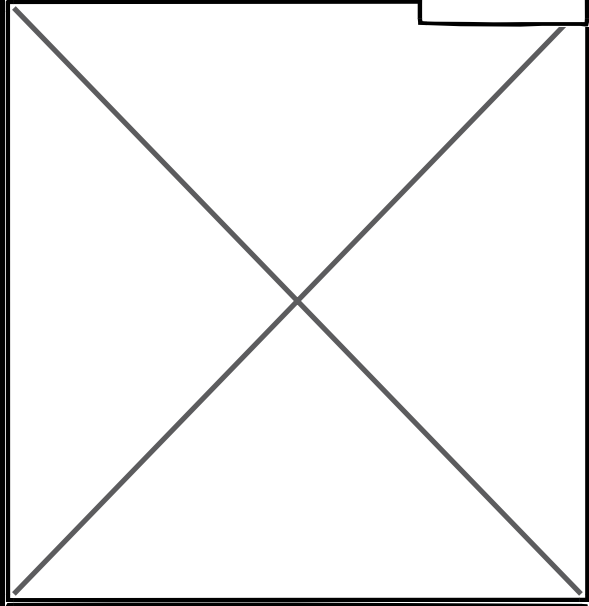




About/Our M

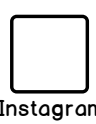
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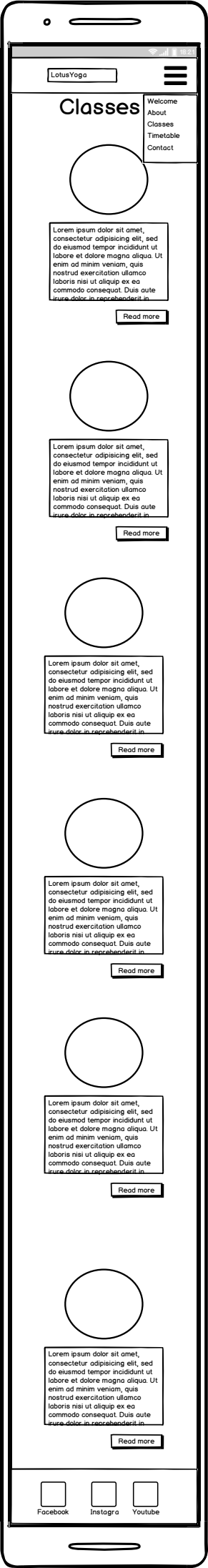


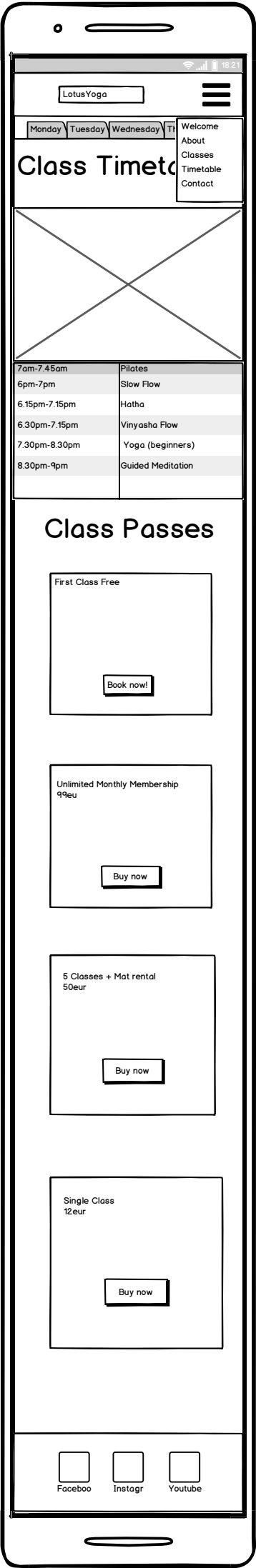
Instagram



Youtube







LotusYoga

Monday Tuesday Wednesday Thursday

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Class Timetable

7am-7.45am	Pilates
6pm-7pm	Slow Flow
6.15pm-7.15pm	Hatha
6.30pm-7.15pm	Vinyasha Flow
7.30pm-8.30pm	Yoga (beginners)
8.30pm-9pm	Guided Meditation

Class Passes

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