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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
HIIT	7am - 8am	7am - 8am	7am - 8am	7am - 8am	7am - 8am	7am - 8am	7am - 8am
Bodypump	8am - 9am	8am - 9am	8am - 9am	8am - 9am	8am - 9am	8am - 9am	8am - 9am
Boxing	9am - 10am	9am - 10am	9am - 10am	9am - 10am	9am - 10am	9am - 10am	9am - 10am
Spinning	10am - 11am	10am - 11am	10am - 11am	10am - 11am	10am - 11am	10am - 11am	10am - 11am
Pilates	11am - 12am	11am - 12am	11am - 12am	11am - 12am	11am - 12am	11am - 12am	11am - 12am
Flow Yoga	12am - 1pm	12am - 1pm	12am - 1pm	12am - 1pm	12am - 1pm	12am - 1pm	12am - 1pm

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Bodypump	8am - 9am	8am - 9am	8am - 9am	8am - 9am	8am - 9am	8am - 9am	8am - 9am
Boxing	9am - 10am	9am - 10am	9am - 10am	9am - 10am	9am - 10am	9am - 10am	9am - 10am
Spinning	10am - 11am	10am - 11am	10am - 11am	10am - 11am	10am - 11am	10am - 11am	10am - 11am
Pilates	11am - 12am	11am - 12am	11am - 12am	11am - 12am	11am - 12am	11am - 12am	11am - 12am
Flow Yoga	12am - 1pm	12am - 1pm	12am - 1pm	12am - 1pm	12am - 1pm	12am - 1pm	12am - 1pm

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Boxing	9am - 10am	9am - 10am	9am - 10am	9am - 10am	9am - 10am	9am - 10am	9am - 10am
Spinning	10am - 11am	10am - 11am	10am - 11am	10am - 11am	10am - 11am	10am - 11am	10am - 11am
Pilates	11am - 12am	11am - 12am	11am - 12am	11am - 12am	11am - 12am	11am - 12am	11am - 12am
Flow Yoga	12am - 1pm	12am - 1pm	12am - 1pm	12am - 1pm	12am - 1pm	12am - 1pm	12am - 1pm

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