

sea & stone

LUNCH

Soup

Butternut squash, Tuscan bean, creamy veg €4

Seafood chowder

Served with crusty bread €5

Mussel pot

Cream & garlic steamed mussels, crusty bread €8

Gambas Prawns

Sautéed with chilli & lemongrass marinade €9

Smoked Salmon

Castletownbere salmon, Guinness bread €8

Steak sandwich

With fried onions on ciabatta €8

Ham and cheese toastie

Honey baked ham with Charleville cheese €5

Black pudding salad

Clonakilty black pudding, halloumi, walnuts, wilted greens €8

Spicy chicken and pomegranate salad

Mixed leaves, pickled cucumber, slaw €9