

sea & stone

LUNCH

Served weekdays from 12pm-3pm

Soup - Choose from: Butternut squash, Tuscan bean, Creamy veg €4

Seafood chowder with crusty bread €5

Roast turkey, cranberry and stuffing sandwich €6

Steak sandwich with fried onions, on ciabatta €8

Honey baked ham & Charleville cheese toastie €5

Black pudding salad - Clonakilty black pudding, halloumi, walnuts, wilted greens €8

Spicy chicken and pomegranate salad - mixed leaves, pickled cucumber, slaw €9

Omelette - Choose any 3 fillings: Ham, cheese, tomato, onion, potato, spinach, smoked salmon €8