

# JANUARY 2021

## The Gym Class Schedule

CALENDAR MONTH	JANUARY
CALENDAR YEAR	2021
1ST DAY OF WEEK	MONDAY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
28	29	30	31	1	2	3
					10:00 Live Circuit 12:00 Spin Doctor 16:30 Ring Your Bell	12:00 Baby Mama Drama 14:00 Stretch It Out 16:30 Spin Doctor (A)
4	5	6	7	8	9	10
17:30 Plyo Fit 18:30 Live Circuit 19:30 Abcentric	17:30 Ring Your Bell 18:30 Spin Doctor 19:30 HiIT Me Again	11:30 Baby Mama Drama 18:00 Abcentric 19:00 Plyo Fit	17:30 Live Circuit 18:30 Ring Your Bell 19:30 HiIT Me Again	11:30 Baby Mama Drama 18:00 Abcentric 19:00 Plyo Fit	10:00 Live Circuit 12:00 Spin Doctor 16:30 Ring Your Bell	12:00 Baby Mama Drama 14:00 Stretch It Out 16:30 Spin Doctor (A)
11	12	13	14	15	16	17
17:30 Plyo Fit 18:30 Live Circuit 19:30 Abcentric	17:30 Ring Your Bell 18:30 Spin Doctor 19:30 HiIT Me Again	11:30 Baby Mama Drama 18:00 Abcentric 19:00 Plyo Fit	17:30 Live Circuit 18:30 Ring Your Bell 19:30 HiIT Me Again	11:30 Baby Mama Drama 18:00 Abcentric 19:00 Plyo Fit	10:00 Live Circuit 12:00 Spin Doctor 16:30 Ring Your Bell	12:00 Baby Mama Drama 14:00 Stretch It Out 16:30 Spin Doctor (A)
18	19	20	21	22	23	24
17:30 Plyo Fit 18:30 Live Circuit 19:30 Abcentric	17:30 Ring Your Bell 18:30 Spin Doctor 19:30 HiIT Me Again	11:30 Baby Mama Drama 18:00 Abcentric 19:00 Plyo Fit	17:30 Live Circuit 18:30 Ring Your Bell 19:30 HiIT Me Again	11:30 Baby Mama Drama 18:00 Abcentric 19:00 Plyo Fit	10:00 Live Circuit 12:00 Spin Doctor 16:30 Ring Your Bell	12:00 Baby Mama Drama 14:00 Stretch It Out 16:30 Spin Doctor (A)
25	26	27	28	29	30	31
17:30 Plyo Fit 18:30 Live Circuit 19:30 Abcentric	17:30 Ring Your Bell 18:30 Spin Doctor 19:30 HiIT Me Again	11:30 Baby Mama Drama 18:00 Abcentric 19:00 Plyo Fit	17:30 Live Circuit 18:30 Ring Your Bell 19:30 HiIT Me Again	11:30 Baby Mama Drama 18:00 Abcentric 19:00 Plyo Fit	10:00 Live Circuit 12:00 Spin Doctor 16:30 Ring Your Bell	12:00 Baby Mama Drama 14:00 Stretch It Out 16:30 Spin Doctor (A)
1	2	Notes: All classes must be scheduled at least 24 hours in advance. All cancellations must be at least 2 hours in advance. Cancellations less than 2 hours in advance could be subject to a penalty.				

(A) = Advanced Level