

STARDUST SCHEDULE

| Times | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------|---|---|---|---|---|---|---|
| 9:00 | Aerobics with Cassie Beg- Intermediate | HARDbodies with Chad Beginner | Aerobics with Cassie Beg- Intermediate | HARDbodies with Chad Beginner | Aerobics with Cassie Beg- Intermediate | Aerobics with Stella Beg- Intermediate | Aerobics with Stella Beg- Intermediate |
| 12:00 | IronPUMP with Chad Advanced | Aerobics with Cassie Beg- Intermediate | Aerobics with Cassie Intermediate | Aerobics with Cassie Intermediate | Spin with Sandy All- levels | Spin with Sandy All- levels | Spin with Sandy All- levels |
| 14:00 | Spin with Sandy Intermediate | Spin with Sandy All- levels | HARDbodies with Chad Beg- Intermediate | Spin with Sandy All- levels | HARDbodies with Chad Intermediate | | |
| 17:00 | Jazzercise with Cassie Beginners | Jazzercise with Cassie Beginners | | Jazzercise with Cassie Beginners | Jazzercise with Cassie Beginners | Jazzercise with Cassie Beginners | |

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| 18:00 | Spin with Sandy Intermediate | Aerobics with Cassie Beg-Intermediate | Spin with Sandy All-levels | HARDbodies with Chad Advanced | Spin with Sandy All-levels | Spin with Sandy All-levels | |
| 19:00 | Aerobics with Donna Advanced | Aerobics with Donna Advanced | Aerobics with Donna Advanced | Aerobics with Donna Advanced | Aerobics with Donna Advanced | IronPUMP with Chad Advanced | Aerobics with Donna Advanced |
| 20:00 | HARDbodies with Chad Intermediate | Jazzercise with Cassie Advanced | IronPUMP with Chad Advanced | IronPUMP with Chad Advanced | HARDbodies with Chad Advanced | Jazzercise with Cassie Advanced | |

