

STARDUST SCHEDULE

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00	Aerobics with Cassie Beg-Intermediate	HARDBodies with Chad Beginner	Aerobics with Cassie Beg-Intermediate	HARDBodies with Chad Beginner	Aerobics with Cassie Beg-Intermediate	Aerobics with Stella Beg-Intermediate	Aerobics with Stella Beg-Intermediate
12:00	IronPUMP with Chad Advanced	Aerobics with Cassie Beg-Intermediate	Aerobics with Cassie Intermediate	Aerobics with Cassie Intermediate	Spin with Sandy All-levels	Spin with Sandy All-levels	Spin with Sandy All-levels
14:00	Spin with Sandy Intermediate	Spin with Sandy All-levels	HARDBodies with Chad Beg-Intermediate	Spin with Sandy All-levels	HARDBodies with Chad Intermediate		
17:00	Jazzercise with Cassie Beginners	Jazzercise with Cassie Beginners		Jazzercise with Cassie Beginners	Jazzercise with Cassie Beginners	Jazzercise with Cassie Beginners	
18:00	Spin with Sandy Intermediate	Aerobics with Cassie Beg-Intermediate	Spin with Sandy All-levels	HARDBodies with Chad Advanced	Spin with Sandy All-levels	Spin with Sandy All-levels	

19:00	Aerobics with Donna Advanced	Aerobics with Donna Advanced	Aerobics with Donna Advanced	Aerobics with Donna Advanced	Aerobics with Donna Advanced	IronPUMP with Chad Advanced	Aerobics with Donna Advanced
20:00	HARDbodies with Chad Intermediate	Jazzercise with Cassie Advanced	IronPUMP with Chad Advanced	IronPUMP with Chad Advanced	HARDbodies with Chad Advanced	Jazzercise with Cassie Advanced	

