Workout Page

3 ← icons

Add workout 3

Icons for key info
like time, date etc.

TITLE

Edit/Delete

Divider?

Main content

Like button?
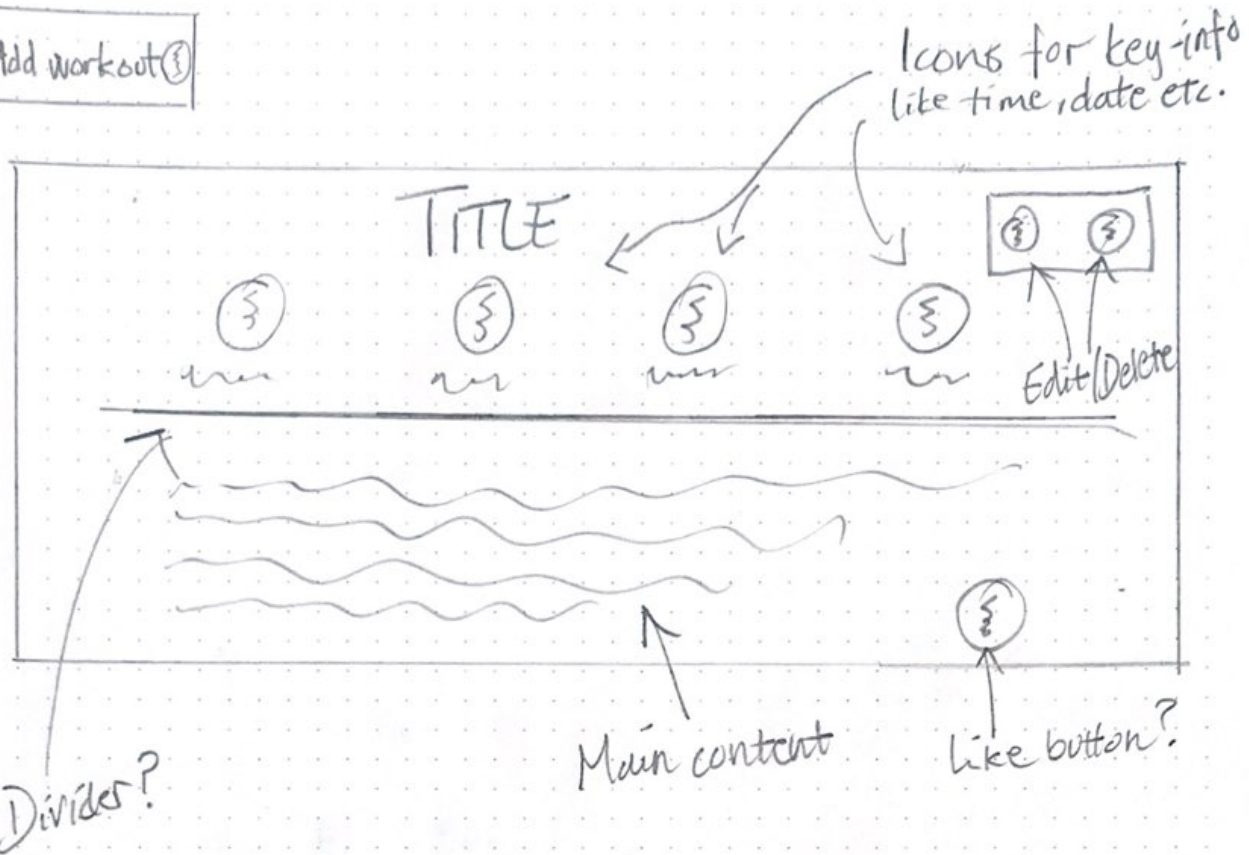
Repeating pattern as
more workouts are added.

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