



CodeChef-VIT Chapter

COMPLETE GUIDE TO COMPETITIVE CODING : FROM ZERO TO EXPERT

I. Important Programming Languages for Competitive Programming

Here is a list of the essential languages one might require along with other parameters associated with it.

Language	Speed	Ease of Use	Industry Demand	Best For
C++	Fastest	Medium	High	CP contests, performance-critical
Java	Fast	Medium	Highest	Enterprise, Android development
Python	Slower	Easiest	Very High	Beginners, data science, interviews
C	Fast	Hard	Medium	System programming, embedded

While Java and Python are widely used for interviews and beginners, C++ remains the gold standard for high-level competitive programming because of its speed and versatility in tackling performance-critical problems (suggested to know a C syntax before starting C++).

II. What is STL and Its Uses in Competitive Coding

Standard Template Library (STL) is C++'s collection of pre-built, tested, and optimized data structures and algorithms.

STL Components:

- **Containers:** vector, stack, queue, set, map, priority_queue
- **Algorithms:** sort, binary_search, reverse, find
- **Iterators:** Connect algorithms with containers

Top Benefits

- **Time Efficiency:** Write solutions in 1–3 lines instead of 20+ by hand.
 - **Reliability:** Thoroughly tested, bug-free implementations.
 - **Performance:** Highly optimized algorithms (e.g., sort uses introsort).
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III. Essential Mathematics Topics

Topic	Applications
Number Theory	Primality, GCD/LCM, modular arithmetic
Combinatorics	Permutations, combinations, probability
Modular Arithmetic	Large number operations, avoiding overflow
Graph Theory	Shortest paths, connectivity problems
Geometry	Coordinate geometry, convex hull

IV. Coding Basics - Fundamental Programming Concepts

Essential Programming Fundamentals:

1. **Variables and Data Types:** int, long long, string, boolean
 2. **Control Structures:** if-else, loops (for, while)
 3. **Functions:** Modularity and code reuse
 4. **Arrays:** Fixed-size collections, indexing
 5. **Input/Output:** Fast I/O techniques for competitive programming
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V. Data Structures & Algorithms (DSA)

Essential Data Structures:

Data Structure	Time Complexity	Use Cases
Arrays	Access: $O(1)$	Foundation for all DS
Linked Lists	Insert/Delete: $O(1)$	Dynamic memory allocation
Stacks	Push/Pop: $O(1)$	Expression evaluation, DFS
Queues	Enqueue/Dequeue: $O(1)$	BFS, level-order traversal
Trees	Search: $O(\log n)$	Hierarchical data, BST

Graphs	Varies	Network problems, shortest paths
Hash Tables	Average O(1)	Fast lookups, frequency counting

Critical Algorithms:

- **Sorting:** Quick Sort, Merge Sort, Counting Sort [geeksforgeeks](#)
 - **Searching:** Binary Search, DFS, BFS [slideshare](#)
 - **Dynamic Programming:** Optimization problems
 - **Greedy Algorithms:** Optimal subproblems [dev](#)
 - **Graph Algorithms:** Dijkstra, Floyd-Warshall, MST
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VI. How to Master Competitive Programming

Structured Learning Path:

Phase 1: Foundation (1-2 months)

- Choose any language [geeksforgeeks](#)
- Learn basic data structures: arrays, strings, loops
- Solve basic problems and build analytical skills

Phase 2: Core DSA (3-4 months)

- **Resources:** Abdul Bari lectures for theory, Jenny Lecture
- **Practice:** Striver's A2Z DSA Sheet (450 problems) [github](#)

- **Topics:** Stacks, queues, trees, graphs, DP
- **Target:** 2-3 problems daily, topic-wise practice

Phase 3: Advanced Problem Solving (2-3 months)

- **Resources:** NeetCode for problem-solving techniques
- **Practice:** Do consistent practice on CodeForces and increase your rank
- **Focus:** Speed, optimization, contest strategies

Daily Practice Schedule:

- **1-2 hours daily** consistent practice (remember, showing up for even 30 mins is more important than skipping a day of practice because you can't spare 2 hours)
- **1-2 problems** on weekdays
- **3-4 problems** on weekends
- **1 contest** per month minimum
- **Theory study:** 30 minutes twice a week

VII. Coding Contests and Platforms

Essential Platforms :

Platform	Best For	Difficulty	Community
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Codeforces	Contest practice	Medium-Hard	Very Active
CodeChef	Beginner-friendly	Easy-Medium	Supportive
LeetCode	Interview prep	Easy-Hard	Large
HackerRank	Fundamentals	Easy-Medium	Good for beginners

Contest Strategy :

- Participate in **weekly contests**
 - Start with **Div 3/4** contests for beginners
 - **Upsolve** problems you couldn't solve during contests
 - Maintain **consistency**: 2-3 contests per month [geeksforgeeks](https://www.geeksforgeeks.org/)
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VIII. Video Resources and Learning Channels

The key to mastering competitive programming is **consistent practice, pattern recognition, and participating in regular contests**. Start with basics, build gradually, and never skip the mathematical foundations - they're crucial for advanced problem-solving.

Here is a compiled list of highly effective free resources which will provide you with a complete learning path.

1. <https://www.geeksforgeeks.org/blogs/top-programming-languages-of-the-future/>
2. <https://www.hackerearth.com/practice/notes/number-theory-1/>

Channel	Specialization	Best For
Jenny's Lectures	Problem Solving	Coding techniques
Striver (takeUforward)	DSA, Interviews	Structured learning
Abdul Bari	Algorithm Theory	Clear explanations
Errichto	Advanced CP	Contest strategies
William Lin	CP Insights	Problem-solving approach
GeeksforGeeks	Comprehensive	All CS topics
NeetCode	Interview & CP Problems	Clean explanations, curated problem lists

3. <https://www.geeksforgeeks.org/blogs/top-algorithms-and-data-structures-for-competitive-programming/>
4. <https://daily.dev/blog/choosing-competitive-programming-websites-for-beginners>
5. <https://daily.dev/blog/best-competitive-programming-for-beginners>
6. <https://takeuforward.org/strivers-a2z-dsa-course/strivers-a2z-dsa-course-sheet->