MediConnect Channeling Center Knowledge Base

1. Basic Profile / Data

Center Name: MediConnect Channeling Center

Address: 12 Health Avenue, Colombo 07, Sri Lanka

Phone: +94 11 234 5678/+94 76 123 4567

Email: support@mediconnect.lk

Working Hours: Weekday: 8:00 AM - 11:00 PM, Weekend: 9:00 AM - 10:00 PM

Departments Served: General Medicine, Cardiology, Neurology, Pediatrics, Orthopedics, Ear,

Nose, and Throat (ENT), dental

Insurance Partners: Ceylinco Health, NDB Insurance, HNB Assurance

Cancellation Policy: Must cancel at least 24h in advance

Patient Privacy: All calls and data logged securely; consent required for sharing info

3. Symptom Triage Guidelines

Symptom	Urgency	Suggested Action
Mild headache	Low	Book general consultation
Fever > 38°C	Medium	Book doctor, recommend lab test
Chest pain	High	Advise urgent hospital visit ,Call emergency line immediately like 1990
Vomiting / dehydration	High	Advise urgent hospital visit
Back pain	Low	Schedule Orthopedics consultation

Available Services

1. General Medicine

- Routine Health Check-ups
- Chronic Disease Management (Diabetes, Hypertension, Asthma)
- Vaccinations & Immunizations
- Internal Medicine Consultations
- Geriatric Care
- Fever, Cold & Respiratory Care
 - o Common Cold / Flu Management
 - o Fever & Body Ache Relief
 - o Mild Respiratory Infection Care
 - o Symptomatic Medication

2. Cardiology

- Heart Health Screening
- ECG & Echocardiography
- Heart Failure & Hypertension Management
- Pediatric Cardiology Consultations

3. Neurology

- Stroke & Vascular Disorder Management
- Migraine & Headache Clinics
- Epilepsy & Seizure Management
- Neurodegenerative Disorders Consultation
- Pediatric Neurology

4. Pediatrics

- Routine Pediatric Check-ups
- Neonatal & Infant Care
- Pediatric Vaccinations
- Pediatric Cardiology
- Pediatric Infectious Disease Management

5. Orthopedics

- Joint & Spine Consultations
- Fracture Management & Casting
- Sports Injury Clinics

6. ENT (Ear, Nose & Throat)

- Sinus & Nasal Consultations
- Pediatric ENT Services
- Hearing Tests & Audiology
- Otology Consultations
- Tonsil & Adenoid Treatments

7. Psychiatry / Psychology

- Clinical Psychology & Counseling
- Mental Health Assessments
- Depression, Anxiety, and Stress Management
- Child & Adolescent Psychology
- Geriatric Mental Health Services

8. Laboratory & Diagnostics

- Blood Tests & Biochemistry
- Imaging: X-Ray, Ultrasound, MRI, CT Scan
- ECG & Echocardiography
- COVID-19 / Viral Testing
- Pathology & Microbiology Services

9. Oral Care / Dental Services

- Routine Dental Check-ups
- Teeth Cleaning & Scaling
- Cavity & Filling Consultations
- Orthodontic Assessments (Braces & Aligners)
- Pediatric Dental Care

Doctors

• Dr. Ananda Perera

- Specialty: Neurology
- Sub-specialty: Migraine & Headache Disorders
- **Experience:** 12 years
- Professional Details: Senior Consultant, Headache Clinic
- Qualifications: MBBS, MD (Neurology)
- Certifications: Member SLMA, Fellow of Asian Headache Society
- Availability: 4 PM 10 PM (Mon, Wed, Fri)
- **Slot Duration:** 30 minutes
- Languages: English, Sinhala
- Email: ananda.perera@nhsl.lk
- Fees / Insurance: LKR 4,500 / All major insurances accepted

• Current Hospital: National Hospital of Sri Lanka

• Dr. Sanduni Jayasuriya

• Specialty: Neurology

• Sub-specialty: Epilepsy & Seizure Disorders

• Experience: 10 years

Professional Details: Consultant Neurologist
 Qualifications: MBBS, MD (Neurology)

• Certifications: Member SLMA, Fellow Epilepsy Foundation

• Availability: 9 AM – 3 PM (Tue, Thu)

Slot Duration: 30 minutesLanguages: English, Sinhala

• Email: sanduni.jayasuriya@nhsl.lk

• Fees / Insurance: LKR 4,000 / All major insurances accepted

• Current Hospital: National Hospital of Sri Lanka

• Dr. Nimal Fernando

• Specialty: Cardiology

• Sub-specialty: Interventional Cardiology

• Experience: 12 years

Professional Details: Senior Consultant
Qualifications: MBBS, MD (Cardiology)

• Certifications: Member SLMA, Fellow Cardiac Society

• Availability: 10 AM – 4 PM (Mon, Wed, Fri)

Slot Duration: 30 minutes
Languages: English, Sinhala
Email: nimal.fernando@nhsl.lk

• Fees / Insurance: LKR 5,000 / All major insurances accepted

• Current Hospital: Colombo South Teaching Hospital

• Dr. Chamara Perera

• Specialty: ENT

• Sub-specialty: Otology & Skull Base Surgery

• **Experience:** 9 years

Professional Details: ENT SpecialistQualifications: MBBS, MS (ENT)

• Certifications: Member SLMA, Fellow Asian ENT Society

• Availability: 9 AM – 3 PM (Tue, Thu)

Slot Duration: 30 minutesLanguages: English, Sinhala

• Email: chamara.perera@nhsl.lk

• Fees / Insurance: LKR 3,500 / All major insurances accepted

• Current Hospital: Lady Ridgeway Hospital for Children

• Dr. Ruwanika Silva

• Specialty: Pediatrics

• Sub-specialty: Neonatology

• Experience: 7 years

Professional Details: Consultant Pediatrician
 Qualifications: MBBS, MD (Pediatrics)

• Certifications: Member SLMA

• Availability: 8:30 AM – 2 PM (Mon-Fri)

Slot Duration: 30 minutes
Languages: English, Sinhala
Email: ruwanika.silva@nhsl.lk

Fees / Insurance: LKR 3,000 / All major insurances accepted
 Current Hospital: Lady Ridgeway Hospital for Children

• Dr. Pradeep Wijesinghe

• Specialty: Orthopedics

• Sub-specialty: Spine Surgery

• **Experience:** 15 years

• Professional Details: Senior Consultant Orthopedics

• Qualifications: MBBS, MS (Orthopedics)

• Certifications: Member SLMA, Fellow Spine Society

• Availability: 10 AM – 5 PM (Mon, Wed, Fri)

Slot Duration: 30 minutesLanguages: English, Sinhala

• **Email:** pradeep.wijesinghe@nhsl.lk

• Fees / Insurance: LKR 5,500 / All major insurances accepted

• Current Hospital: National Hospital of Sri Lanka

• Dr. Anjali Perera

• Specialty: General Medicine

• Sub-specialty: Internal Medicine

• Experience: 10 years

• **Professional Details:** Consultant Internist

• **Qualifications:** MBBS, MD (Internal Medicine)

• **Certifications:** Member SLMA

• Availability: 9 AM – 5 PM (Mon-Fri)

• **Slot Duration:** 30 minutes

• Languages: English, Sinhala

• **Email:** anjali.perera@nhsl.lk

• Fees / Insurance: LKR 4,000 / All major insurances accepted

• Current Hospital: Colombo National Hospital

• Dr. Nadeesha Rajapaksha

• Specialty: Neurology

• Sub-specialty: Stroke & Vascular Disorders

• Experience: 11 years

• Professional Details: Consultant Neurologist

• Qualifications: MBBS, MD (Neurology)

• Certifications: Member SLMA, Fellow Stroke Society

• Availability: 10 AM – 4 PM (Mon, Wed, Fri)

Slot Duration: 30 minutesLanguages: English, Sinhala

• Email: nadeesha.rajapaksha@nhsl.lk

• Fees / Insurance: LKR 4,500 / All major insurances accepted

• Current Hospital: National Hospital of Sri Lanka

• Dr. Kasun Perera

• Specialty: Cardiology

• Sub-specialty: Heart Failure & Hypertension

• **Experience:** 9 years

• Professional Details: Consultant Cardiologist

• **Qualifications:** MBBS, MD (Cardiology)

• Certifications: Member SLMA, Fellow Cardiac Society

• Availability: 10 AM – 4 PM (Tue, Thu)

Slot Duration: 30 minutes
Languages: English, Sinhala
Email: kasun.perera@nhsl.lk

• Fees / Insurance: LKR 4,500 / All major insurances accepted

• Current Hospital: Colombo South Teaching Hospital

• Dr. Ishara Fernando

• Specialty: ENT

• Sub-specialty: Sinus & Nasal Surgery

• Experience: 8 years

Professional Details: ENT SpecialistQualifications: MBBS, MS (ENT)

• Certifications: Member SLMA

• Availability: 9 AM – 3 PM (Mon, Wed, Fri)

Slot Duration: 30 minutes
Languages: English, Sinhala
Email: ishara.fernando@nhsl.lk

• Fees / Insurance: LKR 3,500 / All major insurances accepted

• Current Hospital: National Hospital of Sri Lanka

• Dr. Harsha De Silva

• Specialty: Pediatrics

• Sub-specialty: Pediatric Cardiology

• Experience: 10 years

Professional Details: Consultant Pediatrician
 Qualifications: MBBS, MD (Pediatrics)

• Certifications: Member SLMA

• Availability: 8:30 AM – 2 PM (Mon-Fri)

Slot Duration: 30 minutes
Languages: English, Sinhala
Email: harsha.desilva@nhsl.lk

Fees / Insurance: LKR 3,500 / All major insurances accepted
 Current Hospital: Lady Ridgeway Hospital for Children

• Dr. Chamila Wijeratne

• Specialty: Orthopedics

• Sub-specialty: Joint Replacement

• Experience: 12 years

• **Professional Details:** Senior Consultant Orthopedics

• Qualifications: MBBS, MS (Orthopedics)

• Certifications: Member SLMA, Fellow Joint Society

• Availability: 10 AM – 5 PM (Mon, Wed, Fri)

Slot Duration: 30 minutesLanguages: English, Sinhala

• Email: chamila.wijeratne@nhsl.lk

• Fees / Insurance: LKR 5,500 / All major insurances accepted

• Current Hospital: National Hospital of Sri Lanka

• Dr. Nishantha Perera

• Specialty: General Medicine

• Sub-specialty: Infectious Diseases

• **Experience:** 11 years

• Professional Details: Consultant Internist

• Qualifications: MBBS, MD (Internal Medicine)

• **Certifications:** Member SLMA

• Availability: 9 AM – 5 PM (Mon-Fri)

• **Slot Duration:** 30 minutes

• Languages: English, Sinhala

• Email: nishantha.perera@nhsl.lk

• Fees / Insurance: LKR 4,000 / All major insurances accepted

• Current Hospital: Colombo National Hospital

• Dr. Maheshi Fernando

• Specialty: Neurology

• Sub-specialty: Neurodegenerative Disorders

• Experience: 10 years

• Professional Details: Consultant Neurologist

• Qualifications: MBBS, MD (Neurology)

• Certifications: Member SLMA, Fellow Neuro Society

• **Availability:** 10 AM – 4 PM (Tue, Thu)

Slot Duration: 30 minutesLanguages: English, Sinhala

• **Email:** maheshi.fernando@nhsl.lk

• Fees / Insurance: LKR 4,500 / All major insurances accepted

• Current Hospital: National Hospital of Sri Lanka

• Dr. Prabath Silva

• Specialty: Cardiology

• Sub-specialty: Pediatric Cardiology

• **Experience:** 9 years

Professional Details: Consultant Cardiologist
 Qualifications: MBBS, MD (Cardiology)

• Certifications: Member SLMA

• Availability: 10 AM – 4 PM (Mon, Wed, Fri)

Slot Duration: 30 minutes
Languages: English, Sinhala
Email: prabath.silva@nhsl.lk

• Fees / Insurance: LKR 4,500 / All major insurances accepted

• Current Hospital: Colombo South Teaching Hospital

• Dr. Gayani Perera

• Specialty: ENT

• Sub-specialty: Pediatric ENT

• Experience: 8 years

Professional Details: ENT Specialist
Qualifications: MBBS, MS (ENT)
Certifications: Member SLMA

• Availability: 9 AM – 3 PM (Tue, Thu)

Slot Duration: 30 minutes
Languages: English, Sinhala
Email: gayani.perera@nhsl.lk

Fees / Insurance: LKR 3,500 / All major insurances accepted
 Current Hospital: Lady Ridgeway Hospital for Children

• Dr. Ishani Wijesekara

• Specialty: Pediatrics

• Sub-specialty: Pediatric Neurology

• Experience: 7 years

- **Professional Details:** Consultant Pediatrician
- Qualifications: MBBS, MD (Pediatrics)
- **Certifications:** Member SLMA
- Availability: 8:30 AM 2 PM (Mon-Fri)
- Slot Duration: 30 minutesLanguages: English, Sinhala
- **Email:** ishani.wijesekara@nhsl.lk
- Fees / Insurance: LKR 3,500 / All major insurances accepted
- Current Hospital: Lady Ridgeway Hospital for Children

• Dr. Roshan Perera

- Specialty: Orthopedics
- Sub-specialty: Sports Injuries
- Experience: 10 years
- Professional Details: Consultant Orthopedics
- Qualifications: MBBS, MS (Orthopedics)
- Certifications: Member SLMA
- Availability: 10 AM 5 PM (Mon, Wed, Fri)
- **Slot Duration:** 30 minutes
- Languages: English, Sinhala
- Email: roshan.perera@nhsl.lk
- Fees / Insurance: LKR 5,000 / All major insurances accepted
- Current Hospital: National Hospital of Sri Lanka

• Dr. Chamara De Silva

- Specialty: General Medicine
- Sub-specialty: Geriatrics
- Experience: 12 years
- Professional Details: Senior Consultant
- Qualifications: MBBS, MD (Internal Medicine)
- Certifications: Member SLMA
- Availability: 9 AM 5 PM (Mon-Fri)
- **Slot Duration:** 30 minutes
- Languages: English, Sinhala
- Email: chamara.desilva@nhsl.lk
- Fees / Insurance: LKR 4,000 / All major insurances accepted
- Current Hospital: Colombo National Hospital

• Dr. Lasantha Fernando

- Specialty: Neurology
- **Sub-specialty:** Movement Disorders
- **Experience:** 11 years
- Professional Details: Consultant Neurologist

- Qualifications: MBBS, MD (Neurology)
- Certifications: Member SLMA, Fellow Neuro Society
- Availability: 10 AM 4 PM (Mon, Wed, Fri)
- Slot Duration: 30 minutes
 Languages: English, Sinhala
- Email: lasantha.fernando@nhsl.lk
- Fees / Insurance: LKR 4,500 / All major insurances accepted
- Current Hospital: National Hospital of Sri Lanka

• Dr. Vasanthi Kumar

- Specialty: Pediatrics
- Sub-specialty: Pediatric Infectious Diseases
- Experience: 8 years
- Professional Details: Consultant Pediatrician
- Qualifications: MBBS, MD (Pediatrics)
- Certifications: Member SLMA
- Availability: 8:30 AM 2 PM (Mon-Fri)
- **Slot Duration:** 30 minutes
- Languages: English, Sinhala, Tamil
- **Email:** vasanthi.kumar@nhsl.lk
- Fees / Insurance: LKR 3,500 / All major insurances accepted
- Current Hospital: Lady Ridgeway Hospital for Children

• Dr. Arul Prakash

- Specialty: Neurology
- Sub-specialty: Epilepsy & Seizure Disorders
- Experience: 10 years
- **Professional Details:** Consultant Neurologist
- Qualifications: MBBS, MD (Neurology)
- Certifications: Member SLMA, Fellow Epilepsy Foundation
- Availability: 9 AM 3 PM (Tue, Thu)
- **Slot Duration:** 30 minutes
- Languages: English, Sinhala, Tamil
- Email: arul.prakash@nhsl.lk
- Fees / Insurance: LKR 4,000 / All major insurances accepted
- Current Hospital: National Hospital of Sri Lanka

• Dr. Meena Selvaraj

- Specialty: General Medicine
- Sub-specialty: Geriatrics
- Experience: 12 years
- Professional Details: Senior Consultant
- Qualifications: MBBS, MD (Internal Medicine)

- Certifications: Member SLMA
- Availability: 9 AM 5 PM (Mon-Fri)
- **Slot Duration:** 30 minutes
- Languages: English, Sinhala, Tamil
- Email: meena.selvaraj@nhsl.lk
- Fees / Insurance: LKR 4,000 / All major insurances accepted
- Current Hospital: Colombo National Hospital

• Dr. Sangeetha Ramanathan

- Specialty: Psychiatry
- Sub-specialty: Clinical Psychology & Mental Health
- Experience: 9 years
- Professional Details: Consultant Psychiatrist
- Qualifications: MBBS, MD (Psychiatry), MSc Clinical Psychology
- Certifications: Member SLMA, Fellow of Sri Lanka College of Psychiatrists
- Availability: 9 AM 3 PM (Mon, Wed, Fri)
- **Slot Duration:** 30 minutes
- Languages: English, Sinhala, Tamil
- **Email:** sangeetha.ramanathan@nhsl.lk
- Fees / Insurance: LKR 4,000 / All major insurances accepted
- Current Hospital: National Hospital of Sri Lanka

Dr. Kamini Perera

- Specialty: Dentistry
- Sub-specialty: General & Pediatric Dentistry
- Experience: 10 years
- Professional Details: Senior Consultant Dentist
- Qualifications: BDS, MSc Dental Surgery
- Certifications: Member SLDA
- Availability: 9 AM 3 PM (Mon-Fri)
- Slot Duration: 30 minutes
- Languages: English, Sinhala, Tamil
- Email: kamini.perera@nhsl.lk
- Fees / Insurance: LKR 3,500 / All major insurances accepted
- Current Hospital: National Hospital of Sri Lanka

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Dr. Ruwanthi Silva

- Specialty: Dentistry
- Sub-specialty: Orthodontics
- Experience: 8 years
- Professional Details: Consultant Orthodontist
- Qualifications: BDS, MOrth
- Certifications: Member SLDA
- Availability: 10 AM 4 PM (Tue, Thu)
- Slot Duration: 30 minutes
- Languages: English, Sinhala, Tamil

- Email: ruwanthi.silva@nhsl.lk
- Fees / Insurance: LKR 4,500 / All major insurances accepted
- Current Hospital: Colombo National Hospital

Lab staff- technical specialists

1. Chamali Fernando

- Role: Senior Laboratory Technologist
- Specialty: Clinical Biochemistry & Hematology
- Experience: 12 years
- **Professional Details:** Head of Laboratory Services
- Qualifications: BSc Medical Laboratory Science, MSc Clinical Biochemistry
- Certifications: Member SLMLS (Sri Lanka Medical Laboratory Society)
- **Availability:** 8 AM 4 PM (Mon-Fri)
- **Slot Duration:** N/A (walk-in/appointment-based testing)
- Languages: English, Sinhala
- Email: chamali.fernando@nhsl.lk
- Fees / Insurance: Hospital rates / All major insurances accepted
- Current Hospital: National Hospital of Sri Lanka

Covers: Blood tests, biochemistry, routine lab diagnostics

2. Nirosha Perera

- Role: Imaging Technician
- Specialty: Radiology & Imaging
- Experience: 10 years
- Professional Details: Senior Radiology Technician
- Qualifications: BSc Radiography, Diploma in Medical Imaging
- Certifications: Member SLRS (Sri Lanka Radiology Society)
- **Availability:** 8:30 AM 5 PM (Mon-Fri)
- Slot Duration: N/A
- Languages: English, SinhalaEmail: nirosha.perera@nhsl.lk

Covers: X-Ray, Ultrasound, MRI, CT Scan

3. Ruwantha Silva

• Role: Cardiology Diagnostics Technician

• **Specialty:** ECG & Echocardiography

• Experience: 11 years

• Professional Details: Senior Cardiology Technician

• Qualifications: BSc Cardiology Technology

• Certifications: Member SLCTS (Sri Lanka Cardiology Technicians Society)

• **Availability:** 9 AM – 3 PM (Mon-Fri)

• Slot Duration: 30 minutes per ECG/Echo session

Languages: English, SinhalaEmail: ruwantha.silva@nhsl.lk

Covers: ECG & Echocardiography

4. Vidhura Jayasuriya

Role: Virology Lab Scientist

• Specialty: Viral & Infectious Disease Testing

• Experience: 9 years

• **Professional Details:** Head of Virology Lab

• Qualifications: BSc Microbiology, MSc Virology

• Certifications: Member SLMLS

• Availability: 8 AM – 2 PM (Mon-Sat)

• Slot Duration: N/A

• Languages: English, Sinhala

• **Email:** vidhura.jayasuriya@nhsl.lk

Covers: COVID-19, viral tests, infectious disease diagnostics

5. Malini Perera

• Role: Microbiology Lab Technologist

• Specialty: Diagnostic Microbiology & Cultures

• Experience: 10 years

• Professional Details: Senior Microbiology Technician

Qualifications: BSc MicrobiologyCertifications: Member SLMLS

• Availability: 8 AM – 4 PM (Mon-Fri)

• **Slot Duration:** N/A

Languages: English, SinhalaEmail: malini.perera@nhsl.lk

Covers: Pathology, microbiology, cultures, lab tests

Prices

. General Medicine

- Routine Health Check-ups: LKR 2,500 3,500
- Chronic Disease Management (Diabetes, Hypertension, Asthma): LKR 3,000 4,500
- Vaccinations & Immunizations: LKR 1,500 3,000 (depending on vaccine)
- Internal Medicine Consultations: LKR 3,000 4,000
- **Geriatric Care**: LKR 4,000 5,000
- Fever, Cold & Respiratory Care:
 - o Common Cold / Flu Management: LKR 2,000 2,500
 - o Fever & Body Ache Relief: LKR 2,000 2,500
 - o Mild Respiratory Infection Care: LKR 2,500 3,000
 - Symptomatic Medication: Included in consultation

2. Cardiology

- Heart Health Screening: LKR 5,000 6,000
- ECG & Echocardiography: LKR 3,500 4,500 per test
- Heart Failure & Hypertension Management: LKR 5,000 6.000
- Pediatric Cardiology Consultations: LKR 4,500 5,500

3. Neurology

- Stroke & Vascular Disorder Management: LKR 6,000 7,000
- Migraine & Headache Clinics: LKR 4,500 5,500
- Epilepsy & Seizure Management: LKR 5,000 6,000
- Neurodegenerative Disorders Consultation: LKR 6,000 7,000
- **Pediatric Neurology**: LKR 4,500 5,500

4. Pediatrics

- Routine Pediatric Check-ups: LKR 2,500 3,500
- **Neonatal & Infant Care**: LKR 3,500 4,500
- **Pediatric Vaccinations**: LKR 1,500 3,000 (depending on vaccine)
- **Pediatric Cardiology**: LKR 4,500 5,500
- Pediatric Infectious Disease Management: LKR 3,500 4,500

5. Orthopedics

- Joint & Spine Consultations: LKR 4,500 5,500
- Fracture Management & Casting: LKR 5,000 6,000
- **Sports Injury Clinics**: LKR 4,500 5,500

6. ENT (Ear, Nose & Throat)

- Sinus & Nasal Consultations: LKR 3,500 4,500
- Pediatric ENT Services: LKR 3,500 4,500
- **Hearing Tests & Audiology**: LKR 2,500 3,500
- Otology Consultations: LKR 4,000 5,000
- Tonsil & Adenoid Treatments: LKR 5,000 6,000

7. Psychiatry / Psychology

- Clinical Psychology & Counseling: LKR 3,500 4,500
- Mental Health Assessments: LKR 4,000 5,000
- Depression, Anxiety, and Stress Management: LKR 4,000 5,000
- Child & Adolescent Psychology: LKR 3,500 4,500
- Geriatric Mental Health Services: LKR 4,500 5,500

8. Laboratory & Diagnostics

- **Blood Tests & Biochemistry**: LKR 1,500 3,500 (depending on panel)
- Imaging:
 - X-Ray: LKR 2,000 3,000
 - o Ultrasound: LKR 3,000 4,000
 - o MRI: LKR 8,000 10,000
 - o CT Scan: LKR 6,000 8,000
- ECG & Echocardiography: LKR 3,500 4,500 per test
- **COVID-19** / **Viral Testing**: LKR 3,000 4,000
- Pathology & Microbiology Services: LKR 2,500 5,000

9. Oral Care / Dental Services

- Routine Dental Check-ups: LKR 2,000 3,000
- Teeth Cleaning & Scaling: LKR 2,500 3,500
- Cavity & Filling Consultations: LKR 2,500 3,500
- Orthodontic Assessments (Braces & Aligners): LKR 5,000 8,000
- Pediatric Dental Care: LKR 2,500 3,500

Appointment Booking Details

- 1. By Phone (Call Center)
 - o **Number:** +94 11 234 5678
 - o **How:** Call during working hours Weekday: 8:00 AM − 11:00 PM,

Weekend: 9:00 AM – 10:00 PM

o **Purpose:** Book, reschedule, or cancel appointments

Online / Website Portal

- Website Link: www.mediconnect.lk/appointments
- How to Book:
 - 1. Go to the portal
 - 2. Select the department / specialty
 - 3. Choose doctor and available time slot
 - 4. Fill in patient details
 - 5. Confirm appointment and receive confirmation email/SMS
- How to Cancel / Reschedule:
 - 1. Log in to the portal
 - 2. Go to My Appointments
 - 3. Select the appointment to cancel or reschedule
 - 4. Confirm action at least 24 hours in advance

Mobile App (MediConnect App)

- How to Book:
 - 1. Download the app from Google Play or Apple App Store
 - 2. Register / Login
 - 3. Select appointment type and doctor
 - 4. Choose time slot
 - 5. Confirm appointment and receive notification
- How to Cancel / Reschedule:
 - 1. Open the app and go to My Appointments
 - 2. Select the appointment to cancel or reschedule
 - 3. Confirm the action at least 24 hours in advance

Walk-in

- Visit the center during working hours
- Check availability at the reception desk

How to Give a Review/feedback

1. Via Website / Online Portal

- Website Link: www.mediconnect.lk/feedback
- Steps:
 - 1. Go to the Feedback / Reviews section of the portal
 - 2. Select the **doctor or department** you want to review
 - 3. Rate your experience (e.g., 1–5 stars)
 - 4. Write **comments** / **suggestions** if desired
 - 5. Submit your review

2. Via Mobile App

- o App Name: MediConnect App
- o Steps:
 - 1. Open the app and go to My Appointments
 - 2. Select the appointment you attended
 - 3. Tap "Give Review / Feedback"
 - 4. Rate your experience and optionally write comments
 - 5. Submit

3. Via Email

- o **Email:** feedback@mediconnect.lk
- Steps:
 - 1. Compose an email with your **experience**, **doctor name**, **and department**
 - 2. Send it to the above email address

4. Via Call

- o **Phone:** +94 11 234 5678
- o Steps:
 - 1. Call during working hours
 - 2. Ask to leave feedback / review
 - 3. Provide your experience and rating verbally

Patient Guidelines

1. What to Bring for First Visit

- Insurance Card / Policy Details (if using insurance)
- Previous Medical Reports / Prescriptions
- List of Current Medications (if any)

2.Pre-Consultation Instructions (Expanded)

- Blood Tests / Lab Work:
 - Some tests (e.g., fasting blood sugar, lipid profile) require 8–12 hours fasting.
 - o Drink only water unless instructed otherwise.
 - Avoid alcohol and caffeine 24 hours before certain tests.
- Imaging / Scans:
 - Wear loose, comfortable clothing; remove metal accessories, jewelry, and belts.
 - For MRI scans, remove any electronic devices, watches, or credit cards.
 - Some scans may require contrast media; follow instructions regarding eating or drinking.
- Medications:
 - o Take routine medications unless the doctor advises otherwise.
 - o Inform the doctor of all current medications and supplements.
 - Certain medications may need to be paused before specific tests (e.g., blood thinners).
- Appointments:
 - o Arrive 10–15 minutes early for registration and paperwork.
 - o Bring all necessary documents, including ID and insurance card.
 - o Inform staff if you need assistance or special accommodations.
- Health Conditions:
 - Notify the hospital of chronic conditions (e.g., diabetes, hypertension, heart disease).
 - o Mention allergies, especially to medications or contrast agents.
- Diet & Lifestyle:
 - o Follow dietary restrictions provided for specific tests.
 - Avoid strenuous exercise before certain lab tests.
- COVID-19 / Infectious Precautions:
 - Wear a mask if symptomatic or as per hospital policy.
 - o Use hand sanitizer and follow social distancing guidelines.
- Children / Elderly Patients:
 - o Bring caregivers or guardians for assistance.
 - o Ensure comfort items for pediatric patients during procedures.

3.Post-Consultation Instructions

• Prescriptions:

- o Fill prescriptions at the **hospital pharmacy** or any **authorized pharmacy**.
- o Verify dosage and timing with the pharmacist if unclear.
- o Ask about **possible side effects** and interactions with other medications.

• Follow-up Appointments:

- o Schedule the next consultation as advised by the doctor.
- o Use the **online portal or mobile app** for easy rescheduling if needed.
- o Keep reminders for lab tests or imaging before the follow-up visit.

• Lab / Imaging Results:

• Collect results as instructed by the hospital staff.

• Delivery Options for Reports:

- Email: Reports can be sent directly to the patient's registered email
- **In-person Collection:** Reports can be collected physically at the hospital or lab office.
- Bring reports to **specialist consultations** for better diagnosis and treatment.
- For urgent results, **contact the hospital** to confirm the preferred delivery method.

• Special Care Instructions:

- Follow any dietary restrictions, physical activity limits, or medication guidelines given by your doctor.
- Monitor vital signs if instructed (e.g., blood pressure, blood sugar, temperature).
- Keep a log of symptoms or medication adherence if recommended.

• Emergency Signs / Red Flags:

- Contact the hospital immediately if:
 - Severe pain, chest pain, or shortness of breath occurs.
 - Sudden high fever or worsening infection symptoms appear.
 - Any unexpected allergic reactions to medication occur.
- o Use the **emergency hotline**: +94 11 999 9111

Patient Education:

- o Read **informational materials** provided by the doctor or hospital.
- Follow advice for rehabilitation, physiotherapy, or mental health support if recommended.

• Children & Elderly Patients:

- o Ensure caregivers follow post-visit instructions carefully.
- Monitor children and elderly for medication compliance and recovery progress.

Terms & Privacy

• Data Protection & Consent:

- All patient data is stored securely and handled according to hospital privacy policies.
- Personal and medical information is only shared with authorized personnel or with patient consent.
- o Patients may be asked to **provide consent** before sharing records, lab results, or appointment details.

• Terms of Service (Portal / App Use):

- Users must **register with accurate information** to access the portal or mobile app.
- The portal/app is for **personal healthcare management** only; misuse is prohibited.
- o Patients are responsible for **maintaining the confidentiality** of their login credentials.
- o The hospital or service provider may **update terms and privacy policies**; continued use implies acceptance.
- Users must comply with local laws and regulations regarding healthcare information.

• Communication Consent:

- Appointment reminders, lab results, and notifications may be sent via email or SMS.
- Patients may opt-out of certain communications, except those required for medical care or legal compliance.

Directions & Parking

• Location & Maps:

- o Address: 12 Health Avenue, Colombo 07, Sri Lanka
- o Landmarks: Near Colombo City Hospital and opposite Health Tower
- o Google Maps Link: MediConnect Channeling Center

• Parking:

- o **On-site Parking:** Available for patients and visitors.
- o Capacity: Approximately 50 vehicles.
- o Charges: Free for first 2 hours; LKR 50 per additional hour.
- o **Accessibility:** Wheelchair-accessible parking spaces near the main entrance.

• Public Transport:

- o Bus stops and taxi services available within walking distance.
- o Patients are encouraged to plan travel ahead during peak hours

Insurance & Payment Details

• Accepted Insurance Partners:

- o Ceylinco Health
- o NDB Insurance
- o HNB Assurance
- All major insurances accepted by individual doctors (refer to doctor profiles for specifics)

Payment Methods:

- o Cash: Accepted at hospital reception or lab.
- o Card: Visa, MasterCard, American Express accepted.
- o **Online Payment:** Available via portal or mobile app for appointments and selected services.
- Insurance Claim: Direct billing available for partnered insurance providers. Patients may need to provide insurance card and consent form.

• Co-Payments & Estimated Fees:

- Doctor consultation fees vary by specialty and experience; check individual doctor profiles.
- o Lab and diagnostic service fees may apply separately.
- Co-payments depend on insurance plan coverage; some insurance plans require partial payment at time of service.

• Tips for Patients:

- Always verify insurance coverage before booking.
- o Bring insurance card and ID for verification.
- Keep receipts for insurance reimbursement if required.