

What I want in a woman I will settle with (green lights)

A woman who feels safe bringing up concerns to me without fear.

A woman protects the relationship, not her ego.

A woman who speaks up early about stress, finances, expectations.

A woman who clarifies instead of assuming.

Listen to understand, not to win.

A woman who takes ownership (apologize without but, fix patterns, not just incidents, capable of handling responsibilities: bills, chores, planning.)

Who doesn't deny me access to her at any time of wanting her.

Who can maintain our identities (goals, friendships,)

Who see our togetherness as a team (include me in her decision making and vice versa, It's us vs the problem, not me as the husband alone and who protects my reputation while I am not around).

Who is ready to transform, grow with me, see my vision and support, let go of old characters that can hinder our togetherness.

What I don't want in a woman I will settle with (redlights)

She gets defensive fast

She stop trying (less efforts, less affection, less curiosity etc)

Avoid hard conversations like finances, sex, family boundaries, expectations.

She keeps scores (you did this, so you owe me).

Who disrespect me in public or not recognize my little efforts

Fails to address issues

Has less concern for our togetherness.