Cricket Bowling Rules

- 1. The bowler must deliver the ball with a straight arm (no throwing).
- 2. Overstepping the crease results in a no-ball.
- 3. A no-ball gives the batting team one extra run and a free hit in limited-overs cricket.
- 4. The bowler must not bowl more than the allowed overs in a match.
- 5. If the ball is bowled too wide of the batsman, it is called a wide ball.
- 6. A bowler must bowl from behind the popping crease and within the return crease.
- 7. Short-pitched deliveries above head height are considered no-balls (in limited overs cricket).
- 8. The bowler can attempt a run-out at the non-striker's end before delivering the ball (Mankading).
- 9. A ball that bounces more than twice or rolls along the ground before reaching the batsman is a no-ball.
- 10. Change of bowling end is allowed only at the end of an over.