Create two machines on the same subnets with the same security groups and create an EFS and then log in to one of the instances and then put the sudo command to it and attach the volume to it but before that make a folder (mkdir folder - then copy paste the sudo command and change the command ending efs with folder name) go into the folder and create a file inside the folder by (sudo touch filefromM1) now repeat the same process on the other instance and check for the file if it is showing or not

Go to on-demand backup and create an on-demand backup after the backup upload a new file in EFS and restore the backup and run Is -I in the instance and you'd see there is a new backup link copy that and add Is before it and you'd only see 2 files which were uploaded before backup-processes















