

Alex

40 Y old Male, DOB: 10/10/1977

Account Number: 1197

40 GOUVERNEUR STREET.

10002

Guarantor: Hernandez, Alex Insurance: MEDICARE Paye

Appointment Facility: America Medical Group

07/21/2016

Progress Notes: Andres Hernandez

Current Medications**Taking**

- Clonazepam 1 MG Tablet tid Orally three times a day
- Ambien 10 mg Tablet 1 tablet at bedtime as needed Orally Once a day
- PrednisONE 20 mg Tablet 1 tablet Orally twice a day
- Flonase Allergy Relief 50 MCG/ACT Suspension 1 spray in each nostril Nasally Once a day
- Ciprodex 0.3-0.1 % Suspension 4 drops into affected ear Otic Twice a day
- Ambien 10 mg Tablet 1 tablet at bedtime as needed Orally Once a day
- Clonazepam 1 MG Tablet 1 tablet Orally three times a day
- Nexium 40 mg Packet 1 packet mixed with 15 ml of water Orally Once a day

Unknown

- Nexium 40 mg Capsule Delayed Release 1 capsule Orally Once a day
- Flonase 50 MCG/ACT Suspension 1 spray in each nostril Nasally Once a day
- PrednisONE 20 MG Tablet as directed Orally twice a day
- Promethazine VC/Codeine 6.25-5-10 MG/5ML Syrup 5 ml as needed Orally every 6 hrs
- Nexium 40 mg Packet 1 packet mixed with 15 ml of water Orally Once a day
- Clonazepam Tablet tid Orally three times a day
- Ambien Tablet 1 tablet at bedtime as needed Orally Once a day

Past Medical History

Insomnia
Anxiety

Reason for Appointment

1. Blood draw

Assessments

1. Encounter for general adult medical examination without abnormal findings - Zoo.00

Treatment

1. Encounter for general adult medical examination without abnormal findings

Start Clindamycin HCl Capsule, 150 MG, 1 capsule, Orally, every 8 hrs, 7 days, 21 Capsule, Refills 0

Continue Clonazepam Tablet, 1 MG, tid, Orally, three times a day, 30 days, 90, Refills 0

Continue Ambien Tablet, 10 mg, 1 tablet at bedtime as needed, Orally, Once a day, 30 days, 30 Tablet, Refills 0

Continue Flonase Allergy Relief Suspension, 50 MCG/ACT, 1 spray in each nostril, Nasally, Once a day, 30 days, 1, Refills 1

LAB: *CBC

BASOPHILS	0.1	0.0-0.2 - THOUS/MCL
EOSINOPHILS	0.0	0.0-0.8 - THOUS/MCL
HEMATOCRIT	47.6	38.0-50.0 - %
HEMOGLOBIN	15.8	13.2-17.1 - G/DL
LYMPHOCYTES %	44	15-49 - %
MCH	31.0	27.0-33.0 - PG
MCHC	33.2	32.0-36.0 - G/DL
MCV	93.4	80.0-100.0 - FL
MONOCYTES	0.80	0.10-1.00 - THOUS/MCL
MPV	9.1	7.4-11.6 - FL
PLATELETS	248	140-400 - THOUS/MCL
RDW	13.8	11.0-15.0 - %
RED BLOOD COUNT	5.10	4.20-5.80 - MILL/MCL
WHITE BLOOD COUNT	4.8	3.8-10.8 - THOUS/MCL

LAB: *URINALYSIS W/ MICROSCOPIC REVIEW

07/21/2016

APPEARANCE	SLIGHTLY-CLOUDY	A	CLEAR -
BILIRUBIN	NEGATIVE		NEGATIVE -
BLOOD	NEGATIVE		NEGATIVE -
COLOR	YELLOW		YELLOW-AMBER -
GLUCOSE	NEGATIVE		NEGATIVE -
			MG/DL
KETONES	5	mg/dL^A	NEGATIVE -
LEUKOCYTE ESTERASE	NEGATIVE		NEGATIVE -
NITRITE	NEGATIVE		NEGATIVE -
PH	5.0		5.0-8.5 -
PROTEIN	NEGATIVE		NEGATIVE -
			MG/DL
SPEC. GRAVITY	1.027		1.001-1.030 -
UROBILINOGEN	<2.0		0.0-2.0 - MG/DL
<u>LAB: *CMP</u>			
ALBUMIN	4.6		4.2-5.5 - g/dL
ALKALINE PHOSPHATASE	81		34-104 - U/L
ALT	25		7-52 - U/L
ANION GAP	10.00		3.00-11.00 - mEq/L
AST	23		13-39 - U/L
BILIRUBIN, TOTAL	0.80		0.30-1.00 - mg/dL
BUN / CREATININE RATIO	17.0		6.0-22.0 - Ratio
CALCIUM	9.3		8.9-10.3 - mg/dL
CARBON DIOXIDE	22		21-31 - mEq/L
CHLORIDE	101		98-107 - mEq/L
CREATININE	1.0		0.7-1.3 - mg/dL
GLUCOSE	107	H	70-99 - mg/dL
POTASSIUM	4.1		3.7-5.3 - mEq/L
PROTEIN, TOTAL	7.4		6.4-8.9 - g/dL
SODIUM	133	L	136-145 - mEq/L
UREA NITROGEN	17.0		7.0-25.0 - mg/dL
<u>LAB: *LIPID PROFILE</u>			
CHOLESTEROL	203	H	0-200 - mg/dL
CHOLESTEROL/HDL RATIO	4.5		0.0-6.0 - RATIO
HDL	45		- mg/dL
LDL, CALCULATED	117		0-130 - mg/dL
TRIGLYCERIDES	205	H	0-150 - mg/dL
VLDL	41.0	H	10.0-20.0 - mg/dL
<u>LAB: *HIV-1/2 ABS /W RFLX CONFIRMATION</u>			

Labs**Lab: MANUAL DIFF REFLEX**

InProgress -

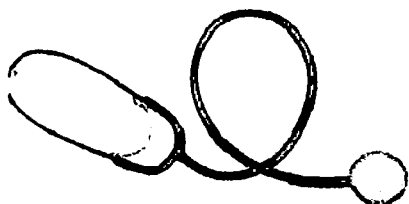
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Electronically signed by Andres Hernandez. on
02/07/2017 at 11:14 AM EST
Sign off status: Pending

Progress Note: Andres Hernandez

07/21/2016

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Alex

40

APT 6-E, NEW YORK, NY-

10002

Home: 2

07/21/2016

Progress Note: Andres Hernandez

Current Medications**Taking**

- Clonazepam 1 MG Tablet tid Orally three times a day
- Ambien 10 mg Tablet 1 tablet at bedtime as needed Orally Once a day

Not-Taking/PRN

- PredniSONE 20 mg Tablet 1 tablet Orally twice a day
- Flonase Allergy Relief 50 MCG/ACT Suspension 1 spray in each nostril Nasally Once a day
- Ciprodex 0.3-0.1 % Suspension 4 drops into affected ear Otic Twice a day
- Ambien 10 mg Tablet 1 tablet at bedtime as needed Orally Once a day
- Clonazepam 1 MG Tablet 1 tablet Orally three times a day
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Unknown

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- Clonazepam Tablet tid Orally three times a day
- Ambien Tablet 1 tablet at bedtime as needed Orally Once a day
- Medication List reviewed and reconciled with the patient

Past Medical History

Insomnia
Anxiety

Social History**Tobacco Use:**

no Smoking Are you a: never smoker .

Allergies**Reason for Appointment**

1. Patient comes today for a regular check up, has no complaint
2. Annual visit, no complaints

History of Present Illness**General:**

Denies : Anorexia. Arthralgias. Bodyache.

Vital Signs

HR 78, BP 139/87, RR 16, Pain scale 0, Ht 5 ft 10 in, Wt 173, BMI 24.82.

Examination**General Examination:**

GENERAL APPEARANCE: NAD, pleasant. NECK: supple, no lymphadenopathy. HEART: no murmurs, regular rate and rhythm. LUNGS: clear to auscultation bilaterally, no wheezes/rhonchi/rales. ABDOMEN: no masses palpated, no hepatosplenomegaly. NEUROLOGIC EXAM: non-focal exam. SKIN: normal, no rash. EXTREMITIES: no clubbing, no edema.

Assessments

1. Other asthma - J45.998 (Primary)
2. Unspecified hearing loss, bilateral - H91.93
3. Anxiety disorder, unspecified - F41.9
4. Insomnia, unspecified - G47.00

Treatment**1. Others**

Continue Clonazepam Tablet, 1 MG, tid, Orally, three times a day, 30 days, 90, Refills 0
Continue Ambien Tablet, 10 mg, 1 tablet at bedtime as needed, Orally, Once a day, 30 days, 30 Tablet, Refills 0
Start Ibuprofen Tablet, 600 MG, 1 tablet, Orally, Three times a day, 30 day(s), 90, Refills 0
Continue Flonase Allergy Relief Suspension, 50 MCG/ACT, 1 spray in each nostril, Nasally, Once a day, 30 days, 1, Refills 0
Continue Nexium Packet, 40 mg, 1 packet mixed with 15 ml of water, Orally, Once a day, 30 days, 30, Refills 3
Start Promethazine VC/Codeine Syrup, 6.25-5-10 MG/5ML, 5 ml as needed, Orally, every 6 hrs, 10 days, 200 ml, Refills 0

N.K.D.A.

Review of Systems

General ROS:

Constitutional **Denies**, fever, weight gain, weight loss, appetite changes, malaise, weakness. Respiratory **Denies**, wheezing, retractions, cough, SOB, Congestion, Sputum, thoracic pain, chest tightness, asthma, breathing problems, URI. Cardiology **Denies**, chest pain, arrhythmia, palpitations, edema, dyspnea.

Referral To: Infirmery Eye and Ear Ophthalmology
Reason: H91.93 Deafness

Follow Up
prn

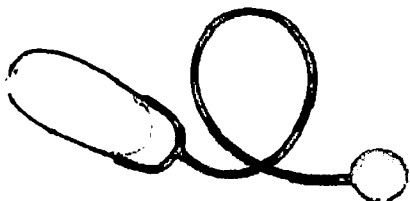
Patient: Hernandez

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07/21/2016

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Alex



G

04/18/2016

Progress Note: Andres Hernandez

Current Medications**Taking**

- Clonazepam 1 MG Tablet tid Orally three times a day
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Unknown

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- Ambien Tablet 1 tablet at bedtime as needed Orally Once a day

Past Medical History

Insomnia
Anxiety

Allergies

N.K.D.A.

Review of SystemsGeneral ROS:

Constitutional **Denies**, fever, weight gain, weight loss, appetite changes, malaise, weakness.
HEENT **Complains of** earache (ear pain) allergic rhinitis.
Neurology **Denies**, fainting, blackouts, seizures, weakness, paralysis, numbness, tingling, tremors, coordination problems, memory and speech problems. Respiratory **Denies**, wheezing, retractions, cough, SOB, Congestion, Sputum, thoracic pain,

Reason for Appointment

1. allergies/Med refills

History of Present IllnessAllergic Rhinitis:

40 year old male presents with c/o Rhinorrhea clear, colorless.
Denies : Sneezing. Itchy eyes.

ExaminationGeneral Examination:

GENERAL APPEARANCE: NAD, pleasant. **HEENT:** tympanic membranes normal eyes normal clear rhinorrhea swollen turbinates. **NECK:** supple, no lymphadenopathy. **HEART:** no murmurs, regular rate and rhythm. **LUNGS:** clear to auscultation bilaterally, no wheezes/rhonchi/rales.

Assessments

1. Other seasonal allergic rhinitis - J30.2 (Primary)
2. Anxiety disorder, unspecified - F41.9
3. Insomnia, unspecified - G47.00

Treatment**1. Others**

Start PredniSONE Tablet, 20 mg, 1 tablet, Orally, twice a day, 5 days, 10 Tablet, Refills 0
Start Flonase Allergy Relief Suspension, 50 MCG/ACT, 1 spray in each nostril, Nasally, Once a day, 30 day(s), 1, Refills 0
Start Ciprodex Suspension, 0.3-0.1 %, 4 drops into affected ear, Otic, Twice a day, 10 days, 1 bottle, Refills 0
Start Ambien Tablet, 10 mg, 1 tablet at bedtime as needed, Orally, Once a day, 30 days, 30 Tablet, Refills 0
Start Clonazepam Tablet, 1 MG, 1 tablet, Orally, three times a day, 30 days, 90 Tablet, Refills 0
Start Nexium Packet, 40 mg, 1 packet mixed with 15 ml of water, Orally, Once a day, 30 day(s), 30, Refills 2

Follow Up

prn

Electronically signed by Andres I
02/07/2017 at 11:14 AM EST
Sign off status: Pending

Patient: Hernandez, J. Progress Note: Andres Hernandez-

04/18/2016

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