CHOCOLATE ICED CAKE DOUGHNUT

Serving Size:	1 Doughnut
Calories	340
Calories from Fat	170
Total Fat (g)	19
Saturated fat (g)	8
Trans Fat (g)	0
Cholesterol (mg)	25
Sodium (mg)	400
Total Carbohydrates (g)	40
Dietary Fiber (g)	less than 1 gram
Sugars (g)	21
Protein (g)	3
ALLEDOENIS CONTAINS.	

Ingredients: Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Palm Oil, Sugar, Soybean Oil, Water, Dried Egg Yolks. Contains 2% or Less of Each of the Following: Soy Flour, Hydrogenated Soybean Oil, Natural and Artificial Flavor, Whey, Sodium Acid Pyrophosphate, Dextrose, Sodium Bicarbonate, Salt, Dried Milk Powder, Lecithin, Sodium Propionate (To Maintain Freshness), Cellulose Gum, Monoglycerides, Propylene Glycol Monoesters, Tocopherols), Icing (Sugar, Water, Corn Starch, Cocoa Powder (Processed with Alkali), Corn Syrup Solids, Soybean Oil and/or Palm Oil, Chocolate Liquor, Enzyme Modified Soy Protein, Polysorbate 60, Salt, Sodium Caseinate (Milk), Sodium Hexametaphosphate, Mono and Diglycerides, Soy Lecithin).

ALLERGENS- CONTAINS:









Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

