

## CHOCOLATE ICED GLAZED DOUGHNUT

**Serving Size:** 1 Doughnut

**Calories** 240

**Calories from Fat** 100

**Total Fat (g)** 11

**Saturated fat (g)** 5

**Trans Fat (g)** 0

**Cholesterol (mg)** 0

**Sodium (mg)** 90

**Total Carbohydrates (g)** 33

**Dietary Fiber (g)** less than 1 gram

**Sugars (g)** 20

**Protein (g)** 3

### ALLERGENS- CONTAINS:



EGG



MILK



SOY



WHEAT

Ingredients: Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono- and Diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Ascorbic Acid, Calcium Propionate (To Maintain Freshness), Sorbitan Monostearate, Tocopherols, Enzymes, Oat Fiber, Dried Egg Yolks), Icing (Sugar, Water, Corn Starch, Cocoa Powder (Processed with Alkali), Corn Syrup Solids, Soybean Oil and/or Palm Oil, Chocolate Liquor, Enzyme Modified Soy Protein, Polysorbate 60, Salt, Sodium Caseinate (Milk), Sodium Hexametaphosphate, Mono and Diglycerides, Soy Lecithin), Glaze (Sugar, Water, Corn Starch, Palm Oil, Calcium Sulfate, Agar, Dextrose, Natural and Artificial Flavors, Salt, Disodium Phosphate, Locust Bean Gum).

Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

