

Task 5

1. **Fitness Tracker** – 5 points
This will take a bit of work since we have to let users enter their blood pressure and cholesterol, then be able to look back at it. It's not super hard but still needs good design.
2. **Medication Tracker** – 8 points
This one needs alarms and reminders that actually work and pop up at the right times. It's more complicated than just writing something down.
3. **Healthcare Contact List** – 3 points
It's pretty simple – we just need a way for people to save and see doctor or nurse phone numbers.
4. **Emergency List with GPS** – 13 points
This is the hardest one because we have to connect it with GPS to give directions to the nearest hospital. It also has to be super reliable in emergencies.
5. **Emergency Medical Info** – 3 points
Just a place to list stuff like allergies or health problems. It's not hard but super helpful.
6. **Health Resources** – 2 points
This one's easy. It's just giving links to helpful websites like WebMD.
7. **Payment Tracker** – 8 points
Letting people track bills and make payments is a big task, especially if it needs to connect to a bank or payment system.
8. **Usability for Older Adults** – 5 points
We have to make the app easy to read and use, especially for seniors. That means bigger buttons, clear text, and a simple layout.

Task 6

For the MVP, I chose five features that are super important to have first. These will help people use the app in a helpful and easy way, especially older adults. Here's what I picked:

- Fitness Tracker

- Medication Reminders
- Emergency Contact List
- Emergency Medical Info
- Easy Design for Seniors

We're using sprints, which are like 2-week work sessions. Each sprint focuses on one or two features. After each sprint, we'll check what's done and fix anything that's off. I also added milestones, basically big checkpoints to show when a feature or part of the app is finished.

Sprint Schedule

Sprint 1 (Week 1–2)

We'll set everything up, get the team organized, and design how the app will look.

Milestone: Setup done and design ready

Sprint 2 (Week 3–4)

We'll build the Fitness Tracker so people can record and see their blood pressure and cholesterol.

Milestone: Fitness tracker finished

Sprint 3 (Week 5–6)

Time to work on the medication reminders and alarms so users don't forget their pills.

Milestone: Med reminders working

Sprint 4 (Week 7–8)

We'll build the emergency contact list and a section for people to write down their allergies or conditions.

Milestone: Emergency info complete

Sprint 5 (Week 9–10)

We'll make the app easier to use for older adults, bigger buttons, clear text, simple design.

Milestone: MVP ready to show

Task 7

