

Psychometric Tests

**NEURO-COGNITIVE-EMOTIONAL
INTELLIGENCE BEHAVIOUR
COMPETENCY MAPPING**

REPORT



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Development of Psychometric Research

Psychometric tests are based on scientific principles of measurement and aim to provide reliable and valid assessments of human behavior and cognitive abilities.

- **1884:** Sir Francis Galton coined the term "eugenics" and conducted early research on human abilities and traits, which laid the groundwork for the development of psychometric tests.
- **1905:** Alfred Binet and Theodore Simon introduced the Binet-Simon Scale, the first modern intelligence test, to identify children with learning difficulties in French schools.
- **1916:** Lewis Terman adapted and standardized Binet's test, creating the Stanford-Binet Intelligence Scales, which became one of the most widely used intelligence tests in the United States.
- **1939:** David Wechsler developed the Wechsler-Bellevue Intelligence Scale, which measured both verbal and non-verbal abilities and laid the foundation for subsequent Wechsler intelligence tests.
- **1943:** Raymond Cattell introduced the concept of "fluid" and "crystallized" intelligence, contributing to the understanding of human cognitive abilities.
- **1949:** The Myers-Briggs Type Indicator (MBTI), based on Carl Jung's theory of personality, was developed by Isabel Briggs Myers and Katharine Cook Briggs, becoming one of the most widely used personality tests.
- **1950:** Hans Eysenck developed the Eysenck Personality Questionnaire, contributing to the study of personality traits and dimensions.
- **1961:** Raymond Cattell introduced the concept of "fluid" and "crystallized" intelligence, contributing to the understanding of human cognitive abilities.
- **1962:** The Minnesota Multiphasic Personality Inventory (MMPI) was revised by Starke R. Hathaway and J.C. McKinley, becoming a widely used tool in clinical and research settings.
- **1983:** Howard Gardner published his groundbreaking book "Frames of Mind: The Theory of Multiple Intelligences," where he introduced the concept of multiple intelligences.
- **1985:** Daniel Goleman introduced the concept of Emotional Intelligence (EI), paving the way for the development of EI assessments.
- **1995:** The Big Five Personality Traits model gained popularity, focusing on five major personality dimensions: openness, conscientiousness, extraversion, agreeableness, and emotional stability.
- **2003:** The VIA Survey of Character Strengths, based on positive psychology, was developed by Christopher Peterson and Martin Seligman to assess character strengths.
- **2011:** The introduction of web-based and computer-adaptive testing revolutionized psychometric assessments, making them more accessible and efficient.

These milestones represent some key developments in the field of psychometrics, but it's important to note that research and advancements in this area continue to evolve, enhancing the quality and utility of psychometric tests for various purposes.

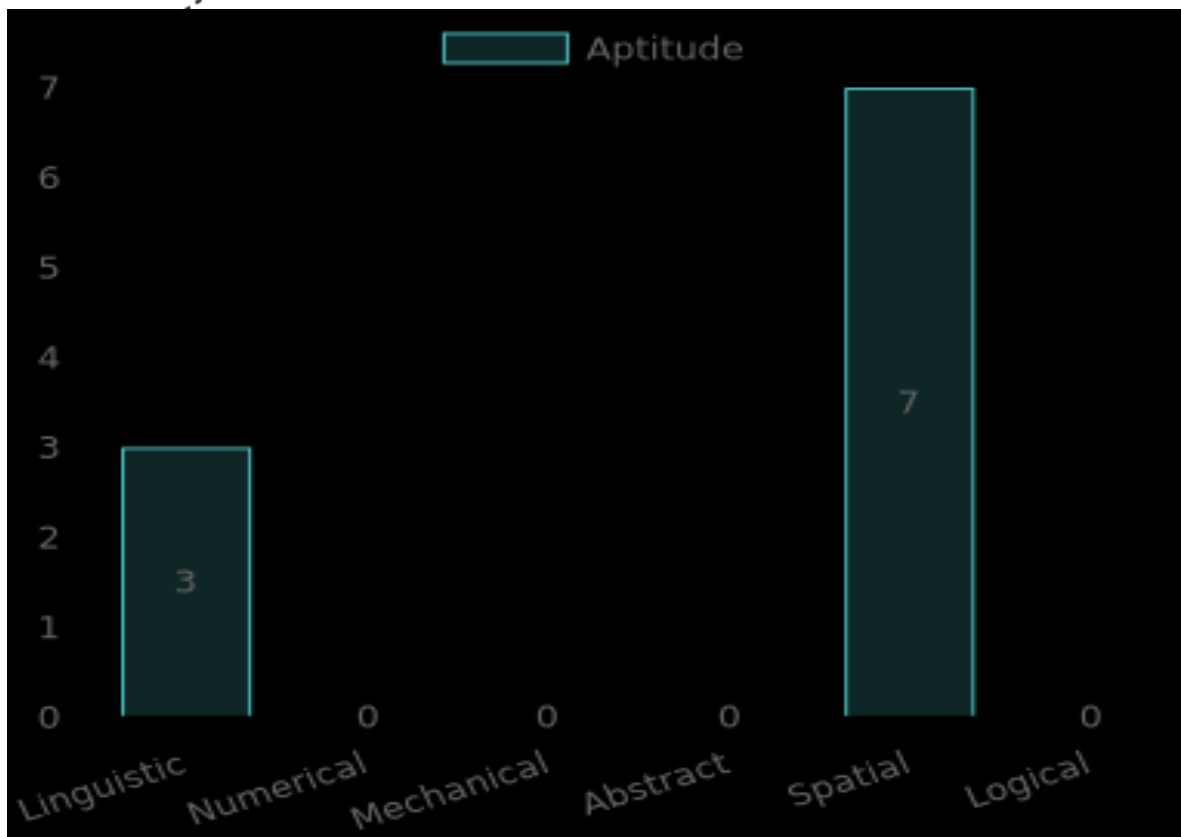
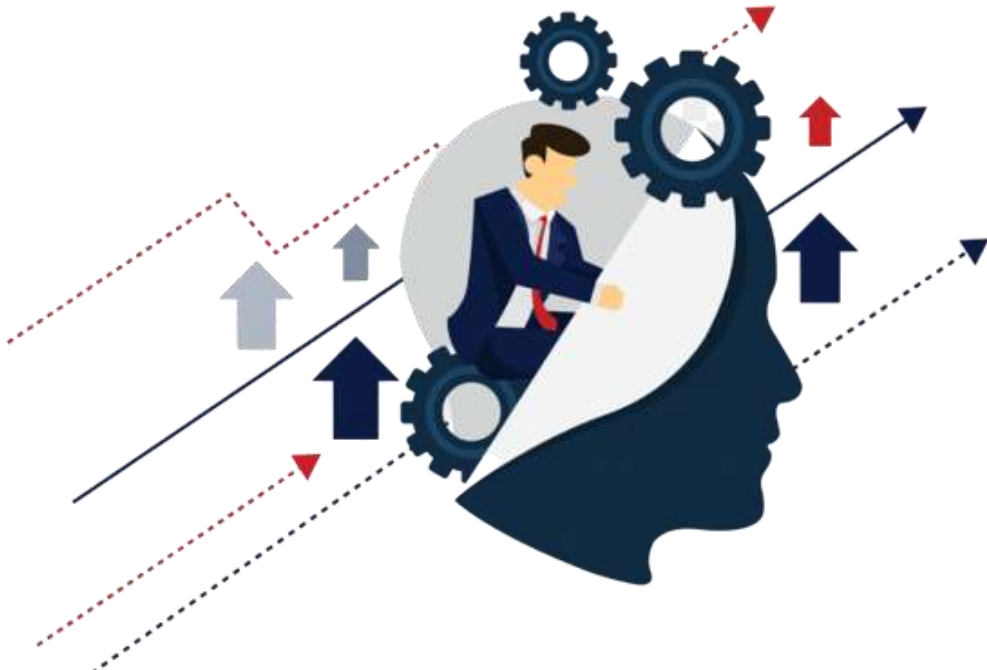


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1. APTITUDE



APTITUDE

1. Linguistic Reasoning:



Score : 3 (Category: Developing)

Feedback:

Your commitment to improving your verbal reasoning skills is admirable. While your current score falls in the lower range, remember that progress takes time and effort. Keep practicing and learning, and you'll undoubtedly see growth in your abilities.

Career Suggestions:

Consider roles that involve basic communication skills, such as data entry, administrative support, or entry-level customer service. These roles can provide a foundation for further skill development and growth.

2. Numerical Reasoning



Score : 0 (Category: Developing)

Feedback:

Your dedication to improving your numerical reasoning skills is evident. While your current score reflects a starting point, remember that progress takes time and effort. Continue practicing and learning to see significant improvements.

Career Suggestions:

Consider roles that require basic numeracy skills, such as data entry, administrative support, or entry-level positions in customer service. These roles can provide a foundation for further skill development and growth.

APTITUDE

3. Mechanical Reasoning



Score: 0 (Category: Developing)

Feedback:

Your interest in mechanical reasoning is evident, and while your current score reflects a starting point, remember that learning takes time. Keep exploring mechanical concepts and practicing to enhance your understanding.

Career Suggestions:

Consider roles that involve basic mechanical tasks, such as assembly line work, equipment operation, or assistant positions in maintenance. These roles can provide hands-on experience and opportunities for skill development.



4. Abstract Reasoning

Score: 0 (Category: Developing)

Feedback:

Your dedication to improving your abstract reasoning skills is evident. While your current score is in the lower range, remember that growth takes time and effort. Your commitment to learning will undoubtedly lead to progress.

Career Suggestions:

Focus on enhancing your visual thinking, pattern recognition, and problem-solving abilities. Engaging in activities like puzzles, spatial reasoning games, and creative arts can help you gradually develop your abstract reasoning skills. Entry-level positions in fields like data entry, administrative support, or basic technical roles could be a starting point.

APTITUDE



5. Spatial Reasoning

Score : 7 (Category: Progressing)

Feedback:

Your efforts to improve your spatial reasoning skills are noticeable. Keep practising and honing your abilities to enhance your spatial awareness and visualization capabilities further.

Career Suggestions:

Explore opportunities in areas that involve basic spatial understanding, such as construction, interior design, or roles in fields like landscaping and event planning. Your improved skills will be valuable in these roles.

6. Logical Reasoning



Score : 0 (Category: Developing)

Feedback:

Your willingness to engage with logical reasoning is evident, even though your current score is in the lower range. Remember that logical reasoning skills can be developed over time with practice and learning. Keep exploring and honing your skills.

Career Suggestions:

Start by focusing on roles that require basic problem-solving skills, such as administrative or entry-level positions in various industries. Building a strong foundation in logical thinking will serve as a stepping stone for future growth.

2. MULTIPLE INTELLIGENCE





MULTIPLE INTELLIGENCE

1. Linguistic Intelligence

Score: 8 (Category: Basic Proficiency)

Feedback:

Your linguistic intelligence falls within the basic proficiency range. This suggests that you have a foundation in language skills, but there is room for improvement. Consider focusing on expanding your vocabulary, refining your grammar, and practising effective communication. Engaging in more reading, writing, and active participation in discussions can help you enhance your linguistic abilities and become a more effective communicator.

Career Suggestions:

Content Creator, Editorial Assistant, Copywriter, etc.

Linguistic Characteristics:

- People with Linguistic intelligence love words. They enjoy reading and writing.
- Linguistic people are often gifted at learning languages. They appreciate the complexities of sentence structure, word structure, meaning and sound. They relish complicated words and are quick at learning them. They possess rich vocabularies.
- School is an area in which people with Linguistic intelligence often do well. They enjoy lectures and taking notes. They also have the ability to teach others and communicate complex concepts.
- People with Linguistic intelligence is adept at communicating through the written word and seek to enhance their skills.
- They're Good at editing, love playing with words, always share thoughts on what they read, never forget a good quote, and have a blast with foreign languages.



2 Logical/Mathematical Intelligence

Score: 8 (Category: Basic Proficiency)

Feedback:

Your logical/mathematical intelligence falls within the foundational understanding range. This indicates that you have a basic grasp of logical reasoning and mathematical concepts. To further develop your skills, consider engaging in activities that challenge your problem-solving abilities, such as puzzles, brain teasers, and basic mathematical exercises. Strengthening your logical thinking will not only enhance your cognitive skills but also benefit you in various academic and professional pursuits.

Career Suggestions:

Data Entry Specialist, Accounting Clerk, Administrative Assistant, etc.

Logical Characteristics:

- People with Logical intelligence process information through logic and reason. They are attracted to investigation by means of the scientific method.
- They do well with quantitative methods that rely on the researcher's ability to observe and reach a verifiable conclusion.
- They dislike unclear assumptions and subjective analysis. Instead, they trust hard facts and numerical data. They seek accuracy and precision in their learning and work. Their mind is complex and works like a computer. They are good at strategy games.
- Logical Intelligence thrives on mathematical models, measurements, abstractions and complex calculations.



Picture Smart

3 Visual/Spatial Intelligence

Score: 8 (Category: Basic Proficiency)

Feedback:

Your Visual/Spatial intelligence falls within the basic proficiency range. This suggests that you have a foundation in visual and spatial skills, but there is room for improvement. Consider enhancing your ability to visualize and manipulate objects in your mind, as well as improving your spatial awareness. Engaging in activities such as drawing, puzzles, map reading, and design can help you further develop your Visual/Spatial intelligence and set the stage for potential career paths that require strong visualization skills.

Career Suggestions:

Designer, Artist, Graphic Design Assistant, etc.

Visual/Spatial Characteristics:

- People with Visual/Spatial intelligence are very aware of their surroundings and are good at remembering images. They have a keen sense of direction and often enjoy maps. They have a sharp sense of space, distance and measurement.
- People with Visual intelligence learn well through visual aids such as graphs, diagrams, pictures and colourful displays.
- They usually enjoy visual arts such as drawing, painting and photography. They can visualize anything related to art, fashion, decoration and culinary design before creating it.

4 Interpersonal Intelligence



Score: 8 (Category: Basic Proficiency)

Feedback:

Your interpersonal intelligence falls within the developing skills range. This suggests that you are beginning to understand and connect with others on a personal level, but there is room for growth. Consider actively seeking opportunities to engage in group activities, collaborate with peers, and practice active listening. Developing strong interpersonal skills can open doors to careers in customer service, team coordination, or entry-level management positions.

Career Suggestions:

Customer Service Representative, Team Coordinator, Entry-Level Management, etc.

Interpersonal Characteristics:

- People with Interpersonal intelligence is Extroverted, thrive with social interaction. They are gifted at establishing rapport with strangers and make friends easily. They are adept at reading, empathizing and understanding others.
- People with Interpersonal intelligence work well with others and often have many friends. They are masters at collaboration.
- Interaction, dialogue and lively discussions are ways in which people with Interpersonal intelligence learn. They are enthusiastic and lively, enjoy social events. Others often seek them out for advice, help and comfort. They are good at making others feel welcome and often reach out to outsiders. They are inclusive of others. The more the merrier.



5 Musical Intelligence

Score: 8 (Category: Basic Proficiency)

Feedback:

Your musical intelligence falls within the limited aptitude range. While you may enjoy listening to music, there is an opportunity to develop your musical skills further. Consider exploring different genres of music, learning to play a musical instrument, and paying closer attention to the various elements of music such as rhythm, melody, and harmony. Engaging in music lessons, attending concerts, and practising active listening can help you expand your musical intelligence.

Career Suggestions:

Music Educator, Music Blogger/Reviewer, Music Event Organizer, etc.

Musical Characteristics:

- People with Musical intelligence recognize sounds and tones with ease. They appreciate music and rhythm. They have a “good ear” for music and can easily learn and memorize songs and melodies. They notice when someone is singing off-key. People with musical intelligence are good at imitating sounds or other people’s voice or intonation and enjoys different sounds.
- Rhythm and music can be a way for them to memorize concepts. Some people with musical intelligence are especially gifted at composing, singing or playing an instrument. They are talented with instruments. They often have a song running through their head, whistles or taps foot. They often learn well through lectures since they are highly auditory.

6 Naturalistic Intelligence



Nature Smart

Score: 8 (Category: Basic Proficiency)

Feedback:

Your naturalistic intelligence falls within the basic awareness range. You have a foundational understanding of the natural world, but there is potential for further exploration and development. Consider spending more time observing and interacting with nature, learning about different species, ecosystems, and environmental concepts. Engaging in gardening, wildlife observation, or conservation efforts can help you enhance your naturalistic intelligence.

Career Suggestions:

Nature Photographer, Park Ranger Assistant, Botanical Garden Intern, etc.

Naturalistic Characteristics:

- People with Naturalist intelligence have a sensitivity to and appreciation for nature. The Naturalist intelligence focuses on how people relate to their natural surroundings.
- Naturalists have a special ability to grow plants, vegetables and fruit. They have an affinity for animals and are good at training and understanding them.
- Naturalists can easily distinguish patterns in nature. They are aware of and intrigued by weather phenomena. They are good at discovering the wonders of nature.
- Naturalists love to walk, climb, camp and trek. They enjoy the outdoors.
- People with Naturalist intelligence is inspired and rejuvenated by nature.



7 Body/Kinaesthetic Intelligence

Score: 8 (Category: Basic Proficiency)

Feedback:

Your Body/Kinesthetic intelligence falls within the basic proficiency range. This suggests that you have a foundation in physical coordination and movement, but there is potential for improvement. Consider exploring activities that enhance your body awareness, coordination, and physical skills. Engaging in sports, dance, yoga, or other physical disciplines can help you develop and refine your kinesthetic abilities. As you continue to practice and learn, you can gradually build a stronger connection between your mind and body.

Career Suggestions:

Fitness Trainer/Instructor, Yoga Instructor, Recreational Sports Coach, Dance Enthusiast, etc.

Kinesthetic Characteristics:

- People with Kinaesthetic intelligence learn through movement and experimentation. They enjoy sports and activities that require physical exertion and mastery.
- Some Kinaesthetic people enjoy the artistic side of movement such as dance or any kind of creative movement. They enjoy acting and performing in front of an audience.
- People with Kinaesthetic intelligence is Well-coordinated, enjoy building things and figuring out how things work. They like to use their hands and are very active. They have excellent motor skills and coordination. They are very physical and are keenly aware of their bodies.

8 Intrapersonal Intelligence



Score: 8 (Category: Basic Proficiency)

Feedback:

Your intrapersonal intelligence indicates a basic level of self-awareness. You are beginning to recognize your emotions and motivations, but there is room for growth. Consider engaging in self-reflection exercises, journaling, and mindfulness practices to deepen your understanding of your inner world. Developing stronger intrapersonal skills can enhance your overall well-being and help you make more informed decisions in various aspects of your life.

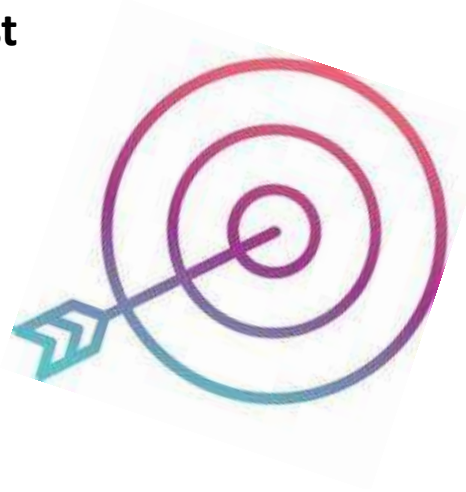
Career Suggestions:

Self-Help Writer, Administrative Assistant, Receptionist, etc.

Intrapersonal Characteristics:

- People with intrapersonal intelligence are adept at looking inward and figuring out their own feelings, motivations and goals. They are quintessentially introspective. (characteristically thoughtful) They are Self-aware. They analyse themselves and seek understanding.
- People with intrapersonal intelligence are intuitive and usually introverted. They learn independently and through reflection. They are mostly Interested in self-employment.
- Philosophy, Psychology and Theology are often of interest to people with intrapersonal intelligence. They enjoy journaling because it helps them learn about themselves.
- They are also good at helping others understand themselves. They are able to predict the reactions of themselves and others.

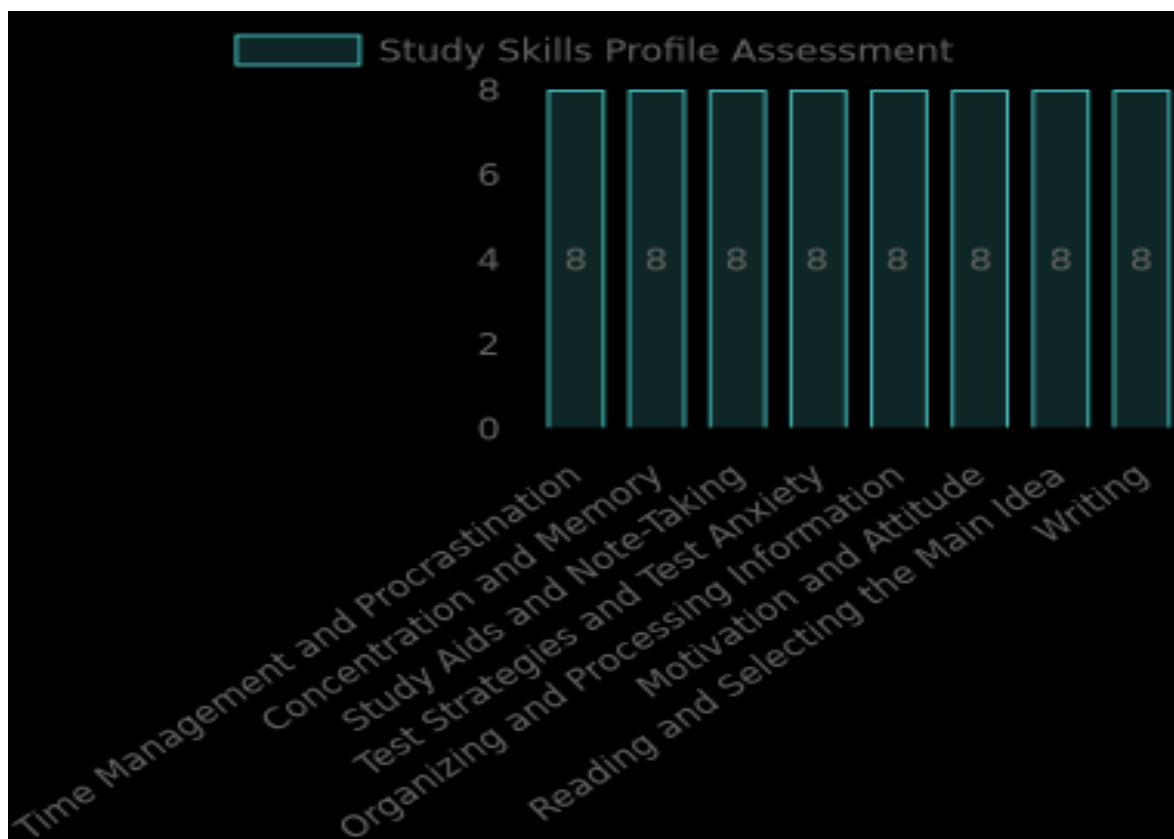
Career Priority List



1. Biostatistician
2. Data Scientist
3. Math Educator
4. Physicist
5. Research Scientist
6. Actuary
7. Engineering Manager
8. Economist
9. Engineer (Various Fields)
10. Mechanical Engineer

Other: undefined

3. STUDY SKILL PROFILE ASSESSMENT



STUDY SKILL PROFILE



1. Time Management and Procrastination

Score : 8 (Category: Basic Proficiency)

Feedback:

Your current time management and procrastination strategies may benefit from significant improvement. Consider exploring effective techniques and resources to enhance your productivity and overcome procrastination tendencies.

2. Concentration and Memory



Score : 8 (Category: Basic Proficiency)

Feedback:

Your current score suggests there is ample room for improvement in terms of concentration and memory. Focusing on dedicated techniques and strategies can help you enhance these cognitive skills and boost your overall learning experience.



2. Study Aids and Note-Taking

Score : 8 (Category: Basic Proficiency)

Feedback:

Your score indicates room for improvement in terms of effective study aids and note-taking strategies. Exploring various techniques and incorporating them into your routine can significantly enhance your learning process.

STUDY SKILL PROFILE



4. Test Strategies and Test Anxiety

Score : 8 (Category: Basic Proficiency)

Feedback:

Opportunities exist for developing effective test strategies and managing test anxiety. Embrace targeted techniques and resources to build your confidence and refine your approach to exams.

5. Organizing and Processing Information

Score : 8 (Category: Basic Proficiency)

Feedback:

Opportunities for improvement lie ahead in your organizational and information-processing abilities. Consider adopting effective techniques and strategies to streamline your approach.



6. Motivation and Attitude

Score : 8 (Category: Basic Proficiency)

Feedback:

Your motivation and attitude towards your goals could benefit from some nurturing. Seek ways to ignite your passion and maintain a positive mindset to drive your success.

STUDY SKILL PROFILE



7. Reading and Selecting the Main Idea

Score : 8 (Category: Basic Proficiency)

Feedback:

Your current performance indicates potential areas for improvement in reading comprehension and identifying main ideas. Consider focusing on dedicated practice and skill-building exercises to enhance your abilities in this crucial aspect of comprehension.

8. Writing

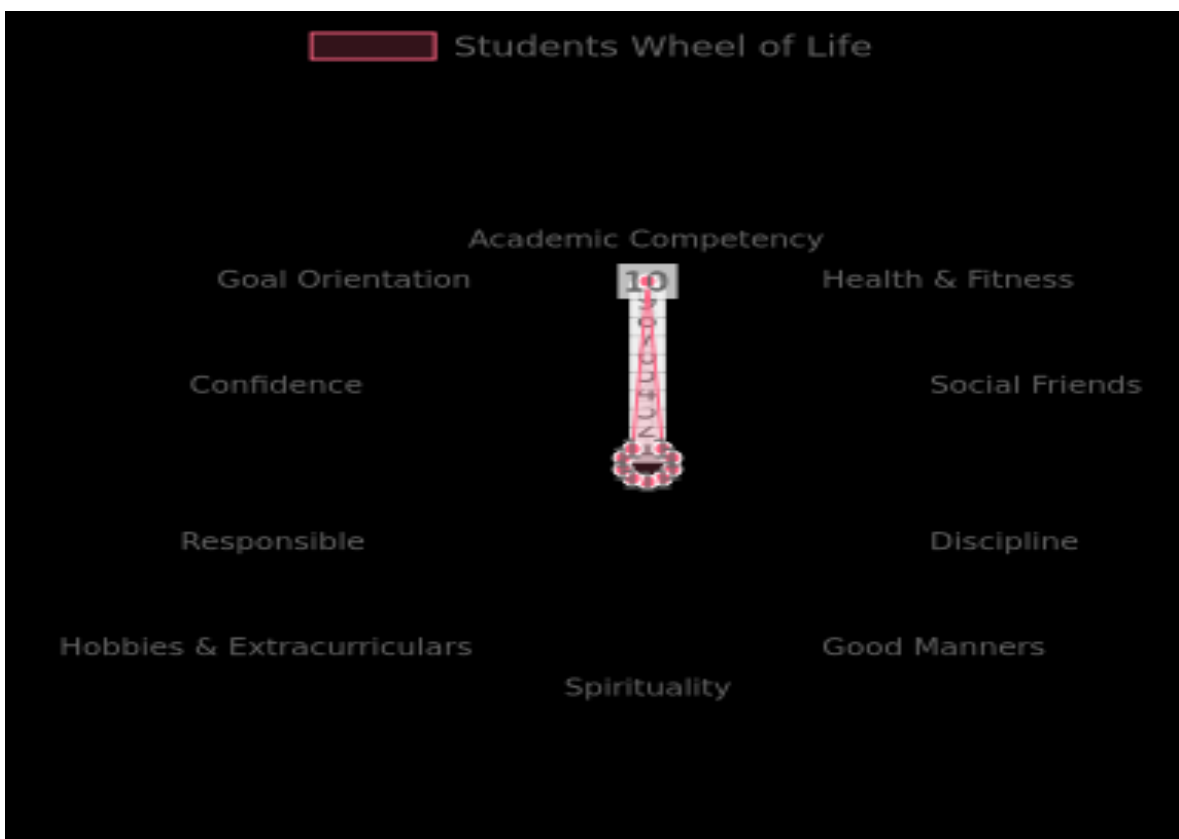
Score : 8 (Category: Basic Proficiency)

Feedback:



Your writing skills show potential for growth. Focusing on fundamental aspects such as grammar, sentence structure, and organization can significantly improve your overall writing effectiveness.

4. WHEEL OF LIFE STUDENT'S WELLNESS DIMENSIONS



WHEEL OF LIFE: STUDENT'S WELLNESS DIMENSIONS

Feedback:

Score:

Academic Competency: Exceptional understanding, excelling. 10/10

Health & Fitness: Poor physical health, lack of exercise. 1/10

Social Friends: Limited social interactions, few connections. 1/10

Discipline: Lack of self-control and organization. 1/10

Good Manners: Frequent lapses in etiquette and politeness. 1/10

Spirituality: Minimal engagement, lack of personal connection. 1/10

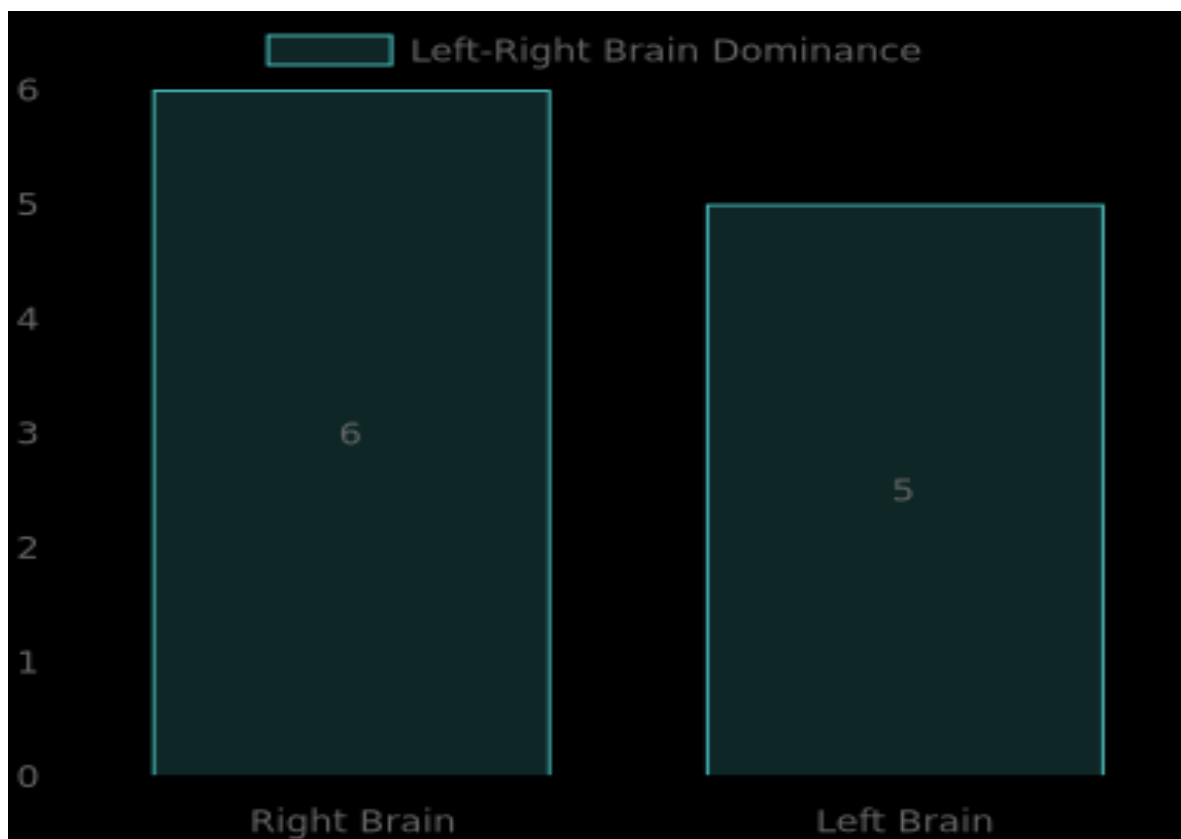
Goal Orientation: Undefined goals, lack of direction. 1/10

Confidence: Low self-esteem, self-doubt. 1/10

Responsible: Inconsistent commitment to responsibilities. 1/10

Hobbies & Extracurriculars: Limited engagement, lack of interests. 1/10

5. RIGHT-LEFT BRAIN DOMINANCE



RIGHT-LEFT BRAIN DOMINANCE



Left Brain Dominance:

Score : 5 (Category: Developing Dominance)

Feedback:

Analytical Thinking: Some logical problem-solving skills.

Language Skills: Adequate verbal communication and grammar.

Math and Logic: Basic comfort with numbers and reasoning.

Structured Planning: Can organize tasks and set goals.

Sequential Processing: Follows linear sequences with effort.

Right Brain Dominance:



Score : 6 (Category: Developing Dominance)

Feedback:

Creativity: Some ability for imaginative and original thinking.

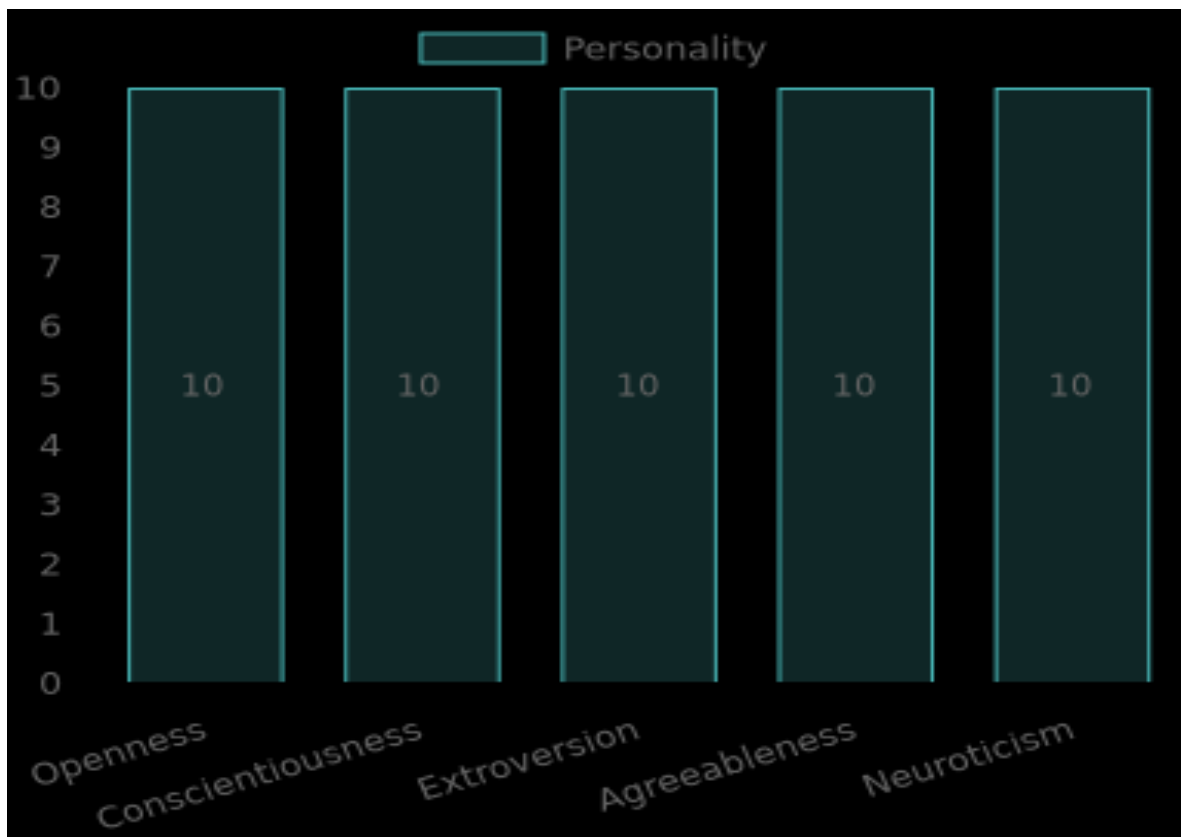
Visual Perception: Adequate sensitivity to shapes and colors.

Intuition: Beginning to rely on instincts and hunches.

Holistic Thinking: Can grasp the bigger picture and make connections.

Artistic Abilities: Basic skills in artistic expression.

6. PERSONALITY TRAITS DOMINANCE



PERSONALITY TRAITS DOMINANCE

1 Extroversion:



Score : 10 (Category: Developing)

Feedback:

Your score indicates that you tend to be more introverted, preferring solitary activities and introspection. You might find social interactions draining and may feel more comfortable in quieter, less stimulating environments.

Possible Personality Type: Possible Personality Type: Introverted, Reflective, Thoughtful

Career Options:

Roles that require deep analysis, creativity, and independent work such as writing, research, programming, graphic design, or artistry.

2 Agreeableness:



Score : 10 (Category: Developing)

Feedback:

Your score indicates that you prioritize individual goals and assertiveness over conforming to others' expectations. You may prefer direct communication and may not be as concerned with maintaining harmony in social interactions.

Possible Personality Type: Possible Personality Type: Independent, Assertive, Objective

Career Options:

Roles that require decisive decision-making, negotiation, and analytical thinking, such as entrepreneurship, law, research, or engineering.

PERSONALITY TRAITS DOMINANCE

3 Conscientiousness:



Score : 10 (Category: Developing)

Feedback:

Your score suggests that you have a more relaxed attitude toward organization and planning. You might prefer flexibility and spontaneity over strict routines, and you may find it challenging to stick to long-term goals.

Possible Personality Type: Possible Personality Type: Unstructured, Free-Spirited, Creative

Career Options:

Roles that allow for creative expression, flexible schedules, and minimal routine could be appealing. Consider careers in the arts, entrepreneurship, entertainment, or freelancing.

4 Neuroticism:



Score : 10 (Category: Developing)

Feedback:

Your score suggests that you have a strong emotional resilience and are adept at managing stress and negative emotions. You tend to stay calm under pressure and approach challenges with a composed demeanor. research, or law enforcement.

Possible Personality Type: Possible Personality Type: Resilient, Calm, Emotionally Stable

Career Options:

Roles that require composure, crisis management, and analytical thinking such as emergency services, project management, scientific research, or law enforcement.

PERSONALITY TRAITS DOMINANCE

5. Openness :



Score : 10 (Category: Developing)

Feedback:

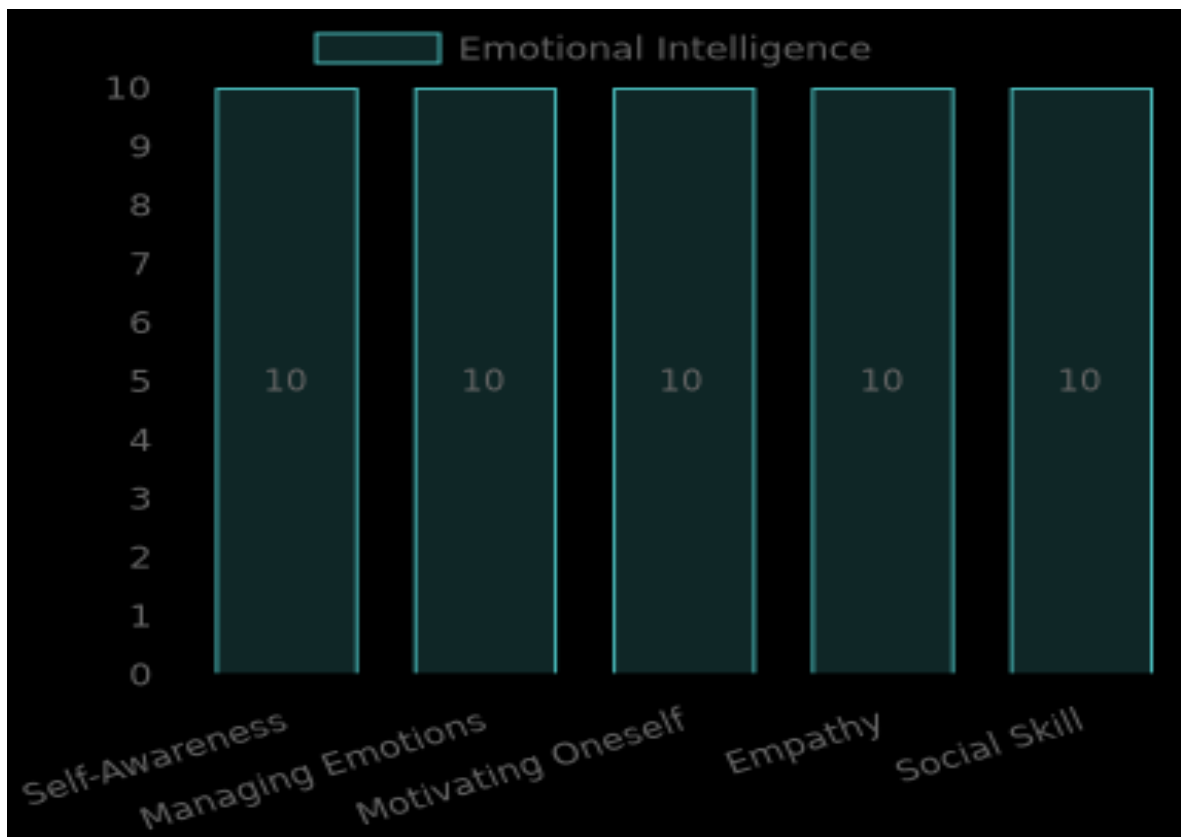
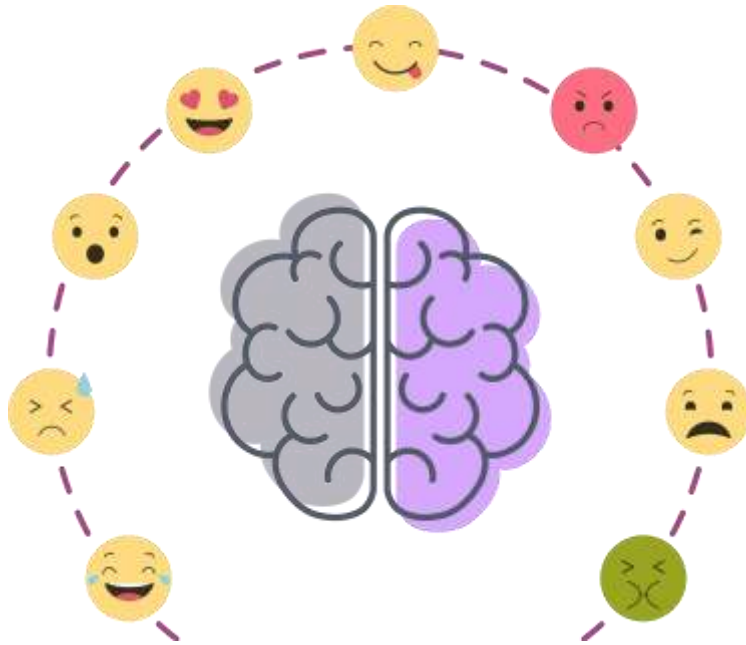
Your score suggests a preference for familiar and traditional ways of thinking. You tend to feel more comfortable with established routines and may be less inclined to embrace novel or unconventional ideas.

Possible Personality Type: Possible Personality Type: Conventional, Practical, Routine-Oriented

Career Options:

Roles that involve structured tasks, attention to detail, and established procedures such as accounting, administration, data analysis, or quality control.

7. EMOTIONAL INTELLIGENCE



EMOTIONAL INTELLIGENCE



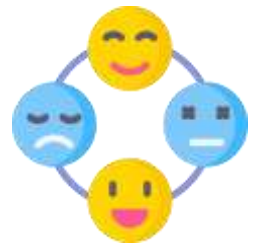
1. Self-Awareness

Score : 10 (Category: Developing)

Feedback:

You're taking steps towards self-awareness! While your score indicates that there's room for growth, your recognition of the importance of self-awareness is a positive starting point. Consider setting aside time for introspection and exploration of your emotions, thoughts, and behaviours. As you make a conscious effort to understand yourself better, you'll open doors to improved decision-making and more fulfilling relationships.

2. Managing Emotions



Score : 10 (Category: Developing)

Feedback:

Your emotional management skills could benefit from significant improvement. It's important to work on building better strategies for handling your emotions and responses to various situations. Begin by developing a greater awareness of your emotional triggers and seeking out healthy coping mechanisms. As you progress, you'll find that you're better equipped to handle challenges and contribute positively to your emotional well-being.

3. Motivating Oneself



Score : 10 (Category: Developing)

Feedback:

Your self-motivation appears to be limited at the moment. It's important to focus on building a stronger foundation of self-discipline, resilience, and goal-setting. While challenges may feel daunting, remember that developing the ability to motivate yourself is a gradual process. Begin by identifying what drives you and exploring strategies to maintain enthusiasm and determination. With persistence, you can make significant strides towards becoming more self-motivated.

EMOTIONAL INTELLIGENCE

4. Empathy



Score : 10 (Category: Developing)

Feedback:

Your empathy skills are currently limited, but there's room for growth. Becoming more attuned to the emotions of others can greatly enhance your relationships and overall emotional intelligence. Practice active listening, ask open-ended questions, and focus on understanding the perspectives and feelings of those around you. By working on your empathy, you can create more meaningful connections and contribute positively to the people in your life.

5. Social Skill



Score : 10 (Category: Developing)

Feedback:

Your social skills appear to be at a lower level. It's important to invest time and effort into improving your ability to connect with others. Focus on building active listening skills, understanding nonverbal cues, and showing empathy in your interactions. By progressively working on your social skills, you can create more harmonious relationships and contribute positively to various social contexts.

8. LEARNING STYLE



LEARNING STYLE

1. Visual



Score : 10 (Category: Mild)

Feedback:

While you have a mild preference for visual learning, you also benefit from various learning modes. Combining visual aids with verbal explanations and interactive activities can help you grasp and retain information more effectively.



2. Auditory

Score : 10 (Category: Mild)

Feedback:

With a mild preference for auditory learning, you have the flexibility to benefit from various learning modes. Your ability to actively participate in discussions and listen to explanations aligns well with your learning style. To optimize your learning, continue to engage in discussions and actively listen to lectures. Additionally, don't hesitate to combine auditory learning with visual aids or interactive activities when necessary to enhance your overall comprehension and retention of information.

3. Kinaesthetic



Score : 10 (Category: Mild)

Feedback:

While you have a mild preference for kinesthetic learning, you also benefit from diverse learning modes. Incorporating interactive activities, movement, and practical applications alongside visual and auditory elements can enhance your understanding.

9. LEADERSHIP SKILLS



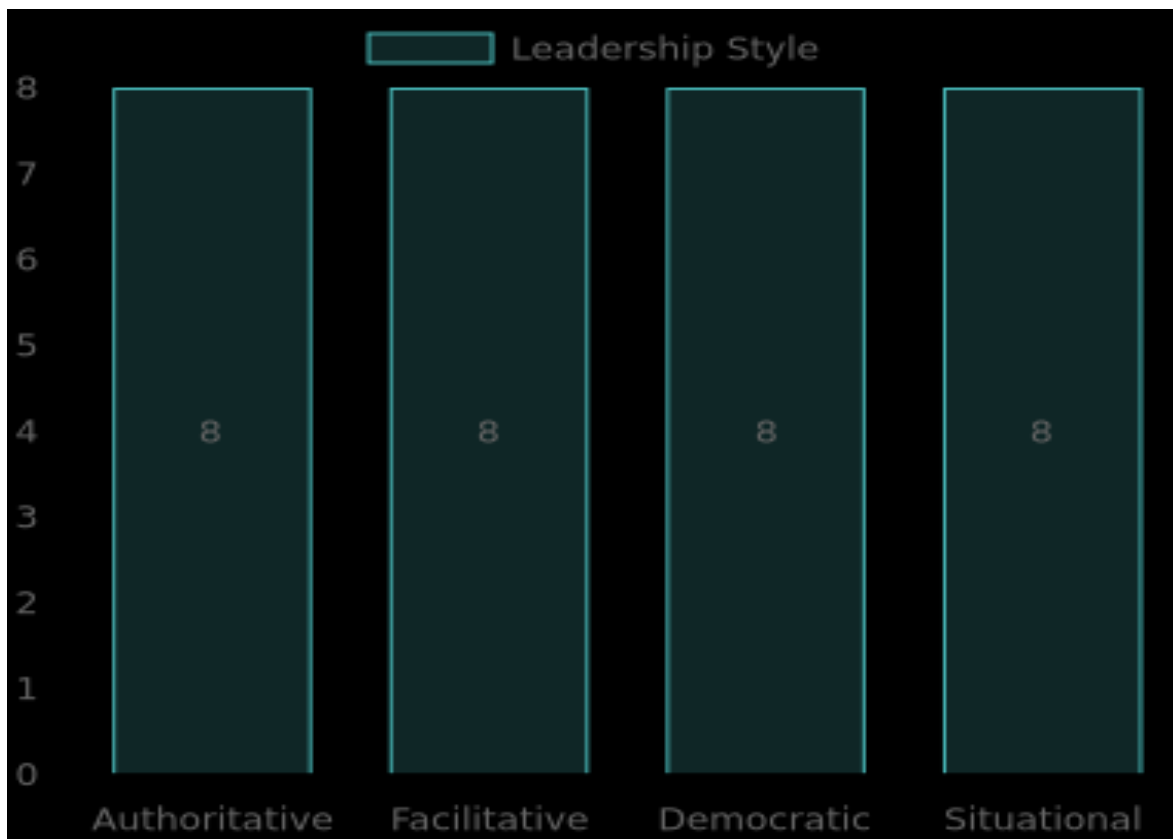
Leadership Skills

Score : 20 (Category: Developing)

Feedback:

Your leadership skills require substantial improvement. Your score indicates challenges in various fundamental areas of leadership, including communication, decision-making, and team dynamics. It's crucial to seek opportunities for leadership development, receive guidance, and actively work on strengthening your abilities to effectively lead and inspire your team.

10. LEADERSHIP STYLE



LEADERSHIP STYLE

Authoritative



Score : 8 (Category: Basic Proficiency)

Feedback:

Your ability to exhibit an authoritative leadership style within this range shows a foundation for growth. You might be in the early stages of developing this style, which can be advantageous when leading in situations that require clear direction and decisions. Continue honing your skills by further understanding the balance between assertiveness and collaboration, which are essential components of this leadership approach.



Democratic

Score : 8 (Category: Basic Proficiency)

Feedback:

You exhibit a foundational understanding of the principles of democratic leadership. Your willingness to involve team members in decision-making and value their input is commendable. By fostering an environment where ideas are freely exchanged, you set the stage for collaborative problem-solving and open communication.

LEADERSHIP STYLE



Facilitative

Score : 8 (Category: Basic Proficiency)

Feedback:

Your score in this range indicates an opportunity for growth in the facilitative leadership style. You might be in the early stages of understanding the value of collaboration and empowerment. Embrace this as a chance to develop your skills in fostering open communication and involving team members in decision-making. By embracing a more inclusive approach, you can create a supportive and innovative work environment.



Situational

Score : 8 (Category: Basic Proficiency)

Feedback:

Your score in this range presents an opportunity to explore and develop your understanding of the situational leadership style. This style involves adapting your leadership approach based on the specific needs of your team members and the situation at hand. As you further explore this style, focus on assessing your team members' capabilities and adjusting your guidance accordingly. This approach will help you provide the right level of support and direction as they grow.

11. CYBER DEPENDENCY

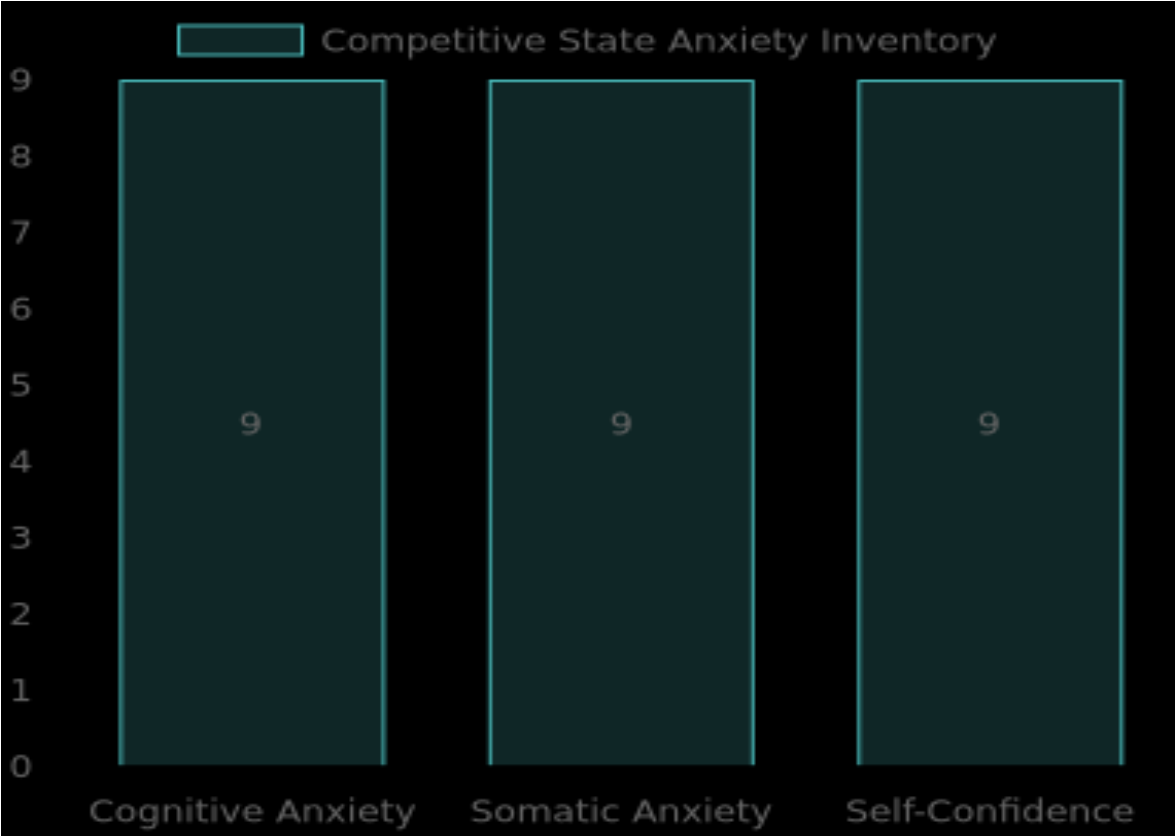


Score :20 (Category: Low Dependency)

Feedback:

Your cyber dependency score is in the low range, indicating a strong ability to function independently of digital tools. You are self-reliant and can navigate various tasks without heavy reliance on technology. This suggests that you are well-prepared to handle situations with limited access to digital resources and can adapt easily to disruptions.

12. COMPETITIVE STATE ANXIETY INVENTORY



COMPETITIVE STATE ANXIETY

Cognitive Anxiety



Score : 9 (Category: Low)

Feedback:

Congratulations! Your cognitive anxiety score falls within the low range, indicating that you generally have a strong ability to manage your worries and concerns. You likely approach challenges with a clear and focused mindset, allowing you to think more objectively and make sound decisions.

Somatic Anxiety



Score : 9 (Category: Low)

Feedback:

Your score falls within the low range for somatic anxiety. This suggests that you experience minimal physical symptoms associated with anxiety. You likely have a good handle on managing stress, which is great for your overall well-being. Your ability to keep your body relaxed in stressful situations indicates a strong level of emotional resilience.

Confidence



Score : 9 (Category: Low)

Feedback:

Very Low Self-Confidence: You have the potential to build greater self-confidence. Remember, every step you take towards believing in yourself will lead to personal growth and increased resilience. Start acknowledging your achievements, no matter how small, and watch your confidence grow.

Disclaimer

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