

# ***Psychometric Tests***

**NEURO-COGNITIVE-EMOTIONAL  
INTELLIGENCE BEHAVIOUR  
COMPETENCY MAPPING**

**REPORT**



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## Development of Psychometric Research

Psychometric tests are based on scientific principles of measurement and aim to provide reliable and valid assessments of human behavior and cognitive abilities.

- **1884:** Sir Francis Galton coined the term "eugenics" and conducted early research on human abilities and traits, which laid the groundwork for the development of psychometric tests.
- **1905:** Alfred Binet and Theodore Simon introduced the Binet-Simon Scale, the first modern intelligence test, to identify children with learning difficulties in French schools.
- **1916:** Lewis Terman adapted and standardized Binet's test, creating the Stanford-Binet Intelligence Scales, which became one of the most widely used intelligence tests in the United States.
- **1939:** David Wechsler developed the Wechsler-Bellevue Intelligence Scale, which measured both verbal and non-verbal abilities and laid the foundation for subsequent Wechsler intelligence tests.
- **1943:** Raymond Cattell introduced the concept of "fluid" and "crystallized" intelligence, contributing to the understanding of human cognitive abilities.
- **1949:** The Myers-Briggs Type Indicator (MBTI), based on Carl Jung's theory of personality, was developed by Isabel Briggs Myers and Katharine Cook Briggs, becoming one of the most widely used personality tests.
- **1950:** Hans Eysenck developed the Eysenck Personality Questionnaire, contributing to the study of personality traits and dimensions.
- **1961:** Raymond Cattell introduced the concept of "fluid" and "crystallized" intelligence, contributing to the understanding of human cognitive abilities.
- **1962:** The Minnesota Multiphasic Personality Inventory (MMPI) was revised by Starke R. Hathaway and J.C. McKinley, becoming a widely used tool in clinical and research settings.
- **1983:** Howard Gardner published his groundbreaking book "Frames of Mind: The Theory of Multiple Intelligences," where he introduced the concept of multiple intelligences.
- **1985:** Daniel Goleman introduced the concept of Emotional Intelligence (EI), paving the way for the development of EI assessments.
- **1995:** The Big Five Personality Traits model gained popularity, focusing on five major personality dimensions: openness, conscientiousness, extraversion, agreeableness, and emotional stability.
- **2003:** The VIA Survey of Character Strengths, based on positive psychology, was developed by Christopher Peterson and Martin Seligman to assess character strengths.
- **2011:** The introduction of web-based and computer-adaptive testing revolutionized psychometric assessments, making them more accessible and efficient.

These milestones represent some key developments in the field of psychometrics, but it's important to note that research and advancements in this area continue to evolve, enhancing the quality and utility of psychometric tests for various purposes.



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# 1. MULTIPLE INTELLIGENCE





## MULTIPLE INTELLIGENCE

### 1. Linguistic Intelligence

**Score:** 28 ( Category: Strong Proficiency )

**Feedback:**

Congratulations, your linguistic intelligence falls within the strong proficiency range. You have a solid command of language and can effectively express yourself. Keep refining your skills by exploring different writing styles, experimenting with complex sentence structures, and engaging in advanced language-related activities. Leveraging your linguistic abilities, you could consider pursuing careers in writing, translation, content creation, or public speaking, where your communication skills will be highly valued.

**Career Suggestions:**

Journalist, Public Relations Specialist, Author etc.

**Linguistic Characteristics:**

- People with Linguistic intelligence love words. They enjoy reading and writing.
- Linguistic people are often gifted at learning languages. They appreciate the complexities of sentence structure, word structure, meaning and sound. They relish complicated words and are quick at learning them. They possess rich vocabularies.
- School is an area in which people with Linguistic intelligence often do well. They enjoy lectures and taking notes. They also have the ability to teach others and communicate complex concepts.
- People with Linguistic intelligence is adept at communicating through the written word and seek to enhance their skills.
- They're Good at editing, love playing with words, always share thoughts on what they read, never forget a good quote, and have a blast with foreign languages.





## 2 Logical/Mathematical Intelligence

**Score:** 39 ( Category: Exceptional Mastery )

**Feedback:**

Exceptional! Your logical/mathematical intelligence places you in the highest category of mastery. Your aptitude for logical reasoning and mathematical thinking is outstanding. Consider pursuing careers in fields such as mathematics, theoretical physics, computer science, cryptography, or any discipline that requires complex problem-solving and analytical skills. Your ability to dissect intricate systems and formulate innovative solutions is a rare and valuable talent.

**Career Suggestions:**

Doctor, Mathematician, Theoretical Physicist, Computing Scientist, Artificial Intelligence Researcher, etc.

**Logical Characteristics:**

- People with Logical intelligence process information through logic and reason. They are attracted to investigation by means of the scientific method.
- They do well with quantitative methods that rely on the researcher's ability to observe and reach a verifiable conclusion.
- They dislike unclear assumptions and subjective analysis. Instead, they trust hard facts and numerical data. They seek accuracy and precision in their learning and work. Their mind is complex and works like a computer. They are good at strategy games.
- Logical Intelligence thrives on mathematical models, measurements, abstractions and complex calculations.



**Picture Smart**

### 3 Visual/Spatial Intelligence

**Score:** 36 ( Category: Exceptional Mastery )

**Feedback:**

Exceptional! Your Visual/Spatial intelligence score places you in the highest category of mastery. Your ability to perceive, manipulate, and interpret visual and spatial information is outstanding. You have the potential to excel in fields that demand advanced visual thinking and spatial reasoning, such as architecture, industrial design, fine arts, 3D modelling, or even scientific research involving complex visual data analysis. Your extraordinary talents in this domain provide a strong foundation for pursuing a rewarding and impactful career.

**Career Suggestions:**

Architectural Visualization Specialist, Industrial Design Manager, Fine Artist, 3D Modeler/Animator, Scientific Visualization Specialist, etc.

**Visual/Spatial Characteristics:**

- People with Visual/Spatial intelligence are very aware of their surroundings and are good at remembering images. They have a keen sense of direction and often enjoy maps. They have a sharp sense of space, distance and measurement.
- People with Visual intelligence learn well through visual aids such as graphs, diagrams, pictures and colourful displays.
- They usually enjoy visual arts such as drawing, painting and photography. They can visualize anything related to art, fashion, decoration and culinary design before creating it.



## 4 Interpersonal Intelligence



**Score:** 30 ( Category: Strong Proficiency )

**Feedback:**

Congratulations, your interpersonal intelligence is in the strong proficiency range. You have a knack for understanding and interacting with people, which can lead to fulfilling careers. Cultivate your ability to build rapport, mediate conflicts, and lead teams. Consider pursuing roles in leadership, coaching, counselling, or community organizing, where your strong interpersonal skills can have a positive impact on individuals and groups.

**Career Suggestions:**

Leadership Positions, Coach or Mentor, Counsellor or Therapist, Community Organizer, etc.

**Interpersonal Characteristics:**

- People with Interpersonal intelligence is Extroverted, thrive with social interaction. They are gifted at establishing rapport with strangers and make friends easily. They are adept at reading, empathizing and understanding others.
- People with Interpersonal intelligence work well with others and often have many friends. They are masters at collaboration.
- Interaction, dialogue and lively discussions are ways in which people with Interpersonal intelligence learn. They are enthusiastic and lively, enjoy social events. Others often seek them out for advice, help and comfort. They are good at making others feel welcome and often reach out to outsiders. They are inclusive of others. The more the merrier.



## 5 Musical Intelligence

**Score:** 34 ( Category: Exceptional Mastery )

**Feedback:**

Exceptional! Your musical intelligence score places you in the highest category of mastery. Your connection with music is profound, and you possess the ability to create, interpret, and appreciate music at an exceptional level. Consider pursuing a career in music composition, orchestration, conducting, performing, or music education. Your advanced musical intelligence enables you to communicate and express emotions through music in a way that resonates deeply with others.

**Career Suggestions:**

Composer/Arranger, Music Conductor, Professional Musician (Solo Artist or Orchestra Member), etc.

**Musical Characteristics:**

- People with Musical intelligence recognize sounds and tones with ease. They appreciate music and rhythm. They have a “good ear” for music and can easily learn and memorize songs and melodies. They notice when someone is singing off-key. People with musical intelligence are good at imitating sounds or other people’s voice or intonation and enjoys different sounds.
- Rhythm and music can be a way for them to memorize concepts. Some people with musical intelligence are especially gifted at composing, singing or playing an instrument. They are talented with instruments. They often have a song running through their head, whistles or taps foot. They often learn well through lectures since they are highly auditory.

## 6 Naturalistic Intelligence



Nature Smart

**Score:** 37 ( Category: Exceptional Mastery )

**Feedback:**

Exceptional! Your naturalistic intelligence score places you in the highest category of mastery. Your profound understanding of the natural world sets you apart. Consider pursuing careers as a botanist, ecologist, wildlife biologist, or environmental consultant, where your expertise can contribute to significant contributions in the fields of conservation and sustainability. Your ability to observe, analyze, and interpret the intricacies of the environment is truly remarkable.

**Career Suggestions:**

Botanist, Wildlife Biologist, Environmental Consultant, Ecological Researcher, etc.

**Naturalistic Characteristics:**

- People with Naturalist intelligence have a sensitivity to and appreciation for nature. The Naturalist intelligence focuses on how people relate to their natural surroundings.
- Naturalists have a special ability to grow plants, vegetables and fruit. They have an affinity for animals and are good at training and understanding them.
- Naturalists can easily distinguish patterns in nature. They are aware of and intrigued by weather phenomena. They are good at discovering the wonders of nature.
- Naturalists love to walk, climb, camp and trek. They enjoy the outdoors.
- People with Naturalist intelligence is inspired and rejuvenated by nature.



## 7 Body/Kinaesthetic Intelligence

**Score:** 30 ( Category: Strong Proficiency )

**Feedback:**

Congratulations, your Body/Kinesthetic intelligence is in the strong proficiency range. You have a solid command of physical coordination and movement, allowing you to excel in activities that require hands-on skills. To further enhance your abilities, consider specializing in a particular physical discipline or art form. This could involve pursuing careers in dance, sports, acting, or other performance-related fields. Your strong kinesthetic intelligence can also be valuable in careers such as physical education, fitness training, or even fields that involve hands-on craftsmanship.

**Career Suggestions:**

Professional Athlete, Professional Dancer, Physical Education Teacher, Choreographer, etc.

**Kinesthetic Characteristics:**

- People with Kinaesthetic intelligence learn through movement and experimentation. They enjoy sports and activities that require physical exertion and mastery.
- Some Kinaesthetic people enjoy the artistic side of movement such as dance or any kind of creative movement. They enjoy acting and performing in front of an audience.
- People with Kinaesthetic intelligence is Well-coordinated, enjoy building things and figuring out how things work. They like to use their hands and are very active. They have excellent motor skills and coordination. They are very physical and are keenly aware of their bodies.

## 8 Intrapersonal Intelligence



**Self Smart**

**Score:** 37 ( Category: Exceptional Mastery )

**Feedback:**

Exceptional! Your intrapersonal intelligence score places you in the highest category of self-mastery. Your deep understanding of your emotions, motivations, and thought patterns is remarkable. Your skill set is well-suited for careers in psychology, therapy, life coaching, leadership, and even artistic endeavours where your ability to tap into your inner world can lead to profound creative insights. Your insights into human nature can empower you to guide and inspire others effectively.

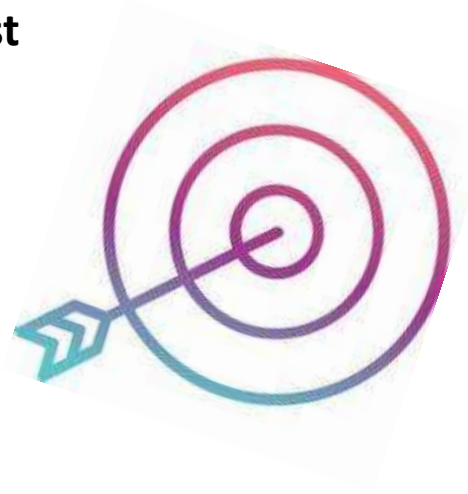
**Career Suggestions:**

Psychotherapist, Administrator, CEO, Spiritual Guide, etc.

**Intrapersonal Characteristics:**

- People with intrapersonal intelligence are adept at looking inward and figuring out their own feelings, motivations and goals. They are quintessentially introspective. (characteristically thoughtful) They are Self-aware. They analyse themselves and seek understanding.
- People with intrapersonal intelligence are intuitive and usually introverted. They learn independently and through reflection. They are mostly Interested in self-employment.
- Philosophy, Psychology and Theology are often of interest to people with intrapersonal intelligence. They enjoy journaling because it helps them learn about themselves.
- They are also good at helping others understand themselves. They are able to predict the reactions of themselves and others.

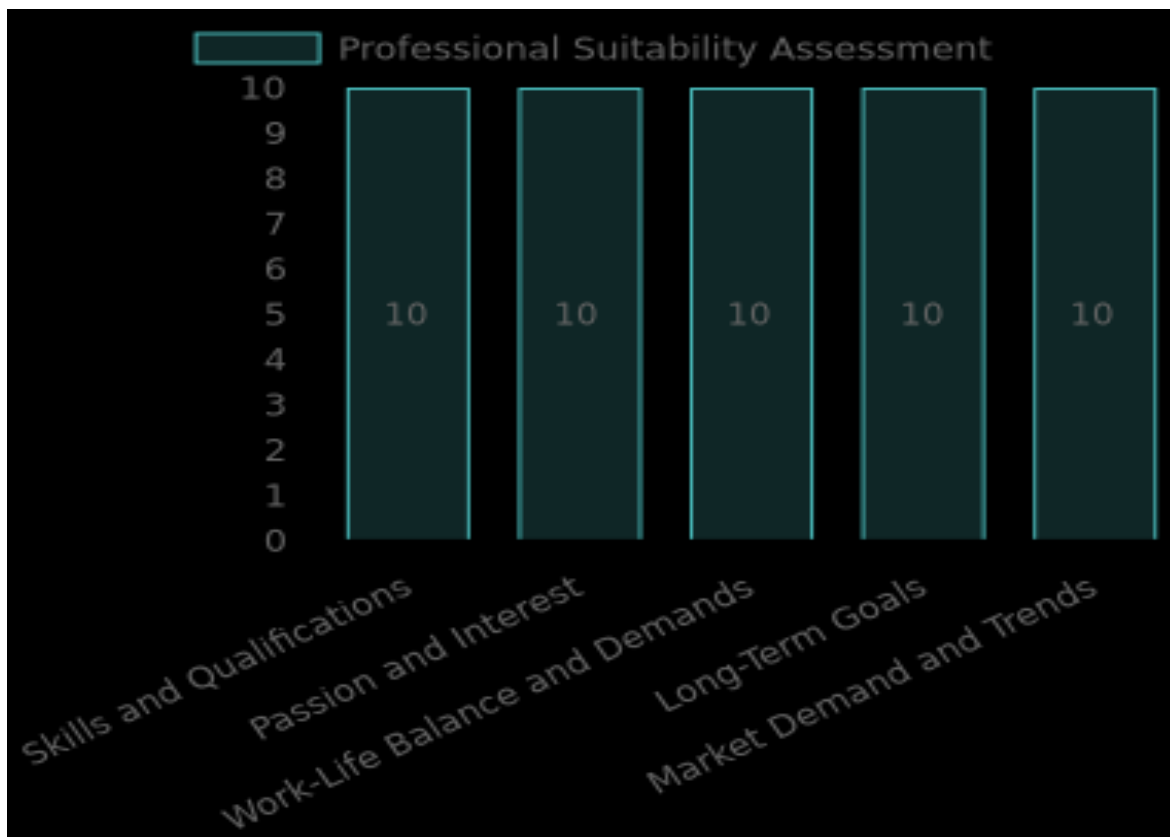
## Career Priority List



1. Photographer/ Cinematographer
2. Mechanical Engineer
3. Sales/ Customer Service Professional
4. CEO
5. Coach /Mentor
6. Farmer
7. Lawyer
8. Teacher/ Professor
9. Chef
10. Scientist/ Inventor/ Researcher



## 2. PROFESSIONAL SUITABILITY ASSESSMENT



# PROFESSIONAL SUITABILITY ASSESSMENT

## Skills and Qualifications:

**Score :** 10 ( Category: Outstanding )

**Feedback:**

Your skills and qualifications are not only impressive but also a perfect match for this profession. Your expertise is a strong asset that will set you on a path to excel and make a significant impact.



## Passion and Interest:

**Score :** 10 ( Category: Outstanding )

**Feedback:**

Your passion and interest for this profession are palpable and infectious. Your enthusiasm is a driving force that will keep you motivated and fulfilled in your career journey.



## Work-Life Balance and Demands:

**Score :** 10 ( Category: Outstanding )

**Feedback:**

Your understanding and acceptance of the work-life balance and demands of this profession are exceptional. Your realistic approach positions you to manage responsibilities effectively while maintaining well-being.



# PROFESSIONAL SUITABILITY ASSESSMENT

## Long-Term Goals:

**Score :** 10 ( Category: Outstanding )

**Feedback:**

Your long-term goals seamlessly align with this profession, and your vision for your career's trajectory is both compelling and achievable.



## Market Demand and Trends:

**Score :** 10 ( Category: Outstanding )

**Feedback:**

Your awareness of market demand and trends is exceptional, and your strategic insights are invaluable in positioning yourself for long-term success.



### 3. INTEGRITY ASSESSMENT

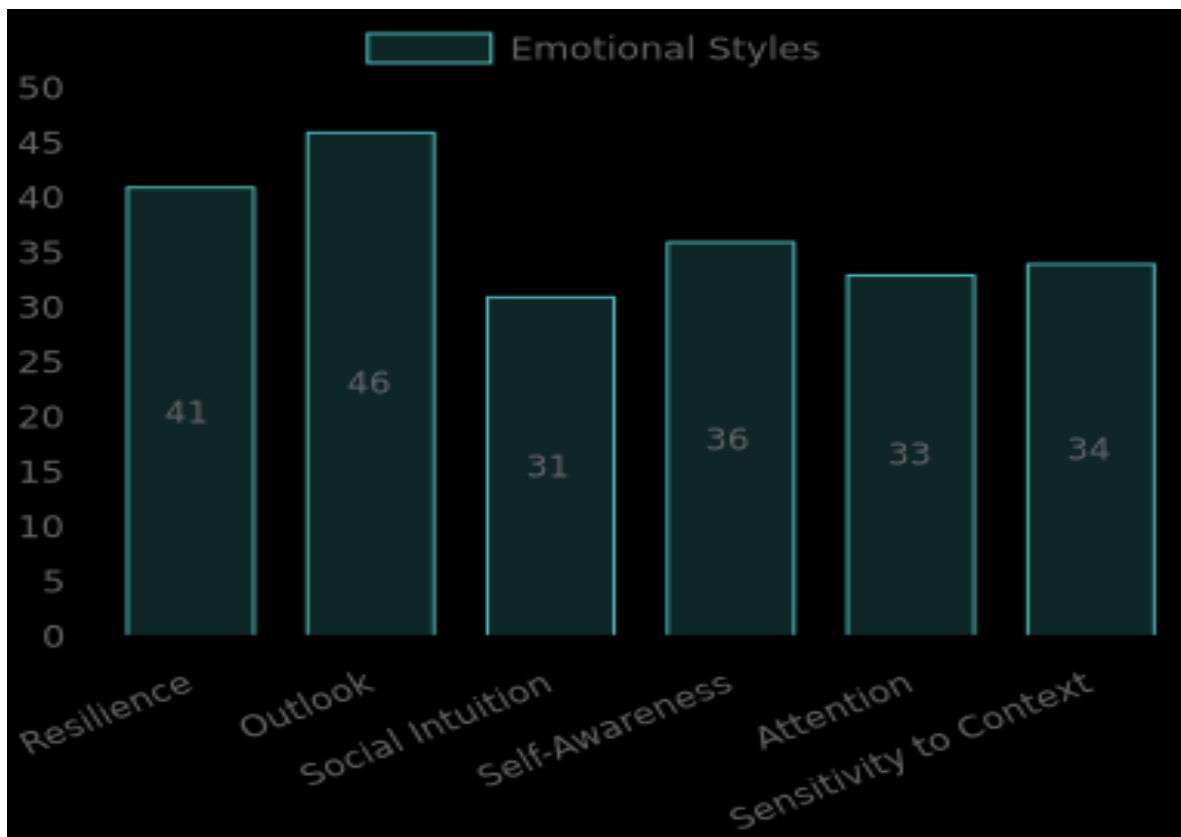


**Score:** 43 ( Category: Excelling )

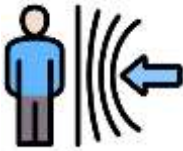
**Feedback:**

Your integrity assessment score indicates a strong dedication to ethical behaviour. You generally make choices that align with your values, and your actions demonstrate a commitment to doing what is right. Your solid ethical foundation is evident in your interactions and decision-making.

## 4. EMOTIONAL STYLES



# EMOTIONAL STYLES



## Dimension I - Resilience

**Score:** 41 ( Category: Excelling )

**Interpretation:**

Well done! Your total score reflects a strong level of resilience. You possess effective strategies for managing adversity and maintaining composure in the face of challenges. With continued nurturing of your resilience skills, you'll be even better equipped to overcome obstacles and thrive.

## Dimension 2 - Outlook



**Score:** 46 ( Category: Outstanding )

**Interpretation:**

Congratulations! Your total score indicates an exceptional outlook on life. Your perspective is overwhelmingly positive, and you approach challenges with resilience and optimism. Your mindset is a powerful asset that can lead to profound achievements and fulfilment.



# EMOTIONAL STYLES



## Dimension 3 - Social Intuition

**Score:** 31 ( Category: Competing )

**Interpretation:**

Your total score suggests a good level of social intuition. You're attuned to social dynamics, although there's room for deeper understanding. By honing your skills and being attentive to nonverbal cues, you'll enhance your social interactions.

## Dimension 4 - Self-Awareness



**Score:** 36 ( Category: Excelling )

**Interpretation:**

Well done! Your total score reflects a strong level of self-awareness. You have a good grasp of your thoughts and emotions, and you're proactive in understanding how they influence your actions. With ongoing reflection and refinement, you'll continue to thrive.

# EMOTIONAL STYLES



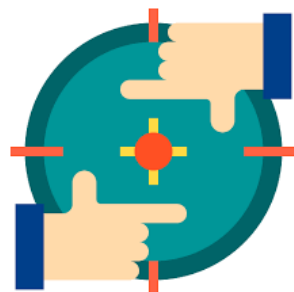
## Dimension 5 - Sensitivity to Context

**Score:** 34 ( Category: Competing )

**Interpretation:**

Your total score suggests an adequate level of sensitivity to context. You are beginning to recognize the influence of context on different scenarios. By further honing this skill, you can increase your adaptability and understanding.

## Dimension 6 -Attention

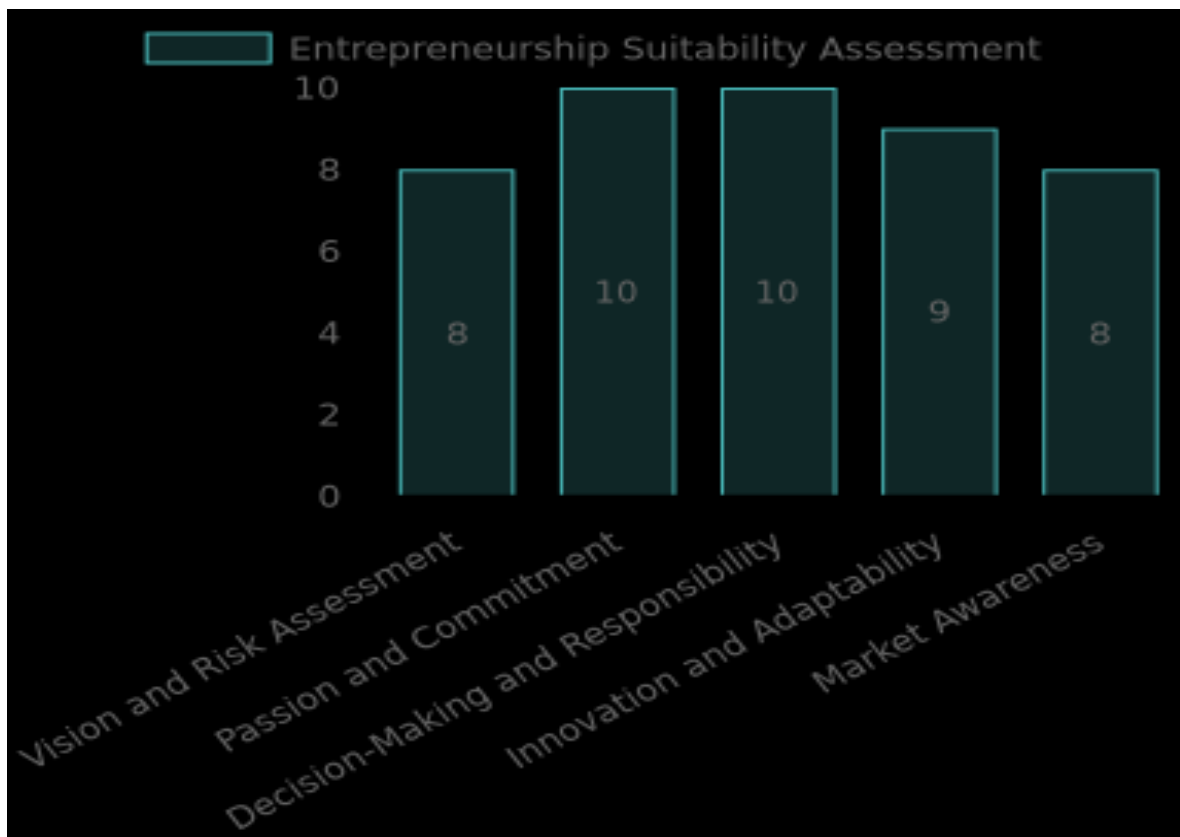


**Score:** 33 ( Category: Competing )

**Interpretation:**

Your total score suggests good attention skills. You possess a reasonable ability to focus on tasks, and with intentional effort, you can further refine your attention to detail and task persistence. Practice and mindfulness can help you excel.

## 5. ENTREPRENEURSHIP SUITABILITY



# ENTREPRENEURSHIP SUITABILITY

## Vision and Risk



**Score:** 8 ( Category: Outstanding )

**Interpretation:**

You have a clear vision for your entrepreneurial endeavors and are comfortable with taking calculated risks.

## Passion and Commitment



**Score:** 10 ( Category: Outstanding )

**Interpretation:**

Your passion for your business idea is palpable, and your commitment is unwavering.



## ENTREPRENEURSHIP SUITABILITY

### Decision-Making and Responsibility

**Score:** 10 ( Category: Outstanding )

**Interpretation:**

You're confident in making important decisions and fully embracing responsibility.



## Innovation and Adaptability

**Score:** 9 ( Category: Outstanding )

**Interpretation:**

You're highly innovative and adaptable, eager to embrace new ideas and changes.



# ENTREPRENEURSHIP SUITABILITY

## Market Awareness

**Score:** 8 ( Category: Outstanding )

**Interpretation:**

Your understanding of the market, customers, and competitors is exceptional.



## 6. WORK-LIFE BALANCE





## WORK-LIFE BALANCE

### Time Management

**Score:** 15 ( Category: Excelling )

**Interpretation:**

You're doing well, but there's room for improvement in managing your time for better balance.

### Boundaries and Communication



**Score:** 16 ( Category: Excelling )

**Interpretation:**

You're on the right track, but enhancing boundaries and communication can optimize your balance.



## WORK-LIFE BALANCE

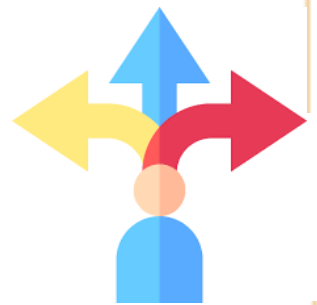
### Well-being and Self-Care

**Score:** 14 ( Category: Excelling )

**Interpretation:**

You're doing well, but further commitment to well-being and self-care can lead to even better balance.

## Flexibility and Adaptability



**Score:** 16 ( Category: Excelling )

**Interpretation:**

Enhancing flexibility and adaptability will ensure a smoother transition between work and personal commitments.



## WORK-LIFE BALANCE

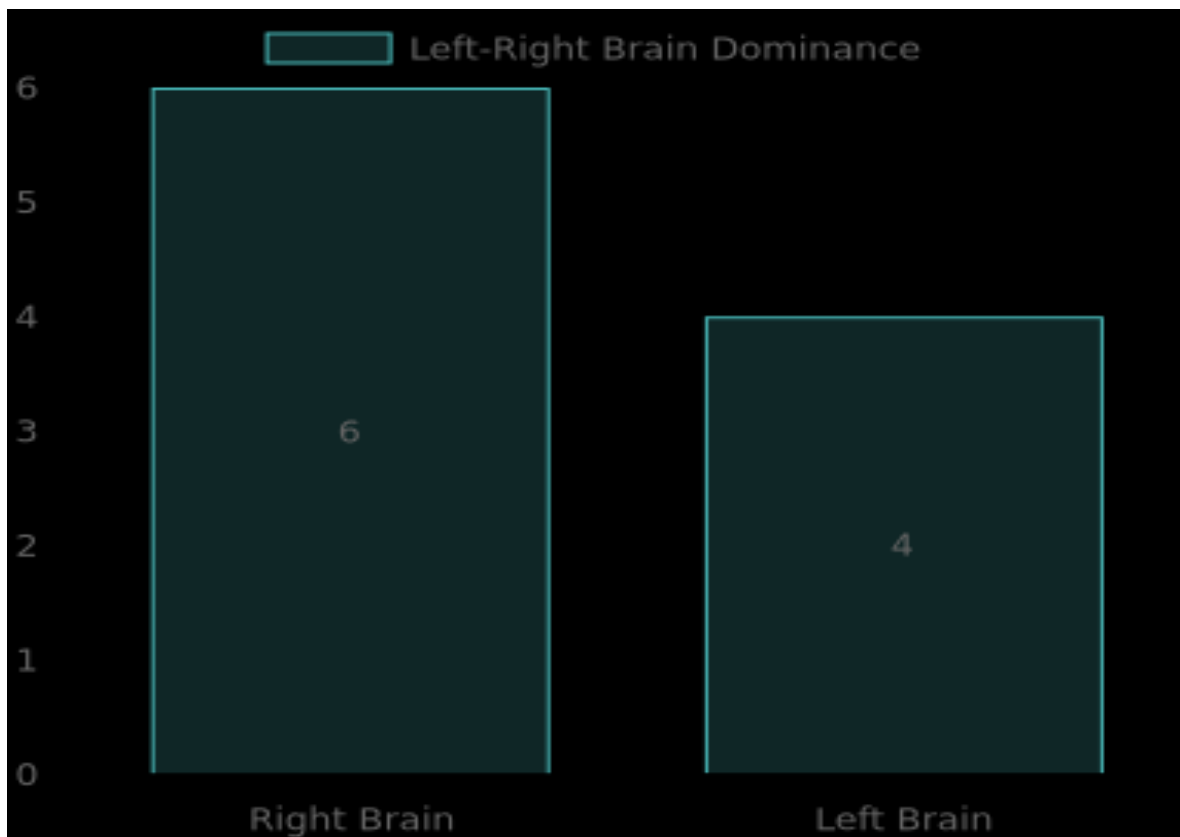
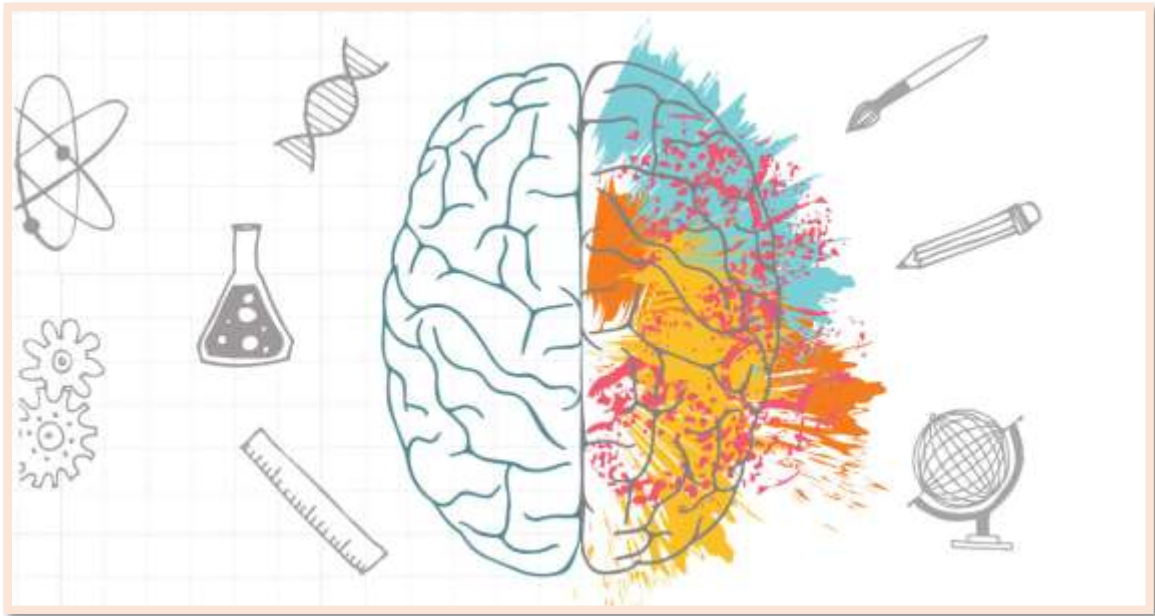
### Relationships and Fulfilment

**Score:** 15 ( Category: Excelling )

**Interpretation:**

You're doing well, but nurturing relationships and personal interests further will enhance your balance.

## 7. RIGHT-LEFT BRAIN DOMINANCE



# RIGHT-LEFT BRAIN DOMINANCE



## Left Brain Dominance:

**Score :** 4 ( Category: Developing Dominance )

**Feedback:**

Analytical Thinking: Some logical problem-solving skills.

Language Skills: Adequate verbal communication and grammar.

Math and Logic: Basic comfort with numbers and reasoning.

Structured Planning: Can organize tasks and set goals.

Sequential Processing: Follows linear sequences with effort.



## Right Brain Dominance:

**Score :** 6 ( Category: Developing Dominance )

**Feedback:**

Creativity: Some ability for imaginative and original thinking.

Visual Perception: Adequate sensitivity to shapes and colors.

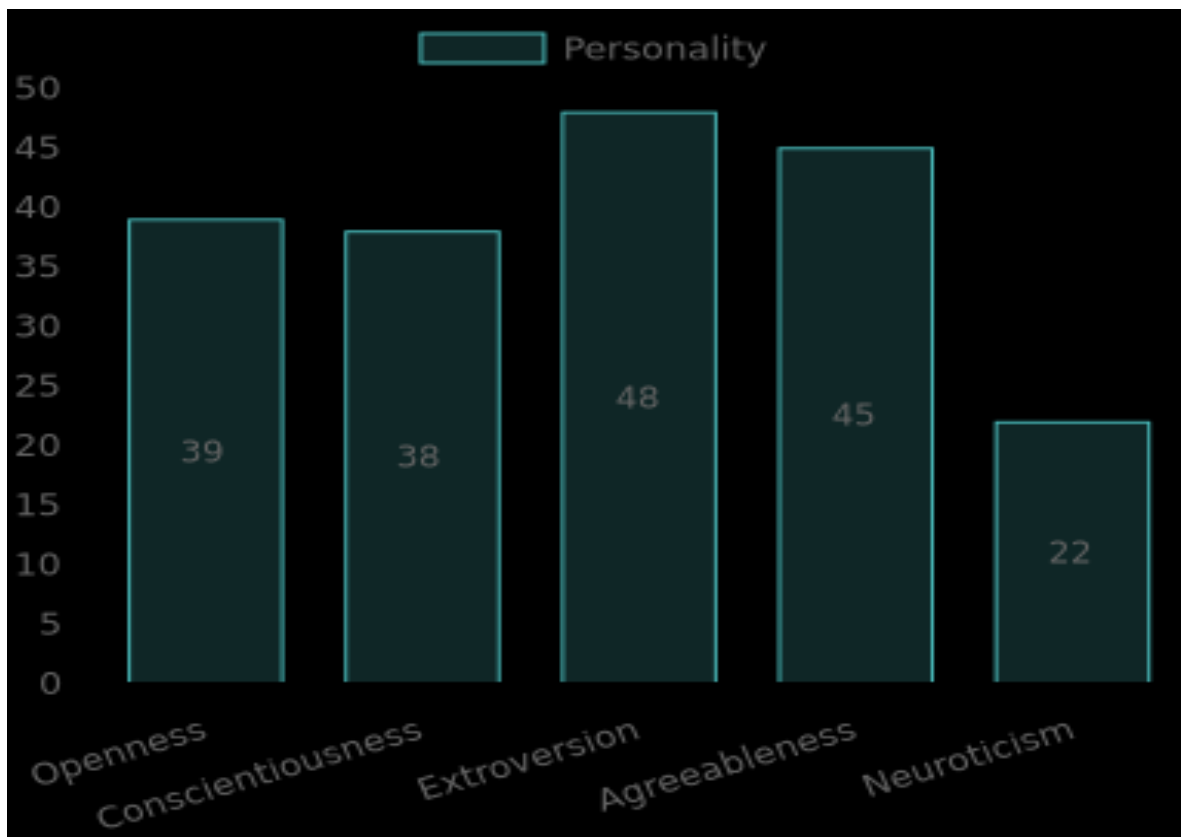
Intuition: Beginning to rely on instincts and hunches.

Holistic Thinking: Can grasp the bigger picture and make connections.

Artistic Abilities: Basic skills in artistic expression.



## 8. PERSONALITY TRAITS DOMINANCE



# PERSONALITY TRAITS DOMINANCE

## 1 Extroversion:



**Score :** 48 ( Category: Outstanding )

### **Feedback:**

Your extroversion is a dominant trait, and you are naturally drawn to social interactions. You derive energy and excitement from engaging with others, often taking on leadership roles.

**Possible Personality Type:** Possible Personality Type: Extroverted, Enthusiastic, Charismatic

### **Career Options:**

Seek roles that require extensive networking, public speaking, and leading groups. Sales management, event coordination, public speaking, or entrepreneurship could be highly fulfilling paths for you.



## 2 Agreeableness:

**Score :** 45 ( Category: Outstanding )

### **Feedback:**

Your high agreeableness is a standout trait, highlighting your commitment to harmony and cooperation. You excel at fostering positive environments and nurturing connections with others.

**Possible Personality Type:** Possible Personality Type: Compassionate, Empathic, Harmonious

### **Career Options:**

Seek roles where interpersonal skills are paramount. Humanitarian work, social services, counseling, or leadership positions that require team building and conflict resolution could be well-suited to your personality.

## PERSONALITY TRAITS DOMINANCE

### 3 Conscientiousness:



**Score :** 38 ( Category: Excelling )

**Feedback:**

Your conscientious tendencies are noticeable, and you value structure, planning, and goal attainment. You tend to be reliable, detail-oriented, and committed to your tasks.

**Possible Personality Type:** Possible Personality Type: Dependable, Detail-Focused, Goal-Driven

**Career Options:**

Pursue roles that require precision, organization, and meticulousness. Accounting, quality control, data management, or executive assistance could be well-aligned with your personality.

### 4 Neuroticism:



**Score :** 22 ( Category: Competing )

**Feedback:**

Your emotional responses are generally balanced, with occasional fluctuations in response to stressors. You exhibit a healthy range of emotional expression and are capable of managing moderate stress. professions may resonate with your abilities.

**Possible Personality Type:** Possible Personality Type: Stable, Flexible, Self-Aware

**Career Options:**

Look for roles that value emotional intelligence, teamwork, and interpersonal dynamics. Human resources, counseling, teaching, or creative professions may resonate with your abilities.

## PERSONALITY TRAITS DOMINANCE

### 5. Openness :



**Score :** 39 ( Category: Excelling )

**Feedback:**

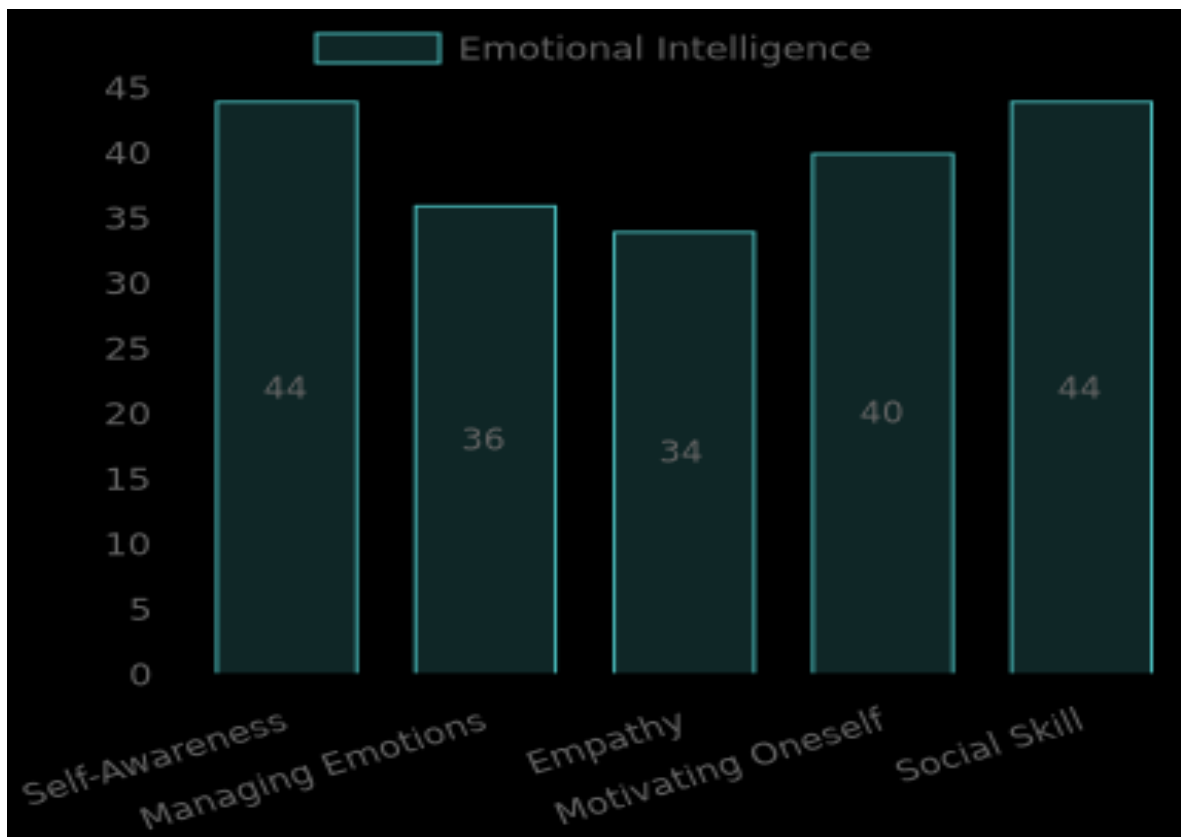
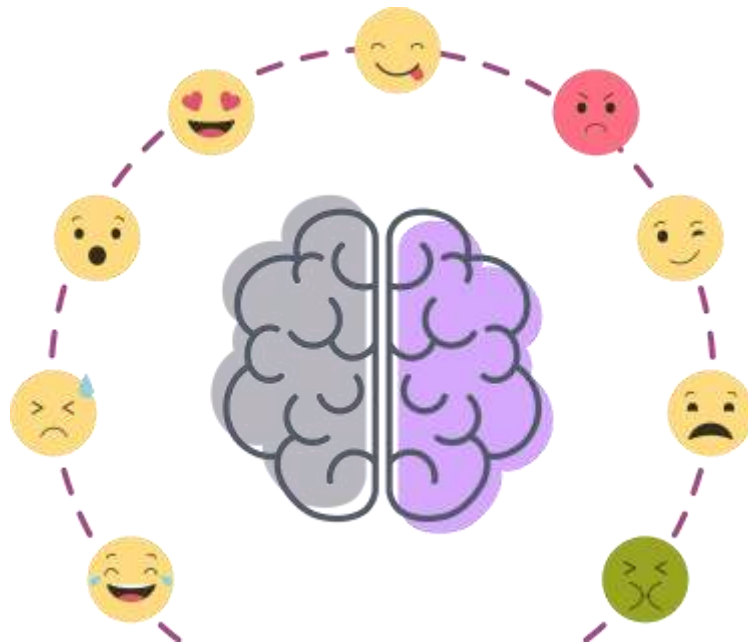
Your open-mindedness and curiosity are evident, as you actively seek out new experiences and ideas. You thrive in dynamic environments and enjoy exploring uncharted territory.

**Possible Personality Type:** Possible Personality Type: Curious, Imaginative, Innovative

**Career Options:**

Pursue roles that emphasize creativity, exploration, and the generation of new ideas. Entrepreneurship, research, creative arts, or roles in emerging technologies may resonate with your disposition.

## 9. EMOTIONAL INTELLIGENCE



# EMOTIONAL INTELLIGENCE



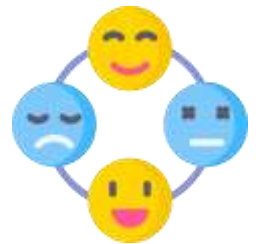
## 1. Self-Awareness

**Score :** 44 ( Category: Excelling )

**Feedback:**

Well done! Your self-awareness is strong, and you have a solid grasp of your emotions and reactions. You are mindful of your strengths and areas for improvement, which allows you to adapt and learn effectively. Your commitment to self-reflection is evident, and it positively impacts your interactions with others. Continue honing your self-awareness—it's a valuable asset that will serve you well in various aspects of life.

## 2. Managing Emotions



**Score :** 36 ( Category: Competing )

**Feedback:**

You're on the right track in managing your emotions, and there's room for growth. You're displaying a moderate level of emotional control, but there's potential to enhance your strategies for coping with stress and handling strong emotions. By further developing your emotional management techniques, you'll be better equipped to navigate situations with greater ease and contribute positively to your personal and professional interactions.

## 3. Motivating Oneself



**Score :** 40 ( Category: Excelling )

**Feedback:**

You possess a very strong ability to motivate yourself. Your determination and commitment to your goals are evident, and you consistently demonstrate a proactive attitude towards challenges. Your ability to stay focused and maintain a positive mindset greatly contributes to your achievements. Continue harnessing your inner drive and using it to overcome obstacles, as it is a key factor in your continued success.

# EMOTIONAL INTELLIGENCE

## 4. Empathy



**Score :** 34 ( Category: Competing )

**Feedback:**

You possess a moderate level of empathy, indicating that you are attuned to the emotions of others to some extent. As you continue to develop this skill, you can further enhance your ability to connect with people on an emotional level. By actively listening and demonstrating understanding, you'll strengthen your relationships and contribute to a more harmonious and empathetic environment.

## 5. Social Skill



**Score :** 44 ( Category: Excelling )

**Feedback:**

Your social skills are well-developed, and you exhibit a high degree of effectiveness in your interactions with others. You are adept at understanding and responding to people's emotions, which enables you to build rapport and connect on a deeper level. Continue honing your social skills, and you'll likely find that your positive and empathetic approach enhances both your personal and professional relationships.

# 10. LEARNING STYLE





# LEARNING STYLE

## 1. Visual



**Score :** 24 ( Category: High )

### **Feedback:**

Visual learning is a powerful tool for you, and you thrive when presented with visual materials. Diagrams, graphs, and visual representations significantly contribute to your understanding and memory retention. Leveraging visual aids in your learning process can lead to exceptional results.



## 2. Auditory

**Score :** 22 ( Category: Moderate )

### **Feedback:**

If you have a moderate preference for auditory learning, you maintain a balanced approach to learning by appreciating both auditory explanations and other methods. Your capacity to engage in productive discussions and actively listen to lectures is an asset. To further enhance your learning experience, utilize visual aids when appropriate to complement your auditory learning style and reinforce your understanding of complex concepts.

## 3. Kinaesthetic

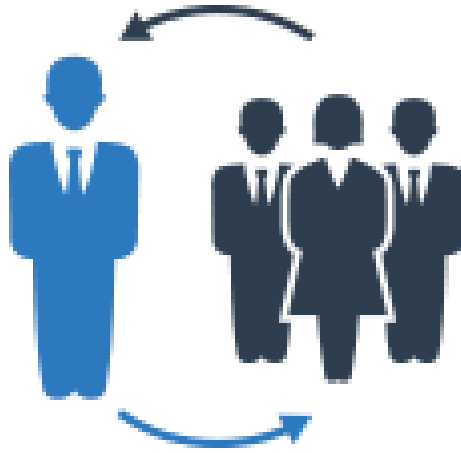


**Score :** 23 ( Category: Moderate )

### **Feedback:**

You have a balanced approach to learning, valuing both hands-on experiences and other methods. Practical applications, experiments, and physical engagement support your learning style. Integrating kinesthetic methods with visual and auditory aids can lead to comprehensive understanding.

## 11. LEADERSHIP SKILLS



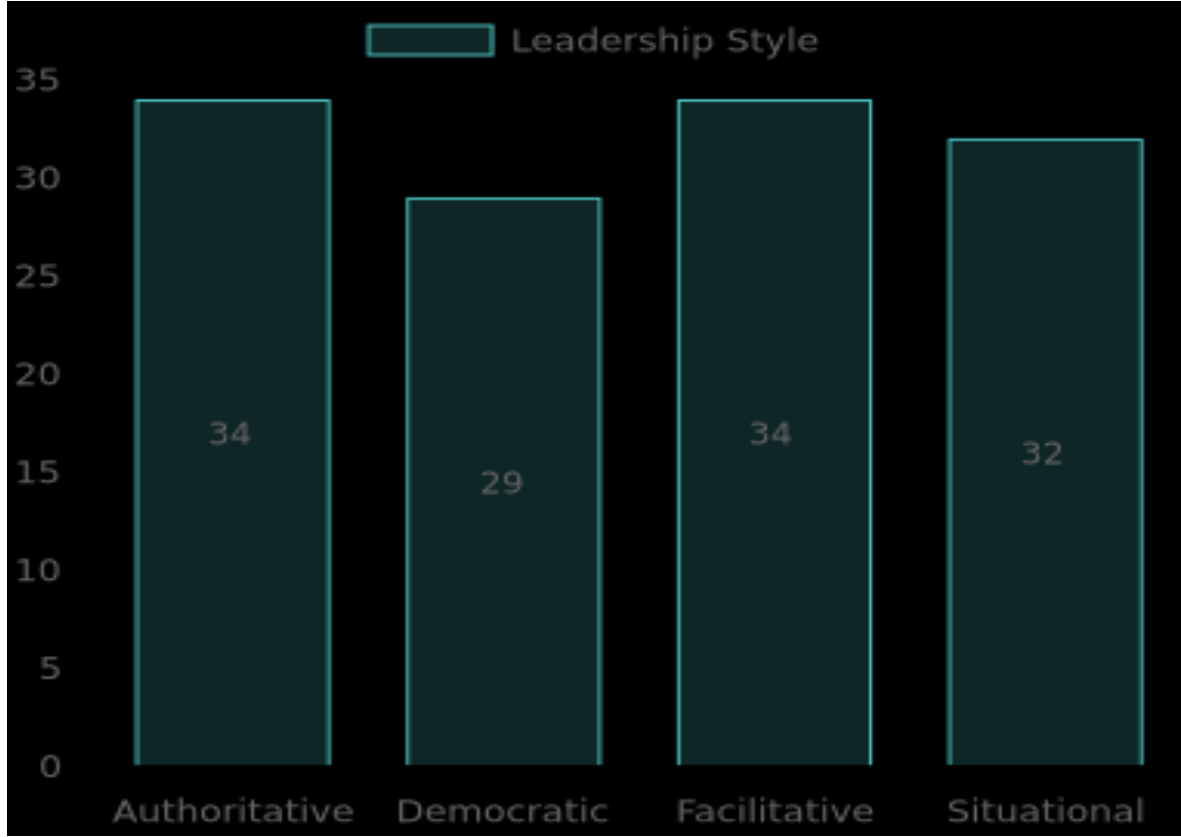
### Leadership Skills

**Score :** 77 ( Category: Excelling )

### Feedback:

Well done! Your leadership skills are solid and reliable. You exhibit a good balance between guiding your team and fostering collaboration. There's room for growth, but your communication and management abilities are effective in achieving team goals. Keep refining your leadership techniques to elevate your impact and ensure continued growth.

## 12. LEADERSHIP STYLE



# LEADERSHIP STYLE

## Authoritative



**Score :** 34 ( Category: Exceptional Mastery )

**Feedback:**

Congratulations! Your high score within this range indicates a mastery of the authoritative leadership style. You excel at providing a clear vision, making confident decisions, and motivating your team to achieve exceptional results. Your balanced approach between being directive and open to feedback creates an atmosphere of trust and empowerment. Continue to serve as a role model for other leaders by consistently leading with purpose, empathy, and a strong sense of direction.



## Democratic

**Score :** 29 ( Category: Strong Proficiency )

**Feedback:**

Your score in this range suggests a strong dedication to democratic leadership principles. Your ability to foster an environment of trust and mutual respect greatly benefits your team's dynamics. By valuing team members' expertise and involving them in decision-making, you create a sense of shared purpose. This can lead to increased creativity, better problem-solving, and a more cohesive team overall.

# LEADERSHIP STYLE



## Facilitative

**Score :** 34 ( Category: Exceptional Mastery )

**Feedback:**

Congratulations! Your high score in this range signifies mastery of the facilitative leadership style. Your adeptness at facilitating group dynamics, fostering open dialogue, and collectively arriving at well-informed decisions is truly commendable. Your team likely experiences a high level of trust, and your leadership approach empowers them to take ownership of their work. Continue being an exemplar of facilitative leadership by consistently promoting collaboration, empathy, and mutual understanding.



## Situational

**Score :** 32 ( Category: Exceptional Mastery )

**Feedback:**

Congratulations! Your high score within this range indicates mastery of the situational leadership style. Your ability to flexibly adapt your leadership behaviours based on individual and situational factors is commendable. You likely create an environment in which each team member feels supported and empowered to succeed. Continue to lead by example, fostering a culture of continuous learning and adaptation as you guide your team toward excellence.

### 13. PARENTING STYLE



# PARENTING STYLE

## Authoritarian



**Score :** 15 ( Category: Progressing )

**Feedback:**

Your parenting style falls into the moderate authoritarian category. You provide some structure and rules for your child, but you also give them room for individuality and autonomy. This balanced approach can be effective in teaching responsibility and discipline while allowing your child to explore their interests. Continue to monitor and adjust your parenting style to meet your child's evolving needs.



## Authoritative

**Score :** 39 ( Category: Excelling )

**Feedback:**

Your parenting style falls into the very high authoritative category, indicating that you prioritize clear boundaries, communication, and emotional support. Your approach is highly effective in promoting your child's well-being, self-esteem, and autonomy. Continue to provide a nurturing and empowering environment while remaining open to your child's changing needs and perspectives.

# PARENTING STYLE

## Permissive



**Score :** 28 ( Category: Competing )

**Feedback:**

Your parenting style falls into the high permissiveness category. You tend to be lenient and permissive, allowing your child a great deal of freedom and autonomy. While this approach can foster independence, it's essential to ensure that there are clear boundaries and expectations in place to promote responsible behaviour and learning.



## Uninvolved

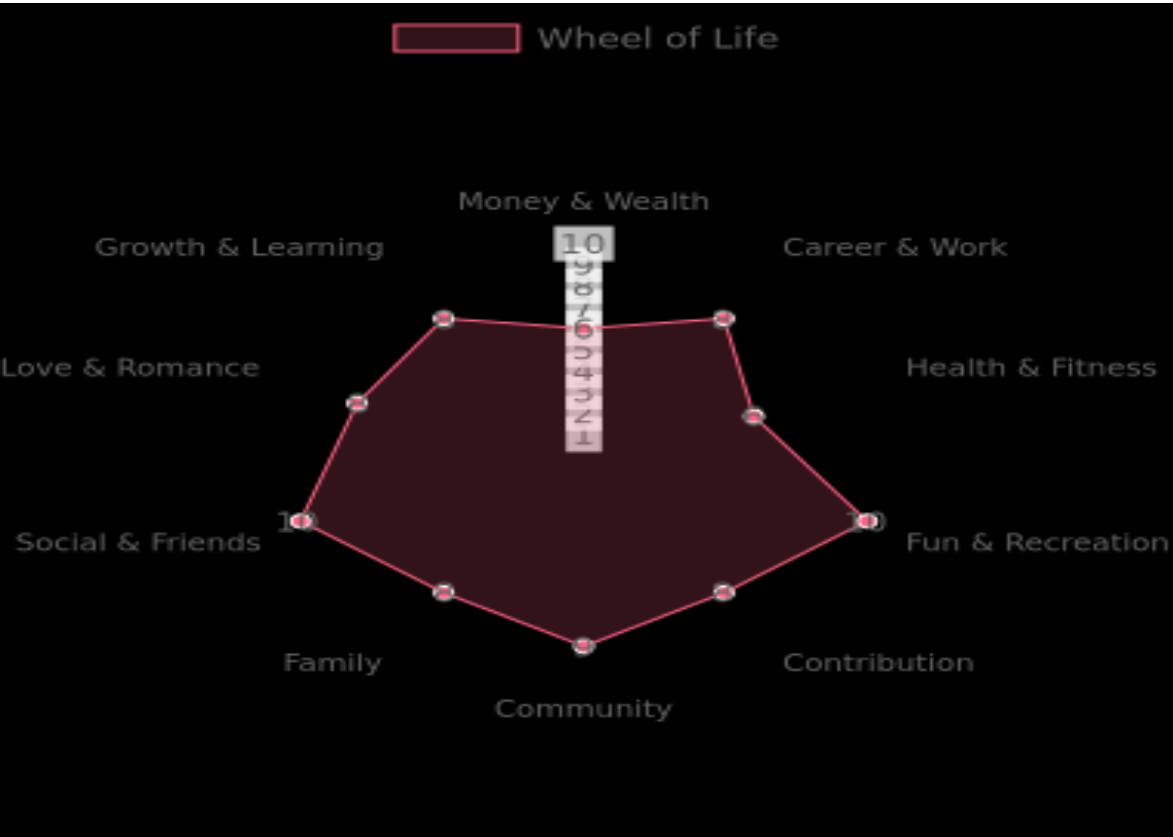
**Score :** 19 ( Category: Progressing )

**Feedback:**

Your parenting style falls into the moderate uninvolved category. While you are somewhat involved, there is room for improvement in terms of providing emotional support and guidance. Strive to become more engaged in your child's life, showing interest in their interests and concerns, and being present when they need you.



# 14. WHEEL OF LIFE WELLNESS DIMENSIONS



# WHEEL OF LIFE: WELLNESS DIMENSIONS

## Feedback:

Score :

### Money & Wealth:

There is room for improvement in your financial management. While you're making efforts to manage your money, there are areas that could benefit from further attention. Consider refining your budget, exploring ways to increase your income, and seeking avenues for smart investments. By enhancing your financial discipline and continuing to learn about effective money management, you can work towards a more secure financial future.

6/10  
(Room for Improvement)

### Career & Work:

Your performance in your career and work is above average, falling within the higher percentage range. You're making valuable contributions and have a solid understanding of your role. Consider continuing to refine your skills and seek out growth prospects.

8/10  
(Average)

### Health & Fitness:

There is room for improvement in your health and fitness practices. While you're making an effort, there's potential to enhance your routines. Aim to establish consistent exercise habits, improve your diet, and prioritize self-care to elevate your overall health.

6/10  
(Room for Improvement)

# WHEEL OF LIFE: WELLNESS DIMENSIONS

## Feedback:

Score :

### Fun & Recreation:

Your commitment to fun and recreation is outstanding. You consistently make time for activities that bring you joy. Your approach to balance is commendable. Keep exploring new ways to have fun and embrace your well-rounded approach to life.

10/10  
(Above Average)

### Contribution:

Your level of contribution is above average. You're making commendable efforts to give back and contribute to the well-being of others and your community.

8/10  
(Average)

### Community:

Your commitment to your community is outstanding. You consistently demonstrate a high level of engagement and contribute positively to the well-being of those around you. Your dedication is commendable.

9/10  
(Above Average)

# WHEEL OF LIFE: WELLNESS DIMENSIONS

## Feedback:

## Score :

### Family:

Your involvement with your family is above average. You're making positive contributions, but there's potential for deeper connections and more meaningful interactions.

8/10  
(Average)

### Social & Friends:

Your social interactions and friendships are outstanding. You consistently foster meaningful connections and contribute positively to your social circle. Your ability to connect is commendable.

10/10  
(Above Average)

### Love & Romance:

Your love and romance situation is above average. You're demonstrating a strong commitment and effort in maintaining a healthy romantic relationship.

8/10  
(Average)

### Growth & Learning:

Your dedication to growth and learning is above average. You actively seek ways to expand your horizons, but there's still potential for further development.

8/10  
(Average)

## 15. CYBER DEPENDENCY

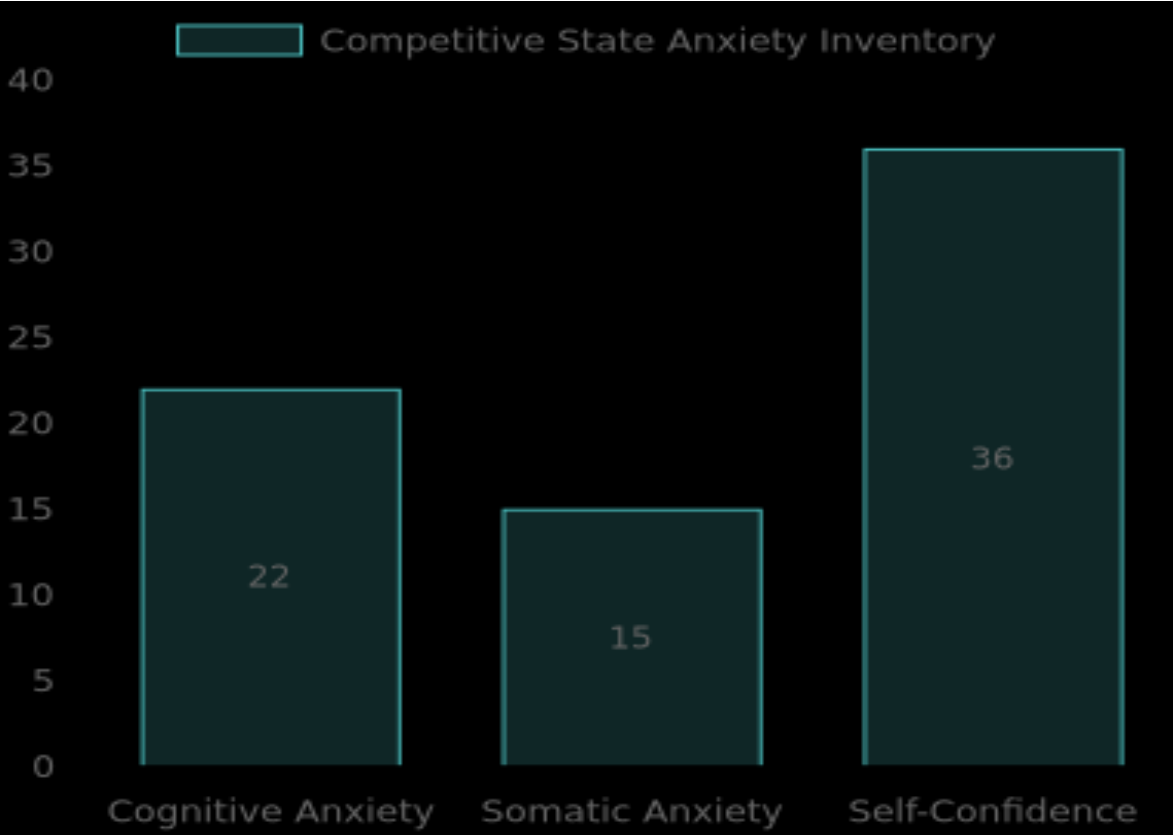


**Score :**44 ( Category: Moderate Dependency )

**Feedback:**

Your cyber dependency score falls within the moderate range. You have a reasonable reliance on digital tools, which is beneficial in many aspects of modern life. Balancing this with offline skills can further enhance your ability to manage disruptions. Consider honing your proficiency in both digital and non-digital solutions for a well-rounded approach.

# 16. COMPETITIVE STATE ANXIETY INVENTORY



# COMPETITIVE STATE ANXIETY

## Cognitive Anxiety



**Score :** 22 ( Category: Moderate )

### Feedback:

Your cognitive anxiety score falls within the moderate range, indicating that you might experience a noticeable level of anxious thoughts and concerns. It's important to remember that anxiety is a common emotion, and many individuals face similar challenges. Consider exploring mindfulness techniques, deep breathing exercises, and cognitive-behavioral strategies to manage and redirect your anxious thoughts, allowing you to regain a greater sense of control over your thinking patterns.

## Somatic Anxiety



**Score :** 15 ( Category: Mild )

### Feedback:

Your score indicates mild somatic anxiety. While you might experience some physical symptoms in response to stress or anxiety, your ability to cope and manage these sensations is admirable. Remember that these bodily sensations are natural reactions, and your capacity to navigate them suggests that you possess valuable skills for maintaining a balanced approach to stress.

## Confidence



**Score :** 36 ( Category: High )

### Feedback:

High Self-Confidence: Congratulations on your high self-confidence! Your self-assured attitude and belief in yourself are powerful assets. Continue to tackle challenges with your optimistic outlook and embrace new opportunities. Remember, your confidence not only influences your actions but also inspires those around you.



### ***Disclaimer***

The information provided in this analysis belongs to its owner only. In case of a minor, the rights of information are with his legal guardian. The content of this analysis is only for reference, based on the scientific research in the field of psychology and statistical study conducted based on the psychometric tests and counselling session. The decision to follow any instruction, advise, suggestion or recommendation completely depends upon you and you will be solely responsible for the consequences of the same. We as an organization or any of its representatives are not responsible for any consequences under any circumstance. Before taking any crucial decision, please refer to a professional counsellor. The results are only indicative and the company or any authorized representative of the company shall in no case be liable for failure in any particular course of study or activity recommended in the report or any important decisions taken based on this report. Thus, it should not be used as a standalone instrument for any important decision-making. The accuracy of test results may be influenced by the honesty and self-awareness of the participants taking the test.