

# ***Psychometric Tests***

**NEURO-COGNITIVE-EMOTIONAL  
INTELLIGENCE BEHAVIOUR  
COMPETENCY MAPPING**

**REPORT**



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## Development of Psychometric Research

Psychometric tests are based on scientific principles of measurement and aim to provide reliable and valid assessments of human behavior and cognitive abilities.

- **1884:** Sir Francis Galton coined the term "eugenics" and conducted early research on human abilities and traits, which laid the groundwork for the development of psychometric tests.
- **1905:** Alfred Binet and Theodore Simon introduced the Binet-Simon Scale, the first modern intelligence test, to identify children with learning difficulties in French schools.
- **1916:** Lewis Terman adapted and standardized Binet's test, creating the Stanford-Binet Intelligence Scales, which became one of the most widely used intelligence tests in the United States.
- **1939:** David Wechsler developed the Wechsler-Bellevue Intelligence Scale, which measured both verbal and non-verbal abilities and laid the foundation for subsequent Wechsler intelligence tests.
- **1943:** Raymond Cattell introduced the concept of "fluid" and "crystallized" intelligence, contributing to the understanding of human cognitive abilities.
- **1949:** The Myers-Briggs Type Indicator (MBTI), based on Carl Jung's theory of personality, was developed by Isabel Briggs Myers and Katharine Cook Briggs, becoming one of the most widely used personality tests.
- **1950:** Hans Eysenck developed the Eysenck Personality Questionnaire, contributing to the study of personality traits and dimensions.
- **1961:** Raymond Cattell introduced the concept of "fluid" and "crystallized" intelligence, contributing to the understanding of human cognitive abilities.
- **1962:** The Minnesota Multiphasic Personality Inventory (MMPI) was revised by Starke R. Hathaway and J.C. McKinley, becoming a widely used tool in clinical and research settings.
- **1983:** Howard Gardner published his groundbreaking book "Frames of Mind: The Theory of Multiple Intelligences," where he introduced the concept of multiple intelligences.
- **1985:** Daniel Goleman introduced the concept of Emotional Intelligence (EI), paving the way for the development of EI assessments.
- **1995:** The Big Five Personality Traits model gained popularity, focusing on five major personality dimensions: openness, conscientiousness, extraversion, agreeableness, and emotional stability.
- **2003:** The VIA Survey of Character Strengths, based on positive psychology, was developed by Christopher Peterson and Martin Seligman to assess character strengths.
- **2011:** The introduction of web-based and computer-adaptive testing revolutionized psychometric assessments, making them more accessible and efficient.

These milestones represent some key developments in the field of psychometrics, but it's important to note that research and advancements in this area continue to evolve, enhancing the quality and utility of psychometric tests for various purposes.



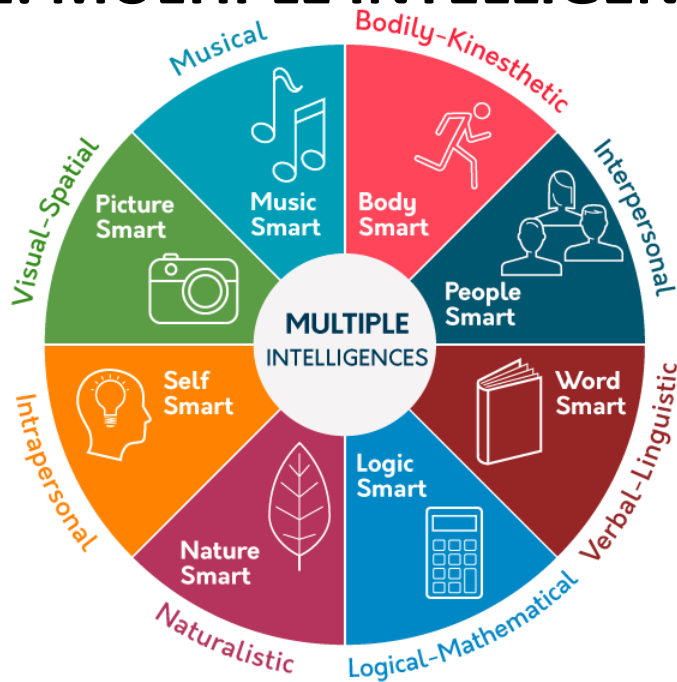
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# 1. MULTIPLE INTELLIGENCE





## MULTIPLE INTELLIGENCE

### 1. Linguistic Intelligence

**Score:** 26 ( Category: Strong Proficiency )

**Feedback:**

Congratulations, your linguistic intelligence falls within the strong proficiency range. You have a solid command of language and can effectively express yourself. Keep refining your skills by exploring different writing styles, experimenting with complex sentence structures, and engaging in advanced language-related activities. Leveraging your linguistic abilities, you could consider pursuing careers in writing, translation, content creation, or public speaking, where your communication skills will be highly valued.

**Career Suggestions:**

Journalist, Public Relations Specialist, Author etc.

**Linguistic Characteristics:**

- People with Linguistic intelligence love words. They enjoy reading and writing.
- Linguistic people are often gifted at learning languages. They appreciate the complexities of sentence structure, word structure, meaning and sound. They relish complicated words and are quick at learning them. They possess rich vocabularies.
- School is an area in which people with Linguistic intelligence often do well. They enjoy lectures and taking notes. They also have the ability to teach others and communicate complex concepts.
- People with Linguistic intelligence is adept at communicating through the written word and seek to enhance their skills.
- They're Good at editing, love playing with words, always share thoughts on what they read, never forget a good quote, and have a blast with foreign languages.



## 2 Logical/Mathematical Intelligence

**Score:** 29 ( Category: Strong Proficiency )

**Feedback:**

Congratulations, your logical/mathematical intelligence falls within the strong proficiency range. Your ability to analyze patterns, make connections, and solve intricate problems is impressive. Keep challenging yourself by tackling advanced mathematical concepts, exploring formal logic, and delving into fields such as computer science, engineering, or mathematics. Your strong logical/mathematical skills open doors to careers that involve data analysis, research, software development, and strategic planning.

**Career Suggestions:**

Data Scientist, Doctor, Software Developer, Financial Analyst, Operations Research Analyst, etc.

**Logical Characteristics:**

- People with Logical intelligence process information through logic and reason. They are attracted to investigation by means of the scientific method.
- They do well with quantitative methods that rely on the researcher's ability to observe and reach a verifiable conclusion.
- They dislike unclear assumptions and subjective analysis. Instead, they trust hard facts and numerical data. They seek accuracy and precision in their learning and work. Their mind is complex and works like a computer. They are good at strategy games.
- Logical Intelligence thrives on mathematical models, measurements, abstractions and complex calculations.



**Picture Smart**

### 3 Visual/Spatial Intelligence

**Score:** 33 ( Category: Exceptional Mastery )

**Feedback:**

Exceptional! Your Visual/Spatial intelligence score places you in the highest category of mastery. Your ability to perceive, manipulate, and interpret visual and spatial information is outstanding. You have the potential to excel in fields that demand advanced visual thinking and spatial reasoning, such as architecture, industrial design, fine arts, 3D modelling, or even scientific research involving complex visual data analysis. Your extraordinary talents in this domain provide a strong foundation for pursuing a rewarding and impactful career.

**Career Suggestions:**

Architectural Visualization Specialist, Industrial Design Manager, Fine Artist, 3D Modeler/Animator, Scientific Visualization Specialist, etc.

**Visual/Spatial Characteristics:**

- People with Visual/Spatial intelligence are very aware of their surroundings and are good at remembering images. They have a keen sense of direction and often enjoy maps. They have a sharp sense of space, distance and measurement.
- People with Visual intelligence learn well through visual aids such as graphs, diagrams, pictures and colourful displays.
- They usually enjoy visual arts such as drawing, painting and photography. They can visualize anything related to art, fashion, decoration and culinary design before creating it.



## 4 Interpersonal Intelligence



**Score:** 31 ( Category: Exceptional Mastery )

**Feedback:**

Exceptional! Your interpersonal intelligence score places you in the highest category of mastery. You have a remarkable talent for connecting, understanding, and influencing others. Your ability to build relationships, inspire teamwork, and navigate complex social dynamics is exceptional. Consider careers in fields such as psychology, coaching, mentoring, diplomacy, or executive leadership, where your exceptional interpersonal skills can drive meaningful change and success.

**Career Suggestions:**

Psychologist, Executive Leadership, Diplomat, Leadership Coach, etc.

**Interpersonal Characteristics:**

- People with Interpersonal intelligence is Extroverted, thrive with social interaction. They are gifted at establishing rapport with strangers and make friends easily. They are adept at reading, empathizing and understanding others.
- People with Interpersonal intelligence work well with others and often have many friends. They are masters at collaboration.
- Interaction, dialogue and lively discussions are ways in which people with Interpersonal intelligence learn. They are enthusiastic and lively, enjoy social events. Others often seek them out for advice, help and comfort. They are good at making others feel welcome and often reach out to outsiders. They are inclusive of others. The more the merrier.



Music Smart

### 5 Musical Intelligence

**Score:** 29 ( Category: Strong Proficiency )

**Feedback:**

Congratulations, your musical intelligence falls within the strong proficiency range. You have a solid foundation in understanding and creating music. To continue advancing, consider formal music training, learning advanced techniques on your chosen instrument, and exploring composition. Your developed musical intelligence could lead to opportunities in music performance, teaching, music therapy, or even music production, where your ability to understand and convey emotions through music is highly valuable.

**Career Suggestions:**

Professional Musician, Music Teacher (Intermediate/Advanced Levels), Music Producer, etc.

**Musical Characteristics:**

- People with Musical intelligence recognize sounds and tones with ease. They appreciate music and rhythm. They have a “good ear” for music and can easily learn and memorize songs and melodies. They notice when someone is singing off-key. People with musical intelligence are good at imitating sounds or other people’s voice or intonation and enjoys different sounds.
- Rhythm and music can be a way for them to memorize concepts. Some people with musical intelligence are especially gifted at composing, singing or playing an instrument. They are talented with instruments. They often have a song running through their head, whistles or taps foot. They often learn well through lectures since they are highly auditory.

## 6 Naturalistic Intelligence



Nature Smart

**Score:** 32 ( Category: Exceptional Mastery )

**Feedback:**

Exceptional! Your naturalistic intelligence score places you in the highest category of mastery. Your profound understanding of the natural world sets you apart. Consider pursuing careers as a botanist, ecologist, wildlife biologist, or environmental consultant, where your expertise can contribute to significant contributions in the fields of conservation and sustainability. Your ability to observe, analyze, and interpret the intricacies of the environment is truly remarkable.

**Career Suggestions:**

Botanist, Wildlife Biologist, Environmental Consultant, Ecological Researcher, etc.

**Naturalistic Characteristics:**

- People with Naturalist intelligence have a sensitivity to and appreciation for nature. The Naturalist intelligence focuses on how people relate to their natural surroundings.
- Naturalists have a special ability to grow plants, vegetables and fruit. They have an affinity for animals and are good at training and understanding them.
- Naturalists can easily distinguish patterns in nature. They are aware of and intrigued by weather phenomena. They are good at discovering the wonders of nature.
- Naturalists love to walk, climb, camp and trek. They enjoy the outdoors.
- People with Naturalist intelligence is inspired and rejuvenated by nature.



## 7 Body/Kinaesthetic Intelligence

**Score:** 38 ( Category: Exceptional Mastery )

**Feedback:**

Exceptional! Your Body/Kinesthetic intelligence dominance places you in the highest category of mastery. Your ability to use your body effectively is extraordinary and can open up numerous opportunities. You might consider pursuing careers in professional sports, dance choreography, physical therapy, or any creative field that requires intricate physical movement. Your expertise in kinesthetic intelligence can lead to innovative approaches to problem-solving, performance, and physical expression.

**Career Suggestions:**

Olympic Athlete, Physical Therapy Specialist, Stunt Performer, etc.

**Kinesthetic Characteristics:**

- People with Kinaesthetic intelligence learn through movement and experimentation. They enjoy sports and activities that require physical exertion and mastery.
- Some Kinaesthetic people enjoy the artistic side of movement such as dance or any kind of creative movement. They enjoy acting and performing in front of an audience.
- People with Kinaesthetic intelligence is Well-coordinated, enjoy building things and figuring out how things work. They like to use their hands and are very active. They have excellent motor skills and coordination. They are very physical and are keenly aware of their bodies.

## 8 Intrapersonal Intelligence



**Self Smart**

**Score:** 28 ( Category: Strong Proficiency )

**Feedback:**

Congratulations, your intrapersonal intelligence suggests a strong level of self-awareness. You have a solid grasp of your emotions, values, and internal processes. Your ability to navigate your inner world can serve you well in both personal and professional settings. Consider pursuing careers involving coaching, counselling, psychology, or leadership roles where your adept understanding of human behaviour and motivation can significantly impact you.

**Career Suggestions:**

Psychologist, Leadership Coach, Motivational Speaker, etc.

**Intrapersonal Characteristics:**

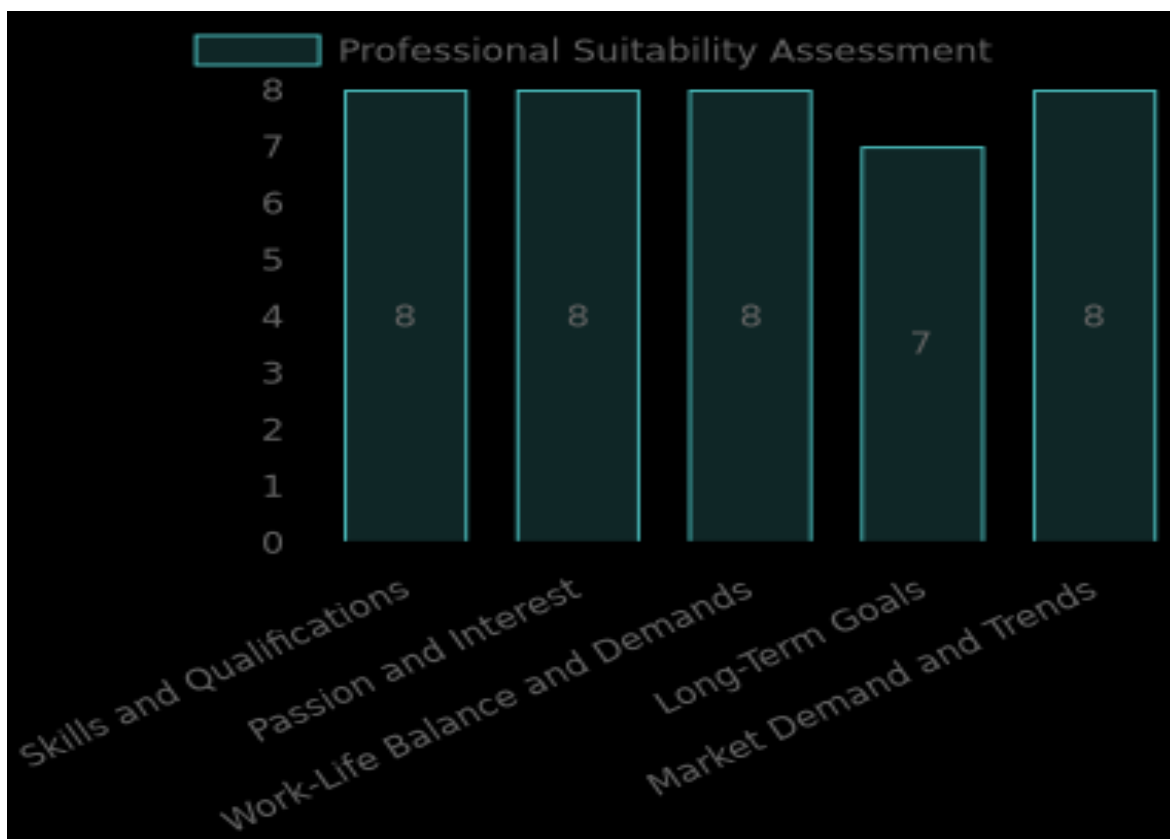
- People with intrapersonal intelligence are adept at looking inward and figuring out their own feelings, motivations and goals. They are quintessentially introspective. (characteristically thoughtful) They are Self-aware. They analyse themselves and seek understanding.
- People with intrapersonal intelligence are intuitive and usually introverted. They learn independently and through reflection. They are mostly Interested in self-employment.
- Philosophy, Psychology and Theology are often of interest to people with intrapersonal intelligence. They enjoy journaling because it helps them learn about themselves.
- They are also good at helping others understand themselves. They are able to predict the reactions of themselves and others.

## Career Priority List



1. Yoga/ Fitness/Physical Education Instructor
2. Advertising Specialist
3. Designer (fashion, industrial design, graphics, animation, and interior design)
4. Mechanical Engineer
5. Animal Trainer
6. Conservationist / Ecologist
7. Computer & IT professionals
8. Engineer/ Technician
9. Financial Planner/ Analyst
10. Psychologist

## 2. PROFESSIONAL SUITABILITY ASSESSMENT



# PROFESSIONAL SUITABILITY ASSESSMENT

## Skills and Qualifications:

**Score :** 8 ( Category: Outstanding )

**Feedback:**

Your skills and qualifications are not only impressive but also a perfect match for this profession. Your expertise is a strong asset that will set you on a path to excel and make a significant impact.



## Passion and Interest:

**Score :** 8 ( Category: Outstanding )

**Feedback:**

Your passion and interest for this profession are palpable and infectious. Your enthusiasm is a driving force that will keep you motivated and fulfilled in your career journey.



## Work-Life Balance and Demands:

**Score :** 8 ( Category: Outstanding )

**Feedback:**

Your understanding and acceptance of the work-life balance and demands of this profession are exceptional. Your realistic approach positions you to manage responsibilities effectively while maintaining well-being.





# PROFESSIONAL SUITABILITY ASSESSMENT

## Long-Term Goals:

**Score :** 7 ( Category: Excelling )

**Feedback:**

Your long-term goals are well-suited to the profession, and with some refinement, you'll craft a clear path toward meaningful accomplishments.



## Market Demand and Trends:

**Score :** 8 ( Category: Outstanding )

**Feedback:**

Your awareness of market demand and trends is exceptional, and your strategic insights are invaluable in positioning yourself for long-term success.



### 3. INTEGRITY ASSESSMENT

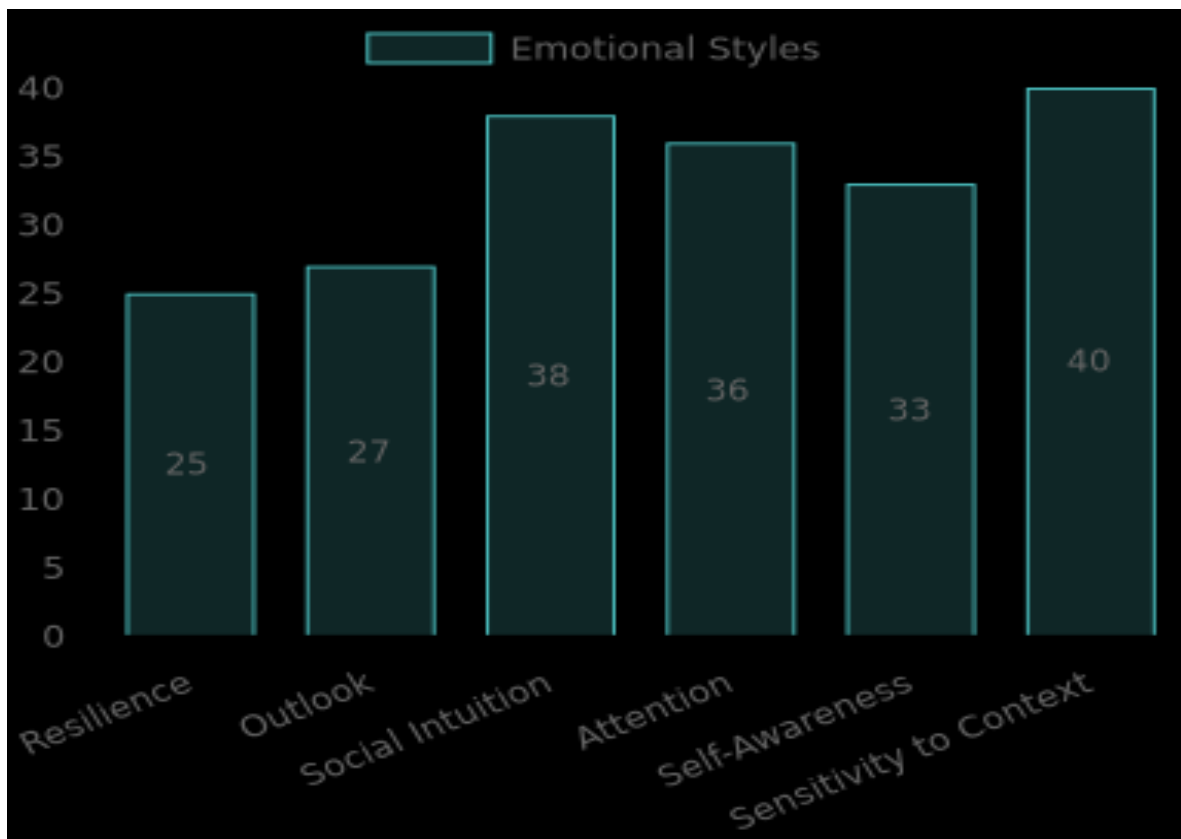


**Score:** 33 ( Category: Competing )

**Feedback:**

Your integrity assessment score falls within a moderate range, suggesting a sincere effort towards ethical behaviour. While you make ethical choices, there's room for improvement in consistently aligning your actions with your values. As you continue to reflect on your decisions, you have the potential to further strengthen your commitment to integrity.

# 4. EMOTIONAL STYLES



# EMOTIONAL STYLES



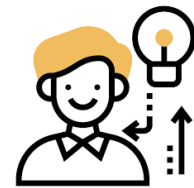
## Dimension I - Resilience

**Score:** 25 ( Category: Competing )

**Interpretation:**

Your total score suggests a moderate level of resilience. You have the foundation to cope with challenges, though there's room for growth. By actively developing and implementing resilience-building techniques, you can enhance your ability to bounce back and adapt in various situations.

## Dimension 2 - Outlook



**Score:** 27 ( Category: Competing )

**Interpretation:**

Your total score suggests a balanced outlook on life. You have a mix of positive and realistic perspectives, which allows you to navigate challenges with a reasonable approach. Focus on cultivating both optimism and pragmatism for a well-rounded outlook.

# EMOTIONAL STYLES



## Dimension 3 - Social Intuition

**Score:** 38 ( Category: Excelling )

**Interpretation:**

Well done! Your total score reflects a strong social intuition. You have a solid grasp of social cues and emotions, enabling you to build meaningful connections. With further refinement, you'll excel in understanding and responding to others.

## Dimension 4 - Self-Awareness



**Score:** 33 ( Category: Competing )

**Interpretation:**

Your total score suggests that you're in the process of developing your self-awareness. You're beginning to recognize the connection between your thoughts, emotions, and behaviours. With continued effort and introspection, you'll make significant strides in your self-awareness journey.

# EMOTIONAL STYLES



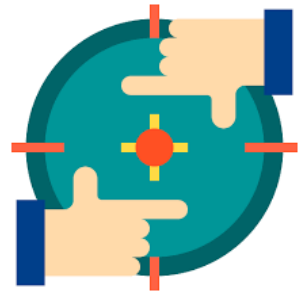
## Dimension 5 - Sensitivity to Context

**Score:** 40 ( Category: Excelling )

**Interpretation:**

Well done! Your total score reflects strong sensitivity to context. You have a solid grasp of the subtleties that shape various situations. With continued awareness and refinement, you can enhance your ability to adapt effectively.

## Dimension 6 -Attention

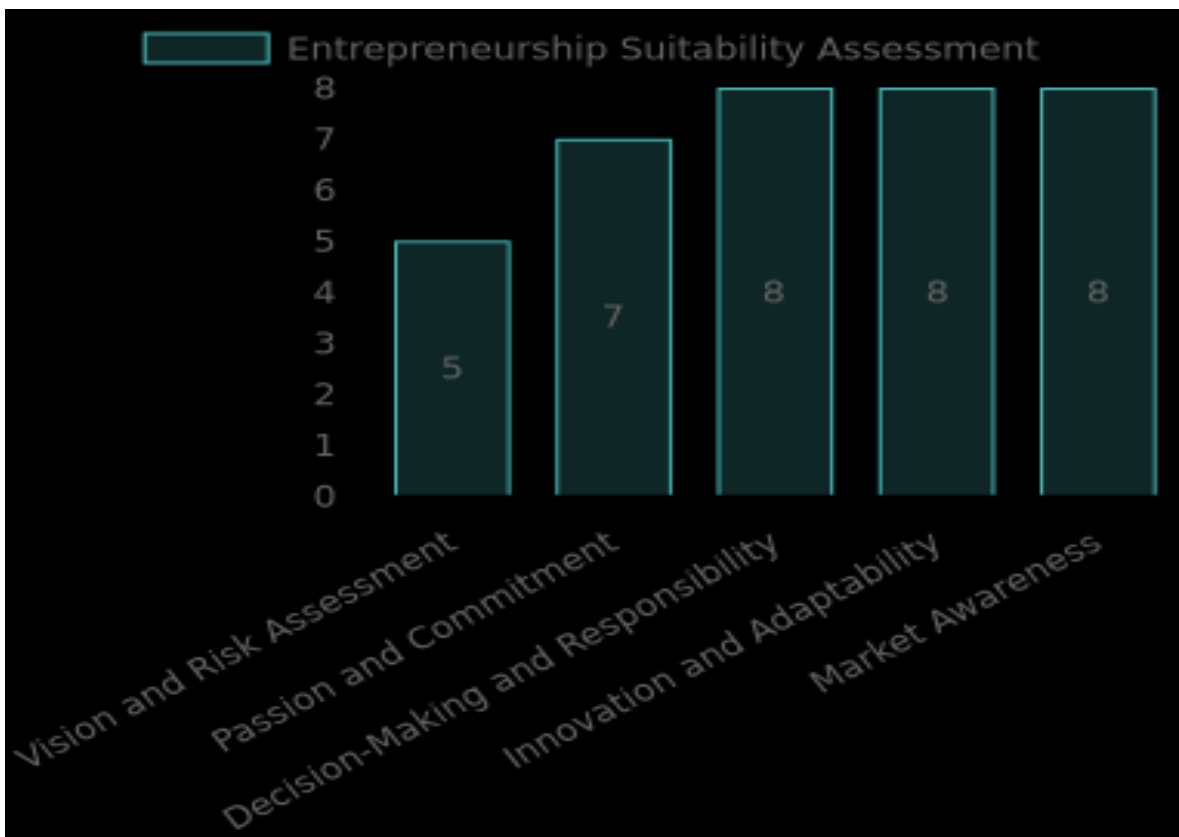


**Score:** 36 ( Category: Excelling )

**Interpretation:**

Well done! Your total score reflects strong attention skills. You have a commendable ability to focus and maintain attention on tasks. With some continued practice and fine-tuning, you can further enhance your attention to detail and task engagement.

## 5. ENTREPRENEURSHIP SUITABILITY



# ENTREPRENEURSHIP SUITABILITY

## Vision and Risk



**Score:** 5 ( Category: Competing )

**Interpretation:**

You're considering entrepreneurship but need to refine your vision and assess your risk appetite.

## Passion and Commitment



**Score:** 7 ( Category: Excelling )

**Interpretation:**

You're passionate about entrepreneurship but could amplify your commitment.





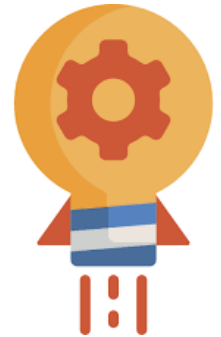
## ENTREPRENEURSHIP SUITABILITY

### Decision-Making and Responsibility

**Score:** 8 ( Category: Outstanding )

**Interpretation:**

You're confident in making important decisions and fully embracing responsibility.



## Innovation and Adaptability

**Score:** 8 ( Category: Outstanding )

**Interpretation:**

You're highly innovative and adaptable, eager to embrace new ideas and changes.



# ENTREPRENEURSHIP SUITABILITY

## Market Awareness

**Score:** 8 ( Category: Outstanding )

**Interpretation:**

Your understanding of the market, customers, and competitors is exceptional.

# 6. WORK-LIFE BALANCE





## WORK-LIFE BALANCE

### Time Management

**Score:** 16 ( Category: Excelling )

**Interpretation:**

You're doing well, but there's room for improvement in managing your time for better balance.

### Boundaries and Communication



**Score:** 12 ( Category: Competing )

**Interpretation:**

Focus on strengthening your boundaries and communication for improved balance.



## WORK-LIFE BALANCE

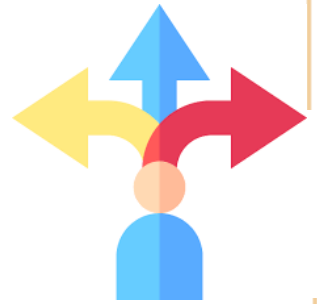
### Well-being and Self-Care

**Score:** 13 ( Category: Excelling )

**Interpretation:**

You're doing well, but further commitment to well-being and self-care can lead to even better balance.

## Flexibility and Adaptability



**Score:** 14 ( Category: Excelling )

**Interpretation:**

Enhancing flexibility and adaptability will ensure a smoother transition between work and personal commitments.



## WORK-LIFE BALANCE

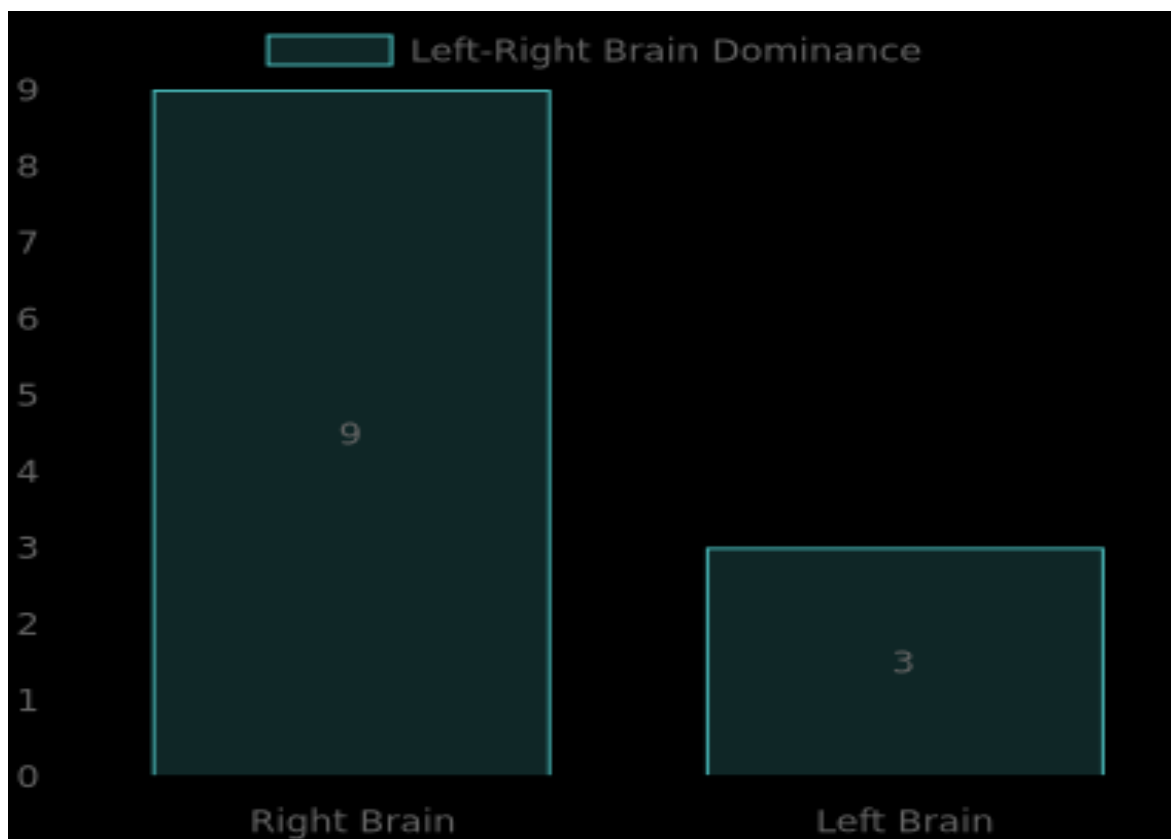
### Relationships and Fulfilment

**Score:** 16 ( Category: Excelling )

**Interpretation:**

You're doing well, but nurturing relationships and personal interests further will enhance your balance.

## 7. RIGHT-LEFT BRAIN DOMINANCE



# RIGHT-LEFT BRAIN DOMINANCE



## Left Brain Dominance:

**Score :** 3 ( Category: Limited Dominance )

**Feedback:**

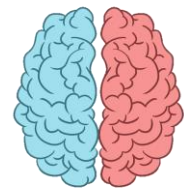
Analytical Thinking: Minimal logical problem-solving ability.

Language Skills: Difficulty with verbal communication and grammar.

Math and Logic: Struggles with numbers and reasoning.

Structured Planning: Challenges in organizing tasks and goals.

Sequential Processing: Difficulty following linear sequences.



## Right Brain Dominance:

**Score :** 9 ( Category: Strong Dominance )

**Feedback:**

Creativity: Exceptional ability for imaginative and original thinking.

Visual Perception: Highly skilled in noticing shapes and colors.

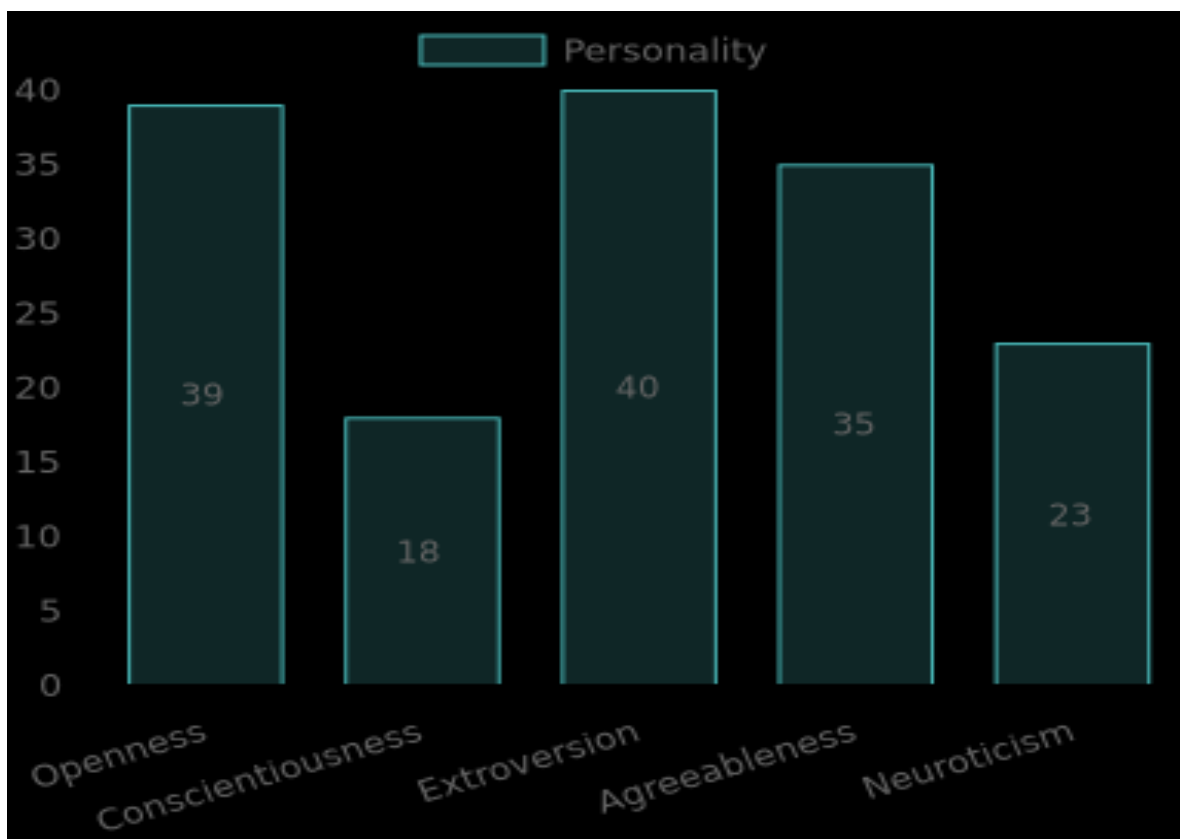
Intuition: Highly intuitive, relies on instincts effectively.

Holistic Thinking: Masters the bigger picture and makes intricate connections.

Artistic Abilities: Exceptional skills in artistic expression.



## 8. PERSONALITY TRAITS DOMINANCE



# PERSONALITY TRAITS DOMINANCE

## 1 Extroversion:



**Score :** 40 ( Category: Excelling )

### Feedback:

Your extroverted tendencies are noticeable, and you thrive in social settings. You are energized by interactions with others and enjoy being part of groups.

**Possible Personality Type:** Possible Personality Type: Outgoing, Sociable, Energetic

### Career Options:

Pursue roles that involve frequent interaction with people, leadership, and dynamic environments. Public relations, customer service, teaching, or counseling may align well with your personality.



## 2 Agreeableness:

**Score :** 35 ( Category: Excelling )

### Feedback:

Your agreeable nature is evident in your interactions, and you excel at maintaining positive relationships. You value cooperation and may prioritize group cohesion over individual achievements.

**Possible Personality Type:** Possible Personality Type: Cooperative, Supportive, Amiable

### Career Options:

Pursue roles that involve mentoring, coaching, or community engagement. Nonprofit work, counseling, healthcare, or teaching may be fulfilling avenues for you.

## PERSONALITY TRAITS DOMINANCE

### 3 Conscientiousness:



**Score :** 18 ( Category: Progressing )

**Feedback:**

You display some relaxed tendencies, yet you can also demonstrate a degree of organization and responsibility when necessary. You strike a balance between structure and adaptability.

**Possible Personality Type:** Possible Personality Type: Flexible, Adaptable, Laid-Back Achiever

**Career Options:**

You might excel in roles that require a mix of creativity and reliability. Look into careers such as marketing, project management, consulting, or event planning.

### 4 Neuroticism:



**Score :** 23 ( Category: Competing )

**Feedback:**

Your emotional responses are generally balanced, with occasional fluctuations in response to stressors. You exhibit a healthy range of emotional expression and are capable of managing moderate stress. professions may resonate with your abilities.

**Possible Personality Type:** Possible Personality Type: Stable, Flexible, Self-Aware

**Career Options:**

Look for roles that value emotional intelligence, teamwork, and interpersonal dynamics. Human resources, counseling, teaching, or creative professions may resonate with your abilities.

## PERSONALITY TRAITS DOMINANCE

### 5. Openness :



**Score :** 39 ( Category: Excelling )

**Feedback:**

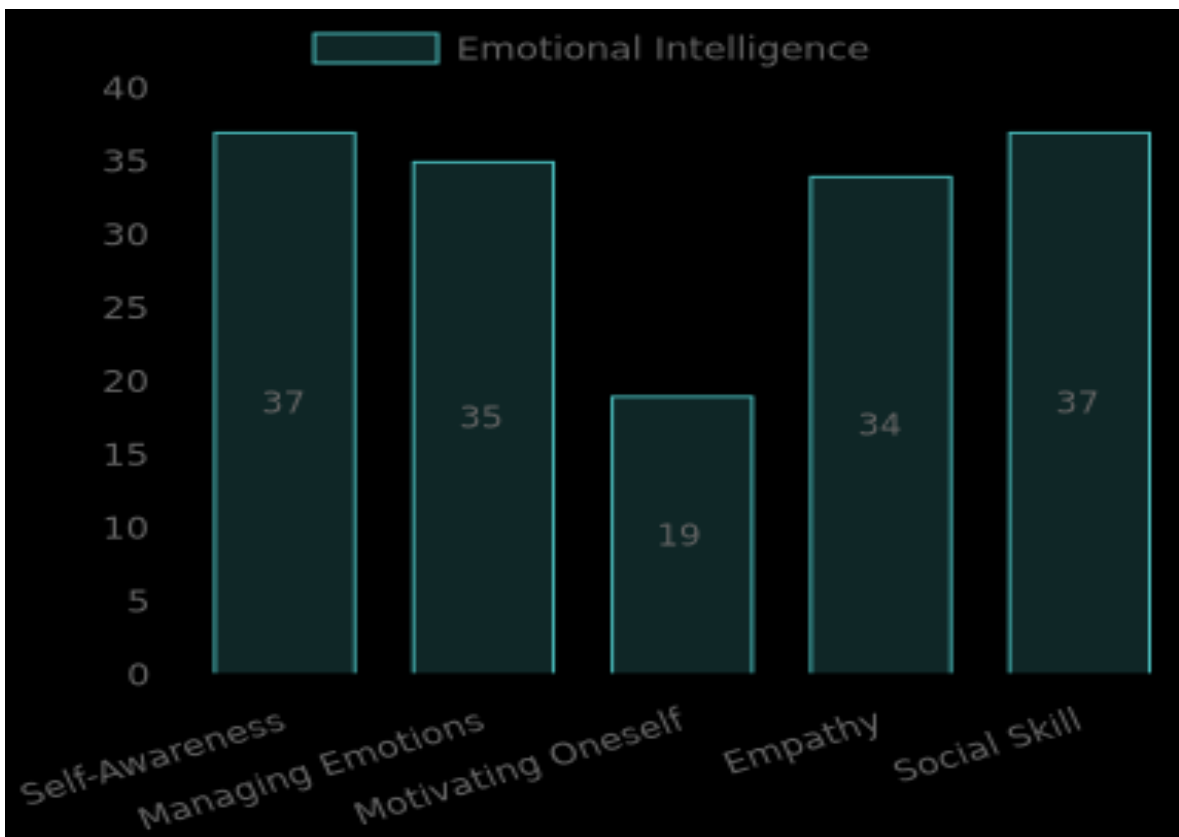
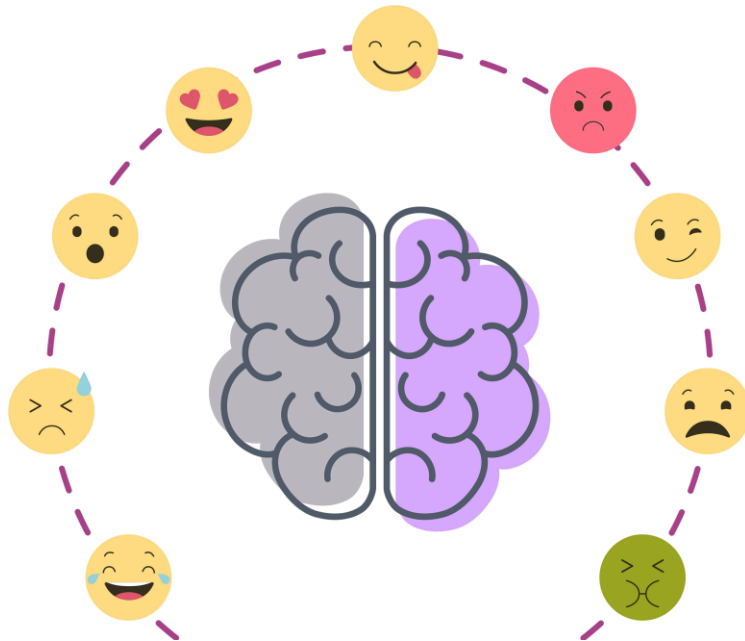
Your open-mindedness and curiosity are evident, as you actively seek out new experiences and ideas. You thrive in dynamic environments and enjoy exploring uncharted territory.

**Possible Personality Type:** Possible Personality Type: Curious, Imaginative, Innovative

**Career Options:**

Pursue roles that emphasize creativity, exploration, and the generation of new ideas. Entrepreneurship, research, creative arts, or roles in emerging technologies may resonate with your disposition.

## 9. EMOTIONAL INTELLIGENCE



# EMOTIONAL INTELLIGENCE



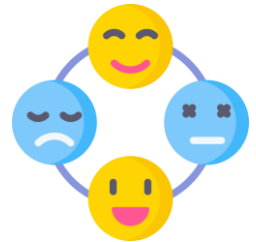
## 1. Self-Awareness

**Score :** 37 ( Category: Competing )

**Feedback:**

You're on the right track! Your self-awareness is developing nicely. You are attuned to your emotions and can often decipher their impact on your decisions. As you continue to explore your thought patterns and motivations, you'll find more growth opportunities. By deepening your understanding of your own experiences, you're positioning yourself to navigate challenges with greater insight and resilience.

## 2. Managing Emotions



**Score :** 35 ( Category: Competing )

**Feedback:**

You're on the right track in managing your emotions, and there's room for growth. You're displaying a moderate level of emotional control, but there's potential to enhance your strategies for coping with stress and handling strong emotions. By further developing your emotional management techniques, you'll be better equipped to navigate situations with greater ease and contribute positively to your personal and professional interactions.

## 3. Motivating Oneself



**Score :** 19 ( Category: Developing )

**Feedback:**

Your self-motivation appears to be limited at the moment. It's important to focus on building a stronger foundation of self-discipline, resilience, and goal-setting. While challenges may feel daunting, remember that developing the ability to motivate yourself is a gradual process. Begin by identifying what drives you and exploring strategies to maintain enthusiasm and determination. With persistence, you can make significant strides towards becoming more self-motivated.

# EMOTIONAL INTELLIGENCE

## 4. Empathy



**Score :** 34 ( Category: Competing )

**Feedback:**

You possess a moderate level of empathy, indicating that you are attuned to the emotions of others to some extent. As you continue to develop this skill, you can further enhance your ability to connect with people on an emotional level. By actively listening and demonstrating understanding, you'll strengthen your relationships and contribute to a more harmonious and empathetic environment.

## 5. Social Skill



**Score :** 37 ( Category: Competing )

**Feedback:**

Your social skills are at a satisfactory level, and you demonstrate an ability to engage with others in various situations. As you continue to refine your social skills, focus on active listening and empathy to better understand others' perspectives. By consistently working on your communication and interpersonal abilities, you can create more fulfilling connections and navigate social dynamics more effectively.

## 10. LEARNING STYLE





# LEARNING STYLE

## 1. Visual



**Score :** 24 ( Category: High )

### **Feedback:**

Visual learning is a powerful tool for you, and you thrive when presented with visual materials. Diagrams, graphs, and visual representations significantly contribute to your understanding and memory retention. Leveraging visual aids in your learning process can lead to exceptional results.



## 2. Auditory

**Score :** 16 ( Category: Moderate )

### **Feedback:**

If you have a moderate preference for auditory learning, you maintain a balanced approach to learning by appreciating both auditory explanations and other methods. Your capacity to engage in productive discussions and actively listen to lectures is an asset. To further enhance your learning experience, utilize visual aids when appropriate to complement your auditory learning style and reinforce your understanding of complex concepts.

## 3. Kinaesthetic

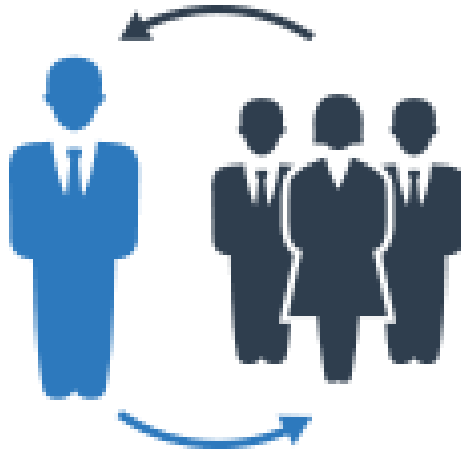


**Score :** 26 ( Category: High )

### **Feedback:**

Kinesthetic learning is a dominant style for you, and you thrive when actively engaging with materials. Hands-on activities, role-playing, and real-life scenarios significantly contribute to your understanding and memory retention. Utilizing kinesthetic strategies can result in exceptional learning outcomes.

## 11. LEADERSHIP SKILLS



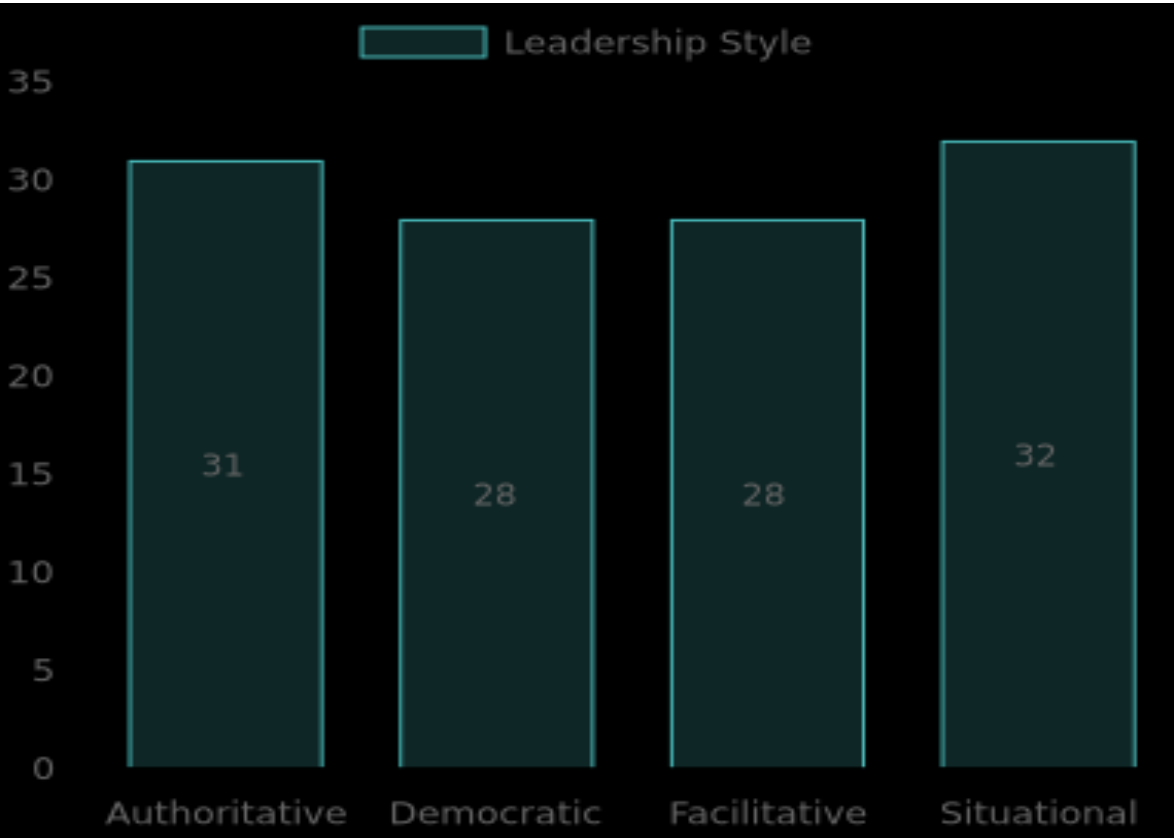
### Leadership Skills

**Score :** 79 ( Category: Excelling )

### Feedback:

Well done! Your leadership skills are solid and reliable. You exhibit a good balance between guiding your team and fostering collaboration. There's room for growth, but your communication and management abilities are effective in achieving team goals. Keep refining your leadership techniques to elevate your impact and ensure continued growth.

# 12. LEADERSHIP STYLE



# LEADERSHIP STYLE

## Authoritative



**Score :** 31 ( Category: Exceptional Mastery )

**Feedback:**

Congratulations! Your high score within this range indicates a mastery of the authoritative leadership style. You excel at providing a clear vision, making confident decisions, and motivating your team to achieve exceptional results. Your balanced approach between being directive and open to feedback creates an atmosphere of trust and empowerment. Continue to serve as a role model for other leaders by consistently leading with purpose, empathy, and a strong sense of direction.



## Democratic

**Score :** 28 ( Category: Strong Proficiency )

**Feedback:**

Your score in this range suggests a strong dedication to democratic leadership principles. Your ability to foster an environment of trust and mutual respect greatly benefits your team's dynamics. By valuing team members' expertise and involving them in decision-making, you create a sense of shared purpose. This can lead to increased creativity, better problem-solving, and a more cohesive team overall.

# LEADERSHIP STYLE



## Facilitative

**Score :** 28 ( Category: Strong Proficiency )

**Feedback:**

Your score within this range reflects a solid grasp of the facilitative leadership style. You're effective at encouraging team participation, leveraging diverse perspectives, and making decisions collaboratively. This approach helps create a culture of ownership and engagement among your team members. Keep honing your skills by ensuring that discussions remain constructive and that everyone's contributions are acknowledged and respected.



## Situational

**Score :** 32 ( Category: Exceptional Mastery )

**Feedback:**

Congratulations! Your high score within this range indicates mastery of the situational leadership style. Your ability to flexibly adapt your leadership behaviours based on individual and situational factors is commendable. You likely create an environment in which each team member feels supported and empowered to succeed. Continue to lead by example, fostering a culture of continuous learning and adaptation as you guide your team toward excellence.

### 13. PARENTING STYLE



## PARENTING STYLE

### Authoritarian



**Score :** 0 ( Category: )

**Feedback:**

Feedback not found



### Authoritative

**Score :** 0 ( Category: )

**Feedback:**

Feedback not found

## PARENTING STYLE

### Permissive



Score : 0 ( Category: )

Feedback:

Feedback not found



### Uninvolved

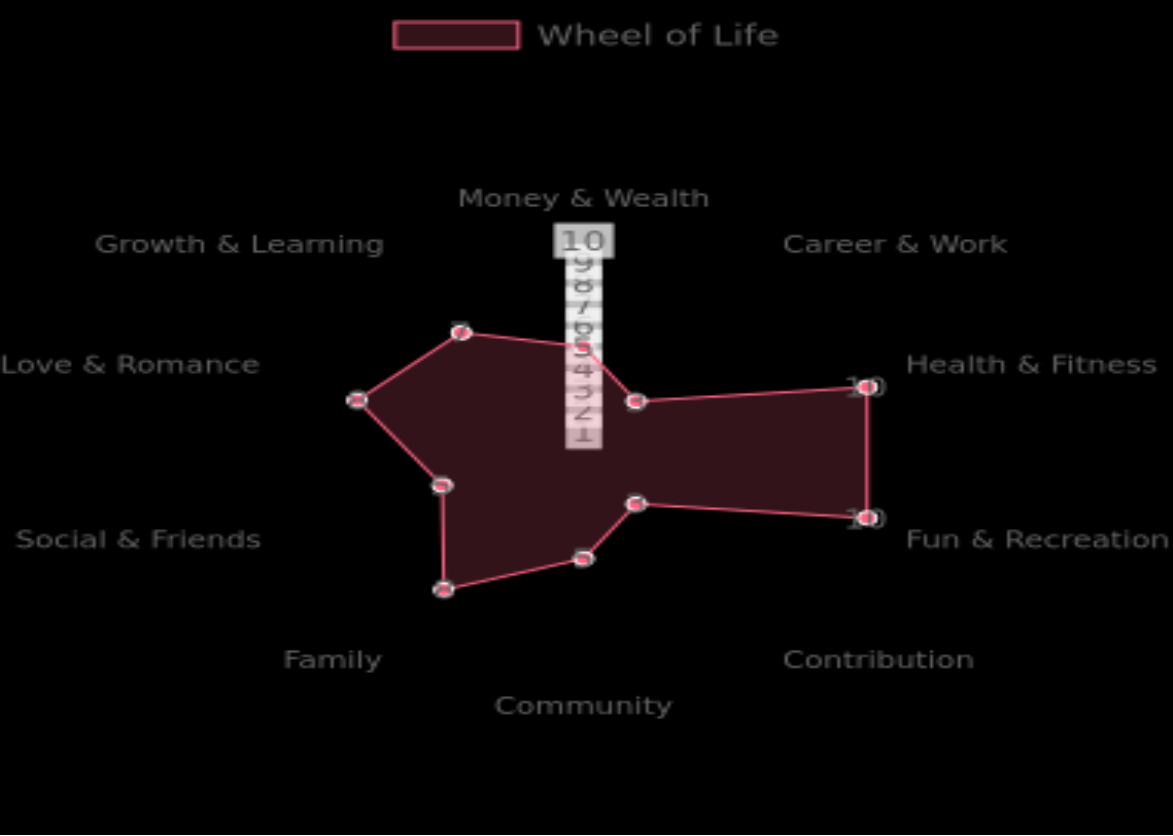
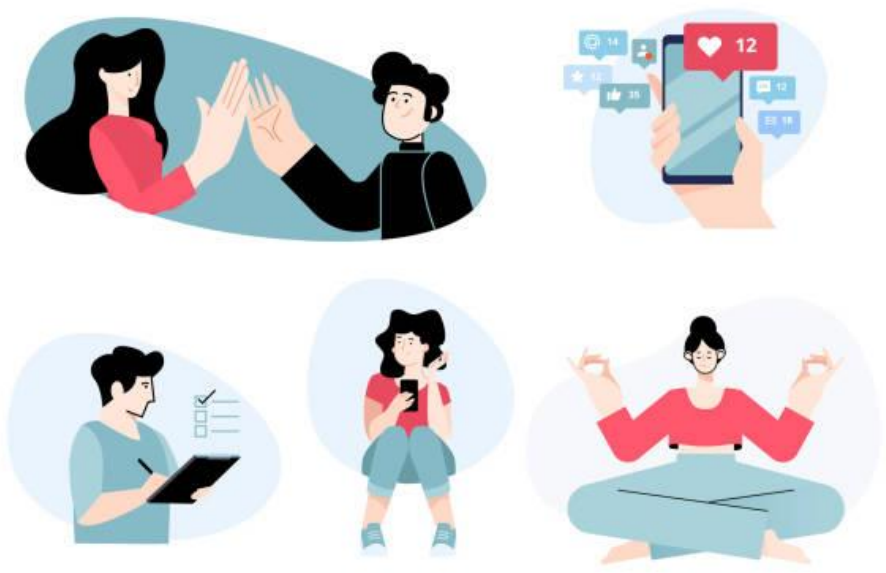
Score : 0 ( Category: )

Feedback:

Feedback not found



# 14. WHEEL OF LIFE WELLNESS DIMENSIONS



# WHEEL OF LIFE: WELLNESS DIMENSIONS

## Feedback:

## Score :

There is room for improvement in your financial management. While you're making efforts to manage your money, there are areas that could benefit from further attention. Consider refining your budget, exploring ways to increase your income, and seeking avenues for smart investments. By enhancing your financial discipline and continuing to learn about effective money management, you can work towards a more secure financial future.

5/10  
(Room for Improvement)

Your career and work situation requires significant improvement, as you're currently in the lower percentage range. It's important to evaluate your career goals, assess your current role, and consider opportunities for advancement or skill development.

3/10  
(Needs Significant Improvement)

Your dedication to health and fitness is outstanding. You've achieved a high level of physical and mental well-being through consistent exercise, balanced nutrition, and self-care practices. Keep up the exceptional work, as your efforts are commendable and contribute to your overall quality of life.

10/10  
(Above Average)

# WHEEL OF LIFE: WELLNESS DIMENSIONS

## Feedback:

## Score :

Your commitment to fun and recreation is outstanding. You consistently make time for activities that bring you joy. Your approach to balance is commendable. Keep exploring new ways to have fun and embrace your well-rounded approach to life.

10/10  
(Above Average)

Your level of contribution to others and the community needs significant improvement. There's a notable opportunity for you to make a more positive impact on those around you.

3/10  
(Needs Significant Improvement)

There's room for improvement in your community involvement. By seeking out opportunities to contribute and engage with your community, you can make a more meaningful impact.

5/10  
(Room for Improvement)

# WHEEL OF LIFE: WELLNESS DIMENSIONS

## Feedback:

Your involvement with your family is above average. You're making positive contributions, but there's potential for deeper connections and more meaningful interactions.

## Score :

8/10  
(Average)

There's room for improvement in your social interactions and friendships. Cultivating deeper connections and engaging in social activities can enhance your overall well-being.

5/10  
(Room for Improvement)

Your love and romance situation is above average. You're demonstrating a strong commitment and effort in maintaining a healthy romantic relationship.

8/10  
(Average)

Your dedication to growth and learning is above average. You actively seek ways to expand your horizons, but there's still potential for further development.

7/10  
(Average)

## 15. CYBER DEPENDENCY



**Score :**45 ( Category: Moderate Dependency )

**Feedback:**

Your cyber dependency score falls within the moderate range. You have a reasonable reliance on digital tools, which is beneficial in many aspects of modern life. Balancing this with offline skills can further enhance your ability to manage disruptions. Consider honing your proficiency in both digital and non-digital solutions for a well-rounded approach.

# 16. COMPETITIVE STATE ANXIETY INVENTORY



# COMPETITIVE STATE ANXIETY

## Cognitive Anxiety



**Score :** 25 ( Category: Moderate )

### Feedback:

Your cognitive anxiety score falls within the moderate range, indicating that you might experience a noticeable level of anxious thoughts and concerns. It's important to remember that anxiety is a common emotion, and many individuals face similar challenges. Consider exploring mindfulness techniques, deep breathing exercises, and cognitive-behavioral strategies to manage and redirect your anxious thoughts, allowing you to regain a greater sense of control over your thinking patterns.

## Somatic Anxiety



**Score :** 21 ( Category: Moderate )

### Feedback:

Your score falls within the moderate range for somatic anxiety. This suggests that you might experience noticeable physical symptoms when facing stressors or anxiety-provoking situations. While these sensations can be uncomfortable, they are signals from your body. Your awareness of these symptoms is a crucial step toward effectively managing your anxiety. Consider exploring relaxation techniques or stress-reduction strategies to further enhance your well-being.

## Confidence



**Score :** 23 ( Category: Moderate )

### Feedback:

Moderate Self-Confidence: You're well on your way to building strong self-confidence. You have a good understanding of your abilities and areas you can grow in. Keep nurturing your strengths, setting achievable goals, and celebrating your successes. Your self-assured attitude will continue to serve you well.

### ***Disclaimer***

The information provided in this analysis belongs to its owner only. In case of a minor, the rights of information are with his legal guardian. The content of this analysis is only for reference, based on the scientific research in the field of psychology and statistical study conducted based on the psychometric tests and counselling session. The decision to follow any instruction, advise, suggestion or recommendation completely depends upon you and you will be solely responsible for the consequences of the same. We as an organization or any of its representatives are not responsible for any consequences under any circumstance. Before taking any crucial decision, please refer to a professional counsellor. The results are only indicative and the company or any authorized representative of the company shall in no case be liable for failure in any particular course of study or activity recommended in the report or any important decisions taken based on this report. Thus, it should not be used as a standalone instrument for any important decision-making. The accuracy of test results may be influenced by the honesty and self-awareness of the participants taking the test.