

# **Psychometric Tests**

# NEURO-COGNITIVE-EMOTIONAL INTELLIGENCE BEHAVIOUR COMPETENCY MAPPING

# **REPORT**







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# For Parents / Teachers

We kindly urge parents and teachers to thoroughly review and comprehend the report's content before engaging in any conversations with their children. Our sincere plea is that you utilize the insights and conclusions from the report to foster a stress-free environment for your child and aid them in uncovering their genuine inner capabilities and talents. We extend our best wishes to you and your child for a successful journey ahead!



# **Development of Psychometric Research**

Psychometric tests are based on scientific principles of measurement and aim to provide reliable and valid assessments of human behavior and cognitive abilities.

- 1884: Sir Francis Galton coined the term "eugenics" and conducted early research on human abilities and traits, which laid the groundwork for the development of psychometric tests.
- 1905: Alfred Binet and Theodore Simon introduced the Binet-Simon Scale, the first modern intelligence test, to identify children with learning difficulties in French schools.
- 1916: Lewis Terman adapted and standardized Binet's test, creating the Stanford-Binet Intelligence Scales, which became one of the most widely used intelligence tests in the United States.
- 1939: David Wechsler developed the Wechsler-Bellevue Intelligence Scale, which measured both verbal and non-verbal abilities and laid the foundation for subsequent Wechsler intelligence tests.
- 1943: Raymond Cattell introduced the concept of "fluid" and "crystallized" intelligence, contributing to the understanding of human cognitive abilities.
- 1949: The Myers-Briggs Type Indicator (MBTI), based on Carl Jung's theory of personality, was developed by Isabel Briggs Myers and Katharine Cook Briggs, becoming one of the most widely used personality tests.
- **1950:** Hans Eysenck developed the Eysenck Personality Questionnaire, contributing to the study of personality traits and dimensions.
- 1961: Raymond Cattell introduced the concept of "fluid" and "crystallized" intelligence, contributing to the understanding of human cognitive abilities.
- 1962: The Minnesota Multiphasic Personality Inventory (MMPI) was revised by Starke R. Hathaway and J.C. McKinley, becoming a widely used tool in clinical and research settings.
- 1983: Howard Gardner published his groundbreaking book "Frames of Mind: The Theory of Multiple Intelligences," where he introduced the concept of multiple intelligences.
- 1985: Daniel Goleman introduced the concept of Emotional Intelligence (EI), paving the way for the development of EI assessments.
- 1995: The Big Five Personality Traits model gained popularity, focusing on five major personality dimensions: openness, conscientiousness, extraversion, agreeableness, and emotional stability.
- 2003: The VIA Survey of Character Strengths, based on positive psychology, was developed by Christopher Peterson and Martin Seligman to assess character strengths.
- 2011: The introduction of web-based and computer-adaptive testing revolutionized psychometric assessments, making them more accessible and efficient.

These milestones represent some key developments in the field of psychometrics, but it's important to note that research and advancements in this area continue to evolve, enhancing the quality and utility of psychometric tests for various purposes.







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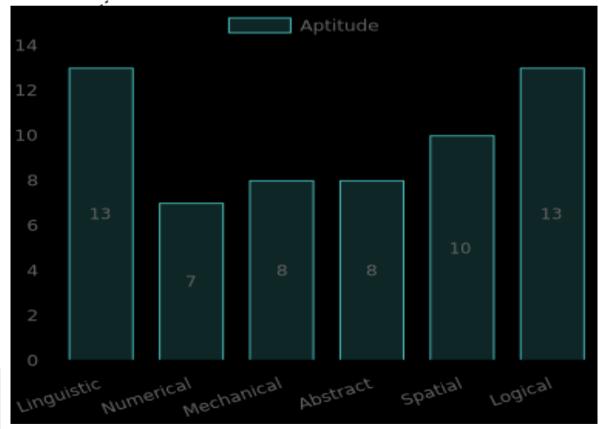






# 1. APTITUDE







## **APTITUDE**

# 1. Linguistic Reasoning:

**Score:** 13 ( Category: Excelling )

## Feedback:

Your strong verbal reasoning skills demonstrate your commitment to improvement and learning. Your ability to grasp complex ideas and articulate them clearly is impressive.



## **Career Suggestions:**

Pursue roles that involve advanced communication and critical thinking. Careers in public relations, copywriting, journalism, or research analysis could be a natural fit for your skills and interests.

# 2. Numerical Reasoning

**Score**: 7 (Category: Progressing)

## Feedback:

Your efforts to enhance your numerical reasoning skills are paying off, and your progress is noticeable. With continued practice and learning, you can further strengthen your abilities.

## **Career Suggestions:**

Explore roles that involve managing basic numerical data and calculations, such as inventory control, administrative roles, or positions in retail. Enhancing your numeracy skills will support your success in these roles.



## **APTITUDE**

# 3. Mechanical Reasoning

Score: 8 ( Category: Progressing )



Your efforts to improve your mechanical reasoning skills are noticeable, and your progress is commendable. Continue engaging with mechanical concepts and practicing problem-solving to build a stronger foundation.

## **Career Suggestions:**

Explore roles that require mechanical aptitude, such as machine operator, technician assistant, or entry-level positions in manufacturing or maintenance. These roles can help you further develop your skills.



# 4. Abstract Reasoning

**Score:** 8 (Category: Progressing)

## Feedback:

Your efforts to enhance your abstract reasoning skills are showing results. While there is room for improvement, your progress is notable. Keep up the good work and continue challenging yourself.

## **Career Suggestions:**

Consider roles that require attention to detail and some analytical thinking, such as quality control, data analysis, or technical support. These roles demand the ability to identify patterns and make informed decisions based on available information.



## **APTITUDE**



# 5. Spatial Reasoning

Score: 10 (Category: Competing)

## Feedback:

Your spatial reasoning skills are solid, and your progress reflects your dedication to improvement. Your ability to work with spatial concepts is commendable, and you have a good foundation to build upon.

## **Career Suggestions:**

Consider roles that involve more advanced spatial thinking, such as mechanical drafting, technical illustration, or junior positions in engineering. Pursue opportunities in design-related fields where your spatial skills will be highly useful.

# 6. Logical Reasoning



Score: 13 (Category: Excelling)

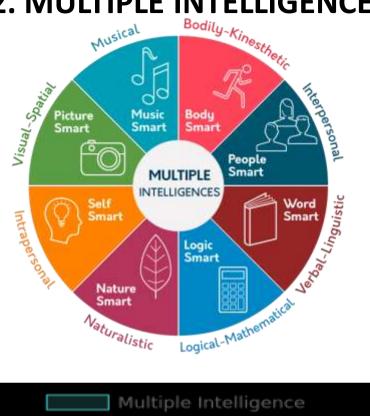
## Feedback:

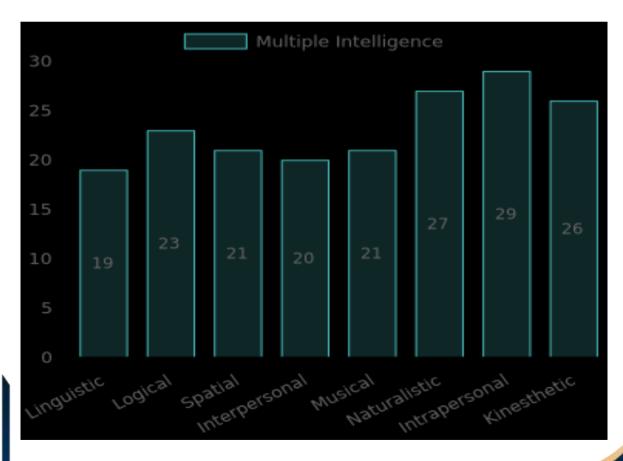
Your logical reasoning skills are impressive and reflect your dedication to learning and improvement. Your capacity to identify patterns and solve problems is commendable and positions you well for various opportunities.

## **Career Suggestions:**

Consider roles that involve data analysis, programming, or quality assurance. Careers in fields like computer programming, systems analysis, or scientific research could be a good fit, as they require strong logical thinking and analytical skills.







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# 1. Linguistic Intelligence

**Score:** 19 ( Category: Developing Skills )

#### Feedback:

Your linguistic intelligence falls within the developing skills range. You have made progress in honing your language abilities, but there is still work to be done. Continue to build your vocabulary, work on sentence structure, and practice expressing your thoughts clearly. Engaging in activities such as writing essays, joining book clubs, and engaging in debates can contribute to further developing your linguistic intelligence and advancing your communication skills.

## **Career Suggestions:**

Content Writer, Social Media Manager, Freelance Writer, etc

## **Linguistic Characteristics:**

- People with Linguistic intelligence love words. They enjoy reading and writing.
- Linguistic people are often gifted at learning languages. They appreciate the complexities of sentence structure, word structure, meaning and sound. They relish complicated words and are quick at learning them. They possess rich vocabularies.
- School is an area in which people with Linguistic intelligence often do well. They enjoy lectures and taking notes. They also have the ability to teach others and communicate complex concepts.
- People with Linguistic intelligence is adept at communicating through the written word and seek to enhance their skills.
- They're Good at editing, love playing with words, always share thoughts on what they read, never forget a good quote, and have a blast with foreign languages.







**Score:** 23 ( Category: Strong Proficiency )

#### Feedback:

Congratulations, your logical/mathematical intelligence falls within the strong proficiency range. Your ability to analyze patterns, make connections, and solve intricate problems is impressive. Keep challenging yourself by tackling advanced mathematical concepts, exploring formal logic, and delving into fields such as computer science, engineering, or mathematics. Your strong logical/mathematical skills open doors to careers that involve data analysis, research, software development, and strategic planning.

## **Career Suggestions:**

Data Scientist, Doctor, Software Developer, Financial Analyst, Operations Research Analyst, etc.

## **Logical Characteristics:**

- People with Logical intelligence process information through logic and reason. They are attracted to investigation by means of the scientific method.
- They do well with quantitative methods that rely on the researcher's ability to observe and reach a verifiable conclusion.
- $_{\circ}$  They dislike unclear assumptions and subjective analysis. Instead, they trust hard facts and numerical data. They seek accuracy and precision in their learning and work. Their mind is complex and works like a computer. They are good at strategy games.
- Logical Intelligence thrives on mathematical models, measurements, abstractions and complex calculations.





# 3 Visual/Spatial Intelligence

Picture Smart

**Score:** 21 ( Category: Strong Proficiency )

## Feedback:

Congratulations, your Visual/Spatial intelligence falls within the strong proficiency range. You have a solid command of visualizing and understanding spatial information. Your ability to manipulate and analyze visual data is impressive. Consider exploring careers in fields such as graphic arts, interior design, cartography, virtual reality development, or engineering, where your strong visual and spatial skills will be highly valued. Continuing to refine your abilities and seeking opportunities for creativity could lead to a successful and fulfilling career.

## **Career Suggestions:**

Architect, Industrial Designer, Civil Engineer, etc.

## **Visual/Spatial Characteristics:**

- •People with Visual/Spatial intelligence are very aware of their surroundings and are good at remembering images. They have a keen sense of direction and often enjoy maps. They have a sharp sense of space, distance and measurement.
- •People with Visual intelligence learn well through visual aids such as graphs, diagrams, pictures and colourful displays.
- •They usually enjoy visual arts such as drawing, painting and photography. They can visualize anything related to art, fashion, decoration and culinary design before creating it.



# 4 Interpersonal Intelligence



**Score:** 20 ( Category: Developing Skills )

## Feedback:

Your interpersonal intelligence falls within the building competence range. You are making progress in understanding and relating to others effectively. Continue to enhance your empathetic listening, conflict resolution, and teamwork abilities. Strengthening your interpersonal skills can lead to careers in human resources, counselling, sales, or middle management, where your ability to connect and collaborate will be valuable.

## **Career Suggestions:**

Human Resources Specialist, Counsellor or Therapist, Sales Representative, Middle Management, etc. Interpersonal Characteristics:

- People with Interpersonal intelligence is Extroverted, thrive with social interaction. They are gifted at establishing rapport with strangers and make friends easily. They are adept at reading, empathizing and understanding others.
- People with Interpersonal intelligence work well with others and often have many friends. They are masters at collaboration.
- Interaction, dialogue and lively discussions are ways in which people with Interpersonal intelligence learn. They are enthusiastic and lively, enjoy social events. Others often seek them out for advice, help and comfort. They are good at making others feel welcome and often reach out to outsiders. They are inclusive of others. The more the merrier.





# **5 Musical Intelligence**

Score: 21 ( Category: Strong Proficiency )

## Feedback:

Congratulations, your musical intelligence falls within the strong proficiency range. You have a solid foundation in understanding and creating music. To continue advancing, consider formal music training, learning advanced techniques on your chosen instrument, and exploring composition. Your developed musical intelligence could lead to opportunities in music performance, teaching, music therapy, or even music production, where your ability to understand and convey emotions through music is highly valuable.

## **Career Suggestions:**

Professional Musician, Music Teacher (Intermediate/Advanced Levels), Music Producer, etc.

## **Musical Characteristics:**

- People with Musical intelligence recognize sounds and tones with ease. They appreciate music and rhythm. They have a "good ear" for music and can easily learn and memorize songs and melodies. They notice when someone is singing off-key. People with musical intelligence are good at imitating sounds or other people's voice or intonation and enjoys different sounds.
- Rhythm and music can be a way for them to memorize concepts. Some people with musical intelligence are especially gifted at composing, singing or playing an instrument. They are talented with instruments. They often have a song running through their head, whistles or taps foot. They often learn well through lectures since they are highly auditory.



# **6 Naturalistic Intelligence**



**Score:** 27 ( Category: Strong Proficiency )

## Feedback:

Congratulations, your naturalistic intelligence falls within the strong proficiency range. You have a keen ability to connect with and understand the natural world. Your deep appreciation for nature could lead you towards impactful careers such as environmental education, ecological research, or park management. Continue to expand your expertise by delving into more specialized areas of naturalistic study and sharing your knowledge with others.

## **Career Suggestions:**

Ecologist, Environmental Educator, Park Manager, etc.

#### **Naturalistic Characteristics:**

- People with Naturalist intelligence have a sensitivity to and appreciation for nature. The Naturalist intelligence focuses on how people relate to their natural surroundings.
- Naturalists have a special ability to grow plants, vegetables and fruit.
  They have an affinity for animals and are good at training and understanding them.
- Naturalists can easily distinguish patterns in nature. They are aware of and intrigued by weather phenomena. They are good at discovering the wonders of nature.
- Naturalists love to walk, climb, camp and trek. They enjoy the outdoors.
- People with Naturalist intelligence is inspired and rejuvenated by nature.





# 7 Body/Kinaesthetic Intelligence

**Score:** 26 (Category: Strong Proficiency)

## Feedback:

Congratulations, your Body/Kinesthetic intelligence is in the strong proficiency range. You have a solid command of physical coordination and movement, allowing you to excel in activities that require hands-on skills. To further enhance your abilities, consider specializing in a particular physical discipline or art form. This could involve pursuing careers in dance, sports, acting, or other performance-related fields. Your strong kinesthetic intelligence can also be valuable in careers such as physical education, fitness training, or even fields that involve hands-on craftsmanship.

## **Career Suggestions:**

Professional Athlete, Professional Dancer, Physical Education Teacher, Choreographer, etc.

#### **Kinesthetic Characteristics:**

- People with Kinaesthetic intelligence learn through movement and experimentation. They enjoy sports and activities that require physical exertion and mastery.
- Some Kinaesthetic people enjoy the artistic side of movement such as dance or any kind of creative movement. They enjoy acting and performing in front of an audience.
- People with Kinaesthetic intelligence is Well-coordinated, enjoy building things and figuring out how things work. They like to use their hands and are very active. They have excellent motor skills and coordination. They are very physical and are keenly aware of their bodies.



# **8 Intrapersonal Intelligence**



**Score:** 29 ( Category: Strong Proficiency )

#### Feedback:

Congratulations, your intrapersonal intelligence suggests a strong level of self-awareness. You have a solid grasp of your emotions, values, and internal processes. Your ability to navigate your inner world can serve you well in both personal and professional settings. Consider pursuing careers involving coaching, counselling, psychology, or leadership roles where your adept understanding of human behaviour and motivation can significantly impact you.

## **Career Suggestions:**

Psychologist, Leadership Coach, Motivational Speaker, etc.

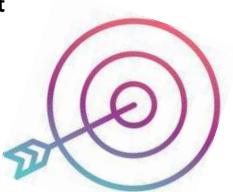
## **Intrapersonal Characteristics:**

- People with intrapersonal intelligence are adept at looking inward and figuring out their own feelings, motivations and goals. They are quintessentially introspective. (characteristically thoughtful) They are Selfaware. They analyse themselves and seek understanding.
- People with intrapersonal intelligence are intuitive and usually introverted. They learn independently and through reflection. They are mostly Interested in self-employment.
- Philosophy, Psychology and Theology are often of interest to people with intrapersonal intelligence. They enjoy journaling because it helps them learn about themselves.
- They are also good at helping others understand themselves. They are able to predict the reactions of themselves and others.



# **Career Priority List**



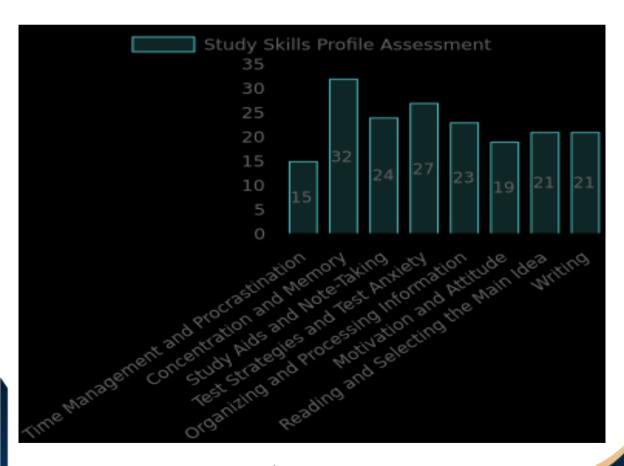


- **1.** Librarian
- 2. Receptionist
- 3. Actor / Actress
- **4.** Yoga/ Fitness/Physical Education Instructor
- **5.** Accountant/Auditor
- **6.** Music Therapist
- **7.** HR-Professional
- 8. Manager
- **9.** Commentator
- 10. News Reader



# 3. STUDY SKILL PROFILE ASSESSMENT







## STUDY SKILL PROFILE



# 1. Time Management and Procrastination

Score:

15 ( Category: Developing Skills )

Feedback:

You are making progress in your journey to conquer procrastination and manage your time effectively. Keep refining your skills and adopting valuable strategies to elevate your productivity and focus further.

# 2. Concentration and Memory

Score: 32 (Category: Exceptional Mastery)

# EEEEE

## Feedback:

Congratulations, your exceptional score reflects a strong command over concentration and memory. Your diligent efforts have paid off, enabling you to excel in absorbing and retaining information. Continue fine-tuning your skills to maximize your cognitive potential and achieve remarkable academic and personal growth.



# 2. Study Aids and Note-Taking

Score: 24 (Category: Strong Proficiency)

#### Feedback:

Your score suggests a solid foundation in study aids and note-taking. Continue to develop and fine-tune these strategies to further streamline your learning process and increase your understanding of the material.



## STUDY SKILL PROFILE



# 4. Test Strategies and Test Anxiety

Score:

27 (Category: Exceptional Mastery)

Feedback:

Impressive proficiency in test strategies and adeptly handling test anxiety are evident in your performance. Your dedicated preparation and effective techniques are positioning you for excellence in exams. Stay the course for continued success.

5. Organizing and Processing Informatic

Score: 23 (Category: Strong Proficiency)

## Feedback:

Your organizational and information processing capabilities are solid, showcasing your commitment to effective learning. Continue to explore advanced strategies to enhance your skills even further.



# 6. Motivation and Attitude

Score: 19 (Category: Strong Proficiency)

#### Feedback:

Your motivation and attitude are commendable, reflecting your dedication to achieving your objectives. Sustain this positive outlook as you navigate through challenges and seize opportunities.



## STUDY SKILL PROFILE



# 7. Reading and Selecting the Main Idea

Score: 21 (Category: Strong Proficiency)

## Feedback:

Your proficiency in reading and selecting the main idea is commendable. Continue engaging with a variety of texts to reinforce your skillset. Fine-tune your analytical prowess and main idea identification through continuous practice, leading to a deeper understanding of textual content.

# 8. Writing

Score: 21 (Category: Strong Proficiency)

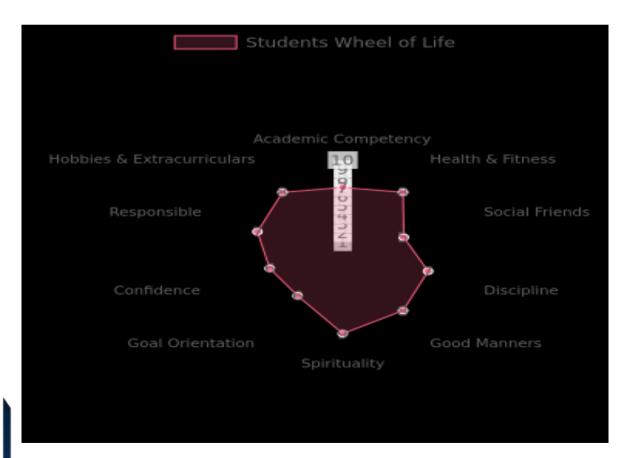
## Feedback:

Your writing abilities are solid and promising. Continue honing your skills by refining your style, enhancing the flow of your ideas, and employing advanced techniques to captivate your readers.



# 4. WHEEL OF LIFE STUDENT'S WELLNESS DIMENSIONS





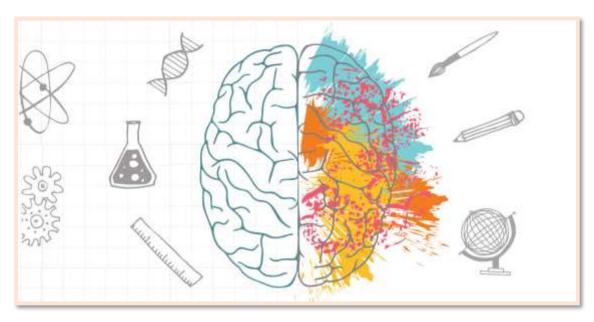


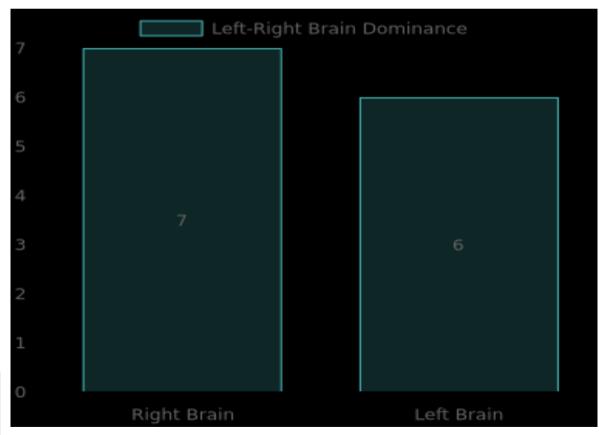
# WHEEL OF LIFE: STUDENT'S WELLNESS DIMENSIONS

Feedback:	Score:
Academic Competency: Proficient understanding, active learning.	7/10
Health & Fitness: Healthy habits, balanced approach.	8/10
Social Friends: Some connections, expand social circle.	5/10
Discipline: Good self-control, and effective organization.	7/10
Good Manners: Consistently polite and well-mannered.	8/10
Spirituality: Deeply connected, meaningful engagement.	9/10
Goal Orientation: Some goals set, need clearer focus.	6/10
Confidence: Some self-assurance, occasional doubts.	6/10
Responsible: Fulfilling responsibilities effectively.	7/10
Hobbies & Extracurriculars: Active engagement in interests.	8/10



# 5. RIGHT-LEFT BRAIN DOMINANCE







# **RIGHT-LEFT BRAIN DOMINANCE**



## **Left Brain Dominance:**

**Score**: 6 (Category: Developing Dominance)

Feedback:

Analytical Thinking: Some logical problem-solving skills.

Language Skills: Adequate verbal communication and grammar.

Math and Logic: Basic comfort with numbers and reasoning.

Structured Planning: Can organize tasks and set goals.

Sequential Processing: Follows linear sequences with effort.

# **Right Brain Dominance:**



Score: 7 (Category: Balanced Dominance)

Feedback:

Creativity: Strong capacity for imaginative and original thinking.

Visual Perception: Proficient in noticing shapes and colors.

Intuition: Comfortable relying on instincts and gut feelings.

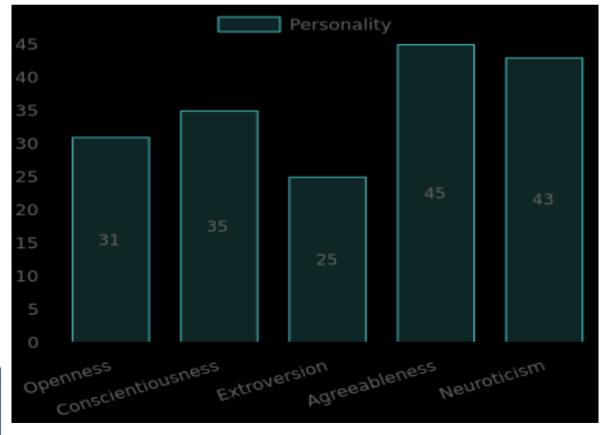
Holistic Thinking: Easily sees the big picture and makes connections.

Artistic Abilities: Proficient artistic expression.



# 6. PERSONALITY TRAITS DOMINANCE







## PERSONALITY TRAITS DOMINANCE

## 1 Extroversion:

Score: 25 (Category: Competing)

Feedback:



You possess a healthy balance between introversion and extroversion, comfortably engaging in both solitary tasks and social interactions. You enjoy spending time with others but also value your personal space.

Possible Personality Type: Possible Personality Type: Ambivert, Socially Versatile, Team Player

## **Career Options:**

Your versatility opens doors to various career paths. Consider roles that involve teamwork, client interaction, and balanced work environments. Sales, marketing, human resources, or event planning could be suitable options.

2 Agreeableness:

Score: 45 (Category: Outstanding)

## Feedback:

Your high agreeableness is a standout trait, highlighting your commitment to harmony and cooperation. You excel at fostering positive environments and nurturing connections with others.

Possible Personality Type: Possible Personality Type: Compassionate, Empathic, Harmonious

## **Career Options:**

Seek roles where interpersonal skills are paramount. Humanitarian work, social services, counseling, or leadership positions that require team building and conflict resolution could be well-suited to your personality.



## PERSONALITY TRAITS DOMINANCE

## 3 Conscientiousness:

**Score**: 35 ( Category: Excelling )

Feedback:



Your conscientious tendencies are noticeable, and you value structure, planning, and goal attainment. You tend to be reliable, detail-oriented, and committed to your tasks.

Possible Personality Type: Possible Personality Type: Dependable, Detail-Focused, Goal-Driven Career Options:

Pursue roles that require precision, organization, and meticulousness. Accounting, quality control, data management, or executive assistance could be well-aligned with your personality.

## 4 Neuroticism:

**Score:** 43 ( Category: Outstanding )

Feedback:



Your emotional experiences tend to be intense, and you may face challenges in managing stress and negative emotions. However, your depth of emotional awareness can also lead to profound self-discovery and empathy for others. the performing arts could provide outlets for your emotional depth.

Possible Personality Type: Possible Personality Type: Emotional, Empathetic, Introspective

## **Career Options:**

Seek roles that center around emotional support, creativity, and individual growth. Therapy, art therapy, social work, or roles in the performing arts could provide outlets for your emotional depth.



## PERSONALITY TRAITS DOMINANCE

# 5. Openness:

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Score: 31 (Category: Excelling)

Feedback:

Your open-mindedness and curiosity are evident, as you actively seek out new experiences and ideas. You thrive in dynamic environments and enjoy exploring uncharted territory.

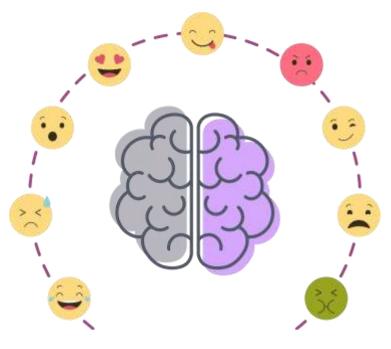
Possible Personality Type: Possible Personality Type: Curious, Imaginative, Innovative

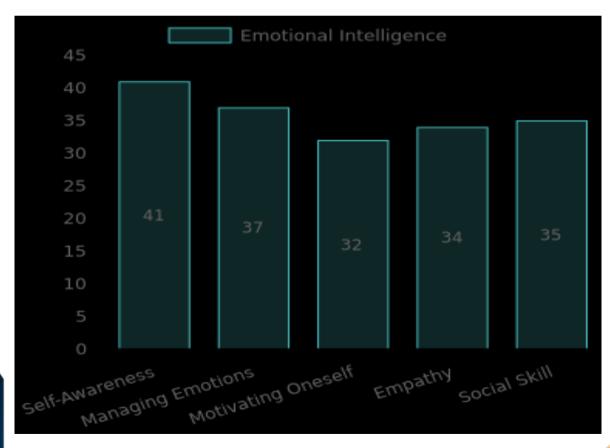
**Career Options:** 

Pursue roles that emphasize creativity, exploration, and the generation of new ideas. Entrepreneurship, research, creative arts, or roles in emerging technologies may resonate with your disposition.



# 7. EMOTIONAL INTELLIGENCE







# **EMOTIONAL INTELLIGENCE**

# 1. Self-Awareness

**Score**: 41 ( Category: Excelling )

## Feedback:

Well done! Your self-awareness is strong, and you have a solid grasp of your emotions and reactions. You are mindful of your strengths and areas for improvement, which allows you to adapt and learn effectively. Your commitment to self-reflection is evident, and it positively impacts your interactions with others. Continue honing your self-awareness—it's a valuable asset that will serve you well in various aspects of life.

# 2. Managing Emotions

**Score:** 37 (Category: Competing)

## Feedback:

You're on the right track in managing your emotions, and there's room for growth. You're displaying a moderate level of emotional control, but there's potential to enhance your strategies for coping with stress and handling strong emotions. By further developing your emotional management techniques, you'll be better equipped to navigate situations with greater ease and contribute positively to your personal and professional interactions.

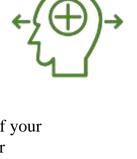
# 3. Motivating Oneself

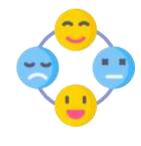
**Score**: 32 (Category: Competing)

Feedback:

Your self-motivation is solid, and you display a commendable level of determination. While you may face occasional challenges, you approach them with resilience and work towards finding solutions. There is room for growth in terms of consistently maintaining your motivation, especially during tougher times. By identifying strategies that help you stay inspired and engaged, you can enhance your ability to maintain momentum towards your goals.









# **EMOTIONAL INTELLIGENCE**

# 4. Empathy

**Score**: 34 (Category: Competing)

## Feedback:

You possess a moderate level of empathy, indicating that you are attuned to the emotions of others to some extent. As you continue to develop this skill, you can further enhance your ability to connect with people on an emotional level. By actively listening and demonstrating understanding, you'll strengthen your relationships and contribute to a more harmonious and empathetic environment.



Score: 35 (Category: Competing)

## Feedback:

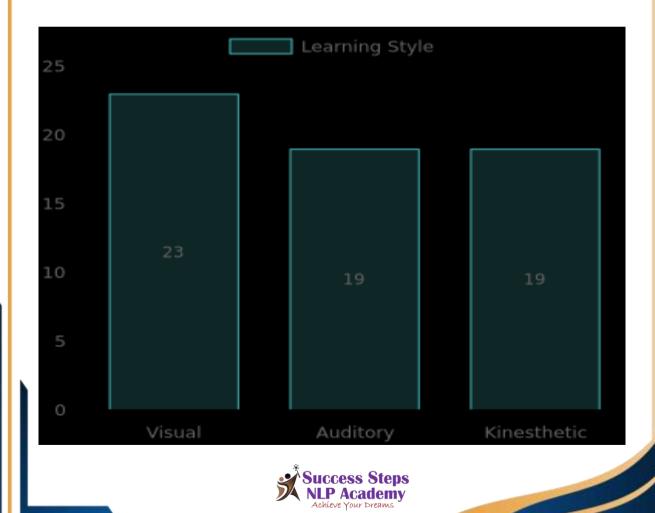
Your social skills are at a satisfactory level, and you demonstrate an ability to engage with others in various situations. As you continue to refine your social skills, focus on active listening and empathy to better understand others' perspectives. By consistently working on your communication and interpersonal abilities, you can create more fulfilling connections and navigate social dynamics more effectively.





# 8. LEARNING STYLE





# **LEARNING STYLE**

# 1. Visual



**Score**: 23 ( Category: Moderate )

## Feedback:

You have a balanced approach to learning, valuing both visual aids and other methods. Visual materials like diagrams, charts, and videos complement your learning style well and enhance your understanding of concepts.



**Score**: 19 ( Category: Moderate )

## Feedback:

If you have a moderate preference for auditory learning, you maintain a balanced approach to learning by appreciating both auditory explanations and other methods. Your capacity to engage in productive discussions and actively listen to lectures is an asset. To further enhance your learning experience, utilize visual aids when appropriate to complement your auditory learning style and reinforce your understanding of complex concepts.

# 3. Kinaesthetic



**Score**: 19 ( Category: Moderate )

#### Feedback:

You have a balanced approach to learning, valuing both hands-on experiences and other methods. Practical applications, experiments, and physical engagement support your learning style. Integrating kinesthetic methods with visual and auditory aids can lead to comprehensive understanding.



# 9. LEADERSHIP SKILLS



## **Leadership Skills**

**Score**: 69 ( Category: Competing )

## Feedback:

You're on the right track, but there's room for improvement in your leadership skills. While you display some effective leadership traits, some areas need attention, such as communication consistency and decision-making. Focus on developing your skills further, seeking mentorship and feedback to help you enhance your leadership abilities.



# 10. LEADERSHIP STYLE







## LEADERSHIP STYLE

## **Authoritative**

**Score**: 26 (Category: Strong Proficiency)

Feedback:

With a score in this range, you exhibit a solid grasp of the authoritative leadership style. Your ability to set a clear direction, inspire your team, and make well-informed decisions is commendable. You likely foster an environment of respect and accountability, enabling your team members to thrive under your guidance. As you continue to refine your skills, focus on continuously fostering open dialogue while staying true to your role as a decisive leader.



# **Democratic**

Score: 38 ( Category: Exceptional Mastery )

## Feedback:

Congratulations on achieving the highest score range for the Democratic leadership style! Your commitment to empowering your team through democratic practices is exceptional. Your approach of actively seeking input, encouraging collaboration, and allowing team members to take ownership of their work demonstrates your strong leadership skills. This creates an atmosphere where everyone feels valued and motivated to contribute their best efforts, ultimately leading to higher productivity and job satisfaction.



# LEADERSHIP STYLE



## **Facilitative**

Score: 29 (Category: Strong Proficiency)

## Feedback:

Your score within this range reflects a solid grasp of the facilitative leadership style. You're effective at encouraging team participation, leveraging diverse perspectives, and making decisions collaboratively. This approach helps create a culture of ownership and engagement among your team members. Keep honing your skills by ensuring that discussions remain constructive and that everyone's contributions are acknowledged and respected.

# Situational



Score: 29 (Category: Strong Proficiency)

## Feedback:

Your score in this range showcases a solid understanding of the situational leadership style. You're skilled at gauging your team members' readiness levels and adjusting your leadership behaviours to match. Your adaptive approach likely contributes to a productive and harmonious work environment. Keep honing your skills by maintaining open communication with your team members and regularly assessing their development needs to ensure their continuous growth.



## 11. CYBER DEPENDENCY



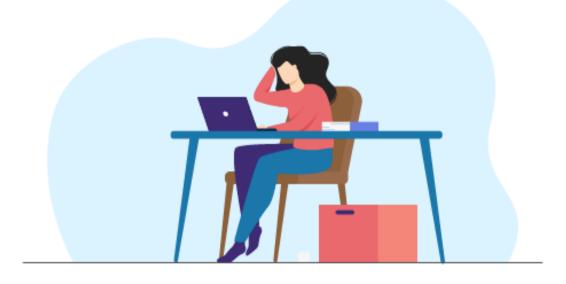
**Score**:43 ( Category: Moderate Dependency )

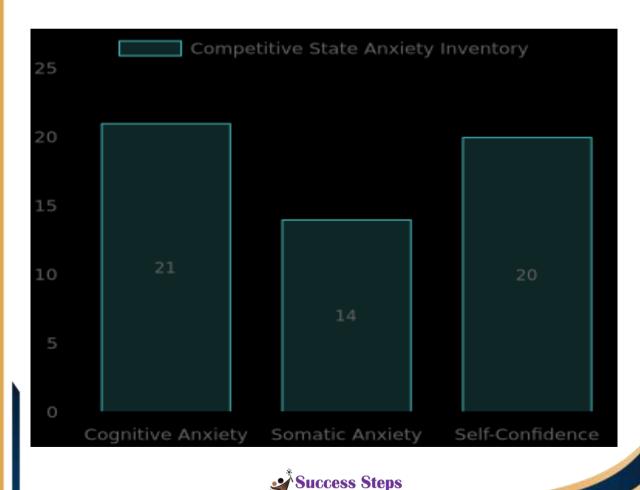
## Feedback:

Your cyber dependency score falls within the moderate range. You have a reasonable reliance on digital tools, which is beneficial in many aspects of modern life. Balancing this with offline skills can further enhance your ability to manage disruptions. Consider honing your proficiency in both digital and non-digital solutions for a well-rounded approach.



## 12. COMPETITIVE STATE ANXIETY INVENTORY





## **COMPETITIVE STATE ANXIETY**

# **Cognitive Anxiety**

**Score**: 21 (Category: Moderate)

## Feedback:

Your cognitive anxiety score falls within the moderate range, indicating that you might experience a noticeable level of anxious thoughts and concerns. It's important to remember that anxiety is a common emotion, and many individuals face similar challenges. Consider exploring mindfulness techniques, deep breathing exercises, and cognitive-behavioral strategies to manage and redirect your anxious thoughts, allowing you to regain a greater sense of control over your thinking patterns.

# **Somatic Anxiety**

Score: 14 (Category: Mild)

## Feedback:

Your score indicates mild somatic anxiety. While you might experience some physical symptoms in response to stress or anxiety, your ability to cope and manage these sensations is admirable. Remember that these bodily sensations are natural reactions, and your capacity to navigate them suggests that you possess valuable skills for maintaining a balanced approach to stress.

# **Confidence**

**Score**: 20 (Category: Moderate)

#### Feedback:

Moderate Self-Confidence: You're well on your way to building strong self-confidence. You have a good understanding of your abilities and areas you can grow in. Keep nurturing your strengths, setting achievable goals, and celebrating your successes. Your self-assured attitude will continue to serve you well.





## 13. PROFESSIONAL SKILLS SET ASSESSMENT

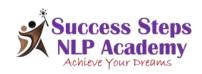


**Score:** 62 ( Category: Above Average )

## Feedback:

- You're performing above the average, and it's time to celebrate your accomplishments.
- Your competency and effectiveness in this skill are commendable; now aim to be a standout.
- With further refinement and continuous practice, you're poised to reach the pinnacle of excellence.





## Disclaimer

The information provided in this analysis belongs to its owner only. In case of a minor, the rights of information are with his legal guardian. The content of this analysis is only for reference, based on the scientific research in the field of psychology and statistical study conducted based on the psychometric tests and counselling session. The decision to follow any instruction, advise, suggestion or recommendation completely depends upon you and you will be solely responsible for the consequences of the same. We as an organization or any of its representatives are not responsible for any consequences under any circumstance. Before taking any crucial decision, please refer to a professional counsellor. The results are only indicative the company or and any authorized representative of the company shall in no case be liable for failure in any particular course of study or activity recommended in the report or any important decisions taken based on this report. Thus, it should not be used as a standalone instrument for any important decisionmaking. The accuracy of test results may be influenced by the honesty and self-awareness of the students taking the test.