

03/01/2023

Peter Cooney
301/25 Alma Road
St Kilda VIC 3182

Welcome to Allied Health and Education Services at the Baker Heart and Diabetes Institute.
We look forward to meeting you at your first appointment.

Please see your appointment details below:

Date and time:

- Monday 16 January 2023 11:00am with Ms Cindy Shea

Please arrive 15 minutes before your appointment time.

Location: Baker Specialist Clinics
Alfred Centre, Level 4, 99 Commercial Rd, Melbourne
Enter the building from Centre Lane (Gate 3)

Enter the Alfred Centre building via the ground floor main reception (off Centre Lane) for Covid screening by Alfred Health staff.

After Covid screening please take the B lifts to level 4. On level 4 The Baker Specialist Clinics are through the glass doors and to the left.

Your first appointment will take approximately 60 minutes. At this appointment we will talk with you about your health needs and discuss information to help you best manage your health.

You can attend appointments by yourself or with a family member, friend or carer.

Please bring with you to your appointment:

- Completed consent and registration forms.
- Referral letter, GP care plan and blood test results if you have a copy of these.
- A list of any medication you take.
- Your blood glucose meter and record book if you use them.
- Reading glasses if you wear them.
- Medicare card and concession card if you have one.
- Questions you may have about your health.



An interpreter can be booked for your appointment at no cost to you. Please tell us if you need an interpreter before your appointment date.

Changing your appointment

If you need to change or cancel your appointment, please contact us as soon as possible by phone **(03) 8532 1800** or email alfredcentrereception@baker.edu.au. A fee will be charged to you if you do not attend your appointment or cancel on the day of your appointment.

Appointment cost

Most of our services are partly funded by Department of Human Services. The cost of your appointment will depend on your income. You will be asked to answer a question about your income range on the registration form. Your income information will not be shared with any other organisation.

If you are worried about the cost of your appointment, please talk to your health professional on the day or call reception before your appointment. Telephone: **(03) 8532 1800**.

Payment for your appointment is requested on the same day as your appointment.

Most services

Low-income / Concession card: \$10.30 per appointment

Medium-income: \$15.60 per appointment

High-income: \$125.00 first appointment / \$75.00 for review appointment

Pregnant or Starting insulin

When you are pregnant or starting insulin therapy, the first appointment cost includes email or telephone review with your health professional.

Low Income / Concession card: \$30.60 first appointment

Medium Income: \$71.20 first appointment

High Income: \$125.00 first appointment

Private services

Appointments for insulin pump therapy, continuous glucose monitoring or FreeStyle Libre are priced differently. Please ask reception about costs before your appointment.

Do you have an Enhanced Primary Care Plan or Team Care Arrangement from your GP?

If you have allocated allied health appointments on a plan created with your general practitioner, \$56.00 of the appointment cost will be returned to you by Medicare. If you have a low income, there will be no out of pocket cost for most services.

DVA Gold Card

There are no out of pocket costs for services if you have a DVA Gold Card and a current referral from your general practitioner.

Getting to your appointment

The Alfred Centre building is located at 99 Commercial Rd Melbourne, on the corner of Commercial Road and Punt Road. The building entrance is accessed from Centre Lane (Gate 3). The Baker Specialist Clinics are located on level 4.

Travelling by car

There is limited street parking on nearby streets. A one-minute drop-off zone is located at the entrance to the building on Centre Lane. Underground parking is available under the building. Fees apply. Concession card holders may qualify for discount parking.

<https://www.alfredhealth.org.au/patients-families-friends/before-you-arrive/parking-at-the-alfred>

Parking is also available at Prahran Market, approximately 850m walk away. Fees apply.

Travelling by bus

Bus routes 216, 219 and 220 stop at the corner of Commercial and Punt Roads.

Travelling by tram

Tram No. 72 stops at the corner of Commercial and Punt Roads.

Tram No. 3, 5, 6, 16, 64 and 67 stop at the corner of St Kilda and Commercial Roads.

The clinic is approximately a 600m walk away from this stop.

Travelling by train

On the Sandringham line, Prahran train station is approximately a 1km walk away.

Travelling by taxi

There is a taxi parking area at the entrance to the building on Centre Lane.



Finding the Baker Specialist Clinics

The Baker Specialist Clinics can be accessed via the B lifts in The Alfred Centre via Gate 3, take the lift to Level 4. Please call us if you are having difficulty: (03) 8532 1800.