table\_cogtr.mat

CogTr: 1 = trained; 2 = non-trained

diagnosis: 1 = healthy control; 2 = subjective cognitive decline

sex: 1 = male; 2 = female

Pre: 0 = Post, 1=Pre

Neuropsychological tests:

MMSE = Mini-Mental State Examination

7MS = 7 Minutes Test

BNT = Boston Naming Test

RSF = Rey's Simple Figure

digit\_total\_F = Digit Span Test (forward)

digit\_total\_B = Digit Span Test (backward)

LM\_imm\_units = Logical Memory (immediate units)

LM\_del\_units = Logical Memory (delayed units)

LM\_imm\_them = Logical Memory (immediate thematic)

LM\_del\_them = Logical Memory (delayed thematic)

phon\_fluency\_F = Phonemic Fluency Test (F)

phon\_fluency\_A = Phonemic Fluency Test (A)

phon\_fluency\_S = Phonemic Fluency Test (S)

sem\_fluency\_fruit = Semantic Fluency Test (fruits)

sem\_fluency\_animal = Semantic Fluency Test (animal)

sem\_fluency\_name = Semantic Fluency Test (name)

TMT\_A & TMT\_B = Trail Making Test (parts A & B)

RBMT = Rivermead Behavioral Memory Test