# Colin Leath

Spring 2011

**1009 Glover Rd / Rockford, TN 37853** (until 12/1) **5142 Hollister Ave #5 / Santa Barbara, CA 93111** 

805 699 6411 colinleath@gmail.com

# **Facilitator**

of solos and sit spots

# Volunteer

for earth- and people-care

#### Certifications

Wilderness First Responder and CPR/First Aid. NOLS WMI. Expires 12/14/2011. < view > Lifeguarding and First Aid. American Red Cross. Expires 5/21/2012. < view > US Merchant Mariner's Document (Ordinary Seaman), TWIC. Expire 11/2013. 45-Hour Challenge Course Facilitator Training by RJKCCC and SDSU ARC. 3/25/2004. < view >

#### **Employment**

Summer 2011

### Sailing Trip Leader (36 field days)

YMCA Camp Orkila Eastsound, WA

Led one- and two-week sailing expeditions in the San Juan Islands with two coleaders and 10-12 participants. Learned from existing culture and practices, such as values sessions and rag ceremonies, and introduced new practices. Improved my ability to collaborate with coleaders, e.g., by staying current with and learning from feedback. Medical lead for two trips. Facilitated solos progressing from 15 minutes to 16 hours.

Fall 2009, Spring 2011

#### **Naturalist and Instructor (63 field days)**

Naturalists at Large and Boojum Institute for Experiential Education Ventura, California and Anza, California

Developed and facilitated multi-day outdoor education and group-building programs throughout California to help students and faculty become comfortable in the outdoors and with each other. Co-led one 7-day Joshua Tree backpacking trip for  $7^{th}$  graders which incorporated solos progressing from 15 minutes to 3 hours.

Summer 2010

# Assistant Field Guide (56 field days)

Open Sky Wilderness Therapy

Durango, Colorado

Supported student physical and emotional safety during week-long hiking expeditions which sometimes included 3-day solos or a farm trip. Facilitated students' Individual Growth Plans, pathway work, and therapy groups. Supported Open Sky curriculum and schedule by teaching and modeling outdoor skills, interpersonal skills, meditation, yoga, and nutrition.

Summer 2009

### Mentor (volunteer; 20 field days)

Wilderness Youth Project Santa Barbara, California

Let 3-5-year-olds be along streams, bluffs, beaches, marshes, boulders, a river, and a rose garden aided by caring older kids, parents, and co-mentors. Shared gratitude. Modeled and counseled peace and the good message.

Spring 2004-Summer 2008

# Challenge Course Facilitator, Lead Facilitator, Leadership Camp Lead

Ray and Joan Kroc Corps Community Center (and four other companies)

San Diego, California

Designed teambuilding programs to meet client goals. Supervised co-facilitators and trainees. Inspected course. Designed and led two sessions of week-long Junior

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Leaders daycamp. Grew to guide 80+ participant programs for AFROTC and high

Fall 2001-Spring 2003 **Research Support Specialist** 

Department of Vision Sciences, SUNY State College of Optometry

New York, New York

Wrote software to create and present visual displays and to collect and analyze data. Supported experimental design, recruiting and running study participants,

apparatus construction, and data analysis and presentation.

Fall 1999-Spring 2001 VB Programmer (3<sup>rd</sup>), Install Developer (2<sup>nd</sup>), QA Analyst (1<sup>st</sup>)

Greentree Systems Incorporated

Pacific Grove, California

+ Maintained, enhanced, and documented Resume Analyzer.

+ Designed and coded iGreentree setup, reducing one-hour process to 15 minutes.

+ Verified bugs. Verified fixes as harmless. Supported betas. Maintained installs.

### Other Experience

Guided a 5-day backpack between Quail Springs and Spirit Pine Sanctuary through Los Spring 2011

Padres National Forest for three residents of those communities

Invited to present on "Modern Nomad: A How-To" and to sit on the "Zone Zero: Personal Spring 2011

Well-Being and Self-Care" panel at the SoCal Permaculture Convergence

Spring 2011 Traveled Spain, Morocco, and Portugal for two months < map >

Fall 2010 Packrafted Animas and San Juan Rivers to Hole-in-the-Rock, Lake Powell <map> Spring 2010 Hiked Columbus, NM to Ghost Ranch, NM along the CDT (i.e., nearly Mexico to CO) Spring 2010 Walked across Arizona (and partway through CA and NM) with George and Shay Fall 2008-Spring 2010 Multiple 3-18-day hikes in southern CA coast ranges, southern Sierras, and AZ

Spring 2009 Two-week retreat at Deer Park Monastery

Summer 2008 Seven-week Sierra hike, Kernville to Yosemite and back, ~520 miles < fo-rest >

Summer 2008 Hand-sewed and modified gear: quilt, tarp, hat, scarf, pack

Spring 2008 Co-organized a primitive/origin skills gathering in Rainbow, California < sdprim> Gardener, participant, and volunteer, San Diego Food Not Lawns <garden> Fall 2006-Spring 2008 Fall 2007-Spring 2008 Sat still, watched the mind, read about gurus, and wrote < i9k blog>

Summer 2007 Kitchen assistant at **Quail Springs** during two-week permaculture course

Spring 2007 Vipassana meditation course, ten days

Fall 2006 Graduate Teaching Associate, RWS100 (freshman composition), SDSU

Summer 2006 Wrote a 13-page CV < cv, addenda, archive> Staff, Hostel Obispo, San Luis Obispo Summer 2004

Bicycled from NYC to the Pacific Ocean via Mexico, ecovillages <log> Spring-Fall 2003

Summer 2003 Work-exchanger at Earthaven Ecovillage with Rod Rylander and Kimchi; walked with Frank Cook; attended the Southeastern Permaculture Gathering <hoboschool>

Volunteer chorister, Saint Bartholomew's Church, New York City Fall 2002-Spring 2003

Fall 2002 Co-founded Integral Transformative Practice NYC group < itpnvc>

Summer 2000-Spring 2002 Dance—jazz, modern, ballet and synchronized swimming, Monterey and New York City

Summer 2001 Counselor at English camps in Italy

Crisis line volunteer, Community Human Services Counseling Center, Monterey Spring 2001

Summer 1999-Spring 2001 Monterey Hostel Society volunteer

Fall 1998-Fall 1999 Temporary employee in Washington, DC, Austin, TX, and Monterey, CA

Assistant Teacher, South Central Yearly Meeting, 1st and 2nd grades, Bruceville, Texas Spring 1999

Founded UW student organization, the being group <ad, home> Summer 1996-Spring 1998

Research Assistant for UW School of Nursing Reconnecting Youth project Spring 1997-Spring 1998

Teen Feed volunteer in Seattle, eating meals with homeless youth Spring 1996

Computer instructor for 4<sup>th</sup> and 5<sup>th</sup> graders Fall 1994-Spring 1995

Summer 1994 Worked and windsurfed in Maui without a car

Summer 1992, '93, '94 Sailing and windsurfing instructor

Eagle Scout service project Spring 1991

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#### **Publications**

Leath, Colin, ed. *SD/TJ Design*, *Plant*, *Harvest: nourishing our shared space*, *caring for the commons*. 2007-2008. <a href="http://sdtidph.blogspot.com/">http://sdtidph.blogspot.com/</a>

Collaborative blog demonstrating read/write web technologies to San Diego- and Tijuana-area activists.

Leath, Colin, ed. *The carfree universe project: Strengthening communities of the carfree*. 2003-2007. <a href="http://purl.org/net/cfu/">http://purl.org/net/cfu/</a>

Multi-user content management system allowing content to be tagged and sorted by topic, location, and type.

Leath, Colin. experienceart. 2001-2005. <a href="http://purl.org/net/ea/">http://purl.org/net/ea/</a>>

A personal archive and web log originally intended to be a multi-user system. "experienceart is art where one's medium is one's own experience."

Leath, Colin. *The effect of participation in the meaning in life forum on participants' experiences of meaning in life*. 1999. <a href="http://purl.org/net/cleath/writings/effect.htm">http://purl.org/net/cleath/writings/effect.htm</a>, pdf>

Thesis about an 8-week intervention.

Leath, Colin. The experience of meaning in life from a psychological perspective. 1999.

< http://purl.org/net/cleath/writings/meaning.htm, pdf>

A review of existing research. Meaning in life may consist partly in having things to look forward to.

 $Leath, Colin. \ \textit{The Aesthetic Experience}. \ 1996. < \underline{\text{http://purl.org/net/cleath/writings/asexp113.htm}} > \underline{\text{http://purl.org/net/cleath/writings/asexp113.ht$ 

Describes <u>aesthetic experience</u> as "concentration on experience in which there is no desire for greater control of the experience."

Leath, Colin. Why We Never See Martians. 1983. <a href="http://purl.org/net/cleath/writings/wwnsm.html">http://purl.org/net/cleath/writings/wwnsm.html</a>>

### **Education**

San Diego State University. 2004-2006. English- and Spanish-language literature, TESOL, and pedagogy <u>coursework</u>. Monterey Peninsula College. 2000. Dance—jazz, modern, and ballet.

University of Washington. Bachelor of Science with departmental honors in Psychology, 1999. Calculus, physics, chemistry, and biology <u>coursework</u>.

Thomas Jefferson High School for Science and Technology. Diploma, 1994. Computer science, computer architecture, digital electronics, and computer-aided design coursework.

#### References

Chris Bonelli A
Program Coordinator F
Naturalists at Large C

Andy D'Acquisto, M.A., C.P.C.

Former Senior Field Guide
Open Sky Wilderness Therapy

Martin Emmes
Assistant Summer Director
YMCA Camp Orkila