

# Natural Language Processing

## Week 6: Pre-trained Language Models in 4 Parts

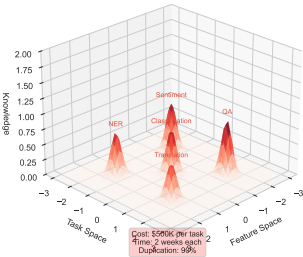
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## Roadmap: Your Journey Through Pre-training

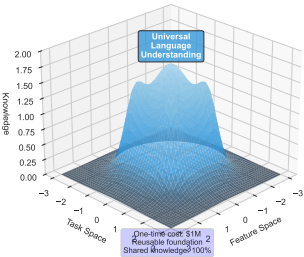
# The Paradigm Shift That Changed Everything

## The Pre-training Revolution: How Foundation Models Changed Everything

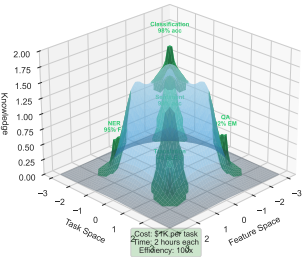
**BEFORE: Isolated Task Learning**  
(Each task learns from scratch)



**BREAKTHROUGH: Pre-training Foundation**  
(Learn once from all text)



**AFTER: Efficient Fine-tuning**  
(Adapt pre-trained model to tasks)



## The Pre-training Revolution: Exponential Progress



# **Part 1**

## **The Revolution**

Why Pre-training Changed Everything

# The \$10 Million Waste Problem

## Before 2018: Every Team Starting from Zero

### Company A: Sentiment Analysis

- Cost: \$500,000 in compute
- Time: 2 weeks on 64 GPUs
- Learns: Grammar, syntax, sentiment

### Company B: Question Answering

- Cost: \$500,000 in compute
- Time: 2 weeks on 64 GPUs
- Learns: Grammar, syntax... again!

## The Insanity:

- 20 companies = \$10 million wasted
- Each re-learning what “the” means
- 90% duplicate effort
- Only 10% on actual task

### Reality Check:

Imagine teaching every medical student the alphabet before medicine!

# The Breakthrough: Learning from Computer Vision

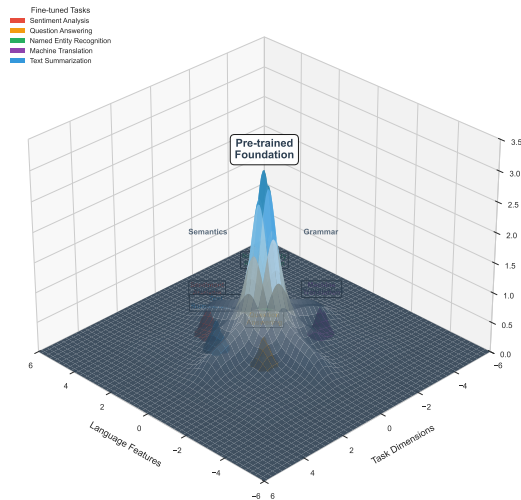
## 2012: ImageNet Moment in Vision

- Pre-train on millions of images
- Learn edges, shapes, objects
- Fine-tune for specific tasks
- 10x performance improvement

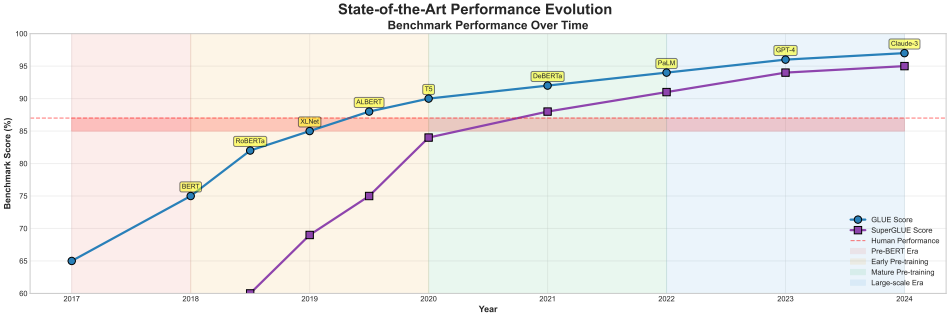
## 2018: The NLP Awakening

- “Why not do this for language?”
- Pre-train on all of Wikipedia
- Learn grammar, facts, reasoning
- Fine-tune for any language task

The Knowledge Transfer Mountain:  
How Pre-training Creates a Foundation for All Tasks



# Timeline: The Pre-training Revolution



# The Scale of Transformation

## Before Pre-training (2017)

- Training cost: \$500K per task
- Training time: 2 weeks
- Data needed: 100K+ labeled examples
- Performance: 70-80% accuracy
- Accessibility: PhD required
- Deployment: Months

## With Pre-training (2024)

- Training cost: \$1K per task
- Training time: 2 hours
- Data needed: 1K examples
- Performance: 95%+ accuracy
- Accessibility: API call
- Deployment: Minutes

**Impact: 100x cost reduction, 100x speed increase, 10x performance gain**



# Democratization: From Elite Labs to Everyone

## The Old World (Pre-2018)

- Only Google, Facebook, Microsoft
- Requires ML PhD team
- Millions in infrastructure
- Months to deploy

## The New World (Post-2018)

- Any developer with an API key
- No ML expertise needed
- \$20/month subscription
- Deploy in minutes

## Who Benefits:

- Startups
- Students
- Researchers
- Small businesses
- Non-profits
- Individual developers

### Checkpoint

Can you explain why pre-training is like teaching someone to read?

## Part 1 Summary: The Revolution

### Key Takeaways:

- ① **The Problem:** Every team re-learning language basics = \$10M waste
- ② **The Insight:** Pre-train once on everything, fine-tune for specific tasks
- ③ **The Impact:** 100x efficiency gain across cost, time, and accessibility
- ④ **The Timeline:** 2018 BERT → 2023 ChatGPT = 5 years to change the world
- ⑤ **The Democratization:** From PhD labs to every developer

**Next: How do models actually learn from raw text?**

## **Part 2**

### **Understanding Pre-training**

How Models Learn from Raw Text

# The Magic: Self-Supervised Learning

## Traditional Supervised Learning

- Need: (text, label) pairs
- Example: (“I love this!”, positive)
- Problem: Expensive to label
- Scale: Thousands of examples

## Self-Supervised Learning

- Need: Just raw text
- Example: “The cat sat on the [?]”
- Advantage: Free labels from text itself
- Scale: Billions of examples

## Creating Labels from Text

Original: “The quick brown fox jumps”

↓ Hide words

Input: “The [MASK] brown fox jumps”

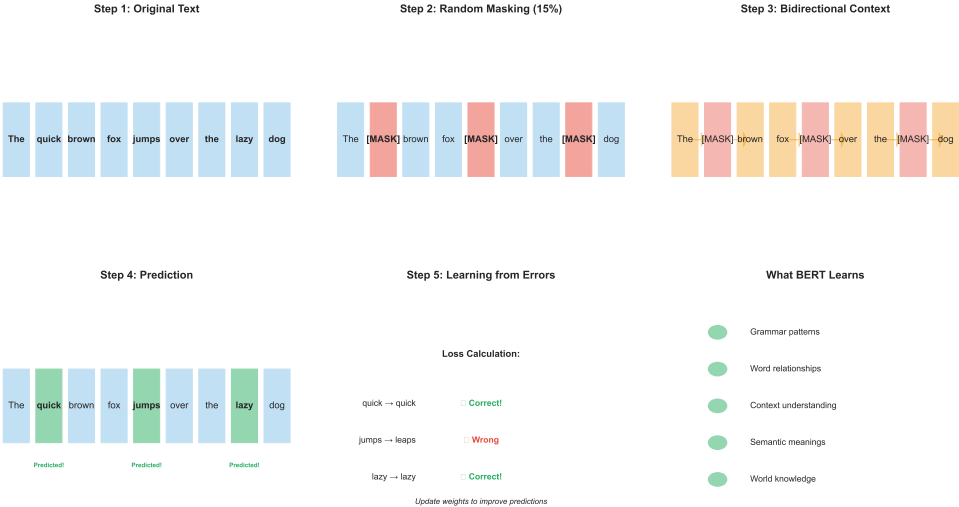
Target: “quick”

### Intuition

The text teaches itself! Every sentence becomes a training example.

# BERT's Approach: Masked Language Modeling

## Masked Language Modeling: How BERT Learns



# Try It Yourself: Fill in the Blanks

## BERT's Training Game - You Try:

- ❶ The capital of France is [MASK].
  - Your guess: \_\_\_\_\_
  - Answer: Paris
- ❷ The [MASK] rises in the east.
  - Your guess: \_\_\_\_\_
  - Answer: sun
- ❸ She [MASK] to the store yesterday.
  - Your guess: \_\_\_\_\_
  - Answer: went

```
1 # BERT learns by playing this game billions of times
2 def train_bert(text):
3     masked_text = randomly_mask(text, rate=0.15)
4     prediction = bert_model(masked_text)
5     loss = compare(prediction, original_text)
6     update_weights(loss)
```

# GPT's Approach: Next Token Prediction

## Autoregressive Learning

- Predict next word given previous
- Left-to-right processing
- Natural for generation
- Simpler than BERT's MLM

## Training Example:

- Input: "The cat sat"
- Target: "on"
- Next: "The cat sat on"
- Target: "the"
- Continue for all text...

## Interactive Example:

Complete these sentences:

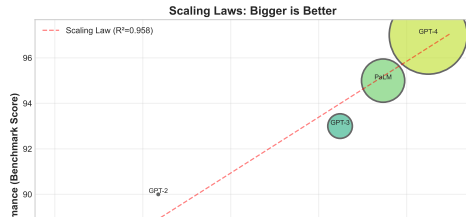
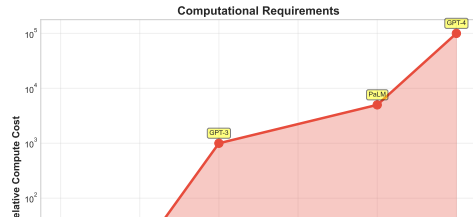
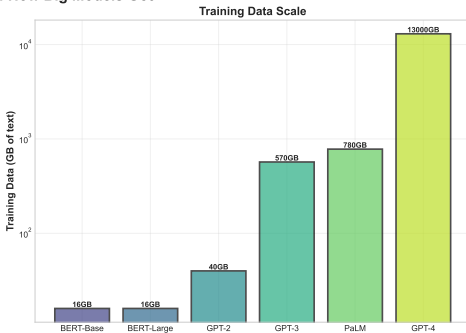
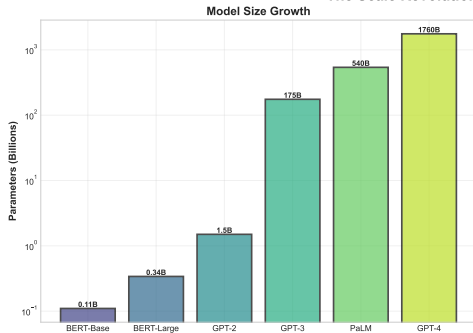
- ① "Once upon a..." → \_\_\_\_\_
- ② "To be or not to..." → \_\_\_\_\_
- ③ "The weather today is..." → \_\_\_\_\_

## Key Insight

GPT learns to write by predicting what comes next, just like you just did!

# Scale Matters: The Power of Big

The Scale Revolution: How Big Models Got





# What Do Models Actually Learn?

## Layer 1-4: Syntax & Grammar

- Parts of speech
- Word order rules
- Basic grammar patterns

## Layer 5-8: Semantics

- Word meanings
- Concept relationships
- Context understanding

## Layer 9-12: High-level Reasoning

- World knowledge
- Logical relationships
- Abstract concepts

## Emergent Abilities:

- Translation (never explicitly taught!)
- Summarization
- Question answering
- Code generation
- Mathematical reasoning
- Creative writing

### Intuition

Like a child learning language: first sounds, then words, then meaning, then reasoning

## Part 2 Summary: Understanding Pre-training

### Key Concepts:

- 1 **Self-Supervised:** Text provides its own labels - no manual annotation!
- 2 **BERT's MLM:** Fill in the blanks using bidirectional context
- 3 **GPT's Autoregressive:** Predict next word from previous words
- 4 **Scale Advantage:** Billions of parameters + terabytes of text = intelligence
- 5 **Emergent Learning:** Models learn tasks they were never explicitly taught

### Checkpoint

Can you explain the difference between BERT's and GPT's training approach?

**Next: Deep dive into BERT vs GPT architectures**

# **Part 3**

## **Architecture Deep Dive**

BERT vs GPT - Two Paradigms

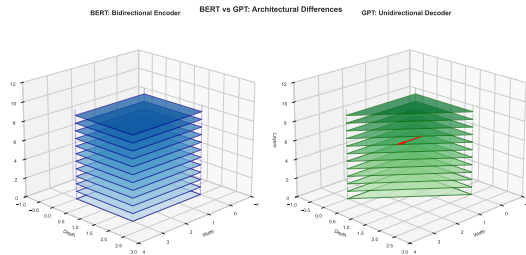
# BERT: Bidirectional Encoder Representations

## Architecture Components:

- **Input:** Token + Position + Segment embeddings
- **Core:** 12/24 Transformer encoder layers
- **Attention:** Bidirectional self-attention
- **Output:** Contextualized representations

## Key Innovation:

- Sees both left AND right context
- Example: “The [MASK] barked loudly”
- Uses: “The” + “barked loudly”
- Better understanding than left-only



## BERT Sizes:

- BERT-Base: 110M parameters
- BERT-Large: 340M parameters

# BERT Training: Two Objectives

## 1. Masked Language Model (MLM)

- 15% tokens masked
- 80% replaced with [MASK]
- 10% replaced with random word
- 10% kept unchanged

### Why the 80-10-10 split?

- Prevents overfitting to [MASK]
- Forces robust representations
- Handles noise in real data

## 2. Next Sentence Prediction (NSP)

- Input: Sentence A + Sentence B
- Task: Are they consecutive?
- 50% true next sentence
- 50% random sentence

### Example:

- A: "The weather is nice."
- B: "Let's go for a walk." ✓
- B: "Cats like fish." ✗

### Key Insight

MLM teaches word understanding, NSP teaches sentence relationships

# GPT: Generative Pre-trained Transformer

## Architecture Components:

- **Input:** Token + Position embeddings
- **Core:** 12/24/48 Transformer decoder layers
- **Attention:** Causal (left-to-right) mask
- **Output:** Next token predictions

## Key Design:

- Only sees previous tokens
- Natural for generation
- Autoregressive decoding
- Simpler training objective

## GPT Evolution:

- GPT-1 (2018): 117M parameters
- GPT-2 (2019): 1.5B parameters
- GPT-3 (2020): 175B parameters
- GPT-4 (2023): 1.76T parameters\*

## Training Process:

- 1 Input: "The cat sat"
- 2 Predict: "on"
- 3 Input: "The cat sat on"
- 4 Predict: "the"
- 5 Continue...

## BERT vs GPT: When to Use Which?

| Aspect         | BERT             | GPT                     |
|----------------|------------------|-------------------------|
| Context        | Bidirectional    | Left-to-right           |
| Best for       | Understanding    | Generation              |
| Training       | MLM + NSP        | Next token              |
| Speed          | Faster inference | Slower (autoregressive) |
| Use Cases      |                  |                         |
| Classification | <b>Excellent</b> | Good                    |
| NER            | <b>Excellent</b> | Good                    |
| QA             | <b>Excellent</b> | Good                    |
| Generation     | Poor             | <b>Excellent</b>        |
| Translation    | Good             | <b>Excellent</b>        |
| Summarization  | Good             | <b>Excellent</b>        |

### Intuition

BERT reads the whole page to understand, GPT writes one word at a time

# Tokenization: Breaking Text into Pieces

## BERT: WordPiece Tokenization

- Vocabulary: 30,000 tokens
- Subword units
- Handles unknown words

```
1 "unbelievable" ->  
2 ["un", "##believ", "##able"]  
3  
4 "COVID-19" ->  
5 ["COVID", "-", "19"]
```

## GPT: Byte-Pair Encoding (BPE)

- Vocabulary: 50,000+ tokens
- Learned from frequency
- Efficient for generation

```
1 "unbelievable" ->  
2 ["un", "believ", "able"]  
3  
4 "COVID-19" ->  
5 ["COVID", "-19"]
```

## Why Subword Tokenization?

- Handles any word (even made-up ones)
- Reduces vocabulary size
- Captures morphology (prefixes, suffixes)



# Input Representations: More Than Just Words

## BERT's Three-Part Input:

| Token        | [CLS]                       | The       | cat       | sat       | [SEP]     |
|--------------|-----------------------------|-----------|-----------|-----------|-----------|
| Token Emb    | $E_{CLS}$                   | $E_{the}$ | $E_{cat}$ | $E_{sat}$ | $E_{SEP}$ |
| Position Emb | $E_0$                       | $E_1$     | $E_2$     | $E_3$     | $E_4$     |
| Segment Emb  | $E_A$                       | $E_A$     | $E_A$     | $E_A$     | $E_A$     |
| Final Input  | Sum of all three embeddings |           |           |           |           |

## Special Tokens:

**CLS** : Classification token (sentence representation)

**SEP** : Separator between sentences

**MASK** : Masked token for MLM

**PAD** : Padding for batch processing

## Key Insight

Position embeddings tell the model word order, segment embeddings separate sentences

## Part 3 Summary: Architecture Insights

### **BERT (Bidirectional)**

- Sees full context (left + right)
- Best for understanding tasks
- Two training objectives (MLM + NSP)
- Cannot generate text naturally

### **GPT (Autoregressive)**

- Sees only previous context
- Best for generation tasks
- Single training objective (next token)
- Scales to trillions of parameters

#### Checkpoint

Why can't BERT generate text as naturally as GPT?

**Next: How to adapt these models to your specific tasks**

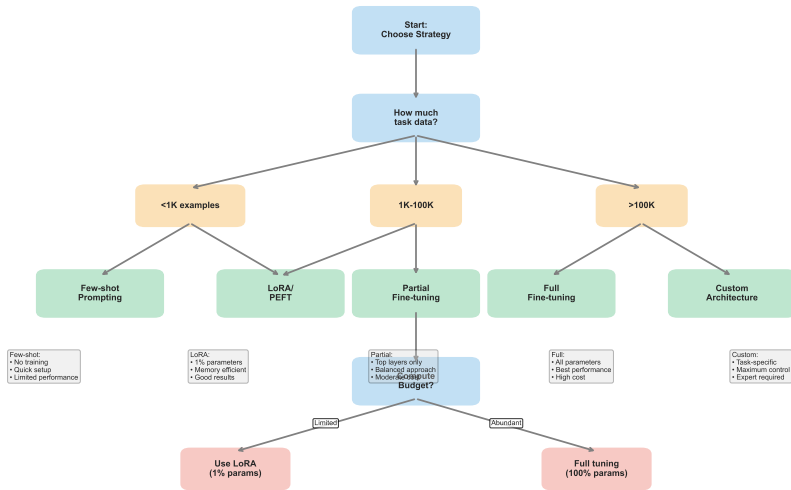
# **Part 4**

## **Fine-tuning and Applications**

From Foundation to Task-Specific Excellence

# Fine-tuning Strategy Decision Tree

Fine-tuning Strategy Decision Tree



# Task-Specific Heads: Adapting to Your Task

## Classification Head

```
1 # Sentiment analysis
2 bert_output = bert(text)
3 cls_token = bert_output[0] # [CLS]
4 logits = linear(cls_token)
5 class = softmax(logits)
6 # Output: positive/negative
```

## Token Classification (NER)

```
1 # Named entity recognition
2 bert_output = bert(tokens)
3 token_logits = linear(bert_output)
4 entities = softmax(token_logits)
5 # Output: PER, ORG, LOC per token
```

## Question Answering

```
1 # Extract answer span
2 bert_output = bert(question, context)
3 start_logits = linear_start(bert_output)
4 end_logits = linear_end(bert_output)
5 answer = context[start:end]
```

## Sequence-to-Sequence

```
1 # Summarization, translation
2 encoder_out = bert_encoder(source)
3 summary = gpt_decoder(encoder_out)
4 # Output: Generated text
```

## Key Insight

The pre-trained model stays mostly the same, only the task head changes!

# The Fine-tuning Process: Step by Step

## Step 1: Choose Pre-trained Model

- BERT for understanding
- GPT for generation
- T5 for any text-to-text

## Step 2: Prepare Task Data

- Format: (input, label) pairs
- Quality & Quantity
- 1K-10K examples usually enough

## Step 3: Add Task Head

- Classification: Linear + Softmax
- NER: Token classifier
- QA: Span predictor

## Step 4: Fine-tune

- Lower learning rate (2e-5)
- Few epochs (2-4)
- Watch for overfitting

## Step 5: Evaluate

- Hold-out test set
- Task-specific metrics
- Compare to baseline

### Intuition

Like teaching a well-educated person a new skill  
- they learn fast!

# Few-shot and Zero-shot: Learning Without Training

## Zero-shot (No Examples)

- Just describe the task
- Works with large models (GPT-3+)
- Example prompt:

"Classify sentiment: 'This movie is amazing!'  
Answer: Positive"

## Few-shot (1-10 Examples)

- Provide examples in prompt
- No actual training
- In-context learning

## Few-shot Example:

"Translate English to French:

sea otter → loutre de mer

cheese → fromage

airplane → avion

teacher → ?"

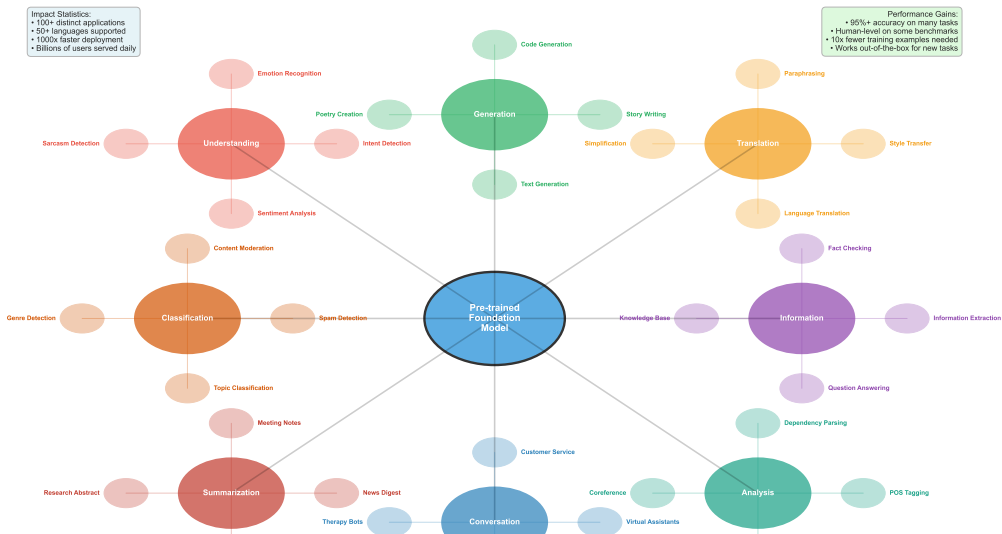
Answer: professeur

## Key Insight

Large models can learn new tasks just from instructions!

# Real-world Success Stories

## The Pre-training Application Ecosystem





# Environmental Considerations

## The Carbon Cost

- GPT-3 training: 1,287 MWh
- = 552 tons CO<sub>2</sub>
- = 120 cars for a year

## But Consider:

- Train once, use millions of times
- Replaces thousands of task-specific models
- Net positive if widely used

## Efficiency Improvements

- LoRA: 1% of parameters
- Quantization: 4-bit models
- Distillation: Smaller models
- Better hardware: TPUs, H100s

### Checkpoint

How does fine-tuning reduce environmental impact compared to training from scratch?

# Modern Efficiency: LoRA and PEFT

## LoRA (Low-Rank Adaptation)

- Only train 1% of parameters
- Add small matrices to layers
- Same performance as full fine-tuning
- 100x less memory

```
1 # Instead of updating W (d x d)
2 # Add low-rank matrices A (d x r) and B (r x d)
3 # where r << d
4 W_new = W + A @ B
5 # Only train A and B!
```

## Benefits:

- Fine-tune GPT-3 on single GPU
- Switch tasks by swapping LoRA weights
- Merge multiple adaptations
- Deploy efficiently

## Other PEFT Methods:

- Prefix Tuning
- Prompt Tuning
- Adapter Layers
- BitFit

## Part 4 Summary: Practical Applications

### Key Takeaways:

- ① **Fine-tuning Strategy:** Choose based on data size and compute budget
- ② **Task Heads:** Simple additions for specific tasks
- ③ **Few-shot Magic:** Large models learn from just examples
- ④ **Applications:** 100+ tasks enabled by pre-training
- ⑤ **Environmental:** Consider efficiency methods like LoRA
- ⑥ **Modern Methods:** 1% parameters, 100% performance

**You now understand the complete pre-training pipeline!**

# **Appendix**

## **Resources and Advanced Topics**

Your Toolkit for Getting Started

# Model Zoo: Available Pre-trained Models

## Hugging Face Hub

- 500,000+ models
- All major architectures
- Easy to use API
- Community contributed

## Popular Models:

- **BERT**: bert-base-uncased
- **RoBERTa**: roberta-large
- **GPT-2**: gpt2-medium
- **T5**: t5-base
- **BART**: facebook/bart-large

## Specialized Models:

- **Code**: Codex, CodeBERT
- **Science**: SciBERT, BioBERT
- **Legal**: LegalBERT
- **Finance**: FinBERT
- **Multilingual**: mBERT, XLM-R

## Access Methods:

- Hugging Face Transformers
- OpenAI API
- Google Vertex AI
- AWS SageMaker

# Computational Requirements

| Model                             | Parameters | Memory | Fine-tune GPU   |
|-----------------------------------|------------|--------|-----------------|
| BERT-Base                         | 110M       | 440MB  | GTX 1080 (8GB)  |
| BERT-Large                        | 340M       | 1.3GB  | RTX 3090 (24GB) |
| GPT-2                             | 1.5B       | 6GB    | A100 (40GB)     |
| GPT-3                             | 175B       | 700GB  | 8x A100 (320GB) |
| <b>With LoRA (1% parameters):</b> |            |        |                 |
| GPT-3 + LoRA                      | 1.75B      | 7GB    | RTX 4090 (24GB) |

## Cost Estimates (2024):

- Cloud GPU (A100): \$3-5/hour
- Fine-tuning BERT: \$10-50
- Fine-tuning GPT-3 with LoRA: \$100-500
- API calls: \$0.002 per 1K tokens

# Latest Developments (2024)

## New Models:

- **GPT-4:** Multimodal, 1.76T params
- **Claude 3:** Constitutional AI
- **Gemini:** Google's unified model
- **Llama 3:** Open-source 405B
- **Mistral:** Efficient 7B model

## Trends:

- Mixture of Experts (MoE)
- Multimodal (text + image + audio)
- Longer context (1M+ tokens)
- Tool use and function calling

## Research Directions:

- Constitutional AI
- Chain-of-thought reasoning
- Retrieval-augmented generation
- Sparse models
- Continuous learning

## Open Problems:

- Hallucination
- Bias and fairness
- Interpretability
- Efficiency at scale

# Quick Start: Your First Fine-tuning

## 5-Minute Setup with Hugging Face:

```
1 from transformers import AutoModelForSequenceClassification, AutoTokenizer
2 from transformers import TrainingArguments, Trainer
3 import torch
4
5 # 1. Load pre-trained model
6 model = AutoModelForSequenceClassification.from_pretrained(
7     "bert-base-uncased", num_labels=2
8 )
9 tokenizer = AutoTokenizer.from_pretrained("bert-base-uncased")
10
11 # 2. Prepare your data
12 texts = ["I love this!", "This is terrible."]
13 labels = [1, 0] # positive, negative
14
15 # 3. Tokenize
16 inputs = tokenizer(texts, padding=True, truncation=True, return_tensors="pt")
17 inputs["labels"] = torch.tensor(labels)
18
19 # 4. Fine-tune
20 training_args = TrainingArguments(
21     output_dir="./results",
22     num_train_epochs=3,
23     per_device_train_batch_size=16,
24 )
25 trainer = Trainer(model=model, args=training_args, train_dataset=inputs)
26 trainer.train()
```



# Best Practices and Tips

## Data Preparation:

- Quality & Quantity
- Balance your classes
- Clean and consistent formatting
- Augment if needed

## Training Tips:

- Start with small learning rate ( $2e-5$ )
- Use warmup steps
- Monitor validation loss
- Early stopping to prevent overfit

## Common Pitfalls:

- Overfitting on small data
- Wrong tokenizer for model
- Catastrophic forgetting
- Ignoring class imbalance

## Debugging:

- Start with tiny dataset
- Verify input shapes
- Check gradient flow
- Visualize attention weights

# Learning Resources

## Papers to Read:

- BERT: Devlin et al. (2018)
- GPT-3: Brown et al. (2020)
- T5: Raffel et al. (2019)
- LoRA: Hu et al. (2021)

## Courses:

- Hugging Face Course (free)
- CS224N Stanford NLP
- Fast.ai Practical Deep Learning
- Coursera NLP Specialization

## Tools and Libraries:

- Hugging Face Transformers
- LangChain
- OpenAI API
- Weights & Biases

## Communities:

- Hugging Face Forums
- r/MachineLearning
- Twitter ML Community
- Local AI Meetups

# Quick Reference Card

## Model Selection:

- Understanding → BERT
- Generation → GPT
- Both → T5
- Efficiency → DistilBERT

## Data Requirements:

- Few-shot: 1-10 examples
- LoRA: 100-1K examples
- Full fine-tune: 1K-10K examples
- From scratch: 100K+ examples

## Key Commands:

```
1 # Install
2 pip install transformers
3
4 # Load model
5 from transformers import AutoModel
6 model = AutoModel.from_pretrained("bert-base")
7
8 # Fine-tune
9 trainer.train()
10
11 # Inference
12 outputs = model(**inputs)
```

## What You've Learned:

- ① Why pre-training revolutionized NLP (100x efficiency)
- ② How models learn from raw text (self-supervised)
- ③ BERT vs GPT architectures (bidirectional vs autoregressive)
- ④ Fine-tuning strategies (full, LoRA, few-shot)
- ⑤ Real-world applications (100+ tasks)

**You now have the knowledge to use pre-trained models!**

Start with the Jupyter notebook exercises

Questions?