## **Symptom Tracker**

Enter your symptoms

<u>Home</u> Calendar

### Common Symtptoms Currently 🥋



#### **Light Fever**

The medical community generally defines a fever as a body temperature above 100.4 degrees Fahrenheit. A body temp between 100.4 and 102.2 degree is usually considered a low-grade fever. "If the temperature is not high, it doesn't necessarily need to be treated with medication," Dr. Joseph

#### Stuffy Nose

Nasal congestion can be caused by anything that irritates or inflames the nasal tissues. Infections — such as colds, flu or sinusitis — and allergies are frequent causes of nasal congestion and runny nose. Sometimes a congested and runny nose can be caused by irritants such as tobacco smoke and car exhaust.

#### Coughing

While an occasional cough is normal, a cough that persists may be a sign of a medical problem. A cough is considered "acute" if it lasts less than three weeks. It is considered "chronic" if it lasts longer than eight weeks (four weeks in children).

# **Symptom Tracker**

Search symptoms in calander

### Home <u>Calendar</u>

«		January 2023				<b>»</b>
MON	TUE	WED	THU	FRI	SAT	SUN
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

# **MVP** Features

- Progress tracker
  (how long the symptoms have been active for)
- Using the symptoms recommend if you should see a doctor and which/what type of doctor(if applicable).
- Search for more accurate symptoms
- Create doctors appointment from within the app(affiliate)
- Check measurable metrics using smart watch if applicable, to help doctors during remote assessment.
- Apple health sync