



Description of implementations workpackage 2

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Housing and Services

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description of implementations

Strategy focus

Concrete general description of intended new functions and/or systems.

Expected outcome

That content, areas of responsibility, and or function has fully been determined, described and specified concerning the intended implementation for concerned parts of the organization. This step will largely be based on the final reports and conclusions of OLE.

Demography

- ✚ The official pension age in Sweden is 65, but you have the right to remain at work until 67 years of age.
- ✚ The government is investigating changes of the pension age and how to make it possible for elder people to remain at work even after 67 years of age.

Preliminary population, Luleå kommun 2008-12-31

Ålder	Män	Kvinnor	Total
0-14	5 810	5 541	11 351
15-25	6 226	5 497	11 723
26-49	12 097	11 197	23 294
50-64	7 303	7 297	14 600
65-74	3 310	3 536	6 846
75-79	1 057	1 405	2 462
80-84	726	1 046	1 772
85-89	369	604	973
90-94	83	228	311
95-99	16	58	74
100-w	2	7	9
Total	36 999	36 416	73 415

1. Implementation

The project will focus on two themes, adapted housing and a housing bank.

- ✓ The services attached to the housing will be at two different levels
- ✓ Databased Housing Bank

1.1 Intended implementation

Today there are three various living models for elderly in Luleå. The elderly can stay in their own house, apartment, senior dwelling house or pensioner residence with home help. If the pensioner needs more help than the home help can provide they apply for an apartment at a nursing home. Home help personal provides social service and minor health treatment to other pensioners. Sometimes it's difficult to establish a safe work environment for home help personal, bathrooms and other spaces can be cramped in old houses and apartments. Travels between customers/pensioners take up a great part of the working hours.

For pensioners and disabled persons it is often difficult to live in old houses and apartments, stairs, small rooms, small bathrooms and poor communications are often a hindrance. In Sweden it's possible to get government subsidies if you need to conform your residential building or your apartment.

When a pensioner needs social service or minor health treatment he makes an application to the municipality. Assistance official takes the application, investigates and determines the needs and makes a decision on behalf of a delegation of the Social Welfare Board's politicians. Assistance can be in the form of a nursing or service nature.

In the future there will be two specific types of living models for elderly that no longer live in their ordinary home. When you are 65 years or older you can move in to an "Årgångshus/Trygghetsboende", there's no need to seek for assistance, the apartments are divided according to a waiting list. If you need help when you live in an Årgångshus/Trygghetsboende home help personal provides it. It's possible to look at a website and find out where all the Årgångshus/Trygghetsboende are located and sign up on a waiting list.

When you need more personal care and assistance with your daily living than the home help personal can provide, the next step is to apply for a "Vård och omsorgsboende/healthcare and assistancehome". Every "Årgångshus/Trygghetsboende" will have common rooms that may be used for different activities.

1.2 Stakeholders

- **Staff concerned**
It would save labor time for **home help-personal** and **district nurses** if pensioners in need of social services and minor health treatments are living in "Årgångshus", time needed for travel would decrease. It would also mean better work environment for home help personal. If it is possible for pensioners themselves to decide when to move in to an Årgångshus, then you don't need administration by **assistance officials**, and it would mean reduced expenses for the municipality.
- **Politicians**
The Swedish government has appointed a commission with the task to investigate housing for elderly. The commission has completed the task and in December 2008 they published their findings in the rapport "Bo bra hela

livet” (*How to live well all your life*)¹ The commission recommends that the name “Trygghetsboende” should be used for housing designed for elderly. These housings should have rooms for common use and also appointed personal who organizes activities. The **politicians** would have an interest in building these housings because the commission thinks that they are cost effective in the long run.

- **Pensioneers/Targetgroups**
To live in an “Årgångshus/Trygghetsboende” would mean security and opportunities for social contacts for **pensioners** even when they reached high age. Relatives can be considered as a target group and for them it would be a relief knowing that their next-of-kin are safe, not lonely and living well.
- **Interest organizations/Unions**
The concerned **interest organizations** are the pensioner organizations and for them “Årgångshus/Trygghetsboende” would mean higher quality for pensioner housings. They would also benefit from the freedom of choice if it's possible for pensioners themselves to choose housing. For the **Union** members it would mean better work environment and perhaps a acceptable working speed and a feeling of decreased stress when travel time is diminished.
- **Others**
Others that have interest in OLE2 could be all taxpayers and municipalities and organizations which can use the findings from OLE2 in their line of business.

1.3 Providers, public or private

- **Sevices**
In Luleå home help and minor health treatment is provided by home help personal employed by the municipality. (No other providers are available.) The municipality could save costs for administration by assistance officials because they don't need to investigate needs and determine needs of housing in “Årgångshus/Trygghetsboende”. Their time effort regarding nursing homes applications that are being turned down would also diminish.
- **Institutions**
Institutions – nursing homes might be affected. The queue for an apartment in a nursing home would decrease and nursing homes could specialize taking care of the most needed pensioners.

2. Implementation in relation to current procedures

2.1 Changes

To reach our goals it's necessary to cooperate with Lulebo, (housing agency's) and concerned interest organizations, in order to create and build adapted housings for elderly. **Our suggestion for the future:** Adapted housing for

¹ SOU 2008:113, Bo bra hela livet

elderly is a matter that concerns the whole municipality, not only the housing agency's, and should be planned together.

The first "Årgångshus" will be finished during this summer, so there are no on going activities at the moment. To create self generated activities for elderly we have to engage and cooperate with volunteers from concerned interest organizations as well as the Red Cross and the church. The commission rapport "Bo bra hela livet" (*How to live well all your life*)² suggests state subsidy for employing personal who organizes activities. That should make it easier to finance activities. Despite this we need to get more engagement from volunteers. We believe that self-generated activities for elderly should give activities more suitable and better attended than activities created by employed personal.

Today the apartments at the "Årgångshus" are divided according to a waiting list, the same system is used for ordinary apartments. Our goal is to establish a system for a property data bank concerning adapted housing for senior citizen and that demands cooperation with property owners and IT-specialists.

2.1 Co-ordination

Home help personal employed by the municipality will provide social services and minor health treatment for pensioners living in "Årgångshus/Trygghetsboende". In the future it's possible that other providers (private entrepreneurs) of home help will occur. We also need more engagement from volunteers, especially to organize activities.

² SOU 2008:113, Bo bra hela livet

3. Activity plan for workpackage 2

Activities	Start date	End date	Budget
Intended implementation			
<i>Background research</i>	0810	On going	
<i>Create material for project group H&S</i>	0812	090112	
Organizational frame			
<i>Establish a project group</i>	0811	081231	
<i>Kick off for all Swedish project groups</i>		090113	
<i>Meeting with project group Housing&Services, first meeting</i>	090216		
Area of responsibilities			
<i>Create a Transnational projectplan</i>	0811	090131	
<i>Questions to the observation partners</i>	0812	090120	
<i>Invitations to pensioner organizations to attend lectures concerning self generated activities</i>	0812	090114	
<i>Been present in lectures with pensioner organizations (see above)</i>	090115-16	090116	
<i>Invitations to pensioner organizations and project group concerning lectures "Passion for life"</i>	090126	090126	
<i>Bee present in lectures with pensioner Organizations and project group concerning lectures (see above)</i>	090203		

References

SOU 2008:113, *Bo bra hela livet*, Slutbetänkande av äldreboendedelegationen S2006:03.