

The Heart Has It's Reason

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1 Introduction

The heart, one of the bodies most crucial organs, with the task of keeping us alive by rhythmic contractions through our whole life, is often in the centre in poetry and other spirituous activities. What is the true function the brain? This question is investigated by the *BBC*¹ and features many different perspectives on the heart's function.

2 Summary

Throughout the podcast, we are introduced to different perspectives and functionalities of the heart. In the beginning, we are introduced to the life-sustaining functionality, without the heart we cannot survive. However, the heart contains nerve cells that are identical to the ones in the brain, meaning in theory we could store memories in the heart. While this remains to be a controversial topic one cannot ignore the fact we can transfer memories with heart transplants. The heart is often in the centre in spiritual thought, that the heart stores one's soul and has more meaning than just keeping us alive.

3 My thoughts

I did not find this podcast particularly interesting. I find it uninteresting because it was mainly speculation, no proof of anything was portrayed, only speculation of reasons behind an incident. For an example the patient who became obsessed with a particular date, only to find out it was the birthday of the donor. When you take it out of context it seems like the heart transplant was the cause, but in reality it can be whatever. The podcast didn't have any foundation to lay their "grounds", only stated their explanation. It did however include doctors not trusting this phenomenon. But in short, it was only speculations.