

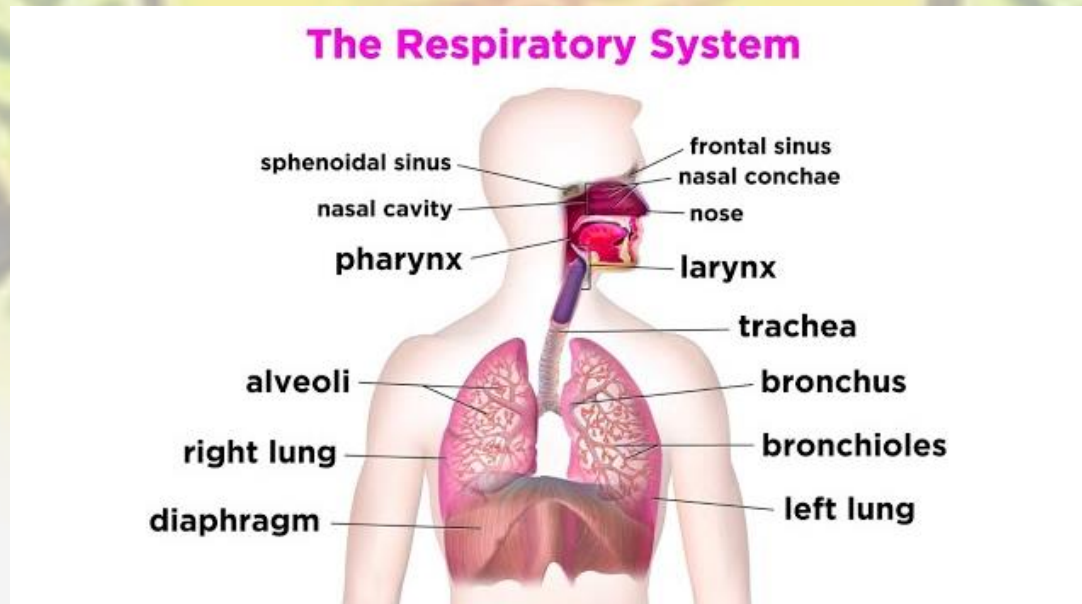
Types of Respiration

- External Respiration
- Inhalation and exhalation of air
- Internal Respiration
- Happens at cellular level
- Breakdown of glucose to produce energy



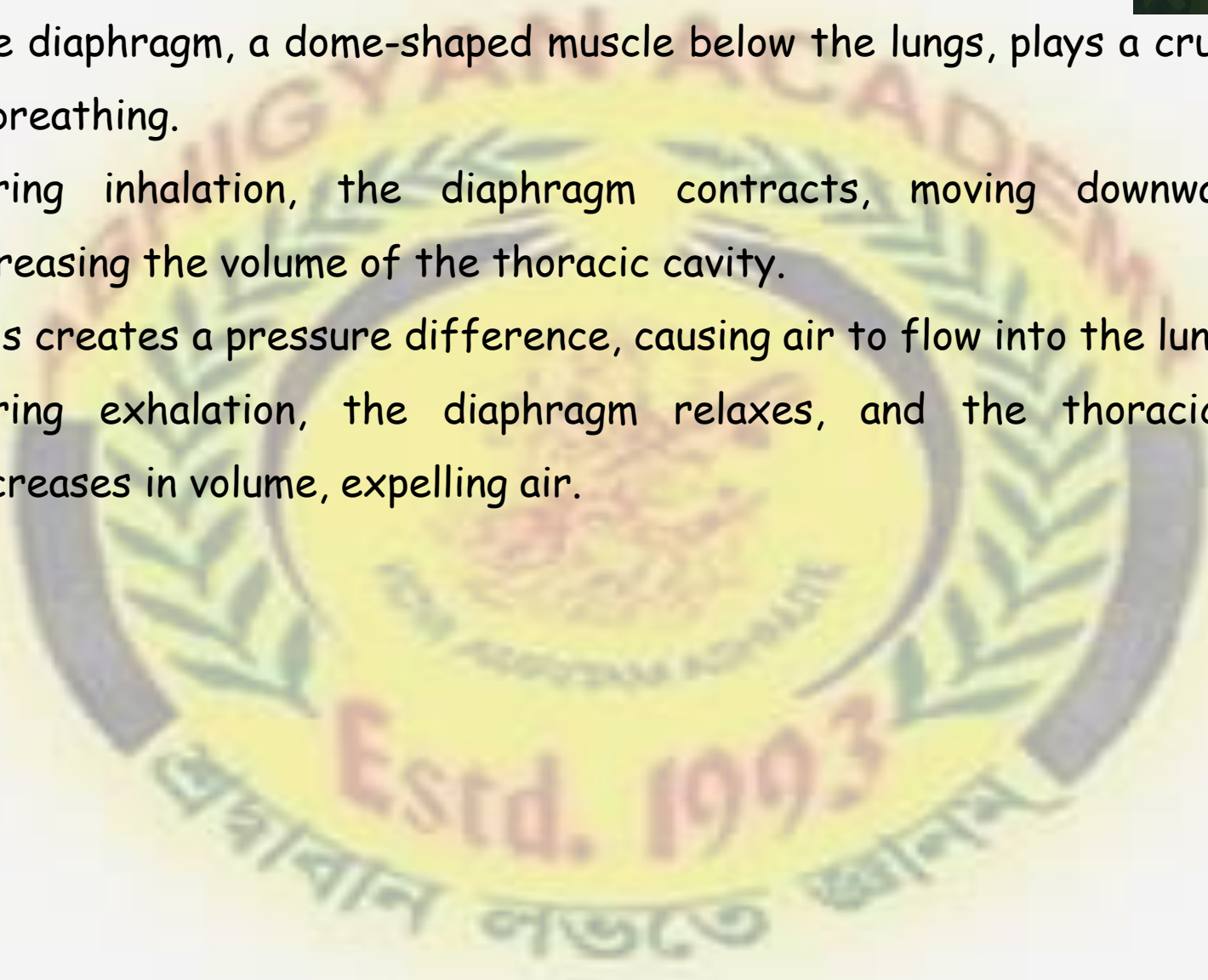
Human Respiratory system

- Nose- It is an opening to inhale air from surrounding(breathe in breathe out)
- Nasal Cavity- It has air and mucus. To trap dust particles
- To make air moist and warm
- Pharynx- Food pipe and wind pipe get separated
- Wind pipe is covered by a membrane called epiglottis



- Larynx- voice box or vocal cords
- Trachea- carries air to lungs
- **Trachea (Windpipe):**
 - A rigid tube composed of cartilage rings that connects the larynx to the bronchi.
 - Lined with ciliated cells and mucus-producing cells to trap and remove debris.
- **Bronchi:**
 - The trachea branches into two bronchi, each leading to one lung.
 - Further subdivided into smaller bronchioles.
- **Bronchioles:**
 - Smaller airways that branch off from the bronchi.
 - End in clusters of tiny air sacs called alveoli.
- **Alveoli:**
 - Microscopic air sacs where gas exchange occurs.
 - Oxygen from the air diffuses into the bloodstream, while carbon dioxide from the bloodstream diffuses into the air in the alveoli.

- The diaphragm, a dome-shaped muscle below the lungs, plays a crucial role in breathing.
- During inhalation, the diaphragm contracts, moving downward and increasing the volume of the thoracic cavity.
- This creates a pressure difference, causing air to flow into the lungs.
- During exhalation, the diaphragm relaxes, and the thoracic cavity decreases in volume, expelling air.



Cellular respiration

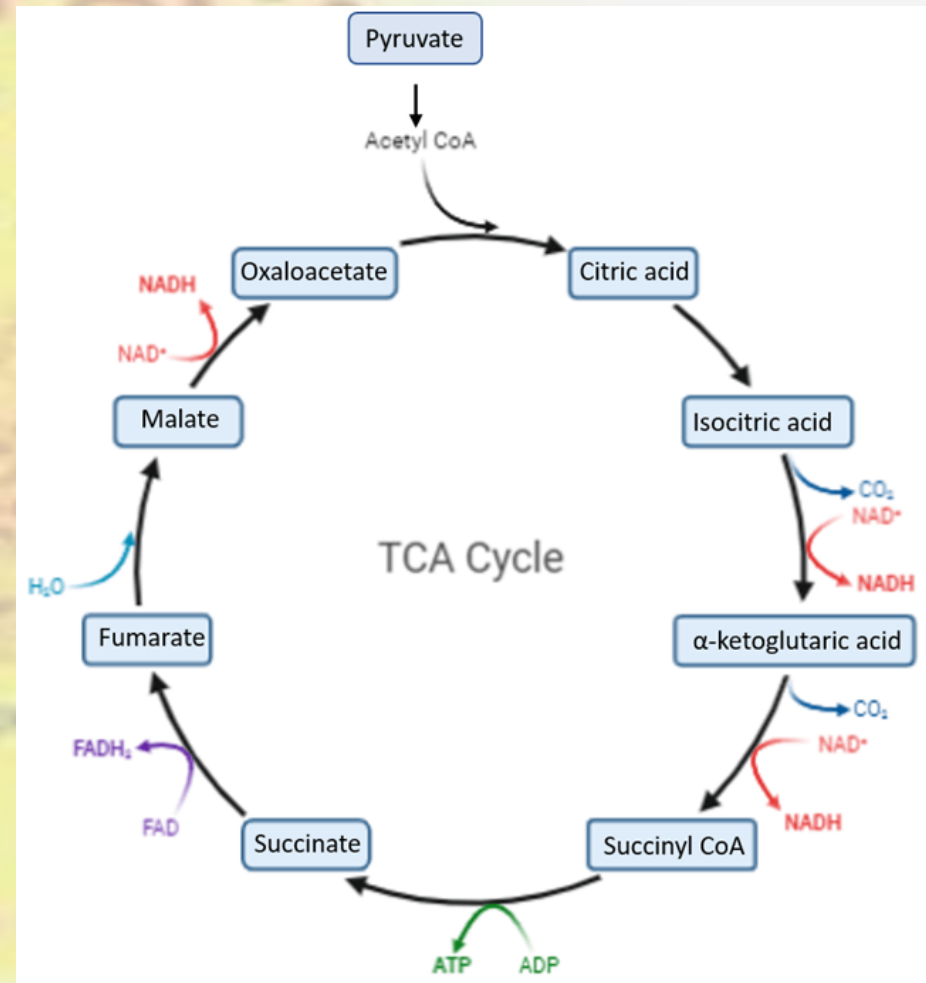
- The complete oxidation of one molecule of glucose in cellular respiration can be summarized as:

$$C_6H_{12}O_6 + 6O_2 \rightarrow 6CO_2 + 6H_2O + \text{energy (as ATP)}$$
- **Aerobic vs. Anaerobic Respiration:**
- **Aerobic Respiration:** Occurs in the presence of oxygen and is the most efficient way to generate ATP.
- **Anaerobic Respiration:** Takes place in the absence of oxygen and is less efficient. In the absence of oxygen, pyruvate may be converted to lactic acid (in animals) or ethanol (in microorganisms) in a process known as fermentation.

- **Glycolysis**
- **Location:** Cytoplasm of the cell
- **Process:**
 - Glucose, a six-carbon sugar, is broken down into two molecules of pyruvate (a three-carbon compound).
 - This process produces a small amount of ATP and NADH (nicotinamide adenine dinucleotide, a coenzyme).
 - Glycolysis does not require oxygen and is considered anaerobic.

Citric Acid Cycle (Krebs Cycle):

- **Location:** Mitochondrial matrix
- **Process:**
 - Each pyruvate molecule produced in glycolysis enters the mitochondria and is further broken down.
 - This cycle generates NADH and flavin adenine dinucleotide (FADH₂), along with a small amount of ATP.
 - Carbon dioxide is released as a byproduct.



- **Oxidative Phosphorylation (Electron Transport Chain and Chemiosmosis):**
- **Location:** Inner mitochondrial membrane (Electron Transport Chain) and mitochondrial inner membrane space (Chemiosmosis).
- **Process:**
 - NADH and FADH₂ from glycolysis and the citric acid cycle donate electrons to the electron transport chain.
 - As electrons move along the chain, energy is released and used to pump protons (H⁺) across the inner mitochondrial membrane.
 - The accumulation of protons creates a concentration gradient.
 - Protons flow back into the mitochondrial matrix through ATP synthase, driving the synthesis of ATP from adenosine diphosphate (ADP) and inorganic phosphate (Pi).