Water Resources

- Earth's water: While three-fourths of the Earth is covered in water, only a small portion is usable freshwater.
- Sources of freshwater: We get freshwater from surface runoff and groundwater, constantly renewed through the hydrological cycle.
- Renewable resource: Water is a renewable resource thanks to the hydrological cycle.

Water Scarcity

- Limited usable water: Despite the abundance of water, most of it is saltwater and unusable.
- Uneven distribution: Water availability varies greatly due to differences in rainfall patterns.
- Over-exploitation: Excessive use of water, especially for agriculture and industry, leads to scarcity.
- Unequal access: Social inequalities can restrict access to water for some groups.
- **Population growth:** Growing populations increase the demand for water, straining resources.
- Pollution: Water pollution reduces the amount of usable water.

Causes of Water Scarcity

- Over-exploitation of groundwater: Excessive use of wells and tubewells for irrigation depletes groundwater.
- Industrial demand: Industries are heavy water users and contribute to pollution.
- Urbanization: Growing cities increase water demand and strain existing resources.

Consequences of Water Scarcity

- Falling groundwater levels: Over-extraction of groundwater threatens water availability and food security.
- Ecological crisis: Mismanagement of water resources can harm natural ecosystems.
- Health hazards: Water pollution poses serious health risks.

Solutions

- Water conservation: We need to use water more efficiently and reduce waste.
- Improved water management: Better management practices are crucial to ensure equitable water distribution.
- Sustainable agriculture: Promoting drought-resistant crops and dry farming techniques can reduce agricultural water use.

- Pollution control: Stricter regulations and wastewater treatment are needed to combat water pollution.
- Jal Jeevan Mission: Government initiative to provide safe drinking water to all rural households in India

Key takeaway:

Water scarcity is a complex issue with various causes and consequences. Conserving water, managing it effectively, and ensuring equitable access are vital for our well-being and the health of our planet.

Multi-Purpose River Projects and Integrated Water Resources Management

- Historical Context: India has a long history of building hydraulic structures like dams, reservoirs, and canals for irrigation.
- Modern Approach: After independence, India adopted multi-purpose river projects with an integrated water resources management approach to foster development.
- Nehru's Vision: Jawaharlal Nehru called dams "temples of modern India," envisioning them as tools for agricultural and industrial growth.

Benefits of Dams

- Irrigation: Storing water for irrigating agricultural fields.
- Hydropower generation: Generating electricity.
- Water supply: Providing water for domestic and industrial use.
- Flood control: Regulating water flow to mitigate floods.
- Recreation: Creating opportunities for leisure activities.
- Inland navigation: Facilitating transportation.
- Fish breeding: Supporting fisheries.

Examples of Multi-Purpose Projects

- Bhakra-Nangal Project: Provides hydroelectricity and irrigation in the Sutluj-Beas river basin.
- Hirakud Project: Combines water conservation with flood control in the Mahanadi basin.

- Ecological Impacts:
 - Disruption of natural river flow.
 - Sedimentation in reservoirs.
 - o Habitat loss for aquatic life.
 - o Fragmentation of rivers, hindering fish migration.

• Agricultural Changes:

- o Shift to water-intensive crops.
- Salinization of soil.

Flood Control Issues:

- Dams can exacerbate flooding due to sedimentation.
- Floodplains deprived of nutrient-rich silt.

Other Concerns:

- Potential for induced earthquakes.
- Increased risk of waterborne diseases.
- Pollution from excessive water use.

Government Initiatives

• Pradhan Mantri Krishi Sinchayee Yojana: Aims to provide irrigation access to all farms in the country.

Key takeaway:

While multi-purpose river projects offer significant benefits, they also present environmental and social challenges. Careful planning, integrated management, and sustainable practices are essential to maximize the benefits and minimize the negative impacts of these projects.

Rainwater Harvesting

Traditional Practice: India has a rich history of rainwater harvesting, with diverse techniques adapted to local conditions.

Ancient Methods:

- o Diversion channels (guls, kuls): Used in hilly regions for agriculture.
- Rooftop rainwater harvesting: Common in Rajasthan for storing drinking water.
- o Inundation channels: Used in Bengal's floodplains for irrigation.
- o Rainfed storage structures (khadins, johads): Found in arid and semi-arid regions to conserve water in the soil.

Tankas in Rajasthan:

- Underground tanks used to store drinking water, especially in Bikaner,
 Phalodi, and Barmer.
- Connected to rooftops via pipes to collect rainwater.
- o Considered a reliable source of pure water, especially during summers.
- o Often accompanied by underground rooms to provide cool relief from the heat.

Decline and Revival:

- o The practice declined with the availability of canal water.
- However, it is being revived in many rural and urban areas.

Gendathur Village Example:

- Villagers successfully implemented rooftop rainwater harvesting to meet their water needs.
- o Around 200 households collect and use rainwater, making the village "rich in rainwater."
- Each house can potentially harvest 50,000 liters of water annually.

How Rooftop Rainwater Harvesting Works (Gendathur Example):

- Rainwater is collected from rooftops using PVC pipes.
- The water is filtered using sand and bricks.
- An underground pipe carries the water to a sump for immediate use.
- Excess water from the sump is directed to a well.
- Water from the well recharges the underground aquifer.
- The stored water can be drawn from the well later.

Key takeaway:

Rainwater harvesting is a sustainable and time-tested tradition in India. Reviving and promoting this practice can help address water scarcity, especially in arid and semi-arid regions, and contribute to water conservation efforts.



