

## **Qualifications**

1978-1985  
St. Louis Grammar School,  
Kilkeel, Co. Down.

A level	Chemistry	Grade A
	Maths	Grade A
	Physics	Grade B

1985-1990  
Trinity College, Dublin

B.A., B.Dent.Sc. (Class II div I) Dental Science

1995-1998  
King's College, London  
(Distance learning)

M.Sc. (Distinction) Community Dental Practice

2010-2013

Wine and Spirits Education Trust (WSET)  
Level 1-3 Certificates

2017

English Bridge Union Tournament Director Qualification

2017

Contract Bridge Association of Ireland Bridge teacher Qualification

2021

UCD Professional Academy Diploma in Full stack development

## **Experience**

1991-1992

Vocational Trainee in General Dental Practice  
Balham, London.

1992-1996

Eastern Health Board/HSE General Dental Surgeon (Kildare/Wicklow).

1996-Present

HSE Senior Dental Surgeon (Special Care).

1999-2004

Public Dental Health student project supervisor, Dublin Dental University  
Hospital, Dublin.

2000-2002

Public Dental Health Vocational Trainor.

2001-2004

Half-time secondment to Dublin Dental University Hospital as Lecturer in  
Special Care Dentistry.

Aug-2013

Volunteer dentist, Vine Trust Medical boat, Peru.

2018-2020

Part-time Bridge tournament director voluntary/paid (Victor, Carysfort,  
St. Laurence's and Glenageary Tennis Club Bridge clubs, Dublin.)

2018-2020

Part-time Bridge teacher Glenageary Tennis Club. Substitute bridge  
teacher, Balally Bridge Club.

Interests

Family, Dog-walking, Contract bridge, tennis, golf, swimming, live music, travelling, eating and drinking wine.

## Articles and Reports

1. Journal of Disability and Oral Health (2003). 4(2): 69-76  
"The oral and dental health needs of children in special national schools in the Eastern Regional Health Authority Area, Ireland 1999/2000." Triona McAlister and Conac Bradley
2. Journal of the Irish Dental Association (2003). 49(4):133-138.  
"The dental health of 5-year-old children from disadvantaged schools in the Eastern Regional Health Authority area 2000." Bradley C
3. Special Care Dentistry (2004). 24(2): 55-60.  
"The Oral Health of children with Down Syndrome in Ireland. "  
Conac Bradley & Triona McAlister.
4. Report on "The dental health of children in special national schools in the Eastern Regional Health Authority area: 1999/2000." Triona Mc Alister , Conac Bradley

## Contributions

1. Irish Dental Health Foundation Forum Promoting the Oral Health of People with Disabilities. 2000.
2. Member of the steering committee for the development of the 'Mighty Mouth' oral health programme Mighty Mouth for children in disadvantaged schools. 2001
3. Member of steering group in development of national survey of 'Oral Health of Adults with an Intellectual Disability in Residential Care in Ireland 2003'. 2002.
4. Member of consultation group on the development of dental services for National Childrens' Hospital. 2016.

## Why am changing career?

I have enjoyed a long and fulfilling career as a Special Care Dentist in the Public Dental Service. During the COVID pandemic my working life changed immeasurably offering me opportunities to undertake new roles, challenges and working practices. It also gave me a chance to reflect on my career and think about my future.

I realised that while I still love aspects of my job, I no longer wanted to work in quite as rigid an environment but was craving a challenge and wanted to work in a more dynamic environment. I also wanted a job where I can work more flexibly to accommodate my changing circumstances.

I had been curious about coding for some time but previously had never been in a position to investigate this further or seriously consider a change of career. My initial step of taking a short introduction to coding course online was prompted by an article on the radio about women in coding and I enjoyed the course so much I took the decision to learn full stack development.

It's been a rollercoaster year! I couldn't even touch type in January! I have found the journey challenging fascinating, frustrating , frightening but fulfilling and I am ready and excited to leap into a new career in what is a new industry to me.