

Curriculum Vitae
Conac Breslin
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Qualifications

1978-1985 St. Louis Grammar School, Kilkeel, Co. Down.	A level Chemistry Maths Physics	Grade A Grade A Grade B
1985-1990 Trinity College, Dublin	B.A., B.Dent.Sc. (Class II div I) Dental Science	
1995-1998 King's College, London (Distance learning)	M.Sc. (Distinction) Community Dental Practice	
2010-2013	Wine and Spirits Education Trust (WSET) Level 1-3 Certificates	
2017	English Bridge Union Tournament Director Qualification	
2017	Contract Bridge Association of Ireland Bridge teacher Qualification	
2021	UCD Professional Academy Diploma in Full stack development	

Experience

1991-1992	Vocational Trainee in General Dental Practice Balham, London.
1992-1996	Eastern Health Board/HSE General Dental Surgeon (Kildare/Wicklow).
1996-Present	HSE Senior Dental Surgeon (Special Care).
1999-2004	Public Dental Health student project supervisor, Dublin Dental University Hospital, Dublin.
2000-2002	Public Dental Health Vocational Trainor.
2001-2004	Half-time secondment to Dublin Dental University Hospital as Lecturer in Special Care Dentistry.
Aug-2013	Volunteer dentist, Vine Trust Medical boat, Peru.
2018-2020	Part-time Bridge tournament director voluntary/paid (Victor, Carysfort, St. Laurence's and Glenageary Tennis Club Bridge clubs, Dublin.)
2018-2020	Part-time Bridge teacher Glenageary Tennis Club. Substitute bridge teacher, Balally Bridge Club.

Interests

Family, Dog-walking, Contract bridge, tennis, golf, swimming, live music, travelling, eating and drinking wine.

Articles and Reports

1. Journal of Disability and Oral Health (2003). 4(2): 69-76
"The oral and dental health needs of children in special national schools in the Eastern Regional Health Authority Area, Ireland 1999/2000." Triona McAlister and Conac Bradley
2. Journal of the Irish Dental Association (2003). 49(4):133-138.
"The dental health of 5-year-old children from disadvantaged schools in the Eastern Regional Health Authority area 2000." Bradley C
3. Special Care Dentistry (2004). 24(2): 55-60.
"The Oral Health of children with Down Syndrome in Ireland. "
Conac Bradley & Triona McAlister.
4. Report on "The dental health of children in special national schools in the Eastern Regional Health Authority area: 1999/2000." Triona Mc Alister , Conac Bradley

Contributions

1. Irish Dental Health Foundation Forum Promoting the Oral Health of People with Disabilities. 2000.
2. Member of the steering committee for the development of the 'Mighty Mouth' oral health programme Mighty Mouth for children in disadvantaged schools. 2001
3. Member of steering group in development of national survey of 'Oral Health of Adults with an Intellectual Disability in Residential Care in Ireland 2003'. 2002.
4. Member of consultation group on the development of dental services for National Childrens' Hospital. 2016.

Why am changing career?

I have enjoyed a long and fulfilling career as a Special Care Dentist in the Public Dental Service. During the COVID pandemic my working life changed immeasurably offering me opportunities to undertake new roles, challenges and working practices. It also gave me a chance to reflect on my career and think about my future.

I realised that while I still love aspects of my job, I no longer wanted to work in quite as rigid an environment but was craving a challenge and wanted to work in a more dynamic environment. I also wanted a job where I can work more flexibly to accommodate my changing circumstances.

I had been curious about coding for some time but previously had never been in a position to investigate this further or seriously consider a change of career. My initial step of taking a short introduction to coding course online was prompted by an article on the radio about women in coding and I enjoyed the course so much I took the decision to learn full stack development.

It's been a rollercoaster year! I couldn't even touch type in January! I have found the journey challenging fascinating, frustrating , frightening but fulfilling and I am ready and excited to leap into a new career in what is a new industry to me.

