



# Cambridge English IELTS 10 Test 1 Section 2

## LP Leisure Club Welcomes New Members with Upgraded Facilities and Personalized Plans

【IELTS10T1S2 LP休闲俱乐部焕新升级 | 8泳道恒温泳池+专业私教评估 | 黄金会员全国通用】

Summary: LP Leisure Club introduces its enhanced facilities, including an expanded 8-lane swimming pool and state-of-the-art fitness equipment. Members receive personalized training plans and safety guidance, with options for Gold and Premier memberships offering exclusive benefits like nationwide access and priority bookings. The club emphasizes member care through health assessments and tailored fitness goals.

摘要： LP休闲俱乐部推出升级设施，包括8泳道恒温泳池和顶级健身器材。会员可享受个性化训练计划和安全指导，黄金及尊享会员更享全国通用、高峰时段优先预约等特权。俱乐部通过健康评估和定制健身目标，全方位保障会员体验。



IELTS

听9遍  
考9分



🕒 Estimated Reading Time: 6 min.

📖 四级生词 📖 六级生词 📖 雅思生词 📖 托福生词 📖 专八生词 📖 SAT生词 📖 考研生词 📖  
GRE生词 📖 高考生词 📖 其它生词

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▶ Section 2.

第2部分。

▶ You will hear a fitness manager of a leisure club talking to some new members.

你将听到一位休闲俱乐部的健身经理向一些新会员讲话。

▶ First, you have some time to look at questions 11 and 12.

首先，你有时间看一下问题11和12。

▶ Now listen and answer questions 11 and 12.

现在请听并回答问题11和12。

▶ On behalf of LP clubs, I'd like to welcome you all here today.

我代表LP俱乐部，欢迎你们今天来到这里。

▶ My name's Sandy Fisher and I'm one of the fitness managers here.

我叫桑迪·费舍尔，是这里的健身经理之一。

 00:00:42

▶ Before we start our tour of the club, I'll just run through some basic information about the facilities we have here, including recent improvements and explain the types of membership available.

在开始参观俱乐部之前，我将简要介绍我们这里的基本设施，包括最近的改进，并解释可用的会员类型。

▶ Our greatest asset is probably our swimming pool, which at 25 metres isn't Olympic sized, but now we've expanded it to 8 lanes, it's much wider.

我们最大的资产可能是我们的游泳池，虽然25米不是奥运标准，但现在我们已将其扩展到8条泳道，宽度大大增加。

▶ This means there are rarely more than a couple of people at a time in each lane.

这意味着每条泳道同时最多只有几个人。

 00:01:12

▶ Unfortunately, there isn't space for an outdoor pool here, but the glass roof on the swimming pool is partly retractable, which means you can enjoy something of the open air experience on warmer days.

遗憾的是，这里没有空间建室外泳池，但游泳池的玻璃屋顶部分可伸缩，这意味着在温暖的日子里你可以享受一些露天体验。

▶ Our recently refurbished fitness suite has all the latest exercise equipment, including 10 new running machines and a wide range of weight training machines.

我们最近翻新的健身区配备了所有最新的运动设备，包括10台新的跑步机和各种重量训练机。

▶ Each member is given full training in how to operate the equipment, and there is always a trainer on duty to offer help and advice.

每位会员都会接受关于如何使用设备的全面培训，并且始终有一名教练值班提供帮助和建议。

 00:01:47

▶ Although we do have adult only times after six, and at certain times at weekends, children are well catered for.

尽管我们在六点后和周末的某些时段仅限成人使用，但我们也为儿童提供了很好的服务。

▶ Older children continue to benefit from a wide range of tuition, anything from trampolining to yoga.

年龄较大的孩子可以继续从各种课程中受益，从蹦床到瑜伽应有尽有。

▶ One thing all our members appreciate about us is that we take very good care of them.

我们所有会员都欣赏的一点是我们对他们照顾得非常周到。

▶ This starts on day one with your personal assessment.

这从第一天的个人评估开始。

 00:03:13

▶ You are asked to fill in a questionnaire giving details of any health problems.

你需要填写一份问卷，详细说明任何健康问题。

▶ One of our personal trainers will then go through this with you.

然后，我们的一位私人教练会与你一起检查这些信息。

▶ The trainer will then take you through the safety rules for using the equipment in the fitness suite.

教练随后会带你了解健身区设备的安全使用规则。

▶ During your next exercise session, a personal trainer will work with you to make sure you understand these.

在接下来的锻炼课程中，私人教练会与你一起确保你理解这些规则。

 00:03:35

▶ It's very important to do this because we really do want to avoid having any sports injuries.

这一点非常重要，因为我们确实希望避免任何运动伤害。

▶ There's a lot more to looking after yourself than simply lifting weights.

照顾自己不仅仅是举重那么简单。

▶ At the end of the personal assessment, the trainer will drop a plan, outlining what you should try to achieve within a six week period.

在个人评估结束时，教练会制定一个计划，概述你在六周内应该努力实现的目标。

▶ This will then be reviewed at the end of the six weeks.

六周结束后会对此进行复查。

 00:04:01

▶ Now, I'll just quickly run through the types of membership we have available.

现在，我将快速介绍一下我们提供的会员类型。

▶ All members must pay a joining fee of £90 in addition to the rates for the monthly membership fees.

所有会员除了支付月费外，还需支付90英镑的入会费。

▶ Gold membership entitles you to free entry at all LP clubs.

黄金会员可以在所有LP俱乐部免费入场。

▶ There are now LP clubs in all major cities and towns, so if you travel a lot, this will be a great advantage.

现在所有主要城市和城镇都有LP俱乐部，所以如果你经常旅行，这将是一个很大的优势。

 00:04:29

▶ Individual Gold membership costs £50 a month, and joint membership for you and your partner will cost £75.

个人黄金会员每月50英镑，你和伴侣的联合会员每月75英镑。

▶ Premier membership is for professional people whose work commitments make it difficult for them to use the club during the day, and so LP gives booking preferences to premier members at peak times.

高级会员是为那些工作繁忙、白天难以使用俱乐部的专业人士准备的，因此LP在高峰时段为高级会员提供预订优先权。

▶ This means you'll find it easier to book the sessions at times that suit you.

这意味着你可以在适合你的时间更容易地预订课程。

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▶ Reciprocal arrangements with other LP clubs are available to premier members.

高级会员可以享受与其他LP俱乐部的互惠安排。

▶ Premier membership is for individuals only, but you'll be sent passes for guests every month.

高级会员仅限个人，但每月会给你发送访客通行证。

▶ The monthly fee is £65.

月费为65英镑。

▶ You don't have to have any special clothes or equipment when you visit the club.

你来俱乐部时不需要任何特殊的衣服或设备。

▶ We provide robes and hair dryers in the changing rooms, but it's very important to remember your photo card because you won't be able to get in without it.

我们在更衣室提供浴袍和吹风机，但记住带照片卡非常重要，因为没有它你将无法进入。

 00:05:29



▶ For people who aren't working during the day.

针对那些白天不工作的人。

▶ That is the end of section two.

第2部分到此结束。

▶ You now have half a minute to check your answers.

现在你有半分钟时间检查答案。

▶ No turn to section three.

请转到第3部分。

