**Physical**

The **Physical** component of this evaluation includes a review of developmental history, present health, health screenings, and physical education participation to determine if any physical factors may impact [Insert Name]'s educational performance.

**Developmental History**  
A review of [Insert Name]'s developmental history provides important insight into [his/her/their] early health and developmental milestones. The following information was obtained from parent/guardian interviews, medical records, and other available sources:

* **Prenatal/Birth History**:
  + ☐ Pregnancy, delivery, and early development records were not available.
  + ☐ [Insert Name] was delivered at **[Insert Weeks] weeks** and weighed **[Insert Weight]**.
  + ☐ The pregnancy was described as **uncomplicated/complicated**.
  + ☐ The mother was in **good/poor** health during the pregnancy.
  + ☐ The mother used/abstained from **tobacco, alcohol, and other substances** during pregnancy.
* **Infancy and Early Childhood**:
  + ☐ No reports of surgeries, head injuries, or unusual health issues.
  + ☐ Health during the first year of life was described as **good/poor**.
  + ☐ Developmental milestones (sitting, standing, walking, and talking) were met within normal limits.
  + ☐ No reported history of chronic illnesses, high fevers, or diseases during infancy.
* **Childhood Health**:
  + ☐ No reports of surgeries, head injuries, or unusual health issues.
  + ☐ No concerns related to eating, sleeping, or chronic illnesses.
  + ☐ No reported history of childhood diseases or high fevers lasting multiple days.

**Present Health**  
[Insert Name]'s current health is described as **good/poor**. The following health information was provided by the parent/guardian and verified through medical and school health records:

* **Current Health Status**: No current health conditions are reported that may affect educational performance.
* **Medications**:
  + ☐ [Insert Name] has not taken any medications related to learning, attention, or behavior.
  + ☐ [Insert Name] currently takes **[Insert Medication]** for **[Insert Condition]**.
* **Recent Physician Visit**: [Insert Name] visited **[Insert Physician]** on **[Insert Date]** for **[Reason for Visit]**.
* **Physician Contact**: **[Insert Physician Name]** at **[Insert Phone Number]**.

**Health Screening**  
A health screening was completed by the school nurse on **[Insert Date]**. The following results were recorded:

* **Vision**: Within normal limits (WNL) without corrective lenses.
* **Hearing**: Within normal limits (WNL) without hearing aids.
* **Medications**: The nurse reported that [Insert Name] is/is not currently taking any medications.
* **Allergies**: **[List allergies, if any]**.

**Physical Education**  
[Insert Name] participates in a general education physical education (PE) class and is able to access and progress in the **TEKS curriculum** without modifications. There are no reported medical impairments that prevent [Insert Name] from engaging in regular physical education activities.

**Summary of Physical Assessment**  
Based on the review of developmental history, current health, health screenings, and physical education participation, there is no evidence to suggest the presence of motor, vision, or hearing impairments that would interfere with [Insert Name]'s educational performance.

**AI Prompt for Legally Defensible Narrative**

Here’s a **concise, clear AI prompt** to convert the template above into a formal, legally defensible narrative for an FIE.

**Prompt:**  
"Generate a legally defensible narrative for the 'Physical' section of a Full and Individual Evaluation (FIE). The narrative should summarize the student’s developmental history, present health, health screenings, and participation in physical education. Use concise, clear language and ensure the student’s name is used instead of 'the student.' Clearly indicate the results of health screenings, prenatal and developmental history, and any physical factors that may impact educational performance. Ensure the final output is aligned with IDEA and Texas Education Agency (TEA) guidelines."

**Example of AI-Generated Narrative (Concise Version)**

Here’s an example of a **concise, legally defensible narrative** for this section.

**Physical**

The **Physical** component of the evaluation for [Insert Name] includes a review of developmental history, present health, health screenings, and participation in physical education. This information is used to determine if any physical factors may impact [Insert Name]'s educational performance.

**Developmental History**  
A review of [Insert Name]'s developmental history indicates that the pregnancy and delivery were **uncomplicated/complicated**. [Insert Name] was delivered at **[Insert Weeks] weeks** and weighed **[Insert Weight]**. Parent/guardian reports indicate no significant medical concerns during infancy or early childhood. Developmental milestones, such as sitting, standing, walking, and talking, were achieved within normal limits. No reports of surgeries, head injuries, or significant illnesses during early childhood were noted.

**Present Health**  
[Insert Name]'s current health is reported as **good/poor**. [He/She/They] has no known medical conditions that affect educational performance. The most recent physician visit occurred on **[Insert Date]** with **[Insert Physician]** for **[Insert Reason]**. [Insert Name] is currently taking **[Insert Medication]** for **[Insert Condition]**, and this information is documented in [his/her/their] health file.

**Health Screening**  
A health screening was conducted by the school nurse on **[Insert Date]**. The results indicate that [Insert Name]'s vision and hearing are within normal limits (WNL) without the use of corrective lenses or hearing aids. No medications were reported by the nurse, and the following allergies were noted: **[List Allergies]**.

**Physical Education**  
[Insert Name] actively participates in general education physical education (PE) without the need for modifications. There are no reported medical impairments that prevent [Insert Name] from engaging in physical education activities aligned with the **TEKS curriculum**.

**Summary of Physical Assessment**  
Based on a review of [Insert Name]'s developmental history, present health, health screening, and participation in physical education, there is no evidence to suggest the presence of motor, vision, or hearing impairments that would interfere with [Insert Name]'s educational performance.

**Summary for Building Blocks Window**

Here’s a **concise, one-sentence summary** for the **Building Blocks Window**:

**Summary**: Summarizes developmental history, present health, and physical education participation, highlighting any motor, vision, or hearing factors that may impact educational performance.

**Summary of Key Changes**

| **Section** | **Original** | **Updated for Legal Defensibility** |
| --- | --- | --- |
| **Title** | Physical | Title remains unchanged (it's legally accurate) |
| **Developmental History** | Descriptive narrative | Organized into clear categories (prenatal, infancy, childhood) for simplicity. |
| **Present Health** | Informal phrasing | Clear headings with concise descriptions of health, medications, and physician visits. |
| **Health Screening** | Informal health screening section | Clarified roles of **nurse screening, vision, hearing, medications, and allergies**. |
| **Physical Education** | No clear reference | Clear reference to physical education and student’s access to TEKS curriculum. |
| **Personalization** | Used "the student" | Replaced with **[Insert Name]** for clarity. |
| **Legally Defensible Terms** | Not specific | Used terms like **"within normal limits (WNL)"**, **"TEKS curriculum"**, and **"participation in physical education"**. |
| **Compliance Language** | No mention of IDEA | Tied the process to **IDEA guidelines** for legal defensibility. |

**How We Kept It Short but Defensible**

1. **Clear Headings** — We divided content into **Developmental History, Present Health, Health Screening, and Physical Education**.
2. **Concise Format** — Reduced the original paragraph form into **clear bulleted options** for data points.
3. **Legally Defensible Language** — We use precise terms like **"WNL" (within normal limits)** and "TEKS curriculum," which are legally significant.