# R01 - Simple linear regression

STAT 587 (Engineering) Iowa State University

October 17, 2020

# Telomere length

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http://www.pnas.org/content/101/49/17312
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People who are stressed over long periods tend to look haggard, and it is commonly thought that psychological stress leads to premature aging [as measured by decreased telomere length]

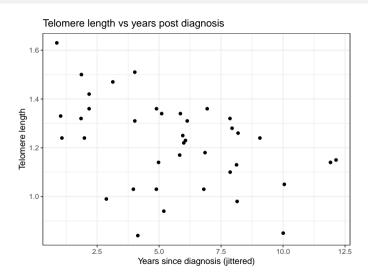
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examine the importance of ... caregiving stress (...number of years since a child's diagnosis [of a chronic disease]) [on telomere length]

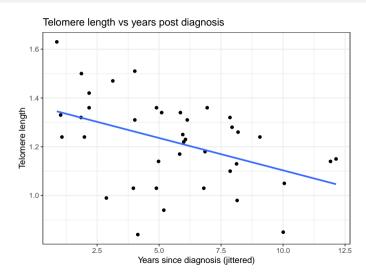
. .

Telomere length values were measured from DNA by a quantitative PCR assay that determines the relative ratio of telomere repeat copy number to single-copy gene copy number (T/S ratio) in experimental samples as compared with a reference DNA sample.

## Data



# Data with regression line



### Simple Linear Regression

The simple linear regression model is

$$Y_i \stackrel{ind}{\sim} N(\beta_0 + \beta_1 X_i, \sigma^2)$$

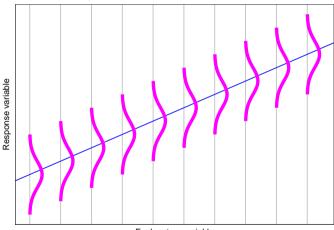
where  $Y_i$  and  $X_i$  are the response and explanatory variable, respectively, for individual i.

Terminology (all of these are equivalent):

response	explanatory
outcome	covariate
dependent	independent
endogenous	exogenous

# Simple linear regression - visualized

#### Simple linear regression model



Explanatory variable

## Parameter interpretation

Recall:

$$E[Y_i|X_i=x] = \beta_0 + \beta_1 x$$
  $Var[Y_i|X_i=x] = \sigma^2$ 

- If  $X_i = 0$ , then  $E[Y_i|X_i = 0] = \beta_0$ .  $\beta_0$  is the expected response when the explanatory variable is zero.
- If  $X_i$  increases from x to x+1, then

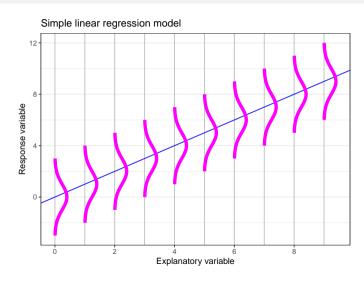
$$E[Y_i|X_i = x+1] = \beta_0 + \beta_1 x + \beta_1$$

$$-E[Y_i|X_i = x] = \beta_0 + \beta_1 x$$

$$= \beta_1$$

- $\beta_1$  is the expected increase in the response for each unit increase in the explanatory variable.
- $\sigma$  is the standard deviation of the response for a fixed value of the explanatory variable.

# Simple linear regression - visualized



Remove the mean:

$$Y_i = \beta_0 + \beta_1 X_i + e_i$$
  $e_i \stackrel{iid}{\sim} N(0, \sigma^2)$ 

Parameter estimation

So the error is

$$e_i = Y_i - (\beta_0 + \beta_1 X_i)$$

which we approximate by the residual

$$r_i = \hat{e}_i = Y_i - (\hat{\beta}_0 + \hat{\beta}_1 X_i)$$

The least squares (minimize  $\sum_{i=1}^{n} r_i^2$ ), maximum likelihood, and Bayesian estimators (prior  $1/\sigma^2$ ) are

$$\hat{\beta}_1 = SXY/SXX 
\hat{\beta}_0 = \overline{Y} - \hat{\beta}_1 \overline{X} 
\hat{\sigma}^2 = SSE/(n-2) df = n-2$$

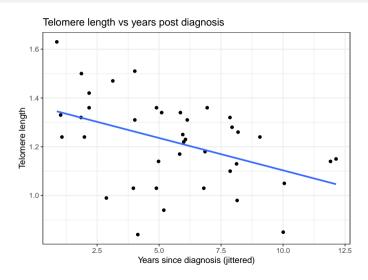
$$\overline{X} = \frac{1}{n} \sum_{i=1}^{n} X_i 
\overline{Y} = \frac{1}{n} \sum_{i=1}^{n} Y_i$$

$$SXY = \sum_{i=1}^{n} (X_i - \overline{X})(Y_i - \overline{Y})$$
  

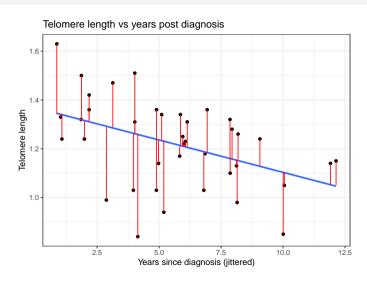
$$SXX = \sum_{i=1}^{n} (X_i - \overline{X})(X_i - \overline{X}) = \sum_{i=1}^{n} (X_i - \overline{X})^2$$
  

$$SSE = \sum_{i=1}^{n} r_i^2$$

#### Residuals



#### Residuals



How certain are we about  $\hat{\beta}_0$  and  $\hat{\beta}_1$ ?

We quantify this uncertainty using their standard errors (or posterior scale parameters):

$$SE(\hat{\beta}_0) = \hat{\sigma}\sqrt{\frac{1}{n} + \frac{\overline{X}^2}{(n-1)s_X^2}} \qquad df = n-2$$

$$SE(\hat{\beta}_1) = \hat{\sigma}\sqrt{\frac{1}{(n-1)s_X^2}} \qquad df = n-2$$

$$s_X^2 = SXX/(n-1)$$
  

$$s_Y^2 = SYY/(n-1)$$
  

$$SYY = \sum_{i=1}^n (Y_i - \overline{Y})^2$$

$$r_{XY}=rac{SXY/(n-1)}{s_Xs_Y}$$
 correlation coefficient  $R^2=r_{XY}^2=rac{SST-SSE}{SST}$  coefficient of determination  $SST=SYY=\sum_{i=1}^n(Y_i-\overline{Y})^2$ 

The coefficient of determination  $(R^2)$  is the proportion of the total response variation explained by the model.

# Default Bayesian analysis of the simple linear regression model

If we assume the default prior  $p(\beta_0, \beta_1, \sigma^2) \propto 1/\sigma^2$ , then the marginal posteriors for the mean parameters are

$$\beta_j | y \sim t_{n-2}(\hat{\beta}_j, SE(\hat{\beta}_j)^2).$$

We can construct a 100(1-a)% two-sided credible interval for  $\beta_j$  via

$$\hat{\beta}_j \pm t_{n-2,1-a/2} SE(\hat{\beta}_j)$$

where 
$$P(T_{n-2} < t_{n-2,1-a/2}) = 1 - a/2$$
 for  $T_{n-2} \sim t_{n-2}$ .

We can compute posterior probabilities via

$$P(\beta_j < b_j | y) = P\left(T_{n-2} < \frac{\hat{\beta}_j - b_j}{SE(\hat{\beta}_j)}\right)$$
  

$$P(\beta_j > b_j | y) = P\left(T_{n-2} > \frac{\hat{\beta}_j - b_j}{SE(\hat{\beta}_j)}\right).$$

#### p-values and confidence interval

We can construct a 100(1-a)% two-sided confidence interval for  $\beta_i$  via

$$\hat{\beta}_j \pm t_{n-2,1-a/2} SE(\hat{\beta}_j).$$

We can compute one-sided p-values, e.g.  $H_0: \beta_i > b_i$  vs  $H_A: \beta_i < b_i$  has

$$p$$
-value  $=P\left(T_{n-2}>rac{\hat{eta}_j-b_j}{SE(\hat{eta}_j)}
ight)$ 

and  $H_0: \beta_j \leq b_j$  vs  $H_A: \beta_j > b_j$  has

$$p ext{-value} = P\left(T_{n-2} < rac{\hat{eta}_1 - b_j}{SE(\hat{eta}_j)}
ight)$$

software default is usually  $b_i = 0$ .

## Calculations "by hand" in R

```
= nrow(Telomeres)
Xbar = mean(Telomeres$vears)
Ybar = mean(Telomeres$telomere.length)
s_X = sd(Telomeres$years)
s_Y = sd(Telomeres$telomere.length)
r_XY = cor(Telomeres$telomere.length, Telomeres$years)
SXX = (n-1)*s X^2
SYY = (n-1)*s_Y^2
SXY = (n-1)*s X*s Y*r XY
beta1 = SXY/SXX
beta0 = Ybar - beta1 * Xbar
R2 = r_XY^2
SSE = SYY*(1-R2)
sigma2 = SSE/(n-2)
sigma = sgrt(sigma2)
SE_beta0 = sigma*sgrt(1/n + Xbar^2/((n-1)*s_X^2))
SE beta1 = sigma*sqrt(
                                1/((n-1)*s_X^2))
```

# Calculations "by hand" in R (continued)

```
# 95% CI for beta0
beta0 + c(-1,1)*qt(.975, df = n-2) * SE_beta0
[1] 1.251761 1.483603
# 95% CI for beta1
beta1 + c(-1,1)*qt(.975, df = n-2) * SE_beta1
[1] -0.044785794 -0.007962836
# pvalue for HO: beta0 \geq= 0 and P(beta0<0/y)
pt(beta0/SE beta0. df = n-2)
[1] 1
# pvalue for H1: beta1 \geq 0 and P(beta1<0/y)
pt(beta1/SE_beta1, df = n-2)
[1] 0.003102353
```

# Calculations by hand

$$\begin{array}{lll} SXX & = (n-1)s_{\tilde{X}}^2 = (39-1) \times 2.9354274^2 = 327.4358974 \\ SYY & = (n-1)s_Y = (39-1) \times 0.1797731^2 = 1.2280974 \\ SXY & = (n-1)s_X s_Y r_{XY} = (39-1) \times 2.9354274 \times 0.1797731 \times -0.4306534 = -8.6358974 \\ \hat{\beta}_1 & = SXY/SXX = -8.6358974/327.4358974 = -0.0263743 \\ \hat{\beta}_0 & = \overline{Y} - \hat{\beta}_1 \overline{X} = 1.2202564 - (-0.0263743) \times 5.5897436 = 1.3676821 \\ R^2 & = r_{XY}^2 = (-0.4306534)^2 = 0.1854624 \\ SSE & = SYY(1-R^2) = 1.2280974(1-0.1854624) = 1.0003316 \\ \hat{\sigma}^2 & = SSE/(n-2) = 1.0003316/(39-2) = 0.027036 \\ \hat{\sigma} & = \sqrt{\hat{\sigma}^2} = \sqrt{0.027036} = 0.1644262 \\ SE(\hat{\beta}_0) & = \hat{\sigma}\sqrt{\frac{1}{n} + \frac{\overline{X}^2}{(n-1)s_x^2}} = 0.1644262\sqrt{\frac{1}{39} + \frac{5.5897436^2}{(39-1)*2.9354274^2}} = 0.0572111 \\ SE(\hat{\beta}_1) & = \hat{\sigma}\sqrt{\frac{1}{(n-1)s_x^2}} = 0.1644262\sqrt{\frac{1}{(39-1)*2.9354274^2}} = 0.0090867 \\ P_{H_A:\beta_0 \neq 0} & = 2P\left(T_{n-2} < - \left| \frac{\hat{\beta}_0}{SE(\hat{\beta}_0)} \right| \right) = 2P(t_{37} < -23.9058799) = 4.2740348 \times 10^{-24} \\ P_{H_A:\beta_1 \neq 0} & = 2P\left(T_{n-2} < - \left| \frac{\hat{\beta}_1}{SE(\hat{\beta}_1)} \right| \right) = 2P(t_{37} < -2.9025065) = 0.0062047 \\ CI_{95\%} \beta_0 & = \hat{\beta}_0 \pm t_{n-2,1-a/2}SE(\hat{\beta}_0) \\ & = 1.3676821 \pm 2.0261925 \times 0.0572111 = (1.2517613, 1.4836028) \\ CI_{95\%} \beta_1 & = \hat{\beta}_1 \pm t_{n-2,1-a/2}SE(\hat{\beta}_1) \\ & = -0.0263743 \pm 2.0261925 \times 0.0090867 = (-0.0447858, -0.0079628) \\ \end{array}$$

# Regression in R

```
m = lm(telomere.length ~ years, Telomeres)
summary(m)
Call:
lm(formula = telomere.length ~ vears. data = Telomeres)
Residuals:
    Min
             10 Median
                              30
                                     Max
-0.42218 -0.08537 0.02056 0.10738 0.28869
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
(Intercept) 1.367682 0.057211 23.906 <2e-16 ***
vears
           ---
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 0.1644 on 37 degrees of freedom
Multiple R-squared: 0.1855.Adjusted R-squared: 0.1634
F-statistic: 8.425 on 1 and 37 DF, p-value: 0.006205
confint(m)
                2.5 %
                           97.5 %
(Intercept) 1.25176134 1.483602799
vears
           -0.04478579 -0.007962836
```

#### Conclusion

Telomere ratio at the time of diagnosis of a child's chronic illness is estimated to be 1.37 with a 95% credible interval of (1.25, 1.48). For each year since diagnosis, the telomere ratio decreases on average by 0.026 with a 95% credible interval of (0.008, 0.045). The proportion of variability in telomere length described by a linear regression on years since diagnosis is 18.5%.

http://www.pnas.org/content/101/49/17312

The correlation between chronicity of caregiving and mean telomere length is -0.445 (P <0.01). [ $R^2=0.198$  was shown in the plot.]

Remark I'm guessing our analysis and that reported in the paper don't match exactly due to a discrepancy in the data.

# Summary

• The simple linear regression model is

$$Y_i \stackrel{ind}{\sim} N(\beta_0 + \beta_1 X_i, \sigma^2)$$

where  $Y_i$  and  $X_i$  are the response and explanatory variable, respectively, for individual i.

- Know how to use R to obtain  $\hat{\beta}_0$ ,  $\hat{\beta}_1$ ,  $\hat{\sigma}^2$ ,  $R^2$ , p-values, Cls, etc.
- Interpret regression output:
  - β<sub>0</sub> is the expected value for the response when the explanatory variable is 0.
  - $\beta_1$  is the expected increase in the response for each unit increase in the explanatory variable.
  - $\bullet$   $\sigma$  is the standard deviation of responses around their mean.
  - ullet  $R^2$  is the proportion of the total variation of the response variable explained by the model.