

**What is the overall goal of your training?**

<b>Action</b> <i>what they need to do</i>	<b>Activity</b> <i>How you plan to have your player "do it"</i>	<b>Information Needed</b> <i>What do they need to know in order to do your activity?</i>
1.		
2.		
3.		
4.		