

Audience

Causes

App Features

Saving

Sharing

Effects/Info

Athletes

Students

Geriatrics

Neurodivergent
People

Laborers

Researchers

8+
hour
shifts

Forgetting to
drink water

Exercise

Temperature

Fatigue

Age

Reminder
to drink
water

Track how
much
you've
drank

Customization

Sync with
weather
app

Pair with
Apple
Watch/FitBit

Export Tool to
visualize data
over a long
period of time

Feedback
tool

Factor
in
height

Factor
in body
type

Types
of
Units

Daily
goals

Sync with
Health
App

Ads

Free
app

Optional
creation of an
account to
save data

Data
privacy/anonymity

Automatic
saving

Option to
share data
with
researchers

Share with
health
professionals

Option to
share with
friends

Low
energy

Headaches

Higher
risk of
strokes

Lower
work
efficiency

Increases
chance of
kidney
stones

Change in
mood

Which people
are at a higher
risk for
dehydration

Nausea

Dizziness

Loss of
strength/stamina