








users			
	user_id	serial	
	name	text	
	email	text	
	password	text	

recipes			
	recipe_id	serial	
	user_id	int	
	ingredients	text	
	instructions	text	

posts			
	post_id	serial	
	user_id	int	
	body	text	

grocery_list			
	list_id	serial	
	recipe_id	int	
	user_id	int	
	items	text	

occasions			
	occasion_id	serial	
	recipes_id	int	
	user_id	int	

