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Learning Styles

There are three main learning styles that I have come across in my years of schooling: Visual learning, Auditory learning, and Active learning.

Visual learning means obtaining knowledge through visual aspects, such as pictures, PowerPoint presentations, and videos. Visual learning is my favorite kind of learning, simply for the fact that it comes easiest to me. Visual learning allows me to pay attention better to what is being taught in the class.

Auditory learning involves the use of sound to convey knowledge. Auditory learning often involves listening to recordings or listening to people talking. In my opinion, auditory learning is the least effective learning style because of how limited the options are in conveying audio. Audio is much less attention-grabbing than something you can see or do, which is why most lectures and presentations involve aspects of active and visual learning.

Active learning involves interactive elements. Examples of this include participating in group projects, peer reviews, and Socratic seminars. I enjoy this type of learning, as it allows me to work through problems with the help of others. I appreciate the ability to work at my own pace and of my own accord, which I prefer much more than being talked at in a lecture format.

Overall, it doesn't matter which learning style is being applied to what I'm learning, I don't mind any of them. I encounter each of the three learning styles I discussed every day in many different aspects of my life, so I am used to dealing with all of them.