

# CONSTANZA M. VIDAL BUSTAMANTE

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## Education

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- 2019- Harvard University | Cambridge, MA, United States  
Ph.D. Student in Psychology (Advisors: Profs. Randy Buckner and Leah Somerville)
- 2012-2016 Harvard University | Cambridge, MA, United States  
A.B. in Psychology (Cognitive Neuroscience track)  
*Magna cum laude with highest honors in Psychology*

## Research Interests

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Stress-related changes in emotions and behavior, health, psychopathology, adolescence, mobile and wearable technology, deep digital phenotyping

## Selected Publications

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- in prep.* **Estimating Person-Specific Associations Between Daily Stress and Actigraphy-Based Sleep Duration from Intensive Longitudinal Data.**
- 2022 **Should Machines Be Allowed to “Read Our Minds”? Uses and Regulation of Biometric Techniques that Attempt to Infer Mental States.** [Vidal Bustamante, C.](#), Alama-Maruta, K., Ng, C., & Coppersmith, D. *MIT Science Policy Review*, 3, 112-121. <https://doi.org/10.38105/spr.qy2iibrk72>
- 2022 **Toward a Demand-Driven, Collaborative Data Agenda for Adolescent Mental Health.** Verhulst, S., [Vidal Bustamante, C.](#), Carvajal, L., Cece, F., Requejo, J., Shaw, A., Winowatan, M., Young, A., Zahuranec, A. *Journal of Adolescent Health*. <https://doi.org/10.1016/j.jadohealth.2022.05.027>
- 2022 **Fluctuations in Behavior and Affect in College Students Measured Using Deep Phenotyping.** [Vidal Bustamante, C.](#)\*, Coombs, G.\*, Rahimi-Eichi, H., Mair, P., Onnela, J.-P., Baker, J., & Buckner, R. *Scientific Reports*, 12(1932). <https://doi.org/10.1038/s41598-022-05331-7> \*Equal contribution.
- 2021 **Open-source Longitudinal Sleep Analysis from Accelerometer Data (DPSleep): Algorithm Development and Validation.** Rahimi-Eichi, H., Coombs, G., [Vidal Bustamante, C.](#), Onnela, J.-P., Baker, J., & Buckner, R. *JMIR MHealth and UHealth*. <https://doi.org/10.1101/2021.02.02.429455>
- 2021 **A Year in the Social Life of a Teenager: Within-Person Fluctuations in Stress, Phone Communication, and Anxiety and Depression.** Rodman, A., [Vidal Bustamante, C.](#), Flournoy, J., Coppersmith, D., Nook, E., Worthington, S., Mair, P., & McLaughlin, K. *Clinical Psychological Science*, 9(5). <https://doi.org/10.1177/2167702621991804>
- 2020 **Within-Person Fluctuations in Stressful Life Events, Sleep, and Anxiety and Depression Symptoms During Adolescence: A Multi-Wave Prospective Study.** [Vidal Bustamante, C.](#), Rodman, A., Dennison, M., Flournoy, J., Mair, P., & McLaughlin, K. *Journal of Child Psychology and Psychiatry*, 61(10), 1116-1125. <https://doi.org/10.1111/jcpp.13234>
- 2020 **Use of Linguistic Distancing and Cognitive Reappraisal Strategies During Emotion Regulation in Children, Adolescents, and Young Adults.** Nook, E.\*, [Vidal Bustamante, C.](#)\*, Cho, H., & Somerville, L. *Emotion*, 20(4), 525–540. <http://dx.doi.org/10.1037/emo0000570> \*Equal contribution.
- 2019 **Development of Prefrontal Cortical Connectivity and the Enduring Effect of Learned Value on Cognitive Control.** Davidow, J., Sheridan, M., Van Dijk, K., Santillana, R., Snyder, J., [Vidal Bustamante, C.](#), Rosen, B., & Somerville, L. *Journal of Cognitive Neuroscience*, 31(1), 64-77. [https://doi.org/10.1162/jocn\\_a\\_01331](https://doi.org/10.1162/jocn_a_01331)

## Selected Research Presentations

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- 2022 **Continuous Examination of Real-World Stress and Response Using Deep, Dynamic Phenotyping.** Blitz talk at Harvard University's *Health Data Science Symposium* (Boston, MA). *\*\*Submission among top scoring abstracts selected for oral presentation.*
- 2022 **Continuous Examination of Real-World Stress and Response Using Deep, Dynamic Phenotyping.** Poster at Harvard University's *Brains and Behavior in the Wild Symposium* (Boston, MA). *\*\*Received best poster award.*
- 2022 **Continuous Examination of Real-World Stress and Response Using Deep, Dynamic Phenotyping.** Poster at *McLean Hospital's Technology in Psychiatry Summit* (held virtually).
- 2021 **A Year (and a Pandemic) in the Life of a College Student: Fluctuations in Behavior and Affect in University Students Measured Using Deep Phenotyping.** Blitz talk at *McLean Hospital's Technology in Psychiatry Summit* (held virtually).
- 2021 **Fluctuations in Behavior and Affect in University Students Measured Using Deep Phenotyping.** Poster at *Harvard University's Health Data Science Symposium* (held virtually).
- 2020 **Within-Person Associations Between Daily Sleep and Affect in Adolescence: Evidence from Actigraphy and Ecological Momentary Assessments.** Poster at *Society for Affective Science Conference* (held virtually). *Submission selected for Poster Spotlight.*
- 2019 **Within-Person Fluctuations in Stressful Life Events, Sleep, and Anxiety and Depression Symptoms in a Year-Long Adolescent Study.** Poster at *Flux Developmental Cognitive Neuroscience Society Conference* (New York, NY).
- 2019 **Conducting Functional MRI Research with Children and Adolescents.** Talk for the Fall 2019 *Functional MRI Visiting Fellowship workshop* offered by the Athinoula A. Martinos Center for Biomedical Imaging at *Massachusetts General Hospital* (Boston, MA).
- 2019 **The Human Connectome Project in Development: Task-functional MRI Paradigms and Preliminary Data.** Poster at *Human Connectome Project Investigators Meeting* (Bethesda, MD).
- 2019 **Use of Linguistic Distancing and Cognitive Reappraisal Strategies During Emotion Regulation in Children, Adolescents, and Young Adults.** Poster at *Society for Affective Science Conference* (Boston, MA).
- 2018 **Mapping the Human Brain.** Talk at *Boston Museum of Science's Health Fair: Explore the Brain!* (Boston, MA).
- 2018 **Mapping Brain Development: Introducing the Human Connectome Project – Development.** Talk for faculty members in the *Psychology and Biology Departments, Pontificia Universidad Católica de Chile* (Santiago, Chile).

## Awards & Honors

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- 2022 Harvard Derek Bok Center Award for Excellence in Teaching (Spring 2022)
- 2022 Harvard Rand Fund for Innovation in Psychology Research Grant (\$30,168)
- 2021 Harvard Derek Bok Center Award for Excellence in Teaching (Fall 2021)
- 2020 Harvard Foundations of Human Behavior Initiative Grant (\$15,000)

2020	Harvard Stimson Grant (\$1,000)
2016	Bachelor of Arts Magna Cum Laude with Highest Honors in Psychology Harvard Psychology Faculty Prize Best Poster Award, Harvard Conte Center's Undergraduate Poster Session
2015	Herchel Smith-Harvard Undergraduate Science Research Summer Fellowship (\$4,500)
2014	Harvard Weissman International Summer Fellowship (\$7,000)
2012-2016	Harvard University United World College Davis Scholarship

### **Teaching and Advising Experience at Harvard University**

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2022-	Statistics Consultant for Honors Thesis Students in Psychology
2021, 2022	Teaching Fellow for PSY 1900: Introduction to Statistics for the Behavioral Sciences
2021-	Concentration Advisor for Undergraduates in Psychology

### **Leadership and Volunteer Experience**

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2022-	Outreach Chair for Science Policy Group, Harvard Graduate School of Arts and Sciences
2022-	Member of Harvard Graduate Student Council's Health Advocacy Working Group
2022-	Founder and Co-President of Mentoring Group at Harvard Psychology department
2022-	Member of Outreach Subcommittee under Diversity, Inclusion, Belonging Committee at Harvard Psychology department
2020, 2021	Lead Organizer, orientation program for graduate students in Harvard Psychology department
2020-	Peer Mentor for graduate students in Harvard Psychology department
2021-	Mentor ("Big Sister") with the Big Sister Association of Greater Boston
2016-2019	Facilitator of several brain science outreach events through the Harvard Public Schools Partnerships
2011-	United World College (UWC) Alumna and Member of Chile's National Committee that selects and mentors new awardees of two-year scholarships at prestigious UWC schools worldwide
2013-2016	Vice President of the Harvard Association Cultivating Inter-American Democracy conference gathering 500+ high school students from across Latin America
2012	Lead Coordinator of Volunteers for youth leadership NGO Fundación Forja (Santiago, Chile)
2011	Community Legal Education Volunteer for NGO Bridges Across Borders: South East Asia (Chiang Mai, Thailand)