

Brittany L. Inlow

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Current Work Address

Pennington Biomedical Research Center
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Email: Brittany.Inlow@pbrc.edu
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Education

Louisiana State University – B.S. Nutritional Sciences (May 2008)
Louisiana State University – M.S. Exercise Physiology (August 2012)

Professional Experience

Image/Data Analyst – Pennington Biomedical Research Center, Baton Rouge, LA (June 2008 – present)

- Manage the imaging department schedule for Pennington and remote studies
- Committee member for center-wide Quality Improvement Plan/Standard Operating Procedures Development
- Prepare and present all Quality Improvement material for quarterly safety meetings
- Analyze image (MRI brain and abdomen) and spectroscopy (intramyocellular and intrahepatic lipids) data
- Serve as a back-up technologist and assistant for DEXA, optical spectroscopy, peripheral arterial tonometry, and Echo-MRI/QuickScan procedures (cross-trained for multiple duties within the department)

Clinical Coordinator – Pennington Biomedical Research Center, Baton Rouge, LA (April 2011 – present)

- Recruit and schedule all participants for multiple appointments and studies
- Perform screening visit for new participants, including consenting participants, collecting anthropometric data and vitals, and interpreting body composition results to participants
- Prepare paperwork and consent documents for approval from Institutional Review Board
- Perform scans using Tanita Abdominal Fat Analyzer

Graduate Assistant – Louisiana State University, Baton Rouge, LA (December 2011 – August 2012)

- Co-supervised forty individuals in a fifteen-week marathon training program
- Helped plan running routes for participants and served as a supervisor during running activity
- Collected and tracked body composition, caloric intake and energy expenditure data on all individuals throughout the marathon training program
- Maintained records for every individuals and performed statistical analysis on all data
- Scheduled all individuals for multiple and reoccurring appointments

Clinical Chemistry Lab Student Worker – Pennington Biomedical Research Center, Baton Rouge, LA (October 2005 - May 2008)

- Managed multiple spreadsheets, including data entry and financial account tracking
- Performed daily operations including biohazard waste management, filing systems, and basic lab procedures
- Calibrated pipettes, maintained and cleaned centrifuges, recorded and tracked daily temperatures for lab equipment

Receptionist – Coldwell Banker Mackey Company, Denham Springs, LA (February 2006 – July 2006)

- Booked and managed appointments using ShowingDesk and MLS software
- Maintained a multi-line phone; greeted and assisted clients and agents
- Ensured efficient opening and closing procedures

Fitness Tech/Sales Representative – Curves Fitness for Women (April 2006 – August 2007)

- Presented daily prices and sales presentations
- Assisted in teaching a weight loss and weight management class
- Booked and confirmed appointments and maintained the filing system

Professional Memberships, Certifications and Honors

- American College of Sports Medicine (current member)
- American Heart Association BLS for Healthcare Providers (CPR and AED)
- American Dietetic Association (student member; 2004-2008)
- Tuition Opportunity Program for Students scholarship (2004-2008)

Manuscripts
in Review

Inlow, B.L., Baker, B., Earnest, C.P. Nelson, A.G., Stewart, L.K. 2012. Endurance Training Alters Energy Balance. Journal of Applied Physiology Nutrition and Metabolism. [under review]

Selected
Conference
Presentations

Inlow, B.L., Baker, B., Earnest, C.P. Nelson, A.G., Stewart, L.K. (2012) "Endurance Training Alters Energy Balance" [abstract]. Accepted for Poster Presentation at the American College of Sports Medicine Annual Meeting and World Congress on Exercise is Medicine Conference. May, 2013. Indianapolis, IN.

Service

Community Head – LSU Student Dietetic Association (2005-2008)

- Served as a committee member to orchestrate a nation-wide food drive on LSU campus entitled "Generosity: The Spice of Life"
- Taught University High School students how to utilize the LSU Community Organic Garden to promote healthier lifestyles
- Organized SDA Team for Diabetes Walk and coordinated fundraising efforts

Health Fair Volunteer – LSU Student Health Fair (2005-2008)

- Provided students and employees with basic information and health screening, parameters included BMI, waist-hip-ratio, bone mineral density

Emergency Room Volunteer – Our Lady of the Lake Hospital, Baton Rouge, LA (2008-2010)

- Assisted nurses and physicians when needed on various activities in the ER

References

Kori Murray
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Additional references available upon request.