**Vanessa Johnson, R.N.**

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(985) 714-2846

**Objective**

A position as a registered nurse for a wellness company where I can utilize my background and experience in fitness as well as my nursing education and training,

**Education**

*2007- 2010* Nicholls State University/Bachelors of Science/Nursing

NLNAC and CCNE accredited

LSBN approved

Thibodaux, Louisiana

*2002-2002* Rose State College/Nursing

Midwest City, Oklahoma

*2001-2001* Canadian Valley Technical School/Computer Education

El Reno, Oklahoma

*1993-1993* Howard Payne University/General Studies

Brownwood, Texas

**Employment**

*2010- Present Registered Nurse, Cath Lab, Med/Surg, ICU, Teche Regional Medical Center, Morgan City Louisiana*

Experience in the Catherization Laboratory, Critical Care, and Medical/Surgical nursing. Sound knowledge of Cath Lab procedures and Diagnostic Cath. Effective organization, prioritization, time management skills. Ability to function independently and in a team. Supervised provision of patient care utilizing the nursing process. Collaborated with the interdisciplinary team to coordinated patient's plan of care. Provided nursing care before, during and after cardiac catherization and special procedures. Assisted in all procedures, provided patient education, assessment and monitoring, administering medications. Participated in performance improvement activity

*2002-Present* *Group Fitness Instructor*, *Atchafalaya Health Club, Morgan City, Louisiana*

Assist members in achieving overall wellness goals through creating and implementing exercise and health regiment using motivation and education techniques. Planned classes around the skill levels of the participants. Taught group exercise classes including Bodycombat, Bodypump, yoga, step, pilates, circuit classes, water aerobics, and boot camp.

*2003-2005 Group Fitness Manager, Atchafalaya Health Club, Morgan City, Louisiana*

Designed and promoted activities that satisfied customer demand and generated revenue. Advertised and promoted the center to increase revenue. Organized, trained, and supervised staff. Provided group and one-on-one fitness equipment orientations for staff and clients. Promoted Les Mills fitness programs. Maintained and updated trainer and instructor certifications. Evaluated and implemented necessary changes to class scheduling.

*2005-2007* *Manager, Atchafalaya Health Club, Morgan City, Louisiana*

Supervised, trained, and scheduled the activities of twenty employees. Worked extensively with a software billing, payroll, and client management program. Managed existing client base and generated new business through creative marketing.

*2000-2001 Shift Leader, Joe’s Crab Shack, Oklahoma City, Oklahoma*

Oversaw the training and supervision of serving staff, while using interpersonal skills to service customers.

*1999-2000 Group Fitness Instructor, Atchafalaya Health Club, Morgan City, Louisiana*

Teaching members exercise skills and incorporating healthy nutritional habits into their daily lives.

*1995-1999 Head Server and Bookeeper, Tampicos, Morgan City, Louisiana*

Hiring, scheduling, and training of prospective employees in company policies and procedures. Managed invoices and payroll for well established business.

**Certifications**

ACLS

BLS

Les Mills Bodycombat Instructor

Les Mills Bodypump Instructor

**References**

Available upon Request