**Alison Nicole Guidry**

**6938 Steamboat Lane**

**Maurice, LA 70555**

**(337) 772-8709**

[Aliguidry2@cox.net](mailto:Aliguidry2@cox.net)

**Objective:**

I would love to secure a position as a health coach where I can demonstrate my passion for fitness, health and overall well being. I wish to teach, help and coach individuals to achieve their fitness goals and improve their lifestyle.

**Education:**

* University of Louisiana at Lafayette, Bachelor of Science in Kinesiology with an emphasis in Health Promotion and Wellness; 2014 Graduate, GPA 3.0
* North Vermilion High School, 2010 Graduate, College bound courses, GPA 3.0

**Work Experience:**

* Southwest Louisiana Area Health Education Center (SWLAHEC), Lafayette, LA, Internship 1/2014—4/2014
  + Support staff for HOSA state conference
  + Manage conference paperwork
  + Update files and flyers
* Lafayette General Wellness Center, Lafayette, LA, Internship 3/2014—5/2014
  + Administer on-site health screenings
  + Maintenance of gym equipment
  + Customer service
* Tansations, Lafayette, LA 1/2013—Present
  + Customer service
* Texas Roadhouse, Lafayette, LA, Waitress 12/2010—1/2013
* Texas Roadhouse, Lafayette, LA, Hostess 6/2010—12/2010
* Kart Ranch, Broussard, LA, Cashier 6/2010—6/2011
  + Customer service and instruction
  + Cashier
  + Event coordinator

**Community Service/Volunteerism:**

* Buddy Walk, October 2013—helped set up booths
* The Big Event, October 2013—painted fences at Acadian Village
* Festival Acadiens, October 2013—worked beer booth
* Racquets for Hope at City Club, September 2013—welcomed and signed players in
* Leukemia and Lymphoma Society Fundraiser, March 2013—worked bingo games
* Meet the Cajuns Fundraiser, February 2013—worked auction tables
* Treats at the Village, October 2012—handing out candy for Halloween to children
* Health Fair at Stone Energy, September 2012—directing people to a healthier lifestyle
* Softball coach for Southern Heat, Summer 2012—instructing and traveling with a select team ages 16 and under

**Professional Organizations:**

* Kinesiology Professional Association (KPA)—2012-2014
* Louisiana Association of Health, Physical Education, Recreation, and Dance (LAHPERD)—2011-2012

**Honors and Awards:**

* Tuition Opportunity Program for Students (TOPS) scholarship—May 2010

**Certifications and Skills:**

* Computer literate; Excel, Database, Word, etc.
* CPR Certification with American Red Cross; 2014

**References:**

* Brannon Bourque, Scott, LA, Manager, Texas Roadhouse (337) 981-6155
* Courtney Sonnier, New Iberia, LA, Manager, Tansations (337) 380-4223
* Ryan Edwards, Westwood Drive, Lafayette, LA, Operations Manager, Kart Ranch

(337) 837-5278